

Quilt of Valor Requirements

- A Quilt of Valor does not have to be red, white and blue, but patriotic colors are very popular with recipients. Panels can provide a great focal point and bring in other colors. Think creatively with the recipient in mind.
- Recommended size: 60" x 80"; minimum: 55" x 65"; maximum: 72" x 90".
- The Quilt consists of a top, batting, and backing. It must be machine or hand quilted. A tied quilt is not acceptable for a Quilt of Valor.
- Use quality, adult-appropriate, 100% cotton, quilt-weight fabrics. Avoid juvenile prints and branch-specific fabric unless the recipient is known.
- Use quality, 100% cotton; backings provided to LongArmy Volunteers must be 8" wider in width and 8" longer in length. Wide commercial backings sold at quilt and fabric stores are acceptable. Square up, press and fold backing neatly before providing to quilter.
- Use quality, low loft batting such as cotton, cotton blends, polyester or polyester blends.
- Double fold binding, also known as French fold, is recommended for durability. Hand stitch or neatly machine stitch binding, mitering all corners.
- The label must state quilt is a Quilt of Valor in order to be awarded as a Quilt of Valor and recorded as such.

> Make your own label or purchase at a participating quilt shop or online at Spoonflower.com.

> Use permanent fabric pen when personalizing.

> Include name of recipient, names of piecer, quilter and binder, city and state of residence if desired, date and location of award. First and last names may be used.

> Label may also include simple washing instructions of cold water, mild detergent, use a color catcher initially and tumble dry low.

> Religious or political messages may not be included.

- Wash quilt once completed so it is soft and so that any potential fabric dye bleeding issues are resolved. Use cold water, mild detergent and unscented products. A color catcher will capture fabric dyes in washer.
- A presentation pillow case is optional, unless sending overseas.
- A thank you note, card or letter to the recipient may be included. A journal with information about how the quilt was made, maker's thoughts, etc. may be included.