

# Contoured Face Mask

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Pearl P. Pereira



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# Contoured Face Mask

Designed by Pearl P. Pereira  
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During the current Covid-19 crisis I decided to make a few face masks make for my grand kids. They firmly suggested that I was to stay in the house, or as Jackie said your grounded Grandma, we will shop and do anything you need outside the house. They are great kids and I have stayed in my house. I found a few free rectangle style mask pattern on the internet. I thought the rectangle mask didn't quite fit the face as good as it should. That inspired me to design a face mask that would fit the contours of the face and under the chin for more protection.

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Thanks you  
Pearl P. Pereira

Please be aware that the hand made mask will NOT prevent you from catching any respiratory virus. Mask is reusable and must be washed after ever use.

## Supplies:

Use 100% cotton

- 1 - 7" x 10" - for front
- 1 - 7" x 10" - for back - use a contrasting fabric to make it easy to remember which side goes toward your face.
- 1 - 7" x 9" light weight 100% cotton interfacing
- 2 - strips of 1/8" or 1/4" elastic  
Size - 7" for Mens - 6" for Women's - 5" for kids.



You will need :

- Sewing machine and thread
- Scissors and or rotary cutter and mat
- Pins
- Applique Pressing tool or Hera marker
- Stiletto
- Iron
- Ironing board
- Pencil
- Pinking Shears (Optional)



You can watch my video tutorial on how to make the Contoured Face mask on web site at [www.p3designs.com](http://www.p3designs.com). Click on Tutorials in the menu bar. You can also find the video on my Youtube channel.

### Directions:

Step 1. Place the 7" x 10" backing and front fabric with right side together.

Step 2. Center the 7" x 9" light weight cotton interfacing on the wrong side of the front fabric. Pin in place keeping the pins out of the I used a fusible 100% cotton interfacing.



Step 3. Cut out your paper template with scissors or rotary cutter.

Step 4. Pin the pattern to the layered fabrics keeping the pins away from the cutting area.

Step 4. With scissors or rotary cut out the mask along the curved edges.

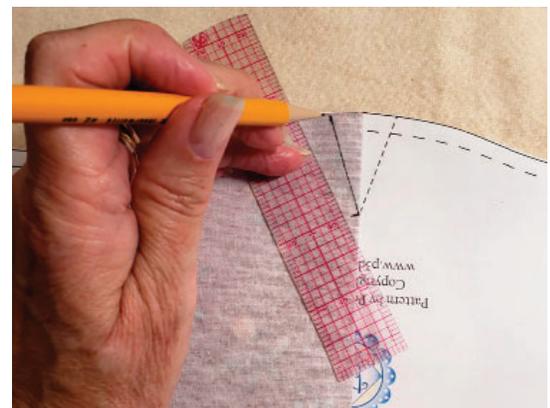


Step 5. Iron 1/2" seam allowance on the short ends of each fabric piece.

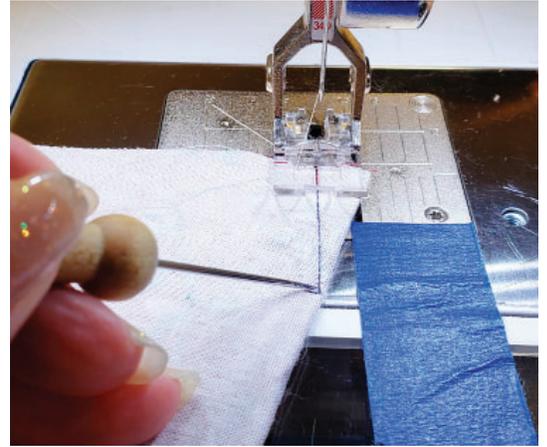


Step 6. Fold each fabric piece in half with right sides touching.

Step 7. With pencil and small ruler draw the stitching lines for each of the 4 dart.



Step 8. Stitch on each of the dart on the stitching lines. Back stitch at the beginning and end of each dart.



Step 9. With scissors clip down the fold of each dart stopping about 1/8" from the bottom stitching.



Step 10. Iron the dart seams open to evenly distribute the seam allowances and reduce the bulk.



Step 11. Layer the front and back pieces with Right Sides Together. Sew 1/4" seam allowance across the long both long curved edges. Clip the concave areas about 1/4" apart.

Or use pink shears and trim the seam allowance to 1/8" .



