



Monday

May 2019 Activities

Activity Calendar Subject to Change



Friday

Tuesday

Wednesday

Thursday

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Senior Swingers 11:30 - Birthday Lunch 12:00 - Integrity Foot Clinic 12:30	2	3
6 - Karaoke with Kelly 11:30 - Bingo After Lunch	7 - Blood Pressure Clinic with BCCH 11:00	8 Alzheimer's and Memory Support 10:30 - Lunch sponsored by Myers - Entertainment - Misty Dawn 12:00 - Bunco with H2U 1:00 Crystal Hot Springs 1:15 - VA Representative by Appointment	9	10 Mother's Day Brunch 11 - Golden Spike 150 Trip 8:00
13 - Advisory Council on Aging 9:00 Bingo After Lunch - BEGSSS 1:30	14 Lunch & Learn— Ali's Angels Integrity Foot Clinic 12:30 H2U -6:00 - Paint Night 6:00	15 - Health and Fitness Day 9:00 - Commodities 12:30-3:00 - Caregiver's Comfort Club 6:00	16 - Oil Painting Demo with Michael Calles 10:00	17 AARP Smart Driver Class -8:30 - Foot Zoning 11:00 - Ragtime Annie 11:30 - Pioneer Wellness 12:30
20 - Gillies Sponsored Lunch - Happy Feet 10:00 - Bingo After Lunch	21 - Wii Bowling 1:00	22 - Alzheimer's and Memory Support 10:30 VA Representative by Appointment Crystal Hot Springs 1:15	23 -	24
27 Center Closed 	28	29	30 - Fishing Trip 8:00	31 FABULOUS FIFTH FRIDAY! Closed for Cleaning!

Trips & Party Dates!

- Crystal Hot Springs— Wednesday April 8 and 22nd 1:15
- Bunco w/H2U — Wednesday May 8 1:00
- Myers Lunch May 8
- Mother's Day Brunch May 10
- Golden Spike Trip May 11
- Paint Night— Tuesday May 14 6:00
- Health and Fitness Day — May 15 9:00
- AARP Smart Driver Class — May 17 8:30 a.m.
- Pioneer Wellness — Friday May 17 12:00
- Foot Zoning — May 17
- Wii Bowling— Tuesday May 21 1:00

Appointments & Classes

- Caregiver's Comfort Club — Wednesday May 15 6:00 p.m.
- VA Representative
By appointment — Wednesday May 8th and 22nd
- Alzheimer's Support Group & Memory Club — Wednesday May 8th and 22nd 10:30 a.m.
- Commodities — Wednesday May 15 12:30