

20  
ISSUE

YOUR CREATIVE  
COMPANION

Through *the*  
**NEEDLE**

ONLINE

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Fortune Cookie Pillow



Winter Wool Flowers



Solstice Rose Hat



Shimmering  
Emeralds  
Quilt

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- 24 Warm up your winter wardrobe with this exuberant floral cuff. It's easy to make – assemble wool felt flowers and leaves, needle punch them together, and then add felt balls and beads. An heirloom button adds the finishing touch.

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- 26 Make this adorable bed shawl and coordinating bed linens and throw pillow to celebrate the holidays! Featuring whimsical snowmen and snowflakes from Nancy Halvorsen's Ho-Ho-Ho, Let It Snow collection for Benartex, this overlooked quilt will dress up your bed for the holidays!

## The Last Word

- 30 Check out the last page of this issue for a valuable coupon and a list of quick links.



Emerald Paisley  
Collection 21009  
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### did you know?

If you see this symbol, simply click on it to view a video on related material!



## Errata

We inadvertently changed a measurement in the instructions for Amanda Murphy's **Holiday Table Runner** in Issue 19. The Ladder rail fabric (under Cutting Instructions on page 26) should be cut into 1½"-wide strips (not ½"-wide strips). We apologize for the error.



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# Needle Notes

Only seven weeks left before Christmas! (Even fewer till Hanukkah!) I'm sure many of you are well on your way to completing your holiday sewing, but if you're like me you're still gathering ideas. Luckily, this issue of *Through the Needle ONLINE* contains a diverse collection of quick-and-simple gifts to make. You might even find time to sew something for yourself!

Prep your home for Santa's arrival with Tari Intardinato's cheery Ho-Ho-Ho Bed Ensemble featuring Ho-Ho-Ho, Let It Snow fabric and embroidery. Or add a touch of elegance with Elaine Cibelli's Shimmering Emeralds Quilt, designed using the Quilter program in BERNINA Embroidery Software 6 and 7. Yes, that's right – version 7 software is here, and it's fantastic!

Nina McVeigh's needle-punched wool cuff is a sensational accessory for holiday parties. Pre-cut flowers mean most of the cutting is already done for you! Dawn Schneider's Solstice Rose cap is a splendid project for playing with BERNINA DesignWorks Software, combining CutWork, PaintWork, and CrystalWork. If you don't have software, the EXP file is available as a free download.

Home décor accessories make lovely gifts for anyone on your list. Cynthia Canglely shares instructions for easy-to-make reversible placemats, plus "in-the-hoop coasters." Not content with just one set, Cynthia also made a charming Holiday Holly variation. For a super-simple gift, make my fleece Fortune Cookie Pillow. Don't let the circles scare you; I have an easy technique for cutting them!

How long have you been a *Through the Needle* fan? This is our 20th digital issue. It's been four years since we moved from print to web-based publishing; twelve years since the first *Through the Needle* magazine was printed. A total of fifty-seven issues! But now it's time to move on. While we won't be publishing new issues of our magazine, we do have a few surprises for you. First, throughout 2014 we'll be posting all thirty-four print issues of *Through the Needle* – plus three special editions – to our online archive at [bernina.com/ThroughTheNeedle](http://bernina.com/ThroughTheNeedle). There will also be a "Best of *Through the Needle*" webinar series featuring updated articles and projects from our archives. Make sure you're on our mailing list to receive notification of upcoming events. As always, you'll find more free project instructions and tutorials at [WeAllSew.com](http://WeAllSew.com) and [bernina.com/experience](http://bernina.com/experience).

What will I be doing next? I'll miss editing *Through the Needle*, but I'm excited to spend more time at our social media venues/outlets – Facebook, Twitter, Pinterest, and Instagram – as well as our [WeAllSew.com](http://WeAllSew.com) blog. I hope you'll visit us there – we'd love to have you join us!

*Jo Leichte*  
Jo Leichte  
Editor



**we all** SEW  
**Geometric Pillow**

*Project by Megan Bohr*

Zest up your décor with a unique combination of geometry and bold color. Simple to sew, this pillow is sure to make a striking impression. By combining striped fabric with easy on-the-bias piecing and straight line quilting you'll create a new favorite accent piece for your home.

## embroidery PROJECT

# Quick Fringed Placemat and In-the-Hoop Coasters

by CYNTHIA WICKRE CANGLEY

*A set of reversible placemats and matching coasters is a lovely wedding or house-warming gift. Add holiday-themed embroidery for a festive addition to anyone's holiday décor. This isn't just a quick gift to stitch, it's also a simple lesson in converting a regular machine-embroidered applique into a stand-alone, made-in-the-hoop coaster. This technique can be used with any design that has a satin-stitch border. Optional instructions are included for the BERNINA CutWork Tool.*

### Copyright Note

Be sure that the design you use for this technique allows you to make changes to it for your own use. Remember, you cannot sell the modified design; it is still copyrighted.

### Supplies

- BERNINA Exclusive Birds and Blooms embroidery collection #82002, designs #14 and #26, plus #14\_CWA if using the BERNINA CutWork Tool
- Medium Hoop
- Large Oval, Jumbo and/or Mega Hoop (optional, for stitching multiple coaster in one hooping)
- BERNINA Embroidery Software 6 or BERNINA ArtLink Software 6 (optional)
- BERNINA Cutwork Tool and appropriate CutWork Stitch Plate for your machine (optional)
- Echo Quilting and Cutwork Foot #44 (optional, for CutWork Tool)
- Embroidery Foot #26
- 1½ yards of 44"-wide loosely woven fabric such as coarse linen, denim, osnaburg, etc. (makes two placemats and two coasters)
- OESD Fuse & Fleece or other thin fusible batting
- OESD HydroStick Tear-Away Stabilizer or OESD HeavyWeight Tear-Away Stabilizer



- OESD Appliqué Fuse & Fix or other paper-backed fusible product
- OESD AquaMesh, AquaMesh Plus, or BadgeMaster Wash-Away Stabilizer
- OESD StabilStick Cut-Away Stabilizer or other adhesive stabilizer (for CutWork)
- Rotary cutter and mat
- 6" x 24" ruler
- Chalk marker or other erasable marker
- Isacord or Mettler Polysheen embroidery thread to coordinate with fabric
- Heavy-duty spray starch

## Reversible Birds and Blooms Placemat

### Design Preparation

#### In BERNINA Embroidery Software 6

- Open design #26 from the Birds and Blooms collection.
- Increase size 20% by right-clicking on the Scale by 20% Down/Up icon to a finished size of 94.6 mm x 92.8 mm (or desired size).
- Open Object Properties and select the Outline Stitch tab; change Stitch Type to Backstitch.
- Print a paper template of the design.

#### In BERNINA ArtLink 6

- Open and increase the size of the design as described above.
- Stitch Type cannot be changed in ArtLink. Instead, at the machine, stitch the design twice before removing the fabric from the hoop.
- Print a paper template.

#### At the Embroidery Machine

- Open design #26 from the Birds and Blooms collection.
- Enlarge 20% to a finished size of 94.6 mm to 92.8 mm (or desired size).
- To create a heavier line, stitch the design two times before removing the fabric from the hoop.
- Print the paper template from the CD; enlarge using graphic software, scanner, or copier.

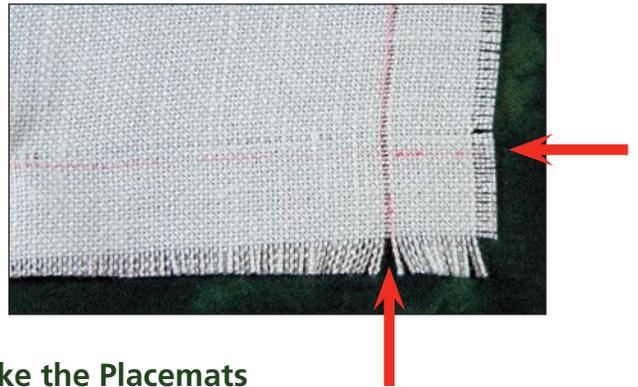
### Fabric Preparation

Pre-shrink the fabric; warm water is fine for most fabrics. After laundering, press fabric if necessary.

With the fabric folded along the lengthwise grain (selvages together), cut four 16" x 21" rectangles (or desired finished size plus 1" all around to allow for grain alignment as described in the following steps).

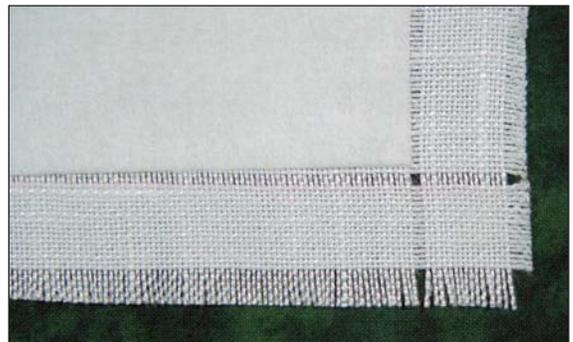
Mark a line 1" in from all four edges of each rectangle.