Step 12. Insert your hand inside the mask and turn the mask right side out.



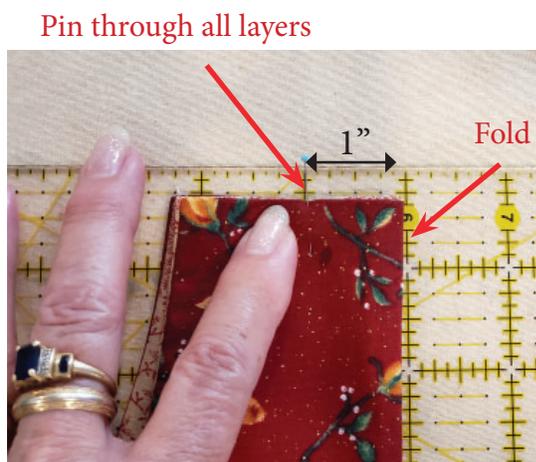
Step 13. Insert Hera Marker or Applique Pressing tool inside the mask and smooth out the seams.



Step 13. Iron the seams to flatten and keep them in position and easier to stitch.

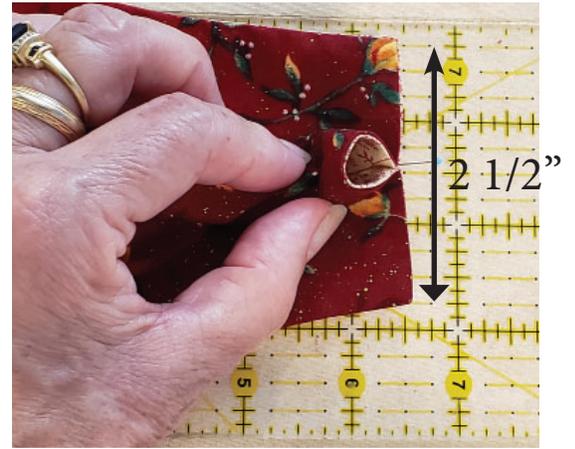


Step 14. Fold the short ends of the mask in half. Measure 1" from the fold and place and pin through all layers.



Step 15. Lay the end of the mask out flat and distribute the pleat fabric evenly on both side of the pin. Pin the pleats in place.

The end of the mask should measure approximately 2 1/2" Wide.

