

# Hello Quilting Friends!

We hope you and your family are safe and pray we all get through this mess as quickly as possible. We are still hunkered down here at the Calico Patch. Keeping the block of the months and the online orders going leaves little time for sewing and designing but I do have some new things to show!

1st is my FREE Pattern Supplement to the Heroic Hearts Tote. I have teamed up with MARCUS Fabrics and other Marcus Designers for the HEROIC HEARTS project. Each designer put their spin on the same FREE tote pattern. Of course I have to have some applique, so here is my tribute called "Healthcare Heroes". My website has a link to the FREE Tote Pattern and also a link to my applique pattern. I also have discounted kits for those who want to make a bag for their favorite hero!



Watch for another great project I am starting **June 1st**. I have teamed with some of the best wool appliques designers to bring you *Woolen Oak Mystery Stitch-A-Long*. FREE Patterns to make a beautiful quilt. Details on my website and at the Facebook WOOLEN OAK Mystery Stitch-A-Long Group. Don't do wool applique...? Now is a great time to start with tips from 12 great designers!



LOOK AT THIS GREAT LINE UP!



## Patches of Americana Panel Quilt

Another Free Pattern on our website! We also have the fabric kits available for or Patches of Americana Panel.

SEW much more to tell but its time to get stitching! THANK You for all your support! We hope you enjoy all we offer for free and we appreciate you looking around our website for all the beautiful goodies for sale! If your only getting the patterns there is still plenty of kits available! Just choose the "Kit only" option when placing your order!

Thank you for posting your work on Facebook & Instagram! Please tag me at #calicopatchdesigns and/or #vickimccarty.

ENJOY and STAY SAFE!  
Vicki McCarty





# CHRISTMAS WITH SUE!



## BLOCK OF THE MONTH

By Vicki McCarty, Calico Patch Designs

### General Instructions :

Thank you for joining our Block of the Month! This quilt will be made up of 12 applique blocks and a setup to complete the quilt top. Please read all instructions before sewing. Seams are  $\frac{1}{4}$ " unless stated. WOF is width of fabric, and HST is half square triangle. I write my patterns for all skill levels. I include my methods, but by no means are they the only way, feel free to use your preferred methods throughout the pattern.

Each month's block kit includes pattern, background fabric, laser cut appliques and embellishments to complete the current month's block. The set up instructions and finishing kit are included with the 12th month. I recommend finding a special container or box to keep project all together.

Please post your work and tag @vickimccarty or @calicopatchdesigns

The main thing to remember is ... Enjoy what your are doing and have fun!!

### Helpful Items

These are a few things that will make your project easier!

Fusible Web - If not using Laser Cut Appliques

Applique Pressing Sheet - I find it is the best way to have accurate applique placement.

Sulky Tear Easy Stabilizer- I use to stabilize my fabric when sewing machine applique and also to transfer my lines from the pattern to know where to stitch the detail on my blocks.

### Appliques

Applique- *If purchased as pattern-only*, trace the applique pieces onto fusible web of you choice (appliques patterns are reversed). Cut loosely around each piece. Iron the fusible to the wrong side of the fabric and press. Cut out appliques on the drawn line. Remove paper if fusible has paper backing.

*If purchased as a kit*, the applique pieces are laser cut and pre-fused with Soft Fuse. Appliques of the same color may be joined on a larger piece of fabric and will need to be snipped loose before using. Peel the paper off the back of the applique pieces to reveal the fusible web.

Cover the placement pattern with an applique pressings sheet (over a light box if needed). Place the applique pieces on the pressing sheet and align with the placement pattern. When appliques overlap, place the farthest piece down first. Press for about 10 seconds without steam. The heat from the iron will activate the fusible web on the back of the appliques and adhere it in place. Allow to completely cool and peel off in a larger, more manageable applique piece. This allows easy placement onto the background and small adjustments if needed. Placement patterns have a gold asterisk to indicate the center of the applique. Match with the center of the background fabric. Fuse the appliques into place on the background fabric. They are ready to stitch down. I tend to use blanket stitch for most my appliques, but it is fun to try other stitches too! Sew appliques with a layer of tear away stabilizer underneath the fabric to support the applique stiches. This stabilizes the fabric so finished blocks lays flat with no puckering. Gently remove stabilizer after stitching is complete.

### Transferring Details

Detail brings the appliques to life! My patterns include the details shown in blue. I do not use products where I have to wet my project to remove the transferring medium. Instead, I use Sulky Tear Easy Stabilizer. Place placement pattern on a light box and cover with a piece of tear away stabilizer.

Trace the blue stitching lines. Pin in place on the block and stitch on the traced lines. Tight stitches will perforate the stabilizer making it easy to remove from the project.

### Embellishments

The patterns will indicate embellishments on the placement pattern with a red or green circle to indicate a button or bead. I sew mine on to the finished block. If you choose to add embellishments after the project is quilted, I recommend labeling or some system to remember which embellishments go with which block.

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# CHRISTMAS WITH SUE!

