



January 2019 Activities

Activity Calendar Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Happy New Year "2019" CENTER CLOSED	2 - Senior Swingers 11:30 - Birthday Lunch 12:00 - Integrity Foot Clinic 12:30	3	4
7 - Elvis Karaoke 11:30 - Bingo After Lunch	8 - Integrity Foot Clinic 12:30 - VA Representative by Appointment	9 - Alzheimer's Support 10:30 - Lunch sponsored by Myers - Bunco with H2U 1:00	10 - Lunch & Movie Trip 10:30	11 - AARP Smart Driving Class 8:30 - Foot Zoning
14 - Lunch sponsored by Gillies 12:00 - Bingo After Lunch	15	16 - Rocky Mtn Blood Pressure Clinic 10:30 - Commodities 12:30-3:00 - Caregiver's Comfort Club 6:00	17 - Soup & Sweatshirt Day 12:00	18 - Pioneer Wellness 12:00
21 - Center Closed Martin Luther King Jr.	22 - VA Representative by Appointment	23 - Alzheimer's Support 10:30	24	25
28 - Happy Feet 10:00 - Bingo After Lunch	29 - Wii Bowling 1:00	30	31	

Trips & Party Dates!

Happy New Year — Tuesday January 1st **CENTER CLOSED**
Elvis Karaoke — Monday January 7th 11:30
Bunco w/H2U — Wednesday January 9th 1:00
Lunch & Movie Trip — Thursday January 10th 10:30
AARP Safe Driving Class — Friday January 11th 8:30
Soup & Sweatshirt Day — Thursday January 17th
Pioneer Wellness — Friday January 18th 12:00
Martin Luther King Jr Day — Monday January 21st **CENTER CLOSED**
Wii Bowling — Tuesday January 29th 1:00

Appointments & Classes

Caregiver's Comfort Club — Wednesday January 16th 6:00 p.m.
VA Representative
By appointment — Tuesday January 8th & 22nd
Alzheimer's Support Group & Memory Club — Wednesday January 9th & 23rd 10:30
Commodities — Wednesday, January 16th 12:30