



What's Cookin? November 2021

~Milk Offered Daily ~Menu subject to change without notice~ Suggested \$3 Donation per meal



Monday

Tuesday

Wednesday

Thursday

Friday

<p>1 Beef Enchiladas Spanish Rice Corn w/Peppers/Onion Frog Eye Salad</p>	<p>2 Baked Fish Rice Pilaf Steamed Veggies Mandarin Oranges Blueberry Muffin</p>	<p>3 Birthday Party! Harvest Chicken Bake Sweet Potatoes Green Beans Spinach Salad Corn Muffin Chef Choice Cake</p>	<p>4 Chicken Spaghetti Casserole Steamed Veggies Caesar Salad Breadstick Chef Choice Cookie</p>	<p>5 Baked Denver Omelet Hashbrowns Brussel Sprouts Ambrosia Salad Flakey Biscuit</p>
<p>8 Chicken Broccoli Casserole Peas and Pearls Fruit Cocktail Dinner Roll</p>	<p>9 Chili and Baked Potato Steamed Veggies Fruit Cup Corn Muffin</p>	<p>10 Myers Day USO Veterans celebration Pot Roast Mashed Potatoes/Gravy Glazed Carrots Fruited Tossed Salad Wheat Roll Pudding Cake</p>	<p>11 Center Closed for Veteran's Day</p>	<p>12 BLT Breakfast Sandwich Mixed Veggies O'Brien Potatoes Fruit and Yogurt</p>
<p>15 Gillies Day Spaghetti and Meatballs Steamed Broccoli Green Salad Garlic Toast Chocolate Pudding</p>	<p>16 Orange Chicken Steamed Rice Snap Peas Chinese Cabbage Salad Fortune Cookie Egg Roll</p>	<p>17 Shepherd's Pie Cauliflower Waldorf Salad Dinner Roll</p>	<p>18 Sweet Pork Taco Salad w/ Shaved Lettuce, Tomato Refried Beans Honey Lime Fruit Cup Cinnamon Muffin</p>	<p>19 Thanksgiving Dinner Roast Turkey w/Gravy Stuffing Sweet Potatoes Bacon and Onion Green Beans Dinner Salad w/Fruit Buttery Roll Pumpkin Pie</p>
<p>22 Chicken Cordon Bleu Au Gratin Potatoes Malibu Veggies Fruit Cup Lemon Muffin Cranberry Fluff</p>	<p>23 Pulled Pork Sandwich Kettle Chips Steamed Veggies Tossed Salad w/Fruit Jell-O w/Whipped Topping</p>	<p>24 Butter Chicken Rice Normandy Veggies Ambrosia Salad Naan Bread Cornflake Candy</p>		
<p>29 Chicken Tenders w/ Dipping Sauce Tater Tots w/Cheese Caribbean Veggies Diced Peaches Bran Muffin</p>	<p>30 Swiss Steak Buttered Noodles Green Beans Fruit Salad Sliced Bread</p>	<p>Please be sure to indicate whether you are signing up for Congregate or Take-Out lunches. You have this option on-line, on the touch screen and when making reservations with Bonnie. We have lots of duplicates –people who have signed up for take-out and congregatate meals. Your attention to this matter would be greatly appreciated. See Bonnie if you have any questions.</p>		

If you are planning on joining us for lunch, you need to call or sign-up **at least 24-hours** in advance. This means registering by 12 Noon the day before you want the meal. **This does not include calling the morning of the meal!** It is hard to serve everyone when we don't have a correct count. We enjoy having everyone drive up for lunch, however, we need to be able to prepare for the individuals who have taken the time to follow the policy and sign up on time. Check out the information on page 7 for signing up from home on your computer. Be sure to specify congregatate meal or Take out meal. Call 435-226-1457 if you have any questions.

For those 60+, their spouse of any age, or disabled child; or a volunteer, the **suggested donation is \$3.00**. Please be generous and give what you can afford. **This program relies on donations to continue providing meals.**
The full cost of the meal is \$7.40 for those under age 60.

An envelope is provided with your take-out meal to make your donation. A drop box is located by the Front Desk