



# What's Cookin? July 2021

~Milk Offered Daily ~Menu subject to change without notice~ Suggested \$3 Donation per meal



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Our doors are opening for meal service on Wednesday, July 7 just in time to celebrate July birthdays!. We are also continuing to provide curbside service for those that aren't comfortable joining the crowd. Please call 435-226-1457 or go online to register for meals. Please specify "Congregate" or Take-out \$3 suggested donation. <b>All donations are appreciated</b> Lunch served 11:45 –12:45 Doors Open at 11:30</p>				
<p>5 <b>CLOSED</b> </p>	<p>6 Swiss Chicken Bake Brown Rice Peas and Carrots Mandarin Oranges Corn Muffin</p>	<p>7 <b>Birthday Party!</b> Beef Tips Buttered Noodles Glazed Carrots Green Salad w/Fruit Wheat Roll Birthday Cake</p>	<p>8 Ranch Chicken Casserole Green Beans Fruited Broccoli Slaw Sliced Bread</p>	<p>9 Carnitas Breakfast Taco w/ Egg Fajita Veggies Refried Beans Fruit and Yogurt</p>
<p>12 Spaghetti and Meat Sauce Steamed Broccoli Spinach and Fruit Salad w/ Poppyseed Dressing Garlic Toast</p>	<p>13 Baked Tilapia w/Lemon Rice Pilaf Snap Peas Fruit Cocktail Cinnamon Muffin</p>	<p>14 <b>Myers Day</b> Fried Chicken Baked Beans Malibu Veggies Fruited Coleslaw Biscuit Rice Krispy Treat</p>	<p>15 Hamburgers w/Fixins Sweet Potato Fries Normandy Veggies Pea Salad</p>	<p>16 BLT Croissant w/Egg O'Brien Potatoes Brussel Sprouts Fruit Cup</p>
<p>19 <b>Gillies Day</b> Roast Beef Mashed Potatoes /Gravy Caribbean Veggies Tossed Salad Dinner Roll Brownie</p>	<p>20 Chicken Salad on Cantaloupe Ring Fresh Veggies Wheat Roll Sugar Cookie</p>	<p>21 Hot Dog Boats w/Mashed Potatoes and Cheese Steamed Asparagus Carrot Salad</p>	<p>22 Chicken Zucchini Casserole Potato Wedges Steamed Veggies Tossed Salad w/Fruit Sliced Bread</p>	<p>23 Center Closed for Pioneer Day </p>
<p>26 Lasagna Steamed Cauliflower Caesar Salad Breadstick</p>	<p>27 Asian Chicken Pasta Salad w/Spinach/Craisins Fluffy Fruit Salad Bran Muffin</p>	<p>28 Taco Salad w/Lettuce/Tomato Refried Beans Fruit Cup Churro</p>	<p>29 Poppyseed Chicken Steamed Rice Peas and Pearls Orange Tapioca Salad Chocolate Chip Muffin</p>	<p>30 Center Closed for 5th Friday Cleaning </p>

If you are planning on joining us for lunch, you need to call or sign-up **at least 24-hours** in advance. This means registering by 12 Noon the day before you want the meal. **This does not include calling the morning of the meal!** It is hard to serve everyone when we don't have a correct count. We enjoy having everyone drive up for lunch, however, we need to be able to prepare for the individuals who have taken the time to follow the policy and sign up on time. Check out the information on page 7 for signing up from home on your computer. Be sure to specify congregante meal or Take out meal. Call 435-226-1457 if you have any questions.

For those 60+, their spouse of any age, or disabled child; or a volunteer, the **suggested donation is \$3.00**. Please be generous and give what you can afford. **This program relies on donations to continue providing meals.**  
The full cost of the meal is \$7.40 for those under age 60.

An envelope is provided with your take-out meal to make your donation. A drop box is located by the Front Desk