

## The Beginnings QAL



### Block 10 and 11 Variable Stars (8" Finished)

For Two Blocks

#### Cut:

- 8 – 2 ½" squares of each star point Focus Fabric
- 1 – 4 ½" square of each Center Fabric
- 2- 2 ½" squares of Accent fabric (the blue in this picture)
- 8 – 2 ½" by 4 ½" rectangles of Background Fabric
- 8 – 2 ½" squares of background fabric

## Instructions:

1. Mark the back of each of your 2 1/2" star point fabric squares and accent fabric squares with a diagonal line from corner to corner.



2. Place one star fabric square right side together with one background rectangle matching all the edges. Check that the diagonal line is going the right direction to create your flying geese. (please reference the video). Repeat with the rest of the left side star points.



3. Pin on either side of the diagonal line far enough away to allow the presser foot to pass down the center of the line. This is just to keep the fabrics from shifting.

4. Sew directly on the line



5. Go ahead and chain piece the rest of the left side corners by repeating step 3 and 4.

6. Trim the corners off at  $\frac{1}{4}$ " from the line on the corner side. Press toward the point fabric. \*\*Pressing toward the focal fabric will give you a clear line of sight to your geese point allowing you to make a perfect point when you sew the block together.



7. Repeat Steps 2-6 with the other side of the rectangles to create your flying geese.

- Place your cut pieces as shown for the simple variable star block. Sew the rows together.  
\*\* note when sewing the flying geese to the center square have the flying geese on top and make certain that you sew directly over the point created in the center of the flying geese. This will ensure that you have perfect points.



- Press your rows so that the top row is pressed away from the center, the second row is pressed toward the center, and the bottom row is pressed away from the center.



10. Nestle your seams and match your points. (please refernce the video if you need a refresher on how to do this). Sew the three rows together. Your first block is done.



11. Place 2 accent squares on opposite diagonal corners of the center of the second block.



12. Sew Directly on the lines. Trim the corners to  $\frac{1}{4}$ " and press toward the corners.

13. Repeat Steps 11 and 12 for the last two corners. Square the center to  $4\frac{1}{2}$ ". If it is a little less on one side or the other don't trim it. It will stretch and probably is just stretched out of shape a tiny bit since all of the seams are on the bias. Gently stretch it back into a square and press. (See video for more instruction)



14. Repeat steps 8-10 to finish the block.

