Lora Morrow, July 2020

Wonderful Wavy Woven Trivet

This Wonderful Wavy Woven Trivet looks deceptively complicated. It's actually quite simple to put together and very addictive to make. These will make great housewarming gifts, hostess gifts, or just keep them for yourself to protect your furniture.

SUPPLIES NEEDED:

- One 10" square of cotton fabric
- One 10" square of cotton fabric—high contrast
- One 12" square of cotton fabric for backing
- One 10" square of Insulbright
- Two 9" squares of 100% cotton batting
- Open toe foot
- Edge joining foot
- Thread to match fabrics
- Standard sewing and cutting supplies

PREPARATION:

- VERY IMPORTANT: You are going to be working on the WRONG side of your fabric for this part, so make sure both pieces of fabric are FACE DOWN.
- Stack the two 10" pieces of fabric together and align the edges.
- With a rotary cutter, cut several wavy lines through the 10" squares. Your cuts should resemble something like Figure A. The number and depth of your cuts is completely up to you, but I recommend that you alternate the starting direction of each cut so that you get more variety in your waves.

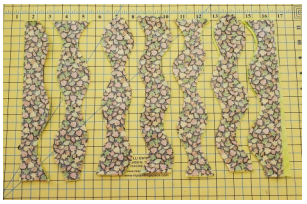


Figure A

- Carefully separate the two fabrics, ensuring that one fabric is oriented with the strips horizontally, and the other with the strips vertically. Make sure that your strips are in the same order as they were when cut. NOTE: Figure B shows the strips separated so that you can get a better visual, but in reality, your strips should abut one another to form two solid looking blocks (Figure C).

Figure B

Figure C

Weaving:

- Turn every other vertical strip back (Figure D). Take the top horizontal strip and lay in over the exposed vertical strips. (Figure E). Replace the vertical strips to their original position and pin each vertical strip along the top (Figure F).

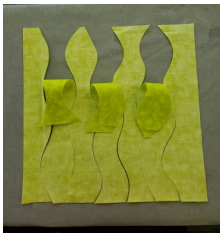


Figure D

Figure E

Figure F

- Lift the alternating vertical strips and continue to lay in the horizontal strips. Make sure that your strips, both horizontally and vertically, are snug and corner points are precise.

Bad join

Good join

I find it helpful to pat the strips in place with my hands as I work at laying in more strips. This helps ensure that the corners remain snug as additional strips are woven into place.

- Once you have the entire block woven tightly, press the 10" square of fusible fleece or interfacing to the block. This will hold the strips in place so they can be moved.
- Trim the woven strip set to a 9" square. I recommend you trim the first twonsides at 9 1/4" or 9 1/2" each and then turn the block and square up to 9".
- Stack your materials as follows:
  1. woven strip set, right side up
  2. two 9" squares of 100% cotton batting,
  3. one 9" square of Insulbrite with the "shiny" side face down,
  4. one 12" square of backing fabric wrong side up.
- Pin the stack together in several places making sure that all layers remain smooth and you have no wrinkles on the backing.
- Set your sewing machine to a normal zig zag stitch, width 2.5 mm, length 2.5mm, fabric selection to woven heavy. Starting at one edge of a woven strip, zigzag the entire length of the strip into place making sure to catch the edge of the "open" fabric. NOTE: all of the exposed edges in one direction will be the same fabric. When the block is turned 90 degrees all of the other fabric will have exposed edges. If you keep this in mind, it makes it easier to remember which fabric you are stitching in place.

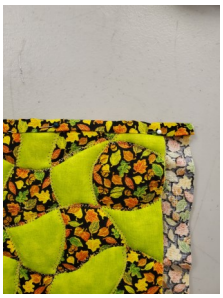
- After you have completed sewing down one row of stitches, *turn your block 180 degrees* around and stitch down the next row. By turning your block 180 degrees with each pass, you will get as less shifting or movement of the layers as you work your way across your block. After you have sewn down all of the strips in one direction, repeat the process for the alternate strips in the other direction.
- After all the strips have been sewn into place, trim the backing 1" away from the block on all sides in preparation for a roll-over binding. This technique will also work on quilts.
- Fold the backing so that it meets the edge of the block, then fold over on top of the block.

Trim backing

Fold in half

Roll over quilt block

- To miter the corners of your roll over binding, follow these steps:



- Fold the backing in half to meet the edge of the block, then roll over to the top of the block. Pin in place.

- When you reach the corner, turn the corner down at a 45 degree angle.

- Fold the side in half to meet the edge of the quilt block and then fold over the top of the quilt. When you do this, you should get a perfect mitered corner.

- Tada! A perfect mitered corner :)

- Using the edge joining foot, set your sewing machine to a straight stitch at 2 mm right of center, and a stitch length of 2.5 mm.
- Sew around entire block and over stitch where you began by 1/2".

You're done. Enjoy your trivet.