Remove the threads closest to each marked line. These will be your guides for positioning and affixing the Fuse & Fleece, as well as creating the stitching guides. Pulling a thread ensures perfectly on-grain rectangles and even fringes.

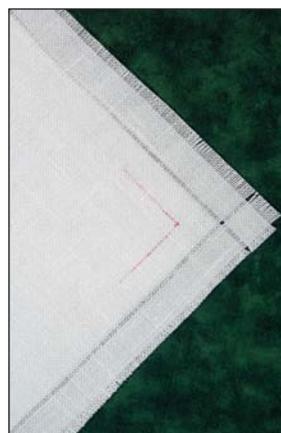


### Make the Placemats

Cut two rectangles of Fuse & Fleece to fit inside the drawn-thread lines (approximately 14" x 19"). Position these on the wrong side of two fabric rectangles, placing them inside the drawn-thread guidelines. Fuse in place following the manufacturer's instructions.



Mark placement lines for the altered Linework Corner design #26, approximately 1/2" to 1" from each corner as desired.



## Embroider the Placemats

Hoop a layer of StabilStick or AquaMesh Plus, paper side up, in the Large Oval Hoop (or Mega or Jumbo Hoop if desired). Score a large X on the paper with a pin or the tip of your seam ripper; remove the paper backing.

*Tip: If fusible stabilizer is not available, use a regular tear-away stabilizer and spray it with 505 temporary fabric adhesive after hooping.*

Load design #26 on your embroidery machine. Note: Mirror-image the design as needed to fit each corner.

Place the fabric rectangle on the stabilizer so one corner mark is centered in the hoop. (Mega or Jumbo Hoop: Position the rectangle so two corners can be embroidered.) If your embroidery machine has an Absolute Check feature, use it to align the design with your placement lines.

Stitch the design in each corner of both rectangles, mirror-imaging it as needed to fit each corner.

When embroidery is complete, remove the stabilizer by cutting it away from the outermost edges of the design or gently tearing it away.

## Complete the Placemats

Place an embroidered rectangle on top of each un-embroidered rectangle, lining up the drawn-thread markings.

Stitch along the drawn-thread lines using either a triple straight stitch or a narrow decorative stitch of your choice.

Fringe the edges of each placemat by removing the threads from beyond the stitched lines. Trim the fringed edges to an even width as desired.



Press and enjoy, or wrap and give away!

## Holiday Holly Variation

Follow the instructions above, substituting the "Tinsel and Holly" design from the Ornaments folder in BERNINA Embroidery Software 6, enlarged 20% (to approximately 60 mm x 70 mm), for the Birds and Blooms design.

## In-the-Hoop Coasters

*Note: Directions for creating the appliquéd Birds and Blooms coasters without the CutWork Tool are included with the Birds and Blooms thread chart on the collection CD. Instructions for coaster variations, including the Holiday Holly coaster, follow those for the CutWork Tool.*

Directions are for stitching one coaster at a time in the Medium Hoop. Multiples can be stitched in the Large Oval, Mega, and/or Jumbo Hoop; simply duplicate the complete coaster design as needed to fill the hoop.



## Cut the Circles

From the remaining fabric, cut four rectangles to fit the Medium Hoop. Starch each piece 2-3 times, allowing them to dry between applications; the fabric should be quite stiff.

Cut four 4" squares of Applique Fuse & Fix. Fuse one square to the back of each fabric rectangle; do not remove the paper backing.

Cut four pieces of HydroStick or HeavyWeight Tear-Away Stabilizer to fit the Medium Hoop.

Layer one piece of HydroStick or HeavyWeight Tear-Away Stabilizer on the bottom, followed by two fabric/ Applique Fuse & Fix pieces in the middle, wrong sides together. Place the remaining piece of stabilizer on top.



Hoop the layered pieces in the Medium Hoop. This will be a tight fit, so loosen the screw as much as possible (without removing it) before inserting the inner hoop.

Fill a bobbin with the embroidery thread that you plan to use for the satin-stitch border. Use this bobbin thread throughout, as it will only show on the border; everything else will be covered by the back of the coaster.

Load design #14\_CWA on your embroidery machine. If available, use Absolute Check to make sure the Applique Fuse & Fix completely covers the design.

Activate the Basting Box feature if available. Otherwise, download the free basting-box files from [www.bernina.com/en](http://www.bernina.com/en) and load the appropriate file on your machine.



Install Embroidery Foot #26, thread the machine with the first color, and stitch the basting box around the design. *Note: If using Echo Quilting and Cutwork Foot #44, omit the first or "outer" line of basting stitches to avoid hitting the hoop with the foot.* Continue to the first color and embroider the "running before" stitches without changing thread.

When prompted, remove the regular stitch plate and install the CutWork Stitch Plate. Remove the machine needle and install the CutWork Tool, tightening it with the screwdriver. Make sure #1 on the CutWork Tool is in first position. Replace the embroidery foot with Echo Quilting and CutWork Foot #44.

Follow the on-screen prompts to cut the coaster shape, being sure to change the cutting position as indicated. When finished, remove the hoop from the machine and clip any remaining threads from around the coaster shape.

Repeat with the remaining stabilizer and fused squares to complete the second coaster.

### General Instructions for Coaster Variations

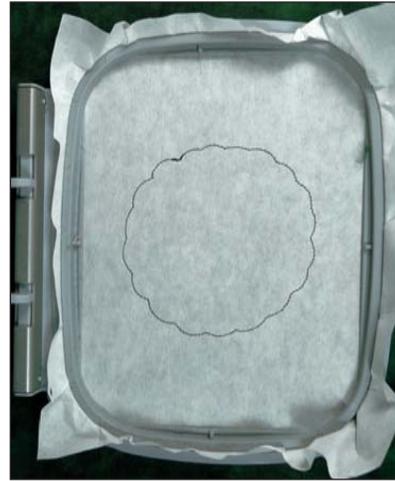
If the selected center design includes appliqué, prepare and cut out the appliqué shapes using the templates and instructions in the Thread Chart Guide included on the design collection CD.

### Appliqué the Coasters

Hoop a layer of BadgeMaster, AquaMesh, or AquaMesh Plus Stabilizer in the Medium Hoop.

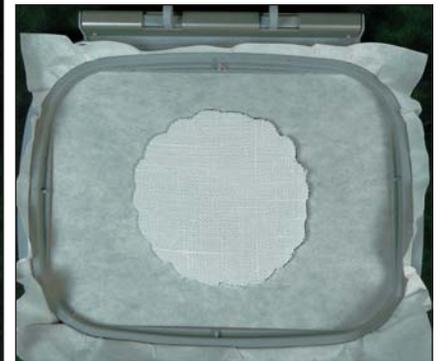
Fill a bobbin with the embroidery thread that you plan to use for the satin-stitch border. Use this bobbin thread throughout, as it will only show on the border; everything else will be covered by the back of the coaster.

Load Birds and Blooms design #14, Blossoms 6, on your embroidery machine.



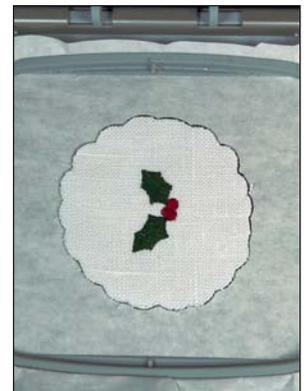
Stitch the placement line directly on the stabilizer. Remove the hoop from the machine but leave the stabilizer in the hoop.

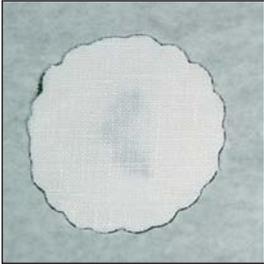
Remove the paper backing from one of the appliqué shapes that were right-side-up when cut and carefully place it precisely within the placement lines.



Reattach the hoop to the machine and embroider the flower, or skip the flower and embroider the desired center design (see Coaster Variations).

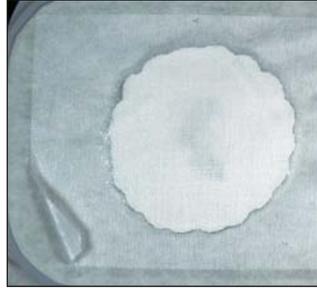
Remove the hoop from the machine but leave the stabilizer and appliqué shape in the hoop. Trim away any thread ends that may extend beyond the edges of the appliqué shape.





Turn the hoop upside down, wrong side up. Remove the paper backing from one of the remaining appliqué shapes and **carefully** place it **precisely** within the stitched placement lines.

Cut a piece of AquaMesh Plus to fit just inside the inner hoop. Remove the paper backing from the stabilizer; position and affix the stabilizer on top of the newly placed appliqué shape. This will keep it from getting caught on the feed dog.



Reattach the hoop to the machine. Returning to Birds and Blooms design #14, skip the floral design and embroider the final satin stitch.

Remove the hoop from the machine and the stabilizer from the hoop.

Repeat for the second coaster.

Remove excess stabilizer from around the completed coaster and trim any threads that may be poking beyond the edges. Soak the completed coaster in warm water to remove the remaining stabilizer.



