

Intro to Double Knitting – Class Exercises

Intro Exercise:

Making Sense of 2 Layers on 1 Needle & Managing Your Yarn

Pre-Class Homework is to do the prep work (page 2) for the Intro Exercise so you can come to class ready to continue.

Materials

Yarn: worsted weight yarn in 2 colors. Scraps are ok approx. 20g each color.

You will need 2 colors of yarn, Color A & Color B. Use worsted weight yarn and size US 6 needles (or needles at least one size smaller than you would normally use with your yarn). Other weight yarns are ok for this exercise as long as you already feel very confident working with those yarns and suitable needle sizes. For best results you will use the same yarn for color A and Color B.

Colors A and B should have some contrast between them, think of them as light and dark but please avoid black and super dark colors for now. Avoid texture, fuzz, thick and thin, and other properties that may make it harder to read your knitting..

Shop your stash or get 10% off yarn purchased for your class.

Look for yarns like these: (available in the shop)

- Malabrigo Rios,
- Plymouth Homestead,
- Plymouth Worsted Superwash Merino,
- Plymouth Galway
- Tempting Ewe Yarns Ewe so Woolly
- Tempting Ewe Yarns Ewe so Perfect DK
- Jody Long Coastline
- Plymouth Encore Worsted
- Berroco Vintage

Needles: US 6 needles (one size smaller than you would normally use). Circular, or Double Points will be required for this exercise – we'll only be playing with 12 stitches so DPNs will be fine.

For worsted weight yarn use size US 6 needles or needles one size smaller than you would normally use with your chosen yarn. Double knitting requires slightly smaller needles to accommodate 2 layers. If you are a loose knitter and would normally use US 6 or smaller needles with your yarn, then adjust your needed size accordingly.

Gauge:

Gauge is not critical for this exercise. Avoid working at a tight gauge.

Prep Work (Pre-Class Homework):

Complete Baby swatches A & B below.

Baby Swatch A

With Color A, cast on 12 sts using your preferred cast on method.

Row 1: Knit to end.

Row 2: Purl to end.

Repeat Rows 1 & 2 three or 4 more times for a total of 8 to 10 rows. (Ideally you have the same number of rows as Baby Swatch #1.)

Put your stitches on hold using a stitch holder or a spare needle – I recommend a circular or DPN that you have laying around. If you have extra needles of the same size to make Swatch B, you may leave Swatch A stitches live on your needle. **Do not break yarn.**

Baby Swatch B

With Color B, cast on 12 sts using your preferred cast on method.

Row 1: Purl to end.

Row 2: Knit to end.

Repeat Rows 1 & 2 for a total of 8 to 10 rows.

Leave your stitches live on your needles. **Do not break yarn.**

Bring List

1. Come to class with both of your baby swatches, yarn, and needles.
2. Note taking materials.
3. A handful of stitch markers of various types might come in handy too.