

Izzy's Woven/Reversible Patriotic Runner



Supplies:

The runner is reversible so there will be a side A and a side B. Side A insets and borders should coordinate and side B insets and border should coordinate. Also, the woven strips and binding need to coordinate with both sides.

1. Insets—Two fabrics, one for each side: $\frac{1}{4}$ yard of each, or three rectangles approx. $8\frac{1}{2}$ " x 5" each for side A and side B
2. Borders—Two fabrics, one for each side: $\frac{1}{4}$ yard of each
3. Weaving Strips—Two fabrics, $\frac{1}{3}$ yard of each
4. Binding— $\frac{1}{4}$ yard
5. Fusible fleece or thin batting, 45" wide— $\frac{1}{3}$ yard
6. Coordinating thread
7. #6 Fasturn Tube turner is very useful for quickly turning tubes
8. AccuQuilt GO! Fabric cutter and the $3\frac{1}{2}$ ", $2\frac{1}{2}$ " and $2\frac{1}{4}$ " dies dramatically speed up the cutting and ensure accuracy for all of the strips
9. Flat head pins
10. Square ruler bigger than 8"
11. Wonder Binding Clips (optional)
12. The Binding Tool (optional)

Cut:

1. Inset fabrics: cut three rectangles approx. $8\frac{1}{2}$ " x 5" from each fabric (these will be trimmed down a little later)
2. Border fabrics: Cut at least two $2\frac{1}{2}$ " strips from each fabric (you may need three strips if you elect to leave your insets a little wider.
3. Weaving Strips: From each fabric, cut three $3\frac{1}{2}$ " x WOF strips
4. Binding: Cut three $2\frac{1}{4}$ " x WOF strips
5. Fleece or batting: Cut three approx. $8\frac{1}{2}$ " x 5" rectangles and two $2\frac{1}{2}$ " x WOF strips

Construct:

1. Fuse fleece, or lay batting on the wrong side of side one insets and border strips.
2. Weaving strips: Take one side A and one side B strip and fold in half lengthwise and press. Fold remaining strips (two of each fabric) lengthwise and sew a $\frac{1}{4}$ " seam

allowance. Use the tip of the iron to lightly press seam open. Use Tube Turner #6 to turn tubes right side out, and press making sure seam lays along one edge. Cut all strips into 4 equal lengths (they will be about 10 inches each)

3. You will now weave two squares, using three 10 inch tube pieces, and two folded pieces of each fabric color. Strips with raw edges will be at the sides of the square, with the 3 tube pieces in the middle. (You will have two extra 10" tube pieces of each fabric). It is helpful to weave on a gridded rotary mat to keep the strips straight. Keep working the strips until you have an even square and it will be pretty close to 8" square. Use flat head pins to anchor strips in place. Baste close to edge around each square.



4. Decide which side of your squares you wish to go with side A and Side B.
5. Trim the 8 ½" rectangles to the length of the square, and decide if you wish to trim the width from 5" to 4 ½" (they will finish at 4" -4 ½" wide)
6. Raw edges and right sides together, lay one 8" fabric A rectangle along one side of a woven square. Take a fabric B rectangle and lay it raw edges and right sides together on the bottom of the square so the square is sandwiched between the two layers. Sew A ¼" seam. Repeat layers and seam for opposite side of square. Press seams toward insets.
7. Now add the second woven square to the piece you just completed in the last step. Make sure to put side A of the woven strip along the long raw edge of one of the fabric A insets, and pin in place. Roll up the runner, bringing the fabric B side of that inset around to the top, so that the raw edge meets the raw edged of the square and side A that you just pinned. Pin the three layers in place. The second woven square will be sandwiched between the inset rectangles. Stitch a ¼" seam.



8. Pull runner out of the roll, and press seams toward inset.



9. Now take the final side A inset and side B inset piece and sandwich the raw edge of the opposite side of the woven square that you just added to the runner, between them. This will be done the same way we added the insets in step 6.
10. Add the borders. First determine the length of the runner and cut two border strips each of side A and side B that length. Length will depend on how wide you left your insets. Position border A right side to side A and border B right side to side B of the runner. All raw edges should be together. Pin well and sew a $\frac{1}{4}$ " seam. Repeat for other long side of runner. Press seams toward borders.



11. Add borders to the shorter sides, using the same method as step 10.
12. Bind runner. You will probably need about two and one half strips for a long enough binding. Connect 2 $\frac{1}{4}$ " binding strips by stitching short ends diagonally. Fold binding in half lengthwise and stitch raw edge to either the A or B side of runner, mitering corners as you stitch. Leave a 12" opening in the middle of one long side and a 10" tail at the beginning and end. Use "The Binding Tool" or measure and cut your binding to join ends for a smooth finish. Bring folded edge of binding around to the other side, finishing miters as you go. Use clip or pins to hold in place. Machine or hand stitch as desired. If you wish to use a decorative stitch or zig zag to finish the binding, create a strip from scraps of the borders and binding to audition your stitches.

Enjoy your woven/reversible runner!