## Coaster Variations



### Satin Stitch-Only Coasters

#### Editing in BERNINA Embroidery Software 6

Open a New file. Select File > Insert Design, then open design #14, Blossom 6. Click on the design to select it, then click the Ungroup icon.

In Color Film, select and delete colors 2 and 3.

Save the design as **Satin Stitch Coaster**.

#### Editing at the Machine

Follow General Instructions for Coaster Variations, with the following changes:

- Do not engage Color Sort.
- Skip colors 2 and 3 (the blossom embroidery).
- Save the altered design to your embroidery machine.

### Holiday Holly Coasters

#### Editing in BERNINA Embroidery Software 6

Open a New file. Select File > Insert Design, then open design #14, Blossom 6. Click on the design to select it, then click the Ungroup icon.

In Color Film, select and delete colors 2 and 3.

Select the satin stitch and select Edit > Cut or click the Cut icon; the satin stitch is now saved in the Clipboard.

Select File > Insert and select the Tinsel and Holly design from the Ornaments folder in BERNINA Embroidery Software 6. Select the design > Ungroup. Select and delete color 1 (the tinsel). Select the remaining two colors > Group. Rotate 45 to the left. In Object Properties, change the width to 27 mm and the height to 16 mm. Center the design in the circle.

Select Edit > Paste or click the Paste icon; the satin stitch is reinserted into the design. Note that it appears after the holly in Color Film.

Save as **Holiday Holly Coaster**.



Proceed as described in the General Instructions for Coaster Variations, stopping after the placement line is stitched (there may not be an actual color stop) to position the applique shape. Complete the coaster.

### Editing at the Machine

Open the saved Satin Stitch Coaster design.

Click on the Add Design icon and select the Tinsel and Holly design or another holly design of your choice. Resize if needed and center the design in the circle.

Stitch the placement line and position the applique shape.

Stitch the holly design (it may be necessary to scroll past the satin stitch).

Remove the hoop and position the second applique shape on the wrong side as described above. Apply a square of AquaMesh Plus to the underside of the hoop, over the second applique shape.

Reattach the hoop and embroider the satin stitch.

Complete coaster as above.

## Monogrammed Coasters

### Editing in BERNINA Embroidery Software 6

Open a New file. Select File > Insert Design, then open design #14, Blossom 6. Click on the design to select it, then click the Ungroup icon.

In Color Film, select and delete colors 2 and 3.

Select the satin stitch and select Edit > Cut or click the Cut icon; the satin stitch is now saved in the Clipboard.

Select the Lettering icon, click inside the design, and type the desired initial.

Open Object Properties and select the Edwardian Script True Type Font or other alphabet as desired; change size to 30 mm and select Apply > OK. Center the design in the circle.

Select Edit > Paste or click the Paste icon; the satin stitch is reinserted into the design. Note that it appears after the monogram in Color Film.

Save as **Monogrammed Coaster**.

Proceed as above, stopping after the placement line is stitched (there may not be an actual color stop) to position the applique shape. Complete coaster.

### Editing at the Machine

Open the saved Satin Stitch Coaster design.

Click on the Add Design icon and select an alphabet from the alphabet folder. Select a letter; resize (if needed) and center the initial in the circle.

Stitch the placement line and position the applique shape.

Stitch the monogram (it may be necessary to scroll past the satin stitch).

Remove the hoop and position the second applique shape on the wrong side as described above.

Reattach the hoop and embroider the satin stitch.

Complete coaster as above.



### Cynthia Wickre Cangley

Cynthia is semi-retired and works part-time at The Sewing Room in Beaverton, Oregon where she teaches Bernina 8 Series Mastery and Designworks Software classes, co-leads Embroidery Club, and writes the weekly newsletter (among other things). She learned to sew from her mother as a child, and by her late teens was sewing all her own clothes, including tailored coats. She studied color theory and textiles at the University of Minnesota and Alberta College of Art (Canada) and has done quilting, wearable art, and dyeing, painting and embellished textiles. She finally discovered BERNINA in 1994, and since then machine embroidery has become her main love. She credits the supportive owners and staff of The Sewing Room, as well as the talented and ever-challenging BERNINA Educators and resource trainers with advancing her knowledge and skills over the last eight years, allowing her to continue growing in what she loves.

# DesignWorks PROJECT



# Solstice Rose

by DAWN SCHNEIDER

*This striking black and white cap features a cutwork appliqué rose, painted swirls, and sparkling crystal accents. While black roses often represent tragedy or sadness, they are also a symbol of rebirth and rejuvenation – the end of one era or experience and the beginning of another, just as the winter solstice heralds the coming of spring.*

## Supplies

- BERNINA Embroidery DesignerPlus Software 6
- BERNINA DesignWorks Software
- OESD Men's Fashion embroidery collection #12260, designs NB514 (Rose 2) and NB524 (Scrolling Flourish 1) Available from your local Embroidery Design Studio dealer; find a local dealer at [embdesignstudio.com](http://embdesignstudio.com).
- CutWork-, PaintWork-, and CrystalWork-compatible embroidery machine
- CutWork Tool and accessories
  - CutWork Stitch Plate appropriate for your machine
  - Echo Quilting and Cutwork Foot #44
- PaintWork Tool and accessories
  - Fabric markers, black and gray
- CrystalWork Tool and accessories
  - SS06 punch and die plate
  - Parchment paper
  - Template vinyl
  - Transfer tape
  - SS06 crystals in desired color
- BERNINA USB Stick
- Medium Hoop
- Large Oval Hoop
- Painters cap (available at your local hardware store)
- OESD HydroStick stabilizer
- OESD Fuse and Seal
- Two 4" squares of gray flannel
- One 4" square of black fabric
- OESD Men's Fashion design collection
- Isacord thread, colors 0837 and 0138
- BERNINA USB Stick

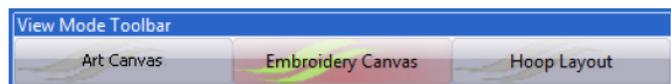
*Bonus File: Don't have DesignWorks Software? Download Dawn's completed design at [bernina.com/ThroughTheNeedle](http://bernina.com/ThroughTheNeedle). For personal use only.*

### Wondering about copyright issues?

You may convert embroidery designs in DesignWorks only if you own the original design file. The resulting DesignWorks file is yours to use for your own projects, but not to share.

### DesignerPlus Icons Used in This Lesson

	Group		Outline Type
	Ungroup		Convert Selected Embroidery to Art Vectors
	Polygon Select		Scan Picture
	Object Properties		Show Hoop
	Save		Blackwork Run
	Write to Machine		Mirror Horizontal
	Freehand Embroidery - Closed Object		Color Film
			Color Palette

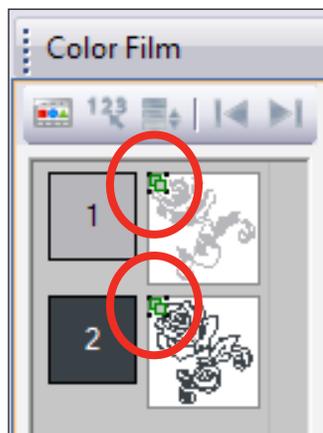


View Mode Toolbar

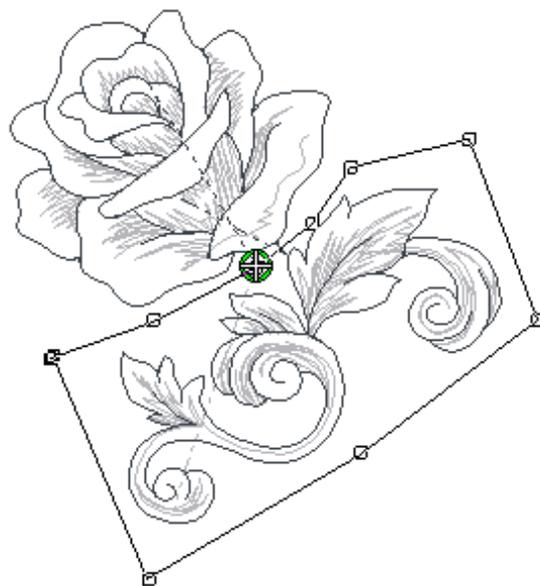
### Prepare the Embroidery Designs

In BERNINA DesignerPlus Embroidery Software 6, open a New file and select File > Insert Design. Open design #NB514 (Rose 2). Check Color Film to see if the design is grouped or ungrouped. If grouped, select Edit > Select All and click on the Ungroup icon. Click outside the design to deselect it.

*Tip: Check the upper left corner of the chip. If there's a Group icon there, the design is grouped. If there is no icon, the design is NOT grouped.*



Using the Polygon Select tool, left-click around everything except the rose. When you come back around to the starting point, press Enter on the keyboard to select the object inside the line. Press Delete on your computer keyboard to remove the selected objects. Select and Delete any remaining pieces, leaving only the rose in the work area. Select Edit > Select All and click on the Group icon.



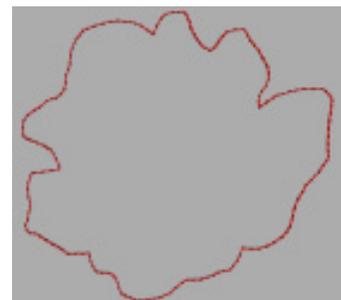
With the entire rose selected, right-click to open Object Properties. Under the General tab, select Proportional Rescaling and resize the rose to 137%. Click OK to close the Object Properties dialog box.

