



What's Cookin? *September 2020*

~Milk Offered Daily ~Menu subject to change without notice~ Suggested \$3 Donation per meal



Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1 Hawaiian Haystacks Snap Peas Grape Salad Bran Muffin Vanilla Pudding</p>	<p>2 Birthday Lunch Swiss Chicken Bake Sweet Potatoes Green Beans Spinach Salad Corn Muffin Orange Cream Poke Cake</p>	<p>3 Corn Dogs w/Honey French Fries Caribbean Veggies Fruit Cup</p>	<p>4 Belgian Waffle Sausage Links Mixed Veggies Fresh Fruit</p>
<p>7 </p>	<p>8 Cajun Chicken Pasta Key Biscayne Veggies Fruited Broccoli Salad Garlic Toast</p>	<p>9 Myers Lunch Chicken Cordon Bleu Au Gratin Potatoes Vegetable Blend Fruited Tossed Salad Dinner Roll No Bake Cookie</p>	<p>10 Taco Salad w/Shaved Lettuce/Tomato Refried Beans Malibu Veggies Mandarin Orange Cup</p>	<p>11 Mushroom & Bacon Frittata Hashbrowns Brussel Sprouts Ambrosia Salad Chocolate Chip Muffin</p>
<p>14 Beef Enchiladas Spanish Rice Corn w/Peppers/Onions Frog Eye Salad</p>	<p>15 Chicken Tenders Tater Tots Caribbean Veggies Honey Lime Fruit Salad Cinnamon Muffin</p>	<p>16 Beef and Swiss Sandwich w/Lettuce/Tomato Beef and Barley Soup Carrot/Celery Sticks Chocolate Chip Cookie</p>	<p>17 Italian Pork Chops Buttered Noodles Italian Veggies Fruit Cup Sliced Bread</p>	<p>18 Hot Ham and Cheese Croissant O'Brien Potatoes Stewed Tomatoes Applesauce w/ Cinnamon</p>
<p>21 Gillies Lunch Spaghetti & Meatballs Steamed Broccoli Green Salad Garlic Toast Lemon Bar</p>	<p>22 Fish and Chips Steamed Veggies Coleslaw Dinner Roll Sugar Cookie</p>	<p>23 Chicken Broccoli Casserole w/Rice Steamed Cauliflower Fruit Cocktail Breadstick</p>	<p>24 Commodities Beef Tips Mashed Potatoes Carrots Green Salad w/fruit Wheat Roll</p>	<p>25 Smoked Sausage & Potato Casserole Asparagus w/Lemon Blueberry Muffin Fruit and Yogurt</p>
<p>28 Shepherd's Pie Peas and Pearls Waldorf Salad Dinner Roll</p>	<p>29 Swiss Steak Buttered Noodles Steamed Broccoli Fruit Cup Sliced Bread</p>	<p>30 Honey Mustard Chicken Red Potatoes Normandy Veggies Green Salad w/Fruit Corn Muffin</p>	<p>For those 60+, their spouse of any age, or disabled child; or a volunteer, the <u>suggested donation is \$3.00</u>. Please be generous and give what you can afford. <u>This program relies on donations to continue providing meals.</u></p>	

Special Lunches & Dinners!
September 2 - Birthday Lunch
September 9 - Myers Lunch
September 21 - Gillies Lunch

Due to COVID-19 all meals are either being delivered through Meals on Wheels or picked up as Take-out meals through our north door. We are providing curbside service so you don't even need to get out of your car. There is no entry into the building. Please call 435-226-1457 or go online to register for meals.

Donations are appreciated.

Like us on Facebook for updates.

If you are planning on joining us for lunch, you need to call or sign-up **at least 24-hours in advance**. **This does not include calling the morning of the meal!** It is hard to serve everyone when we don't have a correct count. We enjoy having everyone drive up for lunch, however, we need to be able to prepare for the individuals who have taken the time to follow the policy and sign up on time. Check out the information on page 7 for signing up from home on your computer. We love seeing your smiling faces at the door to pick up a meal...please come see us!! Call 435-226-1457 if you have any questions.