



## Village of Downs 5K Freedom Run, 1 Mile Walk & Free Kids Fun Run

### LOCATION, DATE & TIME

- Start: Tri-Valley Middle School  
505 E. Washington, Downs, IL
- Saturday, July 2, 2016
- 5K Run/1 Mile Walk: 7:30 a.m.
- Finish & Kids Run: TVHS track

### REGISTRATION: 5K & 1 mi. Walk Only

- Pre-Register:** Mail form and \$20 donation (check payable to Village of Downs) to the address below. Form & payment must be received on or before noon on 7/1/16.
- Pre-Register Online:** \$20 donation (+ \$2.09 fee) before noon on 7/1/16.  
<https://www.eventbrite.com/e/the-village-of-downs-2016-5k-run-1-mi-walk-tickets-25454772911>
- Race Day:** July 2, 6:30-7:15 a.m. at TVMS.  
\$25 – cash or check accepted.
- Early Race Packet Pick Up:** July 1, 5-7 p.m. at Tri-Valley Middle School.
- No refunds will be given.

### DESCRIPTION

- The Village of Downs, IL is hosting the 5th annual Freedom Run to raise funds for the 4th of July not for profit celebration.
- The 5K (3.1) is a flat course run through the Village of Downs. The 5K is timed by the Lake Run Club. The run will start at Tri-Valley Middle School and end on the Tri-Valley High School track. The untimed 1 mile walk will be incorporated into the 5K route. Free Kids Fun Run (10 & under) immediately following 5K on the track.
- Guaranteed t-shirt to those whose paper registration is postmarked by June 22 or whose online registration is received by June 22.

### AWARDS

- Medals awarded to Overall Male and Female Winner & the Top Age Group Finisher for Men and Women: 19 & under, 20-29, 30-39, 40-49, 50-59, 60+. There are no awards for walkers.
- Ribbons given to all Kids Fun Run participants.

### VOLUNTEERS & SPONSORS

- If you would like to volunteer or donate to sponsor this event, please contact Amie Mouser

### CONTACT INFORMATION

Kimber Jensen / Bodyshock Boot Camp  
Phone: 309-825-4668  
E-Mail: [kimbaj27@yahoo.com](mailto:kimbaj27@yahoo.com)

### Village of Downs 5K Freedom Run/Walk Entry Form

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Runner: \_\_\_\_\_ Walker: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
DOB: \_\_\_\_\_ Age on 07/02/16 \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ e-mail: \_\_\_\_\_

Amount Enclosed (non-refundable): (Checks Payable to Village of Downs)

Adult Shirt Size (100% cotton): S M L XL

For consideration of the foregoing, I for myself, my executors, administrators and assignees, do hereby release and discharge the Village of Downs, Tri-Valley CUSD #3, McLean County, The Downs Township and other sponsors and supporters for all claims and damages, demands, actions, whatever in any manner arising or growing out of my

participation in the Village of Downs 5K Freedom run. I attest and verify that I have full knowledge of risk involved in this event and I am physically fit and trained to participate in this event. I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

**Send to: Downs Village Hall**

**Attn: 5K Freedom Run**

**211 South Seminary Street**

**Downs, IL 61736**

Date: \_\_\_\_\_ Signed: \_\_\_\_\_ (Parent or Guardian must sign if under 18)