Select File > Save As; name the file **Rose** and save it to the desktop. Click Save. Select the Write to Machine icon and follow the prompts to send the design to a BERNINA USB Stick.

### Create the CutWork Outline

Select the Freehand Embroidery – Closed Object icon. Choose Single Stitch from the Outline Type menu and select a red color chip from the Color Palette. Hold down the left mouse button and draw around the perimeter of the rose; do not include any of the inner details. When you come back to the starting point, release the left mouse button and press Enter on the keyboard.

In Color Film, hold down the CTRL key on the computer keyboard and select the original flower (color chips 1 and 2); press Delete on the keyboard.



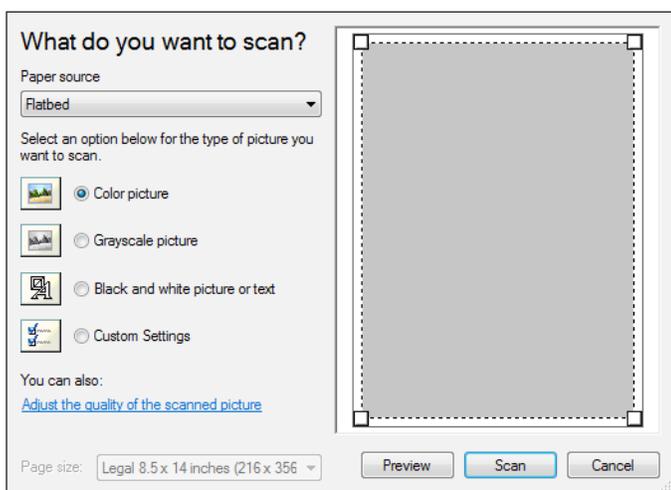
Before exporting the outline, change the file name: Select File > Save As, name the file **Rose Outline** and save it to the desktop.

Click on the outline to select it, then click the Convert Selected Embroidery to Art Vectors icon. This will send the design to Art Canvas as a graphic.

Select File > Export. Name the file **Rose Outline Graphic**, select Save As Type > WMF (Windows Metafile), and select Export. In the dialog box, select the option to Export as Curves and press OK. This completes the saving/exporting process.

### Create Placement/Reference Lines

In Art Canvas, select the Scan Picture icon. Place your cap as flat as possible on your scanner bed. When ready, select the option to Scan. This will bring the image directly into Art Canvas.



Select the Embroidery Canvas Tab. Right-click on the Show Hoop icon; select Artista 255x145 Oval from the drop-down menu; press OK.

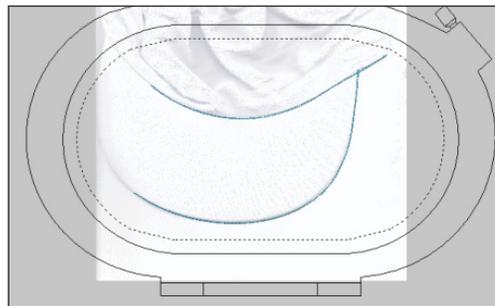
Select the Hoop Layout Tab and rotate the hoop 90° by clicking the Rotate Hoop icon two times.

Select the Embroidery Canvas tab. Since we are using the Large Oval Hoop, we will create reference lines only three-quarters of the way along the cap. Select the Open Object tool; use right- and left-clicks to digitize a line along the edge of the bill of the cap. Press Enter to create the line.

Again using the Open Object tool, digitize a line where the front of the cap meets the bill; press Enter to create the line.

Select Edit > Select All. With all of the design selected, click on the Blackwork Run icon; press Enter to allow the program to determine the best entry point. This will eliminate excess jump stitches.

*Note: For Blackwork Run to work properly, the lines must intersect.*



Select the picture in the background and press Delete.

Select File > Save As. Name the file **Cap Reference Lines** and save it to the desktop. Select the Export to Machine icon and follow the prompts to send the design to your BERNINA USB Stick.

### Design the PaintWork Layout

With the design still open, select File > Insert Design; open design #NB524 (Scrolling Flourish 1). With the flourish design open, select the Mirror Horizontal icon, then move the design into position on the right side of the cap. Make sure the design does not extend beyond the edge of the cap, as this could cause problems at the embroidery machine.

Select the flourish design again and rotate it 15° clockwise for a more pleasing composition.

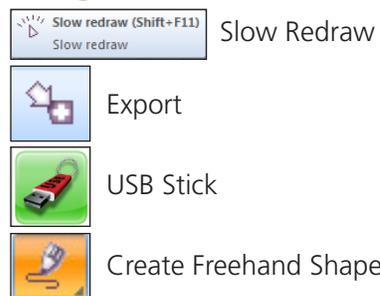
From Color Film, select the reference lines created in the previous steps; press Delete on the keyboard.

Select File > Save As; name the design **Swirl Edited** and save it to the desktop.

With the design selected, select the Convert Selected Embroidery to Art Vectors icon; this will send the design into Art Canvas. To save the design as a graphic, select File > Export. Name the file **Swirl Graphic**, select Save As Type > WMF – Windows Metafile, and select Export. In the dialog box, select the option to Export as Curves; click OK.

Close the DesignerPlus Software. If prompted, do not save any changes to the files that are still open.

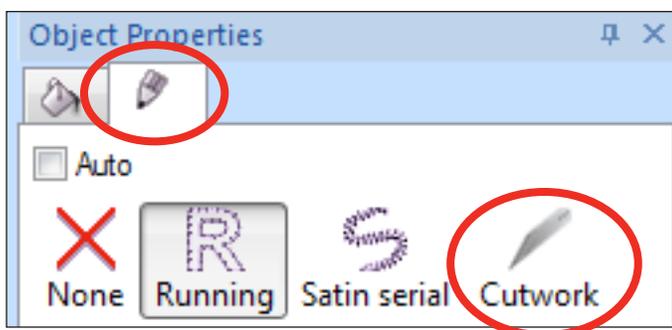
### DesignWorks Icons



## Digitize the CutWork Applique Shape

Working through the Wizard in the DesignWorks Software, select Create New > Next to move to the Fabric Selection screen. Select Embroidery > Normal and Fabric Type > Standard Normal. Select Next to move to the Source screen. Click on the browse button, navigate to your desktop, and select the Rose Outline graphic by double-clicking on it. Back at the Wizard, click Next. Change the percentage of Freehand Smoothing to 0. Press OK to proceed to the Color Reduction screen. Accept the default settings and click on Finish.

Create the cut: Click on the design outline to select it. Select Object Properties > Outline tab and select the Cutwork icon. To create the raw edge faux applique, set Cutting Offset to 3 mm. The rose portion of the design is now complete.

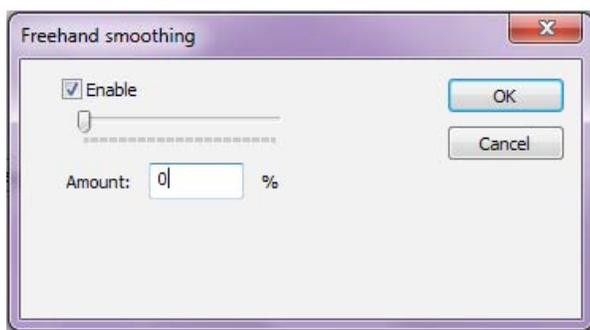


To verify the stitching/cutting process, select Slow Redraw from the Tools toolbar.

Select the Export icon and send the design to your BERNINA USB Stick. Before closing the file, select File > Save As; name the file **Rose Cut**, select Save As Type > DesignWorks Files (.draw), and save the design.

## Digitize the PaintWork Swirl

Working through the Wizard, select Create New > Next. In the Fabric Selection screen select Embroidery > Standard Normal. In the Source screen select From File; open the Swirl Graphic you created in DesignerPlus; click Next. Change the amount of Freehand Smoothing to 0, as you don't want the program to make any additional changes; press OK. In the Color Reduction screen accept the default settings and click Finish.



Select the Manage Hoop(s) icon; select Large Oval Hoop #93 from the dropdown menu. Select the option to center the design and rotate the hoop 90°; close the dialog box. The design was converted to a vector graphic, so it is automatically imported as a PaintWork design.

## Digitize the CrystalWork Accents

Select the Create Freehand Shape tool; notice that you can change the smoothness level under Tool Options. Select Smoothness Level > 50 (or your preferred smoothness setting). Left-click and drag a curved line within the design, then use the Rectangle Selection tool to select it. Select Object Properties > Outline tab and select the Crystal icon. (Be patient – it may take your computer a minute or two to process the information.) Still under the Outline tab, set the parameters for crystal size and color. Select SS06 (or your preferred size).

If desired, repeat the above steps to create an additional crystal swirl.

Select File > Save As; name the design **Swirls Paint and Crystals**, select Save As Type > DesignWorks Files (.draw), and save the design.

Select File > Export Crystals to Machine and send the CrystalWork design to your BERNINA USB Stick.

