

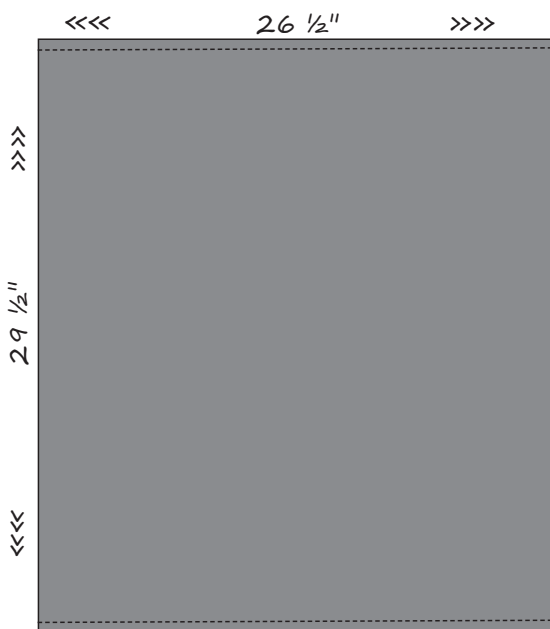
PILLOW COVER

To cover a 12" x 24" lumbar pillow for use with KT's pillow sleeves, you will need:

FABRIC - 1 yd. trim to: 24 ½" x 29 ½"

To coordinate an existing 12" x 24" pillow, create a pillow cover with fabric. On each 24 ½" end, fold under ½", press, fold under again, press. Top-stitch close to folded edges with coordinating cotton thread. Fold stitched edges into center, right sides together, overlapping about 2"; pin ends. Stitch ends; Turn pillow cover right side out. Insert pillow in opening.

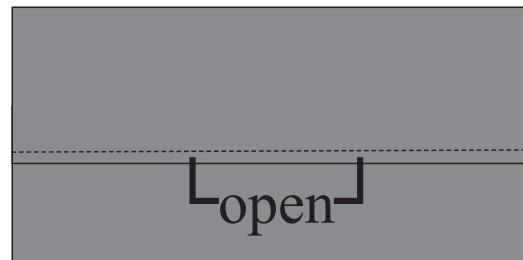
If you don't have a 12" x 22" pillow form, make your own with batting and stuffing. Fold a 24 ½" x 24 ½" piece of batting in half and sew a seam to create a 12" x 24 ½" tube. Stitch across one end. Stuff batting tube with bits of leftover batting or fiberfill (I use stuffing from an old pillow). Stitch remaining end closed. Insert in pillow cover. Adjust corners to fill pillow cover evenly and completely. Slide pillow sleeve over covered pillow form. Enjoy!



Fold ends under and topstitch close to edges.



Overlap finished edges about 2", right sides together; stitch ends.



Turn pillow cover right sides out; insert pillow in opening on back.