## BLOCK OF THE MONTH: BLOCK 4

By Vicki McCarty, Calico Patch Designs

### Fabric Requirements:

- 1- 14" Tan (Background)
- 1- 5 x 5<sup>1</sup>/<sub>2</sub>" Brown Print (Table Legs)
- 1- 5 x 5<sup>1</sup>/<sub>2</sub>" Red Print (Dress, Sleeve)
- 1- 4<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" Green Print (Hat, Apron String)
- 1- 3" x 5<sup>1</sup>/<sub>2</sub>" Dark Brown (Table Top)
- 1- 3" x 4<sup>1</sup>/<sub>2</sub>" Green Plaid (Apron, Hatband)
- 1- 2" x 4" Light Tan (Cooking Mat)
- 1- 2<sup>1</sup>/<sub>2</sub>" x 2" Flesh (Arms)
- 1- 2" x 2" Yellow Print (Bowl)
- 1- 2" x 2" Beige (Cookie Dough)
- 1- 1<sup>1</sup>/<sub>2</sub>" x 2" Red (Bowl Lip)
- 2- Cookie Cutter Buttons

### Cutting Instructions:

14" Square Tan



### Sewing Instructions:

Find the center of the 14" background block. Follow the instructions on page 1 to create applique pieces and fuse to the background. Stitch a blanket or other desired decorative stitch around the appliques. Sew a decorative to define the arms as indicated by the blue line on the placement pattern. Sew cookie cutter buttons on her hand and on the table as indicated by red X on the placement pattern. These buttons are attached by using gray thread to match and sewing across two sides of the edge of the buttons with several stitches made in the same place.

Trim block to 12<sup>1</sup>/<sub>2</sub>". Ready for next block!

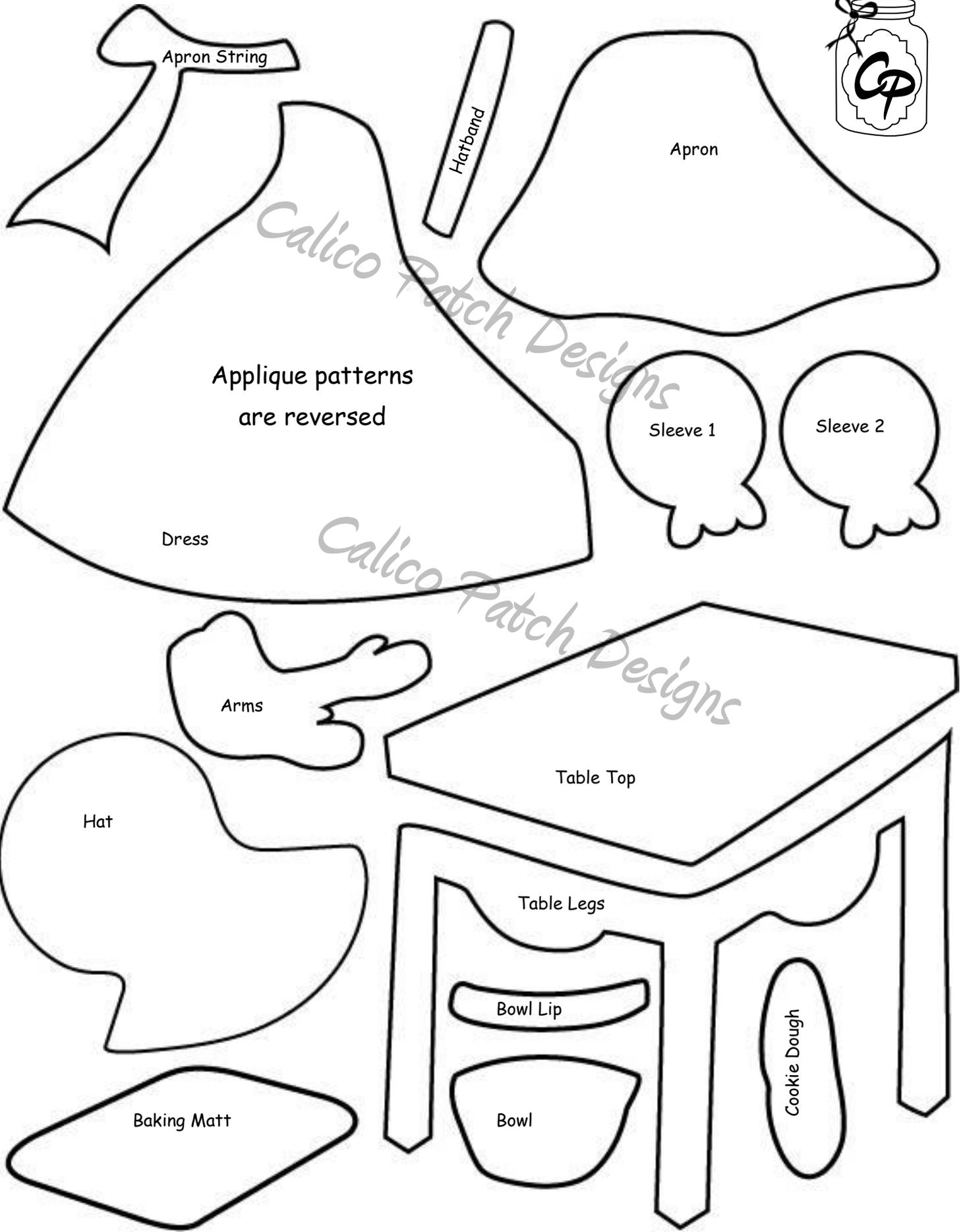
### How to Apply Fusible

Our Laser Cut Kits Have Soft Fuse.

Remove paper from the back of each applique piece to expose fusible web. Use a hot dry iron for 8-10 seconds to fuse into place.

Keep fabric side up and glue side down when fusing!





Apron String

Hatband

Apron

Applique patterns  
are reversed

Dress

Sleeve 1

Sleeve 2

Arms

Hat

Baking Matt

Table Top

Table Legs

Bowl Lip

Bowl

Cookie Dough



## Placement Pattern

Red X for Cookie Cutter Buttons

Blue Line for Stitching to give arms definition

