



What's Cookin? May 2021

~Milk Offered Daily ~Menu subject to change without notice~ Suggested \$3 Donation per meal



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| 3 Chili Dogs Potato Wedges Mixed Veggies Ambrosia Salad Oatmeal Cookie | 4 Broccoli Chicken Casserole Rice Kale Slaw Fruit Cup Lemon Muffin | 5 Birthday Lunch Cinco de Mayo Chicken Fajitas w/cheese, lettuce, tomato, tortilla Black Beans Fiesta Veggies Diced Pears Cupcake | 6 Sweet and Sour Meatballs Steamed Rice Snap Peas Chinese Cabbage Salad Blueberry Muffin Fortune Cookie | 7 Mother's Day Lunch Baked Ham Yummy Potatoes Scandinavian Veggies Tossed Salad Biscuit w/Jam Strawberry Shortcake |
| 10 Hawaiian Chicken w/BBQ & Swiss Roasted Red Potatoes Green Beans Fruited Broccoli Slaw Cinnamon Muffin | 11 Shepherd's Pie Peas and Pearls Berries and Cream Salad Dinner Roll | 12 Myers Day Chicken Alfredo Steamed Broccoli Caesar Salad Breadstick Lemon Bar | 13 Pulled Pork Sandwich Sweet Potato Fries Macaroni Salad Mandarin Oranges Sugar Cookie | 14 French Toast Sticks w/ Syrup Bacon Hashbrowns Applesauce w/Cinnamon |
| 17 Gillies \$1 Day Sloppy Joes Kettle Chips Steamed Baby Carrots Fruited Coleslaw Cornflake Candy | 18 Poppy seed Chicken Brown Rice Steamed Veggies Peaches and Whipped Cream Sliced Bread | 19 Navajo Tacos w/Shaved Lettuce and Tomato Corn w/Peppers and Onion Frog Eye Salad Fruit Cocktail | 20 Swiss Chicken Bake Scalloped Potatoes Buttered Mushrooms Fruit and Yogurt Corn Muffin | 21 Belgian Waffle Sausage Links Brussel Sprouts Grape Salad |
| 24 Tater Tot Casserole Parslied Carrots Spinach Salad Breadstick | 25 Baked Ziti w/Sausage Italian Veggies Cottage Cheese w/Fruit Pea Salad Dinner Roll | 26 Chicken Curry w/Veggies Steamed Rice Green Salad Fruit Cup | 27 Hawaiian Haystacks Oriental Veggies Buttered Rice Pineapple Tidbits Chocolate Chip Muffin | 28 National Hamburger Day Hamburgers w/Fixins Onion Rings Caribbean Veggies Potato Salad Cantaloupe |
| 31 Center Closed for Memorial Day | <p>Due to COVID-19 all meals are either being delivered through Meals on Wheels or picked up as Take-out meals through our north door. We are providing curbside service so you don't even need to get out of your car. .</p> <p>Please call 435-226-1457 or go online to register for meals.</p> <p><u>Donations are appreciated.</u></p> | | | |

If you are planning on joining us for lunch, you need to call or sign-up **at least 24-hours in advance**. **This does not include calling the morning of the meal!** It is hard to serve everyone when we don't have a correct count. We enjoy having everyone drive up for lunch, however, we need to be able to prepare for the individuals who have taken the time to follow the policy and sign up on time. Check out the information on page 7 for signing up from home on your computer. We love seeing your smiling faces at the door to pick up a meal...please come see us!! Call 435-226-1457 if you have any questions.

For those 60+, their spouse of any age, or disabled child; or a volunteer, the **suggested donation is \$3.00**. Please be generous and give what you can afford. **This program relies on donations to continue providing meals.**
 The full cost of the meal is \$7.40 for those under age 60.