




May

May 2018 Activities

Activity Calendar Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <ul style="list-style-type: none"> -Living Well with Pain 1:00 - Bird House Ceramics Specialty Class 1:00 	<p>2</p> <ul style="list-style-type: none"> - Senior Swingers 11:30 - Birthday Lunch 12:00 - Integrity Foot Clinic 12:30 	<p>3</p>	<p>4</p>
<p>7</p> <ul style="list-style-type: none"> - Karaoke w/Kelly 11:30 - Bingo After Lunch 	<p>8</p> <ul style="list-style-type: none"> - Integrity Foot Clinic 12:30 - Living Well with Pain 1:00 - VA Representative by Appointment 	<p>9</p> <ul style="list-style-type: none"> Alzheimer's Support 10:30 - Rocky Mtn Blood Pressure Clinic 10:30 - Lunch sponsored by Myers 12:00 - Crystal Hot Springs 1:15 	<p>10</p> <ul style="list-style-type: none"> - Golden Spike Reenactment Trip 9:00 	<p>11</p> <ul style="list-style-type: none"> - Mother's Day Lunch 12:00
<p>14</p> <ul style="list-style-type: none"> - Bingo After Lunch 	<p>15</p> <ul style="list-style-type: none"> - Living Well with Pain 1:00 	<p>16</p> <ul style="list-style-type: none"> - Commodities 12:30-3:00 - Caregiver's Comfort Club 6:00 	<p>17</p> <ul style="list-style-type: none"> - Ryan's Cases for Smiles Session 1 3:00 	<p>18</p> <ul style="list-style-type: none"> - AARP Smart Driving Class 8:30 - Pioneer Wellness 12:30
<p>21</p> <ul style="list-style-type: none"> - Wendover 7:30 - Lunch sponsored by Gillies 12:00 - Bingo after Lunch 	<p>22</p> <ul style="list-style-type: none"> - VA Representative by Appointment 	<p>23</p> <ul style="list-style-type: none"> - Health & Fitness Day 9:00-1:00 - Shred Truck 10:00-1:00 	<p>24</p> <ul style="list-style-type: none"> - Ryan's Cases for Smiles Session 2 3:00 	<p>25</p> <ul style="list-style-type: none"> - Foot Zoning 11:00
<p>28</p>  <p>Memorial Day CENTER CLOSED</p>	<p>29</p> <ul style="list-style-type: none"> - Wii Bowling 1:00 	<p>30</p>	<p>31</p>	

Trips & Party Dates!

- Bird House Ceramics Specialty Craft** - Tuesday May 1st 1:00
- Karaoke w/ Kelly** - Monday May 7th 11:30
- Crystal Hot Springs**—Wednesday May 9th 1:15
- Golden Spike Reenactment** — Thursday May 10th 9:00
- Mother's Day Lunch**—Friday May 11th 12:00
- Ryan's Cases for Smiles** — Thurs May 17th 3:00
- AARP Smart Driving Class**—Friday May 18th 8:30
- Pioneer Wellness**—Friday May 18th 12:30
- Wendover** — Monday May 21st 7:30
- Health & Fitness Day** — Wednesday May 23rd 9:00-1:00
- Ryan's Cases for Smiles** — Thurs May 24th 3:00
- Memorial Day**—Monday May 28th **CENTER CLOSED**
- Wii Bowling**—Tuesday May 29th 1:00

Appointments & Classes

- Caregiver's Comfort Club** —Wednesday May 16th 6:00
- VA Representative**
- By appointment** — Tuesday May 8th & 22nd
- Alzheimer's Support Group & Memory Club** —Wednesday May 9th 10:30
- Commodities** — Wednesday, May 16th 12:30
- Living Well w/ Pain** —Tuesday May 1st, 8th & 15th 1:00