

Knit Some Love

Knitting pattern by Jessika Zontini at the Pindrop Shop



Handmade hearts can brighten any space, and you can have fun gifting them too. Knit some love into your life- make it happy and make it you!

These soft, stuffed hearts can be knitted in two sizes, with colorwork or solid.

Abbreviations

BO - bind off

CO - cast on

cc- contrasting color

dec'd - decreased

dpns - double pointed needles

inc'd - increased
k - knit
k1tbl - knit one through the back loop
k1wcc - k one with contrasting color
k2tog - knit two together
m - marker
mc - main color
p - purl
rep - repeat
rnd - Round
sts - stitches
yo - yarn over

Materials needed

US size 4(3.5 mm) double pointed needles
Tapestry needle
Cable needle (approx 3.5mm)
Stitch holder cord
2 locking stitch markers that are different from each other
Blue Sky Woolstok worsted weight yarn in Red Rock
Blue Sky Woolstok worsted weight yarn in Highland Fleece
(2 50g hanks will be enough to make multiple assorted hearts)
Pillow stuffing
US G/6(4.5mm) crochet hook (*for optional hanging loop*)

Pattern notes

Locking stitch markers will be used to mark the sides of the heart. Place them in the horizontal bar between the stitches so that you are marking the knitted fabric between the two sides, not sliding them on the needles between stitches. This is so you can use double pointed needles efficiently without the stitch markers always falling off. You may choose to move the markers up closer to your active stitches as you progress through the piece.

Mattress stitch is used to close the bound stitches to finish the piece. From the knit side, insert your tapestry needle under the V of the first stitch on one side of the opening, then insert it under the V on the knit side of the corresponding stitch on the other side of the opening, and repeat across the opening.

Stitch holder cords are used to hold the stitches of one side of the heart as you work on the other side. These hollow tubes fit on the end of your needles so you can easily transfer the stitches.

Catching floats in the colorwork is not recommended in this project because they become visible on the front and look messy. Make floats loose but don't catch them behind your stitches.



Small Solid Heart Instructions

With dpns, CO 6 sts.

Place 1 marker at the beginning of the rnd, and 1 marker after 3 sts to mark the sides of the heart.

Rnd 1: K all sts.

Rnd 2: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 10 sts)

Rnd 3: (K1, k1tbl, k to 2 sts to m, k1tbl, k1), rep once.

Rep Rnd 3 for all odd rounds through Round 21.

Rnd 4: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 14 sts)

Rnd 6: (K1, yo, k5, yo, k1), rep once. (4 sts inc'd, 18 sts)

Rnd 8: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 22 sts)

Rnd 10: (K1, yo, k1, k7, k1, yo, k1), rep once. (4 sts inc'd, 26 sts)

Rnd 12: Rep Rnd 8. (4 sts inc'd, 30 sts)

Rnd 14: (K1, yo, k13, yo, k1), rep once. (4 sts inc'd, 34 sts)

Rnd 16: Rep Rnd 8. (4 sts inc'd, 38 sts)

Rnd 18: (K1, yo, k17, yo, k1), rep once. (4 sts inc'd, 42 sts)

Rnd 20: Rep Rnd 8. (4 sts inc'd, 46 sts)

Rnd 22: K10, slip 2 sts on cable needle behind piece, k1, k2tog from cable needle, k20, slip 2 sts on cable needle behind piece, k1, k2tog from cable needle, k10.
Break cc. (2 sts dec'd, 44 sts)

Rnd 23: K11, slip the next 22 sts on a stitch holder, k11.

Right Side:

Insert 1 marker at the beginning of the rnd (in the side of heart), and 1 marker after 11 sts (in the middle of heart at the division).

Rnd 1: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k until 3 sts remain on rnd, k2tog, k1. (2 sts dec'd, 20 sts)

Rnd 2: K all sts.

Rnd 3: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k to 3 sts to m, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over, k until 3 sts remain on rnd, k2tog, k1. (4 sts dec'd, 16 sts)

Rnd 4: K all sts.

Rnd 5: Rep rnd 3. (4 sts dec'd, 12 sts)

Rnd 6: K all sts.

