



What's Cookin? November 2017

~Milk Offered Daily ~Menu subject to change without notice~



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Birthday Lunch Harvest Chicken Bake Roast Sweet Potatoes Crisp Green Beans Spinach Salad w/Craisins Wheat Roll Cake & Ice Cream	2 Pulled Pork Sandwich Kettle Chips Steamed Veggies Tossed Salad w/Fruit Pudding w/ Whipped Topping	3 Belgian Waffles w/Maple Syrup Sausage Links Asparagus w/Lemon Pears & Cottage Cheese
6 Chicken Cordon Bleu Au Gratin Potatoes Malibu Blend Veggies Tossed Salad Lemon Poppy Seed Muffin Cranberry Fluff	7 Swiss Steak Buttered Noodles Green Beans Waldorf Salad Bread Stick Tapioca Pudding	8 Myers Day Sweet Pork Taco Salad w/Shaved Lettuce & Tomato Refried Beans Honey Lime Fruit Cups Cinnamon Muffin Snickerdoodle	9 USO Roast Beef Mashed Potatoes & Gravy Glazed Carrots Broccoli Salad Dinner Roll Chocolate Cake w/Topping	10 CENTER CLOSED
13 Fish & Chips Spinach w/Lemon Dry Jello Salad Sliced Bread Lemon Pudding w/Whipped Topping	14 Spaghetti w/ Meatballs Scandinavian Veggies Caesar Salad Garlic Toast Apple Crisp	15 Chicken Enchiladas Spanish Rice Mexicali Corn Fruit Salad Corn Muffin Churro	16 Beef Stew w/Potatoes, Carrots & Peas Shoe String Beets Cheddar Biscuit Fruit w/Whipped Topping	17 Thanksgiving Dinner Roast Turkey w/Gravy Cornbread Stuffing Sweet Potatoes Buttered Green Beans Spinach Salad w/Craisins Dinner Roll Pumpkin Pie
20 Gillies Day Chicken Fried Steak Mashed Potatoes & Gravy Peas & Pearls Tossed Salad Biscuit w/ Jam Rocky Road Cookie	21 Apricot Chicken Steamed Rice Snap Peas Chinese Cabbage Salad Blueberry Muffin Blonde Brownie	22 Chili & Baked Potatoes w/ Sour Cream & Cheese Steamed Veggies Fruit Cup Corn Muffin Cranberry Bars	23 Closed for Thanksgiving 	24 Closed for Thanksgiving
27 Chicken Tenders Potato Wedges Key Biscayne Veggies Honey Lime Fruit Salad Dinner Roll Chocolate Mousse	28 Baked Fish Rice Pilaf Cape Cod Veggies Frog Eye Salad Glorious Muffin Lemon Bar	29 Cajun Chicken Pasta Normandy Blend Veggies Ambrosia Salad Garlic Toast Cornflake Candy	30 Mini Chef Salad Broccoli Cheese Soup Cottage Cheese w/ Fruit Bread Stick Oatmeal Raisin Cookie	

Special Lunches & Dinners!

- Birthday Lunch** — Wednesday November 1st, 2017
- Myers Day** — Wednesday November 8th, 2017
- USO Dinner**— Thursday November 9th, 2017
- Veteran's Day**— Friday November 10th, 2017 **Center Closed**
- Thanksgiving Dinner**— Friday November 17th, 2017
- Gillies Day**— Monday November 20th, 2017
- Thanksgiving** —Thursday & Friday November 23rd & 24th, 2017
Center Closed

Prices:

The full cost of the meal is \$7.40 for those under age 60 Please pay at the front desk to receive your meal & lunch ticket. For those 60+, their spouse, or disabled child; or a volunteer, the suggested donation is \$3.00