



Class Name: Slow Stitch Study

Teacher Name: Maret Anderson

Class Description:

The class picture is just a sample of a finished project. It will be up to you if you want to use a crazy quilt block as your stitch base, a plain piece of cotton or wool or an orphan block. Each month a new "family of stitches" will be introduced.

Some of the stitches will be embroidery, sashiko, silk ribbon, flower making and other special techniques.

This is a hand stitch class. No machines allowed!

Required Supplies:

- Base fabric for project. This can be cotton, wool, crazy quilt block, orphan quilt block. Start with a small piece about 12" square.
- Embroidery hoop between 5"-12"
- Variety of hand sewing embroidery needles
- Variety of threads; perle cotton, floss, silk ribbons
- Small snips and fabric scissors
- Kits will be available for purchase on the day of class

Optional Supplies:

- Any embroidery stitch book by Judith Baker Montano
- Any embroidery stitch book by Sue Spargo