



COMMUNITY RESPONSE TO COVID-19



1) EXERCISE RESTRAINT

Please only purchase what you need. If your family needs 1 gallon of milk every 2 weeks, please only purchase 1 and not 4. Overpurchasing leaves fewer items for those seeking to meet their immediate needs.

2) REFRAIN FROM IMPULSE OR PANIC PURCHASES

Your impulse purchase might be what someone else actually needs for tonight.



3) BE SOCIALLY RESPONSIBLE

Social media posts of long lines, empty shelves, and wait times at stores induce more community anxiety and panic.

4) IDENTIFY WAYS TO HELP YOUR NEIGHBORS, ESPECIALLY THOSE WHO ARE MORE VULNERABLE TO INFECTION



5) GO ABOUT YOUR NORMAL LIFE

Most importantly, do the things you would normally do while focusing on the CDC's steps to prevent illness -- for example: play at a park, walk along the trail, sing in the rain, read a book, watch a movie, make dinner with a loved one -- do what you would normally do (but keep washing your hands a few more times while doing it).

By taking these steps as a community,
we can better navigate this evolving situation together.

More COVID-19 information is available at
coronavirus.utah.gov and coronavirus.gov