

Paint From Your Soul With Mona Cattan

Supply List for Expression & Archetypes

5 16x20 Stretched Canvases

More sizes will be determined as you begin new projects after the 5 initial projects are painted.

Acrylic Paints: A basic set of primary colors plus any additional desired colors is a good start. Amsterdam Acrylics offer a wide range of colors and are quite affordable. This course is more about the emotional process of painting than color mixing, so get colors you are drawn to.

Brushes: Short handle

One small round,

One medium filbert and

One large/wide (1inch or larger) soft flat or hake brush

One Fan brush

Princeton Select Sets are good for additional variety beyond above listed.

Palette: This can be as simple as a paper plate or small round plastic palette, paper palettes are a good option as well.

Plastic palette knife for mixing colors

Water container: any empty jar or plastic tub will work.

Paper towels or rags/cut up old t-shirts

Sketchbook and Pencil

Marbles 10 or more

Ball Chain (like you see hanging from a ceiling fan or key chain) at least 12 inches long.

Plastic Fork

Important notes on following page....

Wear old clothes or an apron to class. Acrylics can be difficult to remove from nice clothing.

The staff at Preston Arts Center is happy to help you find these painting materials in store and all enrolled students get a 20% off coupon for registration. This coupon is good for one entire purchase so it is perfect for getting these supplies. If you have not received your coupon, simply ask associate in store and they will confirm and issue one for you.

Note: some supplies are not available in store (ex: ball chain, marbles)