Making a Face Mask

Supplies:

8.5" x 15" PREWASHED high quality cotton fabric (prints ok, just remember that men and women will be wearing these)

 5" piece of bendable metal (Flat Aluminum wire, pipe cleaners, floral wire, bread ties, ect)

 Extra wide double fold bias tape or 2 pieces 2.25" x 5.25" fabric to make your own bias tape for sides OR 2pieces 40" long bias tape for masks with ties

 2 pieces of 8-9" elastic (cord, elastic, 1/4", 1/8")

Sewing Machine & Thread, optional: serger

There are visible directions on YouTube posted by Easy-To-Sew at

https://youtu.be/BCJcE-r7kcg

*These measurements are slightly different from those on the video

Steps:

- Serge or finish edges of the 8.5" side of the rectangle.

- Put sides together and mark 2" in from the outer edge on each side. Sew a 3/8" seam to the 2" mark and back stitch. Repeat on the other end leaving an opening in the middle. Press seam open then turn right side out.

- Topstitch one side of the opening. Mark 0.5" up from the topstitch line towards the side that is not topstitched. Fold on the marked line and press. (The video link below will be helpful here)

- Topstitch the edge of the whole square.

- Insert wiring above the opening and topstitch edge to hold it in place. Center the metal and secure with a stitch at the edge of each side.

- Make 3 pleats on each side making sure to have pleats going down away from the wire on the front of the mask and topstitch into place. You may need to use clips to hold them in place.

- FOR EAR ELASTIC: For single ear elastics on each side, cut elastic 9.75". Fold bias tape over raw edge on the sides of the mask, folding in the top and bottom. Top stitch down. Insert elastic through the tube, tie ends in a knot and place knot inside the tube.

- FOR TIES: Cut bias tape (or make your own) at 40". Find the center and place at the center of the side of the mask. Topstitch the entire length, securing the mask onto the tie in the center.

Optional: Use a serger instead of bias tape to secure the elastic loops & finish the side edge.

St. Peter's Health