## Construct the CutWork Rose

### First Hooping

Hoop a layer of HydroStick Stabilizer. Layer three 4" squares of fabric on top of the stabilizer.

Select the Single Rose file from the USB stick. Select Add Motif and select the Rose Cut file. Engage the Basting Box function to hold the fabric squares in place (or select Add Motif and add one of the free basting box files from bernina.com).

Follow the prompts on the machine to stitch and cut the embroidered rose.



## Second Hooping

Hoop another piece of HydroStick Stabilizer. Place a sheet of Fuse and Seal on top with the paper side down.

Select the New Motif icon and select the Rose Cut file. Engage the Basting Box function to hold the Fuse and Seal in place.

Follow the prompts on the machine to cut the outline shape.

Align the embroidered rose with the Fuse and Seal. Fuse in place with a hot iron following the manufacturer's directions.



## Paint the Hat

Hoop a piece of HydroStick in the Large Oval Hoop, adhesive side up.

Select the New Motif icon and select the Cap Reference Lines file. Select the Add Motif icon and select the Swirl Paint design. Move it into position as it was in the software.

Stitch the reference lines on the stabilizer. Remove the hoop from the machine and activate the stabilizer by misting it with water. Position the cap within the lines and apply weighted pressure until the cap sticks to the stabilizer.

Place the hoop back on the machine and complete the painted swirls following the on-screen prompts.

*Tip: Before painting your cap, watch the video at [bernina.com](http://bernina.com) for tips on using and adjusting the height of the PaintWork Tool.*



When the painted swirls are complete, remove the cap from the stabilizer. Position the rose as desired, remove the Fuse and Seal backing, and fuse into place – no stitching required!



## Prepare and Add the Crystals

Prepare your machine and embroidery hoop for CrystalWork using the SS06 Crystal Dye and corresponding punch.

*Tip: Before installing the CrystalWork Tool on your machine, watch the video at [bernina.com](http://bernina.com) for tips on preparing your machine and hoop.*

Select New Motif and select the CrystalWork file from the USB stick. Follow the prompts to punch your crystal template.

Fill the template with crystals and apply the transfer tape, then apply the crystals to your cap as desired using a hot iron and pressing cloth.



### Bonus Videos on the BERNINA DesignWorks Tools

Click below to see the DesignWorks Tools in action at the BERNINA International YouTube site:

- CutWork Video
- PaintWork Video
- CrystalWork Video

## accessory SPOTLIGHT

# Leather Roller Foot #55

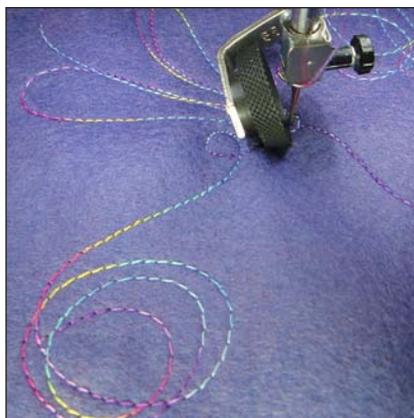
by SUSAN BECK



This unusual-looking presser foot was designed to “roll” over leather without dragging or marring the surface. It was originally developed for factory-made leather gloves. Along with the ease of traveling over leather, the foot needed to allow maneuverability so the machine operator could stitch around the fingers of the glove quickly and easily with consistent stitch results. While it is not often used for gloves today, a roller foot like BERNINA's Leather Roller Foot #55 offers several creative possibilities for a variety of types of sewing. The wheel allows motion along any contour and stitching in any direction while the feed dog of the machine continues to move the fabric, regulating the stitches as you sew. The single roller makes it possible to steer the fabric and change direction at will – perfect for outlining curves and complex patterns. The wheel is located to the left of the needle, leaving the stitching area totally open and affording excellent needle visibility. This makes Leather Roller Foot #55 a good choice for echo stitching and outline quilting, as well as for applying over-sized or jumbo trims.

### Machine Settings

- Straight Stitch  
(Width=0; Length as desired)
- Needle Position:  
Far left
- Feed Dog:  
Up (sewing position)



**Faux Free-motion Quilting:** Move prepared fabric (backed with stabilizer or batting) in any direction while sewing to stitch design elements including straight lines, corners, curves, circles, and spirals.

*Tip: The fabric piece must be small enough to move freely, so it may be necessary to roll the edges – as you would a quilt – and pin or clip them in place temporarily. Stitch and unroll as needed to complete the design. Adjust the motor to half speed or lower to make it easier to maneuver the fabric as you sew.*



### Outline/Echo Quilting:

Align the edge of the wheel with the edge of the motif or seam to be outlined. After stitching the first outline, position the wheel on the previous line of stitching to echo.



**Jumbo Piping and Trims:** Place cording or trim right sides together with fabric, with raw edges even; stitch. Pin the remaining fabric piece to the corded fabric, right sides together, and stitch a second time.

*Tip: Use the previous stitching as a guide, keeping stitches slightly to the right and hiding the first stitching in the seam allowance.*



### Bonus Video on the BERNINA Leather Roller Foot #55

Click [HERE](#) to see this presser foot in action at the BERNINA International YouTube site.

## basic SEWING

# Fortune Cookie Pillow

by JO LEICHTE

*This stylish pillow is a cinch to make. Folded fleece circles are simply tacked in place on the pillow cover to create oodles of magnificent texture – so easy! Cutting perfect circles is a breeze, using freezer-paper templates attached to the fleece. (Or use the BERNINA CutWork Tool to cut circles using your embroidery machine!)*

### Supplies

- Sewing machine
- Overlocker/serger (optional)
- 1 yard of 60"-wide fleece
- 18" (or desired size) pillow form or pillow
- Mettler Metrosene polyester thread to match fleece
- Mettler Metrocor serger thread in a similar shade
- Freezer paper
- Paper scissors
- Fabric shears (I like shears with serrated blades for cutting fleece and other knits; they "grip" the fabric as they cut.)
- 1"-wide masking tape or other low-adhesive tape
- Hand-sewing needle
- Freehand Embroidery Foot #24 (optional)



### Prepare the Circles

Cut two 20" squares (or desired finished size plus 2") of fleece. Set aside.

Decide the size for your circles, and how many you'll use for your pillow. I used 2<sup>7</sup>/<sub>8</sub>"-diameter circles, as they were easy to trace using a handy shoe-polish container. A cup or lid of the desired size would also work well. I decided to place them in an 8 by 8 grid, so cut a few more than 64 circles. (I ended up using a 7 x 7 grid instead, so only needed 49 circles.)

Trace about a dozen circles onto the matte side of a sheet of freezer paper. Freezer-paper templates are reusable; I reused each one 5 or 6 times.



Using paper scissors, cut out the paper circles.

Arrange the circles on a piece of fleece, shiny side down. Using a dry iron set on Synthetic or Low heat, temporarily fuse the circles to the fleece. Take care not to melt the surface of the exposed fleece! Use a press cloth if necessary.



Using fabric shears, cut out the fleece circles. Be careful not to cut the paper with your shears to avoid dulling the blades.

### Mark the Grid

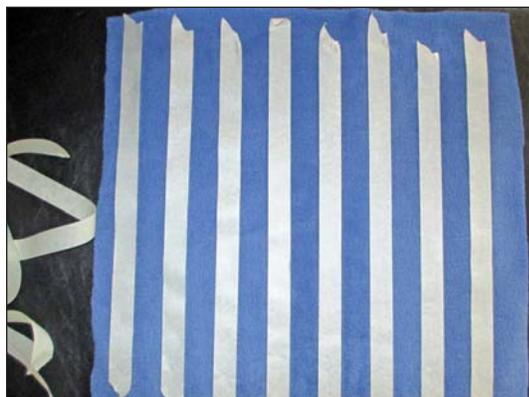
Rather than marking the placement grid on the fleece with a fabric marker, I used masking tape to "draw" grid lines on the fleece.

*Tip: Check to see if your fleece has a right and wrong side (the knit structure may be more visible on the wrong side). For this project, work with the right side of the fabric on the outside of the pillow. You will fold the circles so the right side is on the outside of the "cookies."*

Position a strip of masking tape along the vertical center of the square. Add a second piece alongside the first piece, slightly separated (you don't want them overlapping at all). Continue adding strips of tape until the square is covered with tape.



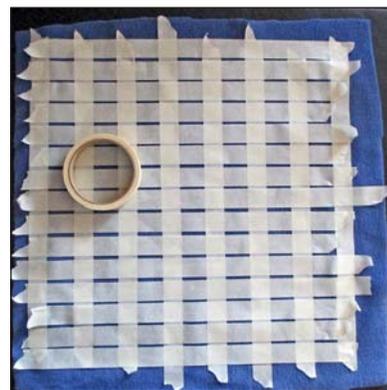
Remove the center tape strip. Working from the center toward the edge, remove every other strip. You now have a series of tape strips spaced a bit more than 1" apart.



Turn the square 90°, place a strip of tape through the center of the square (perpendicular to the first set of strips), and then cover the entire square with tape strips.

Remove the center strip, and then remove alternating strips as above to create a grid of "empty" spaces a little larger than 1" square.

