

12 At-A-Time Port Pillows

These pillows cushion the shoulder anytime a seatbelt is uncomfortable. Donate to local cancer treatment facilities for patients undergoing chemotherapy.

Materials:

- 2 fat quarters (1 light, 1 dark) (FQ)
- 42in sew-in Velcro
- Batting or Fiberfill

Notes:

- ½ inch seam allowance throughout
- Assumes FQ are 18x21 inches
- Line markings may indicate marking one line with two different indicators. This is not a mistake.

Instructions:

1) Prepare light FQ: (On WRONG side)

a. Mark shorter sides every 4.5 inches.

Connect to draw 3 lines.

- Mark each line as 1.
- Mark top edge of FQ as A.
- Mark first line as B.
- Mark next line (central line) as C.
- Mark next line as D.
- Mark bottom edge of FQ as E.

b. Mark longer sides every 7 inches.

Connect to draw 2 lines.

- Mark leftmost edge of FQ as F.
- Mark next line to the right as 2.
- Mark next line to the right as 3.
- Mark rightmost edge of FQ as G.

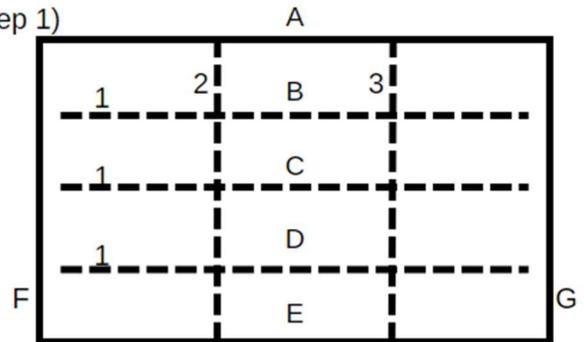
c. There should be 12 boxes approximately 7in wide and 4.5in tall.

2) Place dark FQ right side up. Place light FQ right side down on dark FQ.

3) Cut Velcro:

- Cut into 7 inch segments (6 pieces).
- Take 3 of the hook segments and sub-cut them into 3.5 inch segments.
- Lay out the hook side so the 7 inch segments straddle line C (3 times) in center of these boxes. (red on picture)
- Lay out the hook side so the 3.5 inch segments straddle line A (3 times) and line E (3 times) in the center of the boxes. (Overhang the edge by about 1/8 to 1/4 inch.) (red on picture)

Step 1)



Step 3)c. & 3)d.

