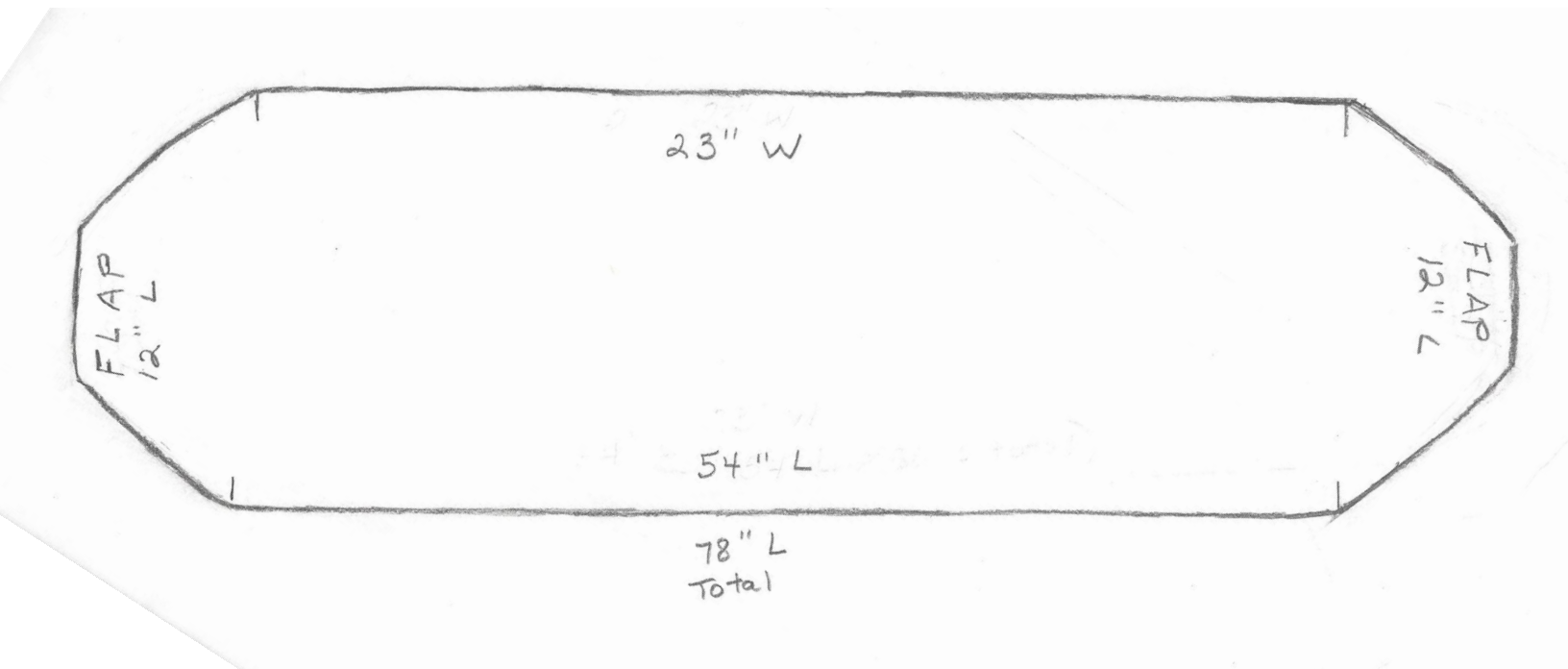




Skin-to-Skin Wrap Pattern

Details to Consider:

1. Recruit a sewing guild or even staff members with sewing experience to help
2. Shop for a jersey knit material with 1 or 2 way stretch that is breathable
3. You may receive an extra 10% off from Joann Fabrics and Crafts when you buy in bulk
4. Use a surger to finish the edges of the material



NICU Skin-to-Skin Wrap Pattern

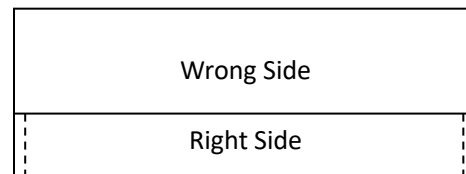
1. Cut fabric (Interlock works best or Jersey Knit)

23" x 52" for small to medium (could go smaller depends on stretchiness of fabric)

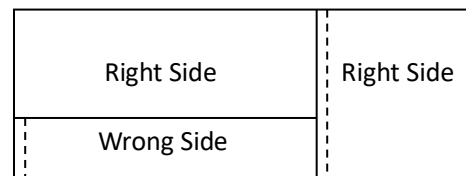
23" x 60" for large/extra large

2. Hem all edges: roll edge or just fold over once ~1/4" if thicker fabric.

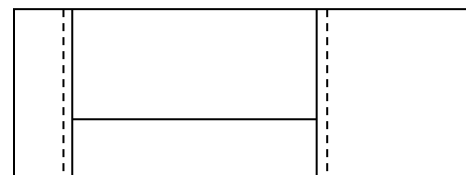
3. Fold over bottom edge 6" and sew sides together (wrong sides together)



4. Fold over right side 8" wrong sides together and sew together.



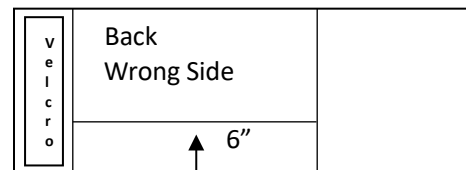
5. Fold over left side 3" and sew together wrong side together.



Finished Project

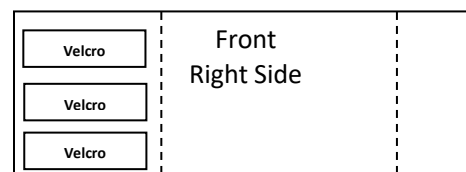
→ 3" 8" ←

6. Sew 2" Velcro (width) to back side of fabric of 3" side (this is the softer of the 2 pieces)



7. Sew 2" Velcro (width) (teeth or rough side)

Cut 3 ~ 7-7 1/2" each long to the right side of fabric 8" side





Swaddled Bathing Wrap Pattern

Details to Consider:

1. Recruit a sewing guild or even staff members with sewing experience to help
2. Shop for a light weight, thin cotton fabric
3. You may receive an extra 10% off from Joann Fabrics and Crafts when you buy in bulk
4. Use a surger to finish the edges of the material