*Tip: If the ends of the tape strips extend beyond the edge of the fabric, trim them to keep them from sticking to the bed of the sewing machine.*



### Attach the Folded Circles

Attach a free-motion foot to your sewing machine if you have one. Otherwise select an all-purpose foot; you won't be able to see where to place the stitches, but that's not critical to the success of this technique. If your sewing machine has a simple tacking stitch or button sew-on stitch, select it. Otherwise select a zigzag stitch and adjust the width to 4mm. Regardless of which stitch you choose, lower the feed dog so the fabric will remain in place under the presser foot.

Place the gridded fleece square on the sewing machine, with the empty space at one corner under the presser foot. To make a "fortune cookie," fold one of the fleece circles in half with wrong sides facing, then in half again. The right side of the fleece should be on the outside of the folded circle. Place it on the "empty" fleece square, with the point in the corner of the empty space closest to you (the curved edges will extend beyond the edges of the square a bit).



*Note: Your folded circle won't stay folded in place as shown in the photo; I fastened this one so you could see the placement more clearly.*

Place the fabric under the presser foot and adjust the position so the corner of the folded circle is directly under the presser foot. Lower the foot; it will compress the fleece and hold the corner in place as you sew.



*Tip: If your machine has a Free Hand System (a knee lever for raising and lowering the presser foot), you'll find it very useful for this project. Lower and raise the presser foot with the Free Hand System so you can hold the fleece square and folded circles in place with both hands.*

Stitch the corner of the folded circle in place. If you're using a tacking stitch or button sew-on stitch, the sewing machine will stop automatically after taking several zigzag stitches and locking stitches. If you're using a zigzag stitch, sew 6 to 8 complete "zig + zag" stitches.

Continue adding folded circles in this manner, working from one side of the square to the other. You may reposition the fabric without clipping the thread tails; just be sure you don't move the fabric around too much and tangle the bobbin thread.



When all circles are sewn in place, clip the thread tails. Don't forget the bobbin threads!

Carefully remove the masking tape as soon as all "cookies" are stitched in place. (The longer the tape is on the fleece, the more difficult it will be to remove.)



### Assemble the Pillow

Trim the completed pillow front to the same size as the pillow form. The form will fill out the cover, particularly the corners, with this strategy.

Construct the pillow using your favorite pillow method or put it together using my overlocker/serger technique.

Place the pillow front right sides together with the back. It doesn't matter if the back is larger; we'll trim it later. Pin the layers together near the outer edges of the "cookies," making sure they haven't unfolded beyond the edges of the tape grid.

Set your overlocker/serger for a four-thread overlock following the instructions in the owner's guide. Overlock three edges of the square, leaving one edge open. (Use the edge of the pillow front as your guide, trimming off any excess fabric from the edges of the pillow back.) Turn the pillow cover right side out. Serge around the edge of the opening; this stitching will stabilize the edge and make it easier to handle.



Turn the edge under  $\frac{1}{2}$ " and pin. Whipstitch the edges together by hand.

software  
PROJECT

# Shimmering Emeralds Quilt

Use BERNINA Embroidery Software 6 or 7 to design a quilt, print yardage requirements and cutting directions, and compose embroidered design combinations from the BERNINA exclusive Emerald Paisleys design collection #21009.

by ELAINE CIBELLI

## Supplies

- BERNINA Embroidery Software 6 or 7
- Quilt Motion Touch (optional)
- BERNINA Exclusive Embroidery Collection #21009, Emerald Paisleys
- Jumbo Hoop (or your largest embroidery hoop)
- Nifty Notions Gift Silk collection
- 2 yards of ivory silk dupioni for background and borders
- 1¾ yards of fabric for backing
- OESD Ultra Clean & Tear stabilizer
- Isacord embroidery thread, colors #5833 and 5643
- Yenmet metallic embroidery thread, color PG-12
- The Bottom Line bobbin thread by Superior Threads, color to match backing fabric
- 3 yards of 30"-wide Jenny's Sheer Magic Plus
- Embroidery foot (BERNINA Teardrop Embroidery Foot #26)
- Quarter-inch foot (BERNINA Patchwork Foot #37/37D or Patchwork Foot with Guide #57/57D)
- Walking foot (BERNINA Walking Foot #50)
- BERNINA Stitch Regulator (or your favorite free-motion quilting foot)

## Quilter Program Icons Used in This Project

Note: All terms and icons are based on BERNINA Embroidery Software 7, but can be easily adapted to version 6.

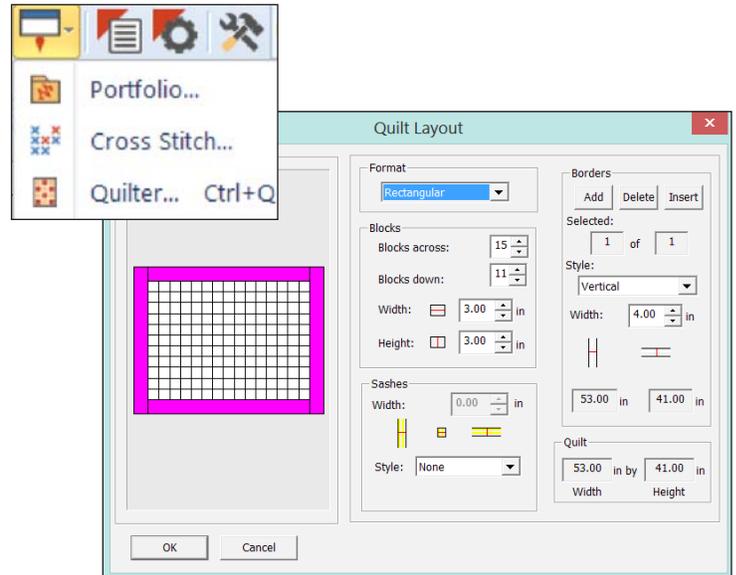
	Align Centers		Mirror Merge Horizontal
	Embroidery Window		Mirror Merge Horizontal and Vertical
	Group		Paintbrush
	Insert Embroidery		Quilter
	Layout		Rotate 45° Left
	Library		Rotate 45° Right
	New		Wreath
	Write to Machine		

## Design the Quilt

Open the BERNINA Embroidery Software; from the Application Launcher, choose the Quilter program.

Select Layout and set the following parameters:

- Rectangular Format
- Blocks: 15 Across and 11 Down
- Height and Width: 3 inches
- Add 1 Border: Style = Vertical, Width = 4 inches
- Quilt size is 53 x 41 inches. Click OK.

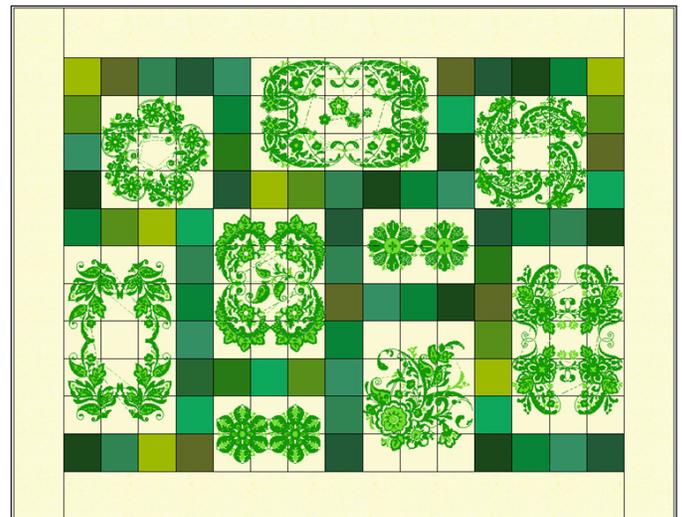


Click on the Library icon and select Colors. Choose a background color and click To Palette. Repeat, selecting eleven more colors for the 3"-square blocks.

Select the background color by holding down the Ctrl key on the keyboard and placing the background color into all four blocks. Repeat for the border.

Quilting the Quilt Layout diagram as a guide, place colors into the 3"-square blocks.

Select File > Save As; save the file as Shimmering Emeralds Layout. Close Quilter.



## Create the Embroidery Motifs

### Block 1

Select New. Click on the Insert Embroidery icon, navigate to the Emerald Paisleys design collection, and select design #21009-06; click Open.



With the design selected, Click on Mirror Merge in the Toolbar and select the Wreath icon; enter 5 in the Wreath Settings toolbar and arrange the designs.

On the General Toolbar, change from Metric to US.

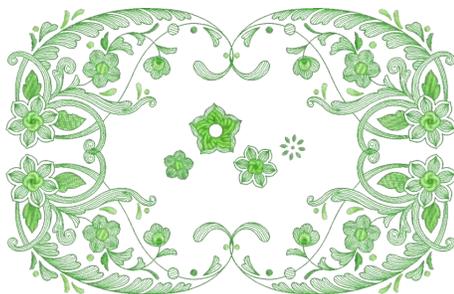


With the entire design selected, resize the wreath: Lock Proportional Scaling and change W to 8.75 inches in the Transform Toolbar to fit the wreath into a 9"-square block; click Enter.

Select File > Save As; save as **Block 1**.

