



March 2019 Activities

Activity Calendar Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
 MARCH FOR MEALS WITH MEALS ON WHEELS	 MARCH FOR MEALS WITH MEALS ON WHEELS	 MARCH FOR MEALS WITH MEALS ON WHEELS	Feb 28th - MARCH FOR MEALS BINGO NIGHT 6:00 p.m.	1
4 - Karaoke w/Kelly 11:30 - Bingo After Lunch	5	6 - Senior Swingers 11:30 - Birthday Lunch 12:00 - Integrity Foot Clinic 12:30	7 - MARCH FOR MEALS BINGO NIGHT 6:00 p.m.	8 -AARP Safe Driving Class 8:30
11 - Bingo After Lunch	12 - Lunch & Learn— Ali's Angels - Integrity Foot Clinic 12:30	13 - Alzheimer's Support 10:30 - Lunch sponsored by Myers -Bunco with H2U 1:00 - VA Representative by Appointment - Crystal Hot Springs 1:15	14 - MARCH FOR MEALS BINGO NIGHT 6:00 p.m.	15 - Pioneer Wellness 12:00
18 -Lunch sponsored by Gillies 12:00 - Bingo After Lunch	19 - Wii Bowling 1:00 -Paint Night 6:00	20 - Rocky Mtn Blood Pressure Clinic 10:30 - Commodities 12:30-3:00 - Caregiver's Comfort Club 6:00	21 - MARCH FOR MEALS BINGO NIGHT 6:00 p.m. -Symphony w/Nancy	22 - Foot Zoning
25 -Happy Feet 10:00 - Bingo After Lunch	26 - Living Well w/Chronic Pain 6:00-8:30 p.m.	27 - Alzheimer's Support 10:30 - VA Representative by Appointment - Crystal Hot Springs 1:15	28 - MARCH FOR MEALS BINGO NIGHT 6:00 p.m.	29 FABULOUS 5th FRIDAY CENTER CLOSED

Trips & Party Dates!

- March For Meals Bingo Nights** — Thursday February 28th & March 7th, 14th, 21st, 28th 6:00 p.m.
- Karaoke w/Kelly** — Monday March 4th 11:30
- AARP Safe Driving Class** — Friday March 8th 8:30
- Crystal Hot Springs** — Wednesday March 13th & March 27th 1:15
- Bunco w/H2U** — Wednesday March 13th 1:00
- Pioneer Wellness** — Friday March 15th 12:00
- Wii Bowling** — Tuesday March 19th 1:00
- Paint Night** — Tuesday March 19th 6:00
- Symphony w/Nancy** — Thursday March 21st
- Living Well w/Chronic Pain** — Tuesday March 26th 6:00-8:00 p.m.
- Fabulous 5th Friday** — Friday March 29th **CENTER CLOSED**

Appointments & Classes

- Caregiver's Comfort Club** — Wednesday March 20th 6:00 p.m.
- VA Representative**
 By appointment — Wednesday March 13th & 27th
- Alzheimer's Support Group & Memory Club** — Wednesday March 13th & 27th 10:30
- Commodities** — Wednesday March 20th 12:30