

Quilt It Yourself!

Materials List

Sewing machine with walking foot

Be sure you know the following about your machine (if you aren't sure, ask the dealer where you got the machine, consult the manual, or search for YouTube videos):

- How to attach the walking foot
- How to adjust tension
- How to access both straight stitch and decorative stitches
- How to change the length and width of stitches

Thread:

bring any or all of the following:

- your usual piecing thread (usually 50 weight)
- embroidery thread (likely 40 weight and has a bit of sheen)
- decorative or variegated thread (or both)
- metallic or other specialty thread
- Any other threads you want to try

Note: thread can be expensive, so if you are coming with a friend, consider each buying one type of thread and then sharing

Needles: You need machine needles appropriate to the type of thread you are using. For most threads, use a #90 sharp or quilting needle. If you want to try metallic thread, bring a metallica needle. It's a #90 too, but has a special groove that helps metallic thread run more smoothly.

Quilt sandwiches basted and ready to use:

- I suggest a 1-yard (approx 40" x 36") quilt sandwich so you can learn to manage a larger piece
- Use any basting method you want: spray baste, safety pins, or thread basting
- Any type of batting you generally use for your quilts is fine, though note that thinner batting is easier to machine quilt and cotton batting sticks to the quilt top and back with less basting
- Solid color fabrics will make it easier to see your stitching
- You can use any quilting fabric you have on hand, or the shop has inexpensive muslin you can use to make your quilt sandwich
- Note that unwashed fabric, or fabric ironed with starch/sizing, is easier to machine quilt

Quilting gloves to make it easier on your hands. The shop has some, or bring your own if you already have them.

Basic sewing supplies as usual, plus:

- Marking tool(s) of your choice (chalk wheel, Frixion pen, air-erase pen, etc.)
- Blue painter's tape. Note that this now comes in two types; the newer one that looks shinier doesn't work as well as the old type. However, if you can't tell which you're getting, don't worry about it.
- Long ruler for marking straight lines
- If you want to try quilting a specific stencil design, bring that stencil and whatever you use to mark stencil patterns