

## Upcoming Events & Travel

### **Karaoke**

**Date: Monday, May 7, 2018 Time: 11:30 a.m.**

Join us for another fun time for Karaoke with Kelly Warren!

### **Crystal Springs**

**Date: May 9, 2018**

**Time: 1:15 p.m.**

**Cost: \$5.00**

Join us for a relaxing soak with benefits! Come and see the new building and pool! **Benefits:** Throughout history, in all corners of the world, mineral water has been used for therapeutic purposes. There are many different reasons for someone to use a mineral spring. Some simply want to de-stress, balance, and recuperate, while others seek a natural way to repair damaged skin. There are even those who use thermal mineral water as an alternative medicine for a life-changing disease. Crystal Hot Springs is fortunate to have the highest mineral content spring in the world.

### **149th Anniversary Golden Spike Reenactment**

**Date: Thursday May 10, 2018 Time: 9:00**

**Cost \$10.00**

#### **Lunch: Included**

This event will honor the effort, determination, and struggles that surrounded one of the greatest engineering feats of the 19th century. Come participate as staff and volunteers hold a reenactment of the original ceremony, operate the site's replica steam locomotives, host guest speakers, and offer live entertainment in commemoration of this event.

### **Ryan's Cases for Smiles**

**Dates: May 17 and 24; June 7**

**Time: 3:00 p.m. –Craft Room**

We are setting up to do a projects with seniors and youth creating pillowcases for delivery to children in crisis or with terminal illnesses in hospitals. We will complete the project in three phases. **May 17** –stitching the edges of the fabric and laundering in All Clear laundry detergent

**May 24** –Cutting, matching and sewing pillowcases. Washing again in All Clear laundry soap.

**June 7** –Packaging and delivering the pillowcases to the contacts See Vickie Wright for more information

### **Craft Class**

**Date: Wednesday May 23, 2018 Time: 1:00 p.m.**

**Cost: \$10**

Come join us and create a fun craft. Exercise your creativity and enjoy the company of others. Sample Picture and sign up sheet displayed on craft room bulletin board.

## FUN! FUN! FUN!

### **Wendover**

**Date: May 21, 2018 Time: 7:30 a.m.**

**Cost: \$20.00**

#### **Sponsored by Maple Springs**

This is a fun way to get out of the house and enjoy a fun day out. A luxury coach ride, bingo, prizes, fun people and of course all the perks with a free buffet lunch or \$5 towards food from the restaurant, free Starbucks, free cocktail, lucky bucks, five dollars cash and discounts at the gift shop. Wow! Sign up early seats are reserved.

### **Health and Fitness Day**

**Date: May 23, 2018**

**Time: 9:00 a.m. – 1:30 p.m.**

**Cost: Free**

This year we are taking the opportunity to hold the event here at the Brigham City Senior Center located at 24 North 300 West and Brigham Young Park that surrounds us. This will allow us to take full advantage of all of the regularly scheduled Senior Center events such as Silver Sneakers, Pickleball, Sit and Be Fit and enjoy a delicious lunch prepared by our amazing cooks in our kitchen. Come take advantage of health screenings, ask the pharmacist, and gather information from agencies providing senior services. Meg Johnson will be our keynote speaker and she is sure to inspire you! We are also working on some fun lunchtime entertainment to top off the event.

### **Wii Bowling**

**Date: Tuesday May 29, 2018 Time: 1:00 p.m.**

Join us for another fun event as we bowl. Perfect your skill or learn how to play! All skill levels welcome!

### **Free Fine Art Show: Memorial Day Weekend**

You are invited to see the region's best fine artists in the region's best fine art venue! Join us Memorial Day weekend in the Brigham City Academy Conference Center ballroom for the Academy Center Art Show and Sale.

- Friday: May 25th 4:00 p.m. - 6:30 p.m.
- Saturday: May 26th 10:00 a.m. - 6:00 p.m.

Admission: Free

**Artist's Reception:** The public is also welcome to attend the Artist's Reception, Friday evening from 7:00 p.m. - 9:00 p.m. This is an exclusive opportunity to visit with the artists and enjoy live music and hors d'oeuvres. Admission \$5.

### **Coming Attractions for June:**

**Cache Valley Barn Tour**

**Sun Tunnels Trip**

**Living Planet Aquarium**