Rnd 7: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over, k2tog, k1. (4 sts dec'd, 8 sts)

Rnd 8: BO 8. Sew closed with mattress stitch.

Left Side:

Attach mc at side of heart to begin rnd. Rep instructions for Right side.

Small Colorwork Heart Instructions

With dpns, CO 6 sts.

Place 1 marker at the beginning of rnd and 1 marker after 3 sts to mark the sides of the heart.

Rnd 1: K all sts.

Rnd 2: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 10 sts)

Rnd 3: (K1, k1tbl, k to 2 sts to m, k1tbl, k1), rep once.

Rep Rnd 3 for all odd rounds through Round 21.

Rnd 4: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 14 sts)

Rnd 6: (K1, yo, k2, **k1wcc**, k2, yo, k1), rep once (4 sts inc'd, 18 sts)

Rnd 8: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 22 sts)

Rnd 10: (K1, yo, k1, **k1wcc**, k5, **k1wcc**, k1, yo, k1), rep once. (4 sts inc'd, 26 sts)

Rnd 12: Rep Rnd 8 (4 sts inc'd, 30 sts)

Rnd 14: (K1, yo, **k1wcc**, k5, **k1wcc**, k5, **k1wcc**, yo, k1), rep once. (4 sts inc'd, 34 sts)

Rnd 16: Rep Rnd 8. (4 sts inc'd, 38 sts)

Rnd 18: (K1, yo, k5, **k1wcc**, k5, **k1wcc**, k5, yo, k1), rep once. (4 sts inc'd, 42 sts)

Rnd 20: Rep Rnd 8. (4 sts inc'd, 46 sts)

Rnd 22: K5, **k1wcc**, k4, slip 2 sts on cable needle behind piece, k1, k2tog from cable needle, k4, **k1wcc**, k10, **k1wcc**, k4, slip 2 sts on cable needle behind piece, k1, k2tog from cable needle, k4, **k1wcc**, k5. Break cc. (2 sts dec'd, 44 sts)

Rnd 23: K11, slip the next 22 sts on a stitch holder, k11.

Right Side

Place 1 marker at the beginning of the rnd (in the side of heart), and 1 marker after 11 sts (in the middle of heart at the division).

Rnd 1: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k until 3 sts remain on rnd, k2tog, k1. (2 sts dec'd, 20 sts)

Rnd 2: K all sts.

Rnd 3: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k2, **k1wcc**, k to 3 sts to m, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over, k until 3 sts remain on rnd, k2tog, k1. (4 sts dec'd, 16 sts)

Rnd 4: K all sts.

Rnd 5: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k to 3 sts to m, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over, k until 3 sts remain on rnd, k2tog, k1. (4 sts dec'd, 12 sts)

Rnd 6: K all sts.

Rnd 7: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over, k2tog, k1. (4 sts dec'd, 8 sts)

Rnd 8: BO 8. Sew closed with mattress stitch.

Left Side

Attach mc at side of heart to begin rnd. Rep instructions for Right Side.

Large Colorwork Heart Instructions

With dpns, CO 6 sts.

Place 1 marker at the beginning of the rnd and 1 marker after 3 sts to mark the sides.

Rnd 1: K all sts.

Rnd 2: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 10 sts)

Rnd 3: (K1, k1tbl, k to 2 sts to m, k1tbl, k1), rep once.

Rep Rnd 3 for all odd rounds through Round 29.

Rnd 4: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 14 sts)

Rnd 6: (K1, yo, k2, **k1wcc**, k2, yo, k1), rep once. (4 sts inc'd, 18 sts)

Rnd 8: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 22 sts)

Rnd 10: (K1, yo, k1, **k1wcc**, k5, **k1wcc**, k1, yo, k1), rep once. (4 sts inc'd, 26 sts)

Rnd 12: Rep Rnd 8. (30 sts)

Rnd 14: (K1, yo, **k1wcc**, k5, **k1wcc**, k5, **k1wcc**, yo, k1), rep once. (4 sts inc'd, 34 sts)

Rnd 16: Rep Rnd 8. (4 sts inc'd, 38 sts)