### Block 2

Select New. Click on the Insert Embroidery icon and select design #21009-05; click Open.



With the design selected, click on Mirror Merge > select Mirror Merge Horizontal and Vertical and arrange the designs. Select the Arrange Toolbar and choose Group.

Click on Insert Embroidery and select design #21009-21; click Open. With the design selected, click on Rotate 45° Left two times.

Select Edit > Select All (Ctrl + A); select the Arrange Toolbar and click Align Centers.

Select File > Save As; save as **Block 2**.

### Block 3

Select New. Insert design #21009-01.

With the design selected, click on Mirror Merge > select Wreath; enter 4 in the Wreath Settings toolbar and arrange the designs.



With the entire design selected, resize the wreath: Lock Proportional Scaling and change W to 8.75 inches in the Transform Toolbar to fit the wreath into a 9"-square block; click Enter.

Select File > Save As; save as **Block 3**.

### Block 4

Select New. Insert design #21009-25.

Click on Mirror Merge > Select Mirror Merge Horizontal and Vertical; arrange the designs.

Select File > Save As; save as **Block 4**.



### Block 5

Select New. Insert design #21009-04.

Click on Mirror Merge > select Mirror Merge Horizontal and Vertical and arrange the designs. Select the Arrange Toolbar and choose Group.

Click on Insert Embroidery and select design #21009-27; click Open. With the design selected, click on Rotate 45° Right two times.

Select Edit > Select All; select the Arrange Toolbar and click Align Centers.

Select File > Save As; save as **Block 5**.

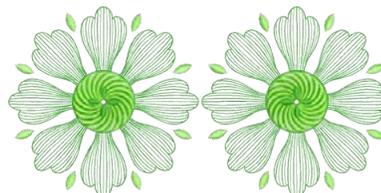


### Block 6

Select New. Insert design #21009-13.

Click on Mirror Merge > Select Mirror Merge Horizontal; arrange the designs.

Select File > Save As; save as **Block 6**.



**Block 7**

Select New. Insert design #21009-08.

Click on Mirror Merge > Select Mirror Merge Horizontal and Vertical; arrange the designs.

Select File > Save As; save as **Block 7**.



**Block 8**

Select New. Insert design #21009-12.

Click on Mirror Merge > Select Mirror Merge Horizontal; arrange the designs.

Select File > Save As; save as **Block 8**.



**Block 9**

Select New. Insert design #21009-10.

With the design selected, type 180 in the Rotate box on the Transform Toolbar.



Select File > Save As; save as **Block 9**.



**Embroider the Blocks**

Open Quilter and select the Embroidery Window.

In Embroidery Canvas, select the Insert Embroidery icon and navigate to the Block 1. Select > Open and change the thread colors, fabric settings, and stitch sequence as needed. Save As to the file name > Save and Return.

Repeat until all blocks are inserted.

Save As **Shimmering Emeralds Quilt Final**.

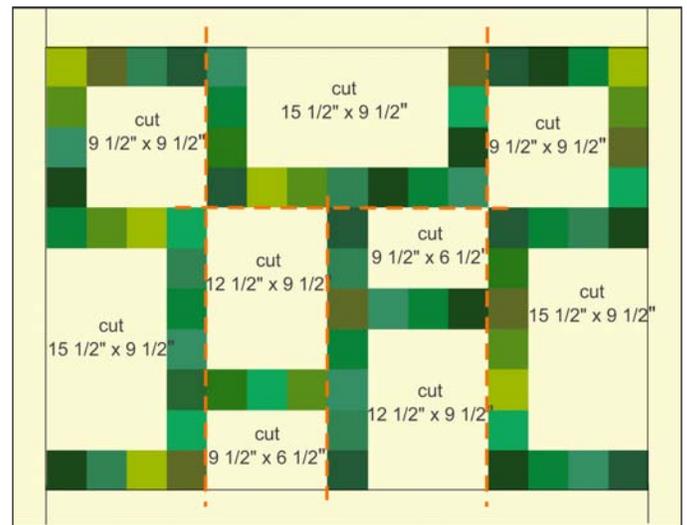
**Construct the Quilt**

Fuse the Sheer Magic Plus to the back of the silk fabric following the manufacturer's instructions. This will help tame the fabric and reduce fraying.

Cut a rectangle of background fabric to fit into the hoop (they will be trimmed to size later).

Hoop two layers of OESD Ultra Clean & Tear with the background fabric. Embroider the first block and trim according to the Cutting Layout Diagram.

Repeat for all blocks.



Select eleven fat quarters from the Gift Silk collection; cut into 3 1/2"-wide strips. Subcut into sixty-six 3 1/2" squares.

Cut 4 1/2"-wide strips of the background fabric for the borders.



Piece quilt in sections, referring to the Quilt Layout Diagram above.

When piecing is complete, layer the backing, batting, and quilt top. Quilt as desired using a walking foot, BERNINA Stitch Regulator, or Quilt Motion Touch for BERNINA.



Bind using your favorite method, cutting strips from the remaining green fat quarters.

*Block 1 Piecing*

*Block 2 Piecing*





Block 3 Piecing



Block 4 Piecing



Block 5 and 8 Piecing



Block 6 and 9 Piecing



Block 7 Piecing



A BERNINA 820 and Quilt Motion Touch were used to quilt the Shimmering Emeralds quilt, using Yenmet metallic thread on top and The Bottom Line in the bobbin. A size 90 Superior THREAD Topstitch needle was used, with needle tension reduced to 2-2.5. The motor speed was reduced to 50%. It is also helpful to use a thread net and supplemental thread guide when using metallic threads.



The quilting designs are from Digi-Tech Designs: HS001, Gift-Wrapped Motif by Helen Squire, and HS004, Lattice Border Block by Helen Squire.

## needle-punch PROJECT

# Winter Wool Flowers



by NINA McVEIGH

*Warm up your winter wardrobe with this exuberant floral cuff. It's easy to make – just arrange felt flower petals and leaves, needle punch them together, and then add felt balls and beads. An heirloom button adds the finishing touch.*

### Supplies

- BERNINA Needle Punch Tool
- Needle Punch-compatible sewing machine
- Appropriate Needle Punch Stitch Plate for your machine
- Purchased pre-cut wool flowers
- Purchased wool balls, 1"-diameter
- Scrap of green wool felt for leaves
- Wool felt for wristlet base, approximately 4" x 10" or larger (black)
- Wool felt for wristlet base, approximately 3" x 8" or larger (gray)
- Thread to coordinate with leaves
- Muslin or scrap fabric for pattern and pattern testing
- Assorted glass beads
- One 7/8" - to 1"-diameter button with shank
- Pearl bead for flower center, approximately 1/4" in diameter
- Beading needle
- Nimo thread
- One extra-large snap, approximately 3/4" in diameter, black

### Instructions

Measure your wrist and add 3" (1" for wearing ease + 2" for overlap). Cut a piece of muslin this length and draw the desired freeform cuff shape on it. Mark snap locations 1" from each end. Wrap the pattern around your wrist, matching the snap marks. Adjust the pattern as desired until pleased with the final shape and fit. Draw a second freeform shape inside the first one, 1/4" to 1/2" from the long edges and 1" to 1 1/2" from the short ends.

Cut the wristlet/cuff shape from wool felt.

Cut 3-5 leaves from green felt.

Pull all of the wool pieces, including the purchased flowers (but not the balls) in very hot water; swish around. Wring out the excess water and allow the pieces to air dry.

Install the Needle Punch Tool and Stitch Plate on your sewing machine.

Arrange the inner base, leaf, flower petal, and flower center pieces on the large wristlet base as desired. In the wristlet shown, three circles were used for the flower center, each of the upper layers trimmed slightly to allow lower layers to peek out from underneath. Additional circles were pinched at one side to create petals, with small felted balls added for centers, arranged at the sides of the central flower.



Install the Needle Punch Tool and Stitch Plate.

Fold the flower petal shapes in half and place them on the wristlet base/leaves. Needle-punch them to the wristlet base one piece at a time, lifting the upper petals and needle punching the lower layer in place close to the flower center. (If desired, add a few stitches for extra stability.) Repeat for remaining petal pieces, always close to the flower center.

Remove the flowers and leaves. Needle-punch the two wool felt base layers together.



Arrange the flowers and leaves on the wristlet base again. Remove the flowers and needle-punch the leaves in place.



Needle-punch the petals of the small flowers to the wristlet base.



Add wool balls – little ones for the small flower centers, large ones near the ends of the inner wristlet base – hand stitching them in place with needle and thread.

Hand-stitch a large bead through the center of the flower.

Add glass beads for a little sparkle.

Hand-stitch the button in place at one end of the wristlet.

Hand-stitch the large snap halves in position at each end of the cuff.

Remove the Needle Punch Tool and Stitch Plate and reinsert the needle and regular stitch plate. Add leaf details with free-motion stitching.



# overlocker PROJECT

# Ho-Ho-Ho Holiday Bed Shawl

**bonus!**

Download instructions to make matching pillows and sheets from [bernina.com/ThroughTheNeedle](http://bernina.com/ThroughTheNeedle)



by TARI INTARDONATO

Make this adorable bed shawl to celebrate the holidays! Featuring whimsical snowmen and snowflakes from Nancy Halvorsen's Ho-Ho-Ho, Let It Snow collection for Benartex, this overlocked quilt will dress up your bed for the holidays!

