



# What's Cookin? March 2019 ~Milk

Offered Daily ~Menu subject to change without notice~



Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1 Amish Breakfast Casserole w/ Sausage Potato &amp; Veggies Lemon Poppy Seed Muffin Fruit &amp; Yogurt Parfait</p>
<p>4 Ranch Chicken Casserole Green Beans Broccoli Slaw Garlic Toast Cranberry Fluff</p>	<p>5 Pork Enchiladas Spanish Rice Steamed Veggies Corn &amp; Black Bean Salad Cinnamon Muffin</p>	<p>6 <b>Birthdays Lunch</b> Roast Beef Mashed Potatoes &amp; Gravy Glazed Carrots Tossed Salad w/ Fruit Dinner Roll Cake and Ice Cream</p>	<p>7 Chicken Alfredo Steamed Broccoli Caesar Salad Bread Stick Pudding with Berries</p>	<p>8 Fish &amp; Chips Mixed Vegetables Fruited Coleslaw Corn Muffin</p>
<p>11 Swedish Meatballs Buttered Noodles Key Biscayne Veggies Grape Salad Garlic Toast</p>	<p>12 Orange Chicken Steamed Rice Snap Peas Egg Roll Chinese Cabbage Salad Fortune Cookie</p>	<p>13 <b>Myers Day</b> Chicken Fried Steak Mashed Potatoes &amp; Gravy Caribbean Blend Veggies Spinach Salad Biscuit Rice Pudding</p>	<p>14 Pulled Pork Taco w/ Lettuce &amp; Tomato Refried Beans Honey Lime Fruit Salad Chocolate Chip Muffin</p>	<p>15 Fish Sandwich w/ Lettuce &amp; Tartar Sauce French Fries Mixed Veggies Waldorf Salad</p>
<p>18 <b>Gillies Day</b> Kielbasa &amp; Cabbage Parslied Red Potatoes Normandy Veggies Rainbow Fruit Salad Dinner Roll Cornflake Candy</p>	<p>19 Poppy Seed Chicken Steamed Rice Peas &amp; Pearls Orange Tapioca Salad Sliced Bread</p>	<p>20 Parmesan Chicken Spaghetti Noodles Steamed Broccoli Tossed Salad w/ Fruit Garlic Breadstick No Bake Cookie</p>	<p>21 Sloppy Joe Chips Scandinavian Veggies Coleslaw w/ Fruit</p>	<p>22 Tilapia w/ Lemon Rice Pilaf Steamed Veggies Tossed Salad Blueberry Muffin</p>
<p>25 Pizza Pasta w/ Pepperoni &amp; Sausage Italian Veggies Fruit Cup Garlic Toast Oatmeal Raisin Cookie</p>	<p>26 Russian Chicken Steamed Rice Steamed Veggies Fruit &amp; Yogurt Parfait Wheat Roll</p>	<p>27 Taco Salad w/ Lettuce &amp; Tomato Refried Beans Fruit Cup Snickerdoodle</p>	<p>28 Chicken Cordon Bleu Sandwich Fries Normandy Veggies Lime Jell-O w/ Pineapple</p>	<p>29 <b>Fabulous 5th Friday</b>  <b>CENTER CLOSED</b></p>

**Special Lunches & Dinners!**

- Birthdays Lunch** — Wednesday March 6th, 2019
- Myers Day**—Wednesday March 13th, 2019
- Gillies Day**—Monday March 18th, 2019
- Fabulous 5th Friday**— Friday March 29th, 2019

**CENTER CLOSED**

**Prices:**

The full cost of the meal is \$7.40 for those under age 60 Please pay at the front desk to receive your meal & lunch ticket. For those 60+, their spouse, or disabled child; or a volunteer, the suggested donation is \$3.00