






November 2017 Activities

Activity Calendar Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
		1 - Senior Swingers 11:30 - Birthday Party 12:00 - Integrity Foot Clinic 12:30	2 - Bison Round-Up 10:30 - Living Well w/ Chronic Pain 5:30 - Symphony w/ Nancy	3 - Bar J Wranglers 6:00 p.m.
5 Daylight Savings - Bingo After Lunch	6 7 - VA Representative by Appointment 	8 -HEAT Appointments -Alzheimer's Support 10:30-12:00 -Lunch sponsored by Myers 12:00 - Crystal Hot Springs 1:15	9 - USO Show 11:30	10 CENTER CLOSED 
13 - Karaoke w/Kelly 11:30 - Bingo after Lunch	14 - Medicare 101 12:00 - Integrity Foot Clinic 12:30	15 - Rocky Mtn Blood Pressure Clinic 10:30 - Commodities 12:30-3:00 -Caregiver's Comfort Club 6:00	16 - Christmas Shopping Trip 10:00	17 - AARP Safe Driving Class 8:30 - Subaru Celebration 12:00 - Thanksgiving Lunch 12:00
20 - CNS Gift Wrapping 10:30 -Lunch sponsored by Gillies 12:00 - Bingo After Lunch	21 - VA Representative by Appointment	22 - Craft Class 1:00 - Crystal Hot Springs 1:15	23 CENTER CLOSED 	24 CENTER CLOSED
27 - Wendover 7:30 -Happy Feet 10:00 - Bingo after Lunch	28 - Wii Bowling 1:00	29 -HEAT Appointments	30 - Festival of the Trees 9:30	

Trips & Party Dates!

- Bison Roundup**—Thursday Nov. 2nd 10:30
- Bar J Wranglers** — Friday Nov. 3rd 6:00
- Daylight Savings Time** — Sunday Nov. 5th **Set your clocks back 1 hr.**
- Crystal Hot Springs** — Wednesday Nov. 8th 1:15
- USO Show** — Thursday Nov. 9th 11:30
- Veteran's Day** — Friday Nov. 10th **CENTER CLOSED**
- Karaoke w/Kelly** — Monday Nov. 13th 11:30
- Medicare 101**— Tuesday Nov. 14th 12:00
- Christmas Shopping Trip** — Thursday Nov. 16th 10:00
- AARP Safe Driving Class** — Friday Nov. 17th 8:30
- Subaru Celebration** — Friday Nov. 17th 12:00
- Thanksgiving Lunch** — Friday Nov. 17th 12:00
- CNS Gift Wrapping** — Monday Nov. 20th 10:30
- Craft Class** — Wednesday Nov. 22nd 1:00
- Crystal Hot Springs** — Wednesday Nov. 22nd 1:15
- Thanksgiving Holiday** — Thurs & Fri Nov. 23rd & 24th **CENTER CLOSED**
- Wendover** — Monday Nov. 27th 7:30
- Wii Bowling for Turkeys** — Tuesday Nov. 28th 1:00
- Festival of the Trees** — Friday Nov. 30th 9:30

Appointments & Classes

- Living Well w/Chronic Pain** — Thursday Nov. 2nd 5:30
- Caregiver's Comfort Club** —Wednesday Nov. 15th 6:00
- VA Representative**
By appointment — Tuesday Nov. 7th & 21st
- Alzheimer's Support Group & Memory Club** —Wednesday Nov. 8th 10:30
- Commodities** — Wednesday, Nov. 15th 12:30
- HEAT Appointments**— Wednesday Nov. 8th & 29th Starting@8:30