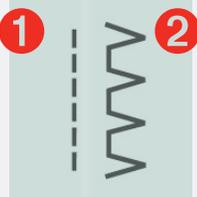


## Bed Shawl Supplies

- Overlocker/serger
- Sewing machine (for binding)
- Quarter-inch foot (BERNINA Patchwork Foot #37/37D or Patchwork Foot with Guide #57/57D)
- Edgestitch foot (BERNINA Edgestitch Foot #10/10C/10D)
- Ho-Ho-Ho, Let It Snow fabric collection by Nancy Halvorsen for Benartex:
  - 1 Ho-Ho-Ho Panel Aqua
  - 1½ yards of Frosted Window Teal
  - ¼ yard of Frosted Window Emerald
  - ¼ yard of Garlands Silver
  - ¼ yard of Drifting Snow Flakes Aqua
  - ¼ yard of Snow Dots Red
- Warm & Natural Crib batting, 45" x 60"
- 4 cones Aqua Maxi-Lock Serger Thread
- Wonder Clips

Don't have an overlocker/serger? These pieces can also be stitched on a sewing machine, but it takes longer. Replacing the 4-thread overlock stitch is a two-step process:

1. Attach a  $\frac{1}{4}$ " wide foot to your sewing machine, such as BERNINA Patchwork Foot #37 or Patchwork Foot with Guide #57. Seam the fabric layers together with a straight stitch using a  $\frac{1}{4}$ " wide seam allowance.
2. Attach an overlock or overcast foot to your machine, such as BERNINA Overlock Foot #2/2A. Select a vari-overlock stitch. Stitch along the edge of the fabric, aligning the edge of the fabric with the pin in the sole of the foot (or so the right-swing of the needle just barely touches the raw edges of the fabric).



## Cutting Instructions

WOF = Width of Fabric

- Cut a  $6\frac{1}{2}$ "-wide x WOF strip containing the Ho-Ho-Ho rectangle.
- Cut four 6" x WOF strips of Frosted Window Teal.
- Cut one 6" x WOF strip of Frosted Window Emerald.
- Cut one 6" x WOF strip of Garlands Silver.
- Cut one 6" x WOF strip of Snow Dots Red.
- Cut one  $6\frac{1}{2}$ " x WOF strip of Drifting Snow Flakes Aqua; cut in half to make two  $6\frac{1}{2}$ " x 22" strips.
- Cut five  $2\frac{1}{2}$ " x WOF strips of Frosted Window Teal (for binding).
- Cut four 6" x 45" strips of batting.
- Cut one  $6\frac{1}{2}$ " x 45" strip of batting.



## Set Overlocker/Serger for 4-Thread Overlock

Thread both loopers and both needles with aqua serger thread. *Tip: Remember to thread your overlocker in the correct order: Upper looper first, lower looper second, and then the needles.*

- Upper Looper Tension: 3-5
- Lower Looper Tension: 3-5
- Left Needle Tension: 3-5
- Right Needle Tension: 3-5
- Cutting Width: 2-3
- Stitch Length: 2.5 mm
- Differential Feed: N
- Stitch Selection Lever: ▲ (pushed in)

Test stitching on a piece of scrap fabric. Make any necessary adjustments and re-test before beginning your quilt.



## Assemble the Quilt on the Overlocker

Place one end of an 18"-long strip of Drifting Snow Flakes Aqua right sides together with one end of the Ho-Ho-Ho panel. Seam one short end:

- Lift the front of the overlocker/serger presser foot and slide the fabric under it.
- Position the raw edges even with the right edge of the presser foot and release the tip of the foot.
- Begin serging, keeping the raw edges aligned with the cutting blade/edge of the foot, trimming off just the loose threads along the edges.
- Continue stitching past the end of the fabric to make a thread chain about 4" long. Cut thread chain.



Seam the other 18"-long strip of Drifting Snow Flakes Aqua to the opposite end of the Ho-Ho-Ho strip.

Layer:

- One 6"-wide strip of Frosted Window Teal, right side down.
- One 6"-wide batting strip
- One 6"-wide strip of Snow Dots Red, right side up.

Clip together along one long edge using Wonder Clips.

Overlock the edges together, removing the clips as you come to them. Press.



Layer:

- One 6"-wide strip of Frosted Window Teal, right side up.
- The Ho-Ho-Ho strip, Ho-Ho-Ho/Snow Dots Red side up, Frosted Window Teal side down.
- One 6"-wide strip of Frosted Window Teal, right side down.
- One 6"-wide strip of batting on top.

Clip all layers together along the previously overlocked seam. Overlock the edges together, removing the clips as you come to them. Unfold fabrics and press.



Top



Bottom

Continue adding and pressing strips in this manner, always with a strip of Frosted Window Teal right side up on the bottom of the stack, making sure the Ho-Ho-Ho panel remains centered.



When all layers have been overlocked together, trim the sides and square the corners if needed. Overlock each outer edge of the quilt.

## Finish the Quilt on the Sewing Machine

Join the ends of the 2½"-wide binding strips diagonally across the corners, as shown in the photo, to make one long strip.



Fold the strip in half lengthwise; press.

At one end of the strip, make a pocket by opening the binding and folding the upper left corner to the raw edge. Finger press raw edges together.



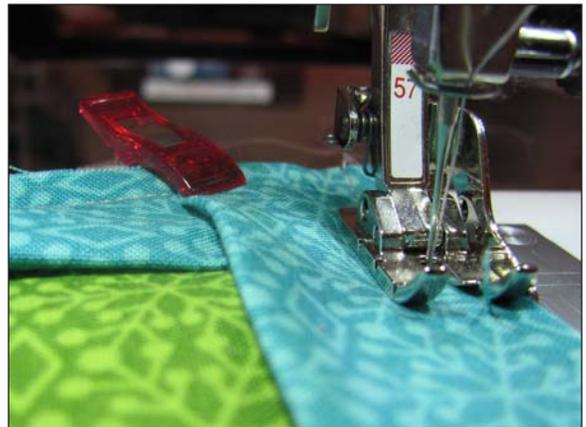
Using a ¼"-wide seam allowance, begin sewing the binding to the front of the quilt, starting in the middle of one side and aligning the raw edges.

Using a ¼"-wide seam allowance, begin sewing the binding to the edge of bed shawl from the front side of quilt. Raw edges will be together.



Stop ¼" from the corner; backstitch. Raise the needle, lift the presser foot, and remove the shawl from under the foot.

Fold the binding up at a 90° angle and then fold it down so the edge of the fold is even with the raw edge of the just-sewn edge, and the raw edge of the remaining binding is even with the raw edge of the shawl as shown in the photo.



Continue joining binding around the remaining edges in this manner, stopping about 8" from the beginning of the binding. Slide the end of the binding into the folded pocket. (Trim if needed, leaving about a 3" overlap.) Secure by stitching through all layers.



Fold the binding to the back of the quilt, secure with Wonder Clips, and machine- or hand-stitch in place.

*Tip: Use a feather stitch to secure the binding, working from the front of the quilt and aligning the "stem" of the featherstitch with the inner edge of the binding.*

### Bonus Projects

Complete your bed ensemble with Ho-Ho-Ho Pillows and Sheets – download bonus instructions at [bernina.com/ThroughTheNeedle](http://bernina.com/ThroughTheNeedle).

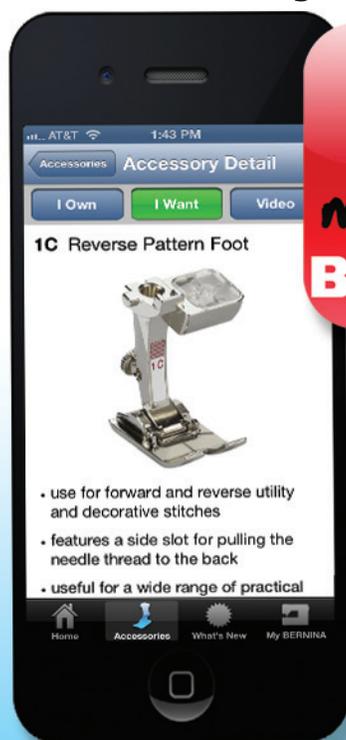


### Tari Intardonato

The BERNINA brand has always been a part of my life. My grandmothers both sewed on BERNINA sewing machines, so I guess you could say I grew up with them. I learned how to sew in my early teens and I have been sewing ever since. I earned a Bachelor of Arts Degree in Vocational Home Economics and taught High School Home Economics in Oklahoma. Later I married and moved to the Dallas/Ft.Worth area. There I worked for many years for BERNINA Sewing Center of Dallas and Plano, selling their products and teaching classes in sewing techniques and operation of BERNINA machines. I later managed a BERNINA Sewing Center located in a local Hancock Fabrics and continued to teach classes and create projects. I am now a Resource Educator for BERNINA of America. You can see many of my projects on [diyembroidery.com](http://diyembroidery.com) and on my new blog, [tari iSews](http://tariisews.com).

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