



## Happy Feet Supply List & Notes

The supply list is the same for hi-tops, classic and ultra low sneakers.

- Quilt weight cotton for upper; Fat Quarter (18" x 22") **Sizes over 42: 18" x 25"**
- Quilt weight cotton for lining; Fat Quarter (18" x 22") **Sizes over 42: 18" x 25"**
- 4 pieces of 1.75" wide bias strips, each about 24" long. **Sizes over 40: 12" more of bias**

Your bias can match or contrast with your exterior—your choice! If you want a contrasting tongue/toe component, we'll just flip the tongues over so the lining side shows. Have some fun with your fabric choices!

For sizes over 42, you will need a half-yard of upper and lining fabric. Sizes over 40 may need a bit more bias binding; bring another 12" piece along.

- Fat quarter of double sided fusible foam interlining (Bosal In-R-Form, Soft 'n' Stable by Annie's, and Pellon Flex-Foam FF79F2 are all good choices and readily available; we prefer Pellon or Bosal.) **Sizes over 42: 18" x 25"**
- Fat quarter of midweight woven fusible interfacing (like Pellon SF101). **Sizes over 42: 18" x 25"**  
*These interfacing/interlinings give the shoes their structure. If you substitute other interfacings, batting, or omit them all together, your shoes will be very soft and shapeless, like slippers.*
- Threads to match or coordinate with your fabrics.
- One pair of shoelaces to match, contrast or coordinate with your exterior fabrics. Hi-tops require 60" laces; classics use 54" laces. Ultra low sneakers use 45" laces. Joan will have lots of 60" shoelaces available for purchase during class (\$6/pair.)
- Ultra-fine Sharpie marker, black
- If you are using a dark fabric, bring a white or silver marking
- pencil and sharpener
- Sharp sewing shears, thread snips
- 24" ruler
- About 20 fabric clips or very small binder clips
- Fray Check or other seam sealant
- Sewing machine in good working order, pedal and power cord
- Basic sewing supplies. If you have pattern weights, they're handy.
- Optional: mini-iron and pressing surface