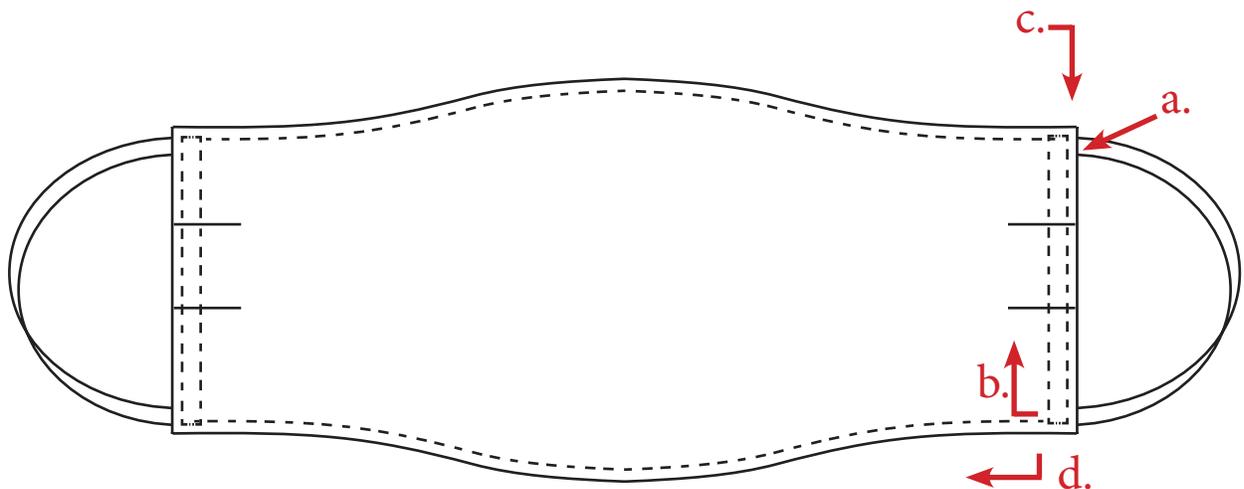


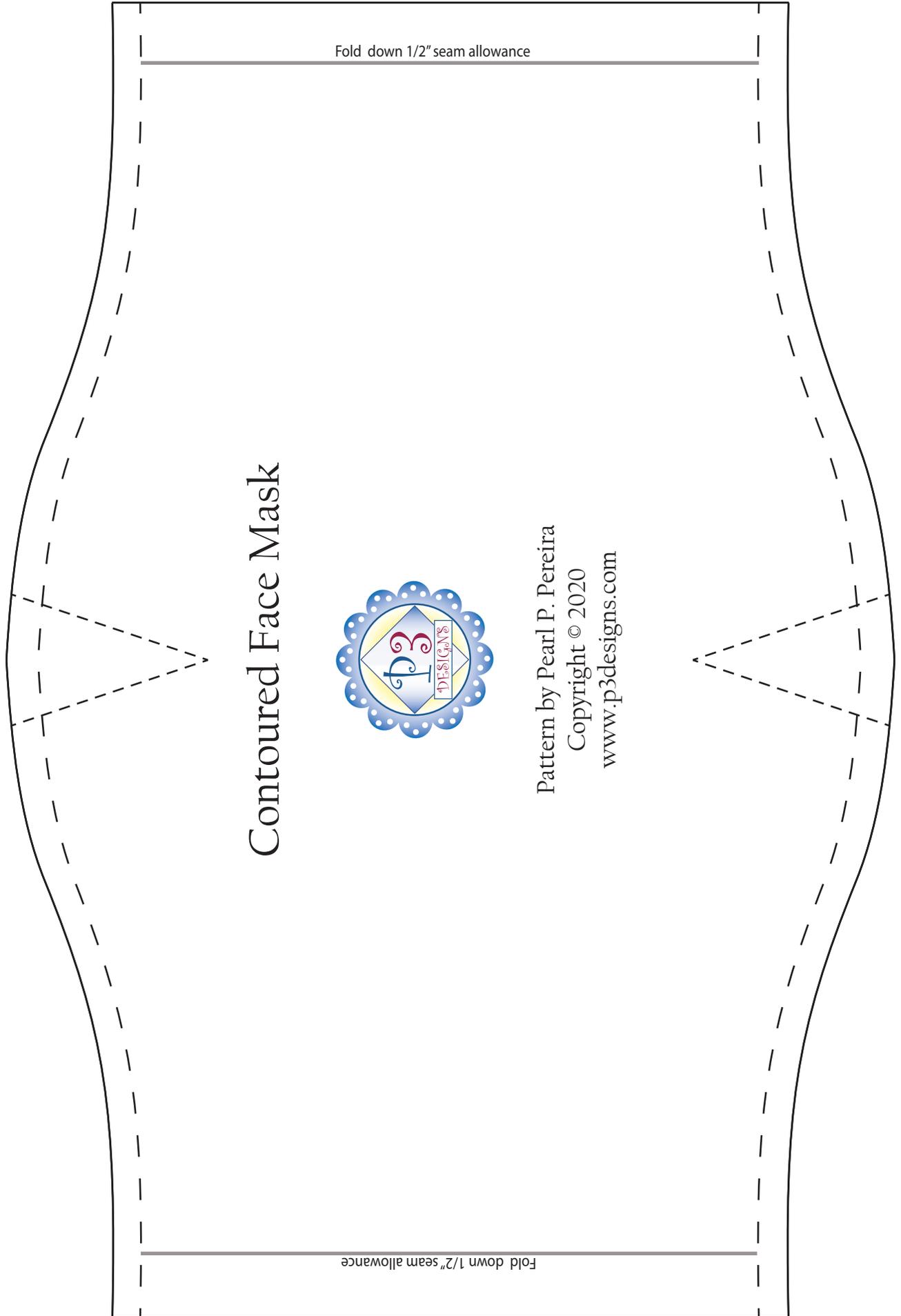
Step 16. At the sewing machine using my Stiletto insert the end of the elastic 1/4" between the front and back fabric pin or hold in place.



Step 17. Start at one edge of the mask:

- a. Stitch scant 1/8" inch along short end.
- b. Stitch around the corner and then 1/4" away from the first stitch line.
- c. Stitch a corner and then over the previous a. stitching line.
- d. Stitch scant 1/8" along the curved edge of the mask.





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Fold down 1/2" seam allowance

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