

Heirloom Sachets

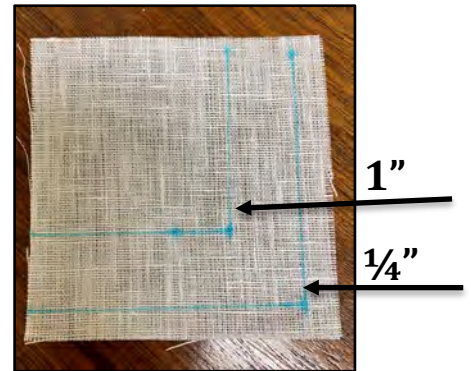


Supply List

- Sewing Machine
- ¼" Foot or ¼" Right Guide Foot
- Open Toe Foot
- ¼ yard Linen for sachet
- ¼ yard Handkerchief Linen for heirloom handkerchief
- 3/8 yard of 1" flat lace (for Handkerchief sachet)
- ¼ yard 2"-3" lace (for lace insertion sachet)
- ¼ yard of Organza or Muslin for holding the lavender or scented filling
- Decorative Button or Bullion Rose
- Wing Needle
- 60 wt. white cotton thread
- #80 Microtex Needle
- Water soluble pen
- Best Press or spray starch
- Small sharp scissors or small sharp lace scissors
- Tweezers
- Iron
- Bohin Glue Stick (optional)
- Small strip of Steam-A-Seam II (for closure or you can hand sew close)

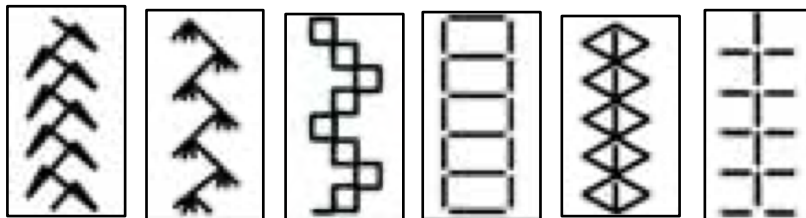
Prep Work:

- Cut Linen Base Fabric: 6"x 6" - Cut (2)
- Cut Handkerchief Fabric: 6"x 6" - Cut (1)
- Cut Organza or Muslin Fabric: 5"x5" - Cut (2)
- Best Press or starch all 3 pieces of fabric along with the lace for added body and stability.
- With the water-soluble pen, draw a line $\frac{1}{4}$ " away from edge on each side of the handkerchief linen. Mark second line 1" from each edge.



Stitching the Heirloom Handkerchief:

1. Thread the bobbin and the top with the cotton thread.
2. With a Wing Needle and the Open Toe Foot, sew an open and airy decorative or hemstitch along the 1" markings on each side. Here are some suggested stitches:

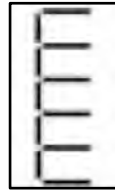


Many of these stitches can be found in the needleart, heirloom or hemstitch categories of your machines.

3. Place lace along the outside edges at the $\frac{1}{4}$ " marking, mitering the corner. Placing a little bit of the Bohin glue stick on the area will help to hold down the lace as you stitch.

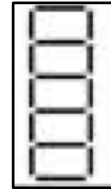
4. Attach the 2A foot or Open Toe Foot and with the center line on the header of the lace stitch in place using the entredeux stitch. Change the width and length to 3.0. The flat part of the stitch is on the linen and the swing goes into the lace creating a hole on the linen.

Here is what the entredeux stitch looks like. to the pin stitch, except that the entredeux on both sides of the stitch so that you can it falling apart.



This stitch looks very similar to the pin stitch, except that the entredeux stitch offers finished edges cut against the stitch without

If you do not have this stitch on your machine, you can always use this heirloom stitch and change the width and length to 3.0. Place the center marking of the foot on the header of the lace.



5. **Miter the lace at the corner.**

In order to do this, you will extend the lace beyond the corner, approximately 1" (or a distance equal to the width of the lace) from the corner marking and place a pin.

6. Fold the lace back onto itself at the pin marking.
7. Next, angle the lace at the corner to form the miter and pin in place.
8. Continue stitching the lace on to the other side.
9. Once you have sewed the lace on, take out the Wing Needle and replace with the #80 Microtex Needle and go back to the mitered lace corner. Sew a small zig zag stitch on top of the lace to the mitered corner.
10. Trim the fabric away from behind the lace to the stitching. You will also need to trim the lace from behind the mitered corner, close to the stitching.
11. **Optional:** Sew on a decorative button or embellishment onto the front of the handkerchief or you can add a sewing machine monogram or an embroidered monogram or design.

Putting the Sachet Together:

1. Sandwich the handkerchief in between the two pieces of 6" x 6" linen with right sides together so that the handkerchief is lined up with the raw edges of the linen.
2. Attaching the ¼" foot, sew all the way around leaving about a 2" opening at the bottom of the linen for turning.
3. Turn the linen right side out and press with an iron. Fold in the opening pieces of fabric and press as you will need to close after adding the lavender or scented filling.

Making a Sachet Pillow Pocket (organza- holds scented filling):

(This is a good idea to make a smaller packet to put your lavender or scented filling in so that you can change it out as years go by)

4. With the 2 pieces of 5"x5" Organza or muslin sew together all the way around using a ¼" seam allowance and leaving a small opening to fill with the lavender.
5. Fill the small 5"x5" pillow pocket with the lavender or filling of your choice and then topstitch the opening closed.
6. Insert this small pocket into the linen opening and place a small piece of Steam-A-Seam II to close the opening and then iron shut or you can hand sew the closure shut.



Enjoy and feel free to play with various size sachets and stitches to create a beautiful heirloom gift.

Making a Lace Insertion Sachet

Prep Work:

- Cut Linen Base Fabric: 6"x 6" - Cut (2)
- Cut the 2"-3" piece of lace 6" so that it lays in the middle of one of the pieces of linen fabric. Pin the lace in place.

Sewing the Lace Insertion Sachet:

1. Using your Open Toe Foot, sew a straight stitch down both sides of the lace to attach it to the linen piece.
2. From the backside, cut down the center of the fabric, without cutting your lace on the front side. Press open both sides of the fabric.

3. Select a small zig zag stitch about a 2.5 width and length and stitch down the flaps on both sides to secure the lace in place.
4. With very sharp and fine scissors cut off the excess fabric, close to the stitching line – repeat on both sides. You should now have no fabric behind the top linen piece. Press again.
5. Place both pieces of linen right sides together, attach the ¼” foot, sew all the way around leaving about a 2” opening at the bottom of the linen for turning.
6. Turn the linen right side out and press with an iron. Fold in the opening pieces of fabric and press as you will need to close after adding the lavender or scented filling. Repeat the instructions above on making a sachet pillow pocket and then close the sachet with Steam-A-Seam II or by hand.