



Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1</p> <p>Pancakes w/ Maple Syrup Crispy Bacon Asparagus Cottage Cheese & Pears</p>
<p>4</p> <p>Boneless BBQ Wings French Fries Key Biscayne Veggies Fresh Veggies w/ Ranch Cinnamon Muffin Chocolate Chip Cookie</p>	<p>5</p> <p>Swiss Steak Buttered Noodles Steamed Veggies Fruited Spinach Salad Garlic Toast Brownie</p>	<p>6</p> <p>BirthDay Lunch Ranch Pork Chops Au Gratin Potatoes Glazed Carrots Tossed Salad w/ Fruit Wheat Dinner Roll Cake & Ice Cream</p>	<p>7</p> <p>Poppy Seed Chicken Steamed Rice Snap Peas Orange Tapioca Salad Sliced Bread</p>	<p>8</p> <p>Ham Croissant w/ Egg & Cheese Hash brown Patty Brussel Sprouts Fruit & Yogurt Parfait</p>
<p>11</p> <p>Fish & Chips Scandinavian Veggies Fruited Coleslaw Dinner Roll Lemon Bar</p>	<p>12</p> <p>Hawaiian Pulled Pork Sandwich Sweet Potato Fries Macaroni Salad Oatmeal Raisin Cookie</p>	<p>13</p> <p>Myers Day Beef Tips Mashed Potatoes & Gravy Caribbean Blend Veggies Spinach Salad Wheat Roll Corn Flake Candy</p>	<p>14</p> <p>Chicken Parmesan Spaghetti Noodles Steamed Broccoli Tossed Salad w/ Fruit Garlic Bread Stick Sugar Cookie</p>	<p>15</p> <p>Breakfast Tacos Carnitas Pork & Eggs Refried Beans V8 Honey Lime Fruit Salad</p>
<p>18</p> <p>President's Day</p> <p>CENTER CLOSED</p>	<p>19</p> <p>Chicken Tenders w/ BBQ Sauce Onion Rings Caribbean Vegetables Honey Lime Fruit Salad Flakey Biscuit</p>	<p>20</p> <p>Shepherd's Pie Peas & Pearls Waldorf Salad Bread Stick Oatmeal Raisin Cookie</p>	<p>21</p> <p>Chicken Caesar Salad Tomato Bisque Soup Frog Eye Salad Dinner Roll No Bake Cookie</p>	<p>22</p> <p>Smoked Sausage & Potato Casserole Asparagus w/ Lemon Biscuit w/ Jam Fruit Cup</p>
<p>25</p> <p>Gillies Day Taco Salad w/ Lettuce & Tomato Refried Beans Honey Lime Fruit Salad Corn Muffin Snickerdoodle</p>	<p>26</p> <p>Chicken Spaghetti Casserole Corn w/Peppers & Onions Grape Salad Dinner Roll Chocolate Pudding w/ Whipped Topping</p>	<p>27</p> <p>Chili & Baked Potatoes w/ Cheese & Sour Cream Steamed Veggies Tossed Salad Lemon Poppy Seed Muffin Cranberry Bar</p>	<p>28</p> <p>Swiss Chicken Bake Parslied Red Potatoes Green Beans Fruited Broccoli Slaw Banana Bread</p>	

Special Lunches & Dinners!

BirthDay Lunch — Wednesday February 6th, 2019

Myers Day—Wednesday February 13th, 2019

President's Day—Monday February 18th, 2019

CENTER CLOSED

Gillies Day — Monday February 25th, 2019

Prices:

The full cost of the meal is \$7.40 for those under age 60 Please pay at the front desk to receive your meal & lunch ticket.

For those 60+, their spouse, or disabled child; or a volunteer, the suggested donation is \$3.00