Rnd 18: (K1, yo, k5, **k1wcc**, k5, **k1wcc**, k5, yo, k1), rep once. (4 sts inc'd, 42 sts)

Rnd 20: Rep Rnd 8. (4 sts inc'd, 46 sts)

Rnd 22: (K1, yo, k4, **k1wcc**, k5, **k1wcc**, k5, **k1wcc**, k4, yo, k1), rep once. (4 sts inc'd, 50 sts)

Rnd 24: Rep Rnd 8. (4 sts inc'd, 54 sts)

Rnd 26: (K1, yo, k3, **k1wcc**, k5, **k1wcc**, k5, **k1wcc**, k5, **k1wcc**, k3, yo, k1), rep once. (4 sts inc'd, 58 sts)

Rnd 28: Rep Rnd 8. (4 sts inc'd, 62 sts)

Rnd 30: (K3, **k1wcc**, k5, **k1wcc**, k4, slip 2 sts on cable needle behind piece, k1, k2tog from cable needle, k4, **k1wcc**, k5, **k1wcc**, k3), rep once. (2 sts dec'd, 60 sts)

Rnd 31: K15, slip next 30 sts to st holder, k15.

Place 1 marker at the beginning of rnd (in the side of heart), and 1 marker after 15 sts (in the middle of heart at the division).

Right Side

Rnd 1: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k until 3 sts remain on rnd, k2tog, k1. (2 sts dec'd, 28 sts)

Rnd 2: K all sts.

Rnd 3: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k2, **k1wcc**, k to 3 sts to m, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k5, **k1wcc**, k2, k2tog, k1. (4 sts dec'd, 24 sts)

Rnd 4: K all sts.

Rnd 5: (K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k to 3 sts to m, k2tog, k1), rep once. (4 sts dec'd, 20 sts)

Rnd 6: K all sts.

Rnd 7: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k3, **k1wcc**, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, **k1wcc**, k3, k2tog, k1. Break cc. (4 sts dec'd, 18 sts)

Rnd 8: K all sts.

Rnd 9: Rep Rnd 5. (4 sts dec'd, 12 sts)

Rnd 10: K all sts.

Rnd 11: (K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k2tog, k1), rep once. (4 sts dec'd, 8 sts)

Rnd 12: BO 8. Sew closed with mattress stitch.

Large Solid Heart Instructions

With dpns, CO 6 sts.

Place 1 marker at the beginning of the rnd and 1 marker after 3 sts to mark the sides.

Rnd 1: K all sts.

Rnd 2: (K1, yo, k to last st before m, yo, k1), rep once. (4 sts inc'd, 10 sts)

Rnd 3: (K1, k1tbl, k to 2 sts to m, k1tbl, k1), rep once.

Rep rnds 2 & 3 13 more times. (52 sts inc'd, 62 sts)

Rnd 30: (K14, slip 2 sts on cable needle behind piece, k1, k2tog from cable needle, k14), rep once. (2 sts dec'd, 60 sts)

Rnd 31: K15, slip next 30 sts to st holder, k15.

Place 1 marker at the beginning of the rnd (in the side of heart), and 1 marker after 15 sts (in the middle of heart at the division).

Right Side

Rnd 1: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k until 3 sts remain on rnd, k2tog, k1. (2 sts dec'd, 28 sts)

Rnd 2: K all sts.

Rnd 3: K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k to 3 sts to m, k2tog, k2, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k to 3 sts to m, k2, k2tog, k1. (4 sts dec'd, 24 sts)

Rep rnds 2 & 3 three more times. (12 sts dec'd, 12 sts)

Rep rnd 2 once more.

Rnd 11: (K1, slip 1 stitch knitwise, k1, pass slipped stitch over stitch worked, k2tog, k1), rep once. (4 sts dec'd, 8 sts)

Rnd 12: BO 8. Sew closed with mattress stitch.

Left Side

Put the 30 sts from stitch holder back on needles and rep instructions for Right Side.

Optional hanging loop

With crochet hook, chain until approximately 12" or desired length. Fasten off. With tapestry needle, sew both ends of chain to center top of heart, at division between Right and Left Sides.