

### **Tuesday, February 6th**

**Lunch**– Roast Turkey Breast(03), Garlic Mashed Potatoes & Turkey Gravy(25), Green Beans (02), Roll(15), Fruit Cocktail(28)

**Alternate Meal**– Chef Salad

**Activity**- Bingo

### **Tuesday, February 13th**

**Lunch**– Homemade Meatloaf(03), Garlic Mashed Potatoes & Gravy(30), Roasted Corn(14), Roll(15), Apple Sauce(14)

**Alternate Meal**– Vegetable Beef Soup & Turkey Sandwich

**Activity**– Valentine's Day Party

### **Tuesday, February 20th**

**Lunch**– Cured Honey Baked Ham(00), Loaded Mashed Potatoes(19), Diced Beets(06), Corn Bread (33), Fruit Cocktail(8)

**Alternate Meal**– Chef Salad

**Activity**- Catch up with Council AND Kings in the Corner

### **Tuesday, February 27th**

**Lunch**– Shepherd's Pie(79), Diced Carrots(6), Pears(12), Green Salad(2), Chocolate Brownie(23)

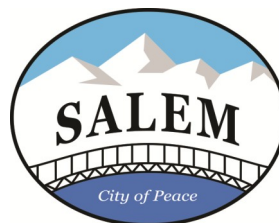
**Alternate Meal**– Cream of Broccoli Soup w/Turkey Sandwich

**Activity**– Volleyball

## February 2024 Senior Lunch Menu and Activities

### **Reminder**

- **Meals for seniors 60+ are a \$3.00 suggested donation**
- **Visitors under 60 must pay \$6.00 to the ladies at the front desk, & be served at the end of the line to ensure all the seniors are served first.**
- **Please RSVP the day before by 12:00 pm.**



**Salem Activity Center**  
**60 N 100 E**  
**801-423-1035**

### **Thursday, February 1st**

**Lunch**– Country Fried Steak(4), Mashed Potatoes & Gravy(27), Mixed Vegetables(12), Roll (15), Orange(22)

**Alternate Meal**– Cream of Potato Soup w/ Turkey Sandwich

**Activity**– Left, Right Center

### **Thursday, February 8th**

**Lunch**– Kalua Pork(00), Hawaiian Rice(25), Coleslaw(4), Pineapple Tidbits(07), Roll(15),

**Alternate Meal**– Chef Salad

**Activity**– Super Bowl Weekend Kick-Off

### **Thursday, February 15th**

**Lunch**– Savory Chicken Salad Wrap(18), Italian Pasta Salad(20), Kosher Pickle Spears(00), Diced Peaches(18)

**Alternate Meal**– Chicken Noodle Soup w/ Turkey Sandwich

**Activity**– Garbage

### **Thursday, February 22nd**

**Lunch**– BBQ Chicken(03), Au Gratin Potato(19), Green Beans(02), Peaches(19), Roll(16)

**Alternate Meal**– Chef Salad

**Activity**– BINGO

### **Thursday, February 29th**

**Lunch**– Biscuit(25) & Gravy(14), Scrambled Eggs(01), Tater Tots(18), Cottage Cheese & Peaches(28)

**Alternate Meal**– Chicken Noodle Soup w/Turkey Sandwich

**Activity**– BUNCO