

Mustgoes

94"x106"

To make the quilt pictured: (minus the applique—that's got to be your own work – sorry!)



You need:

- 6-8 yards of whites and creams already cut into 2" strips
- Optional border: ½ yard of blue for a 2" cut border
- Optional border: 1 1/2 yards of a contrasting fabric for the outer border
- ½-5/8 yard of fabric for the binding]

Note: This quilt consists of 1 block, rotated 90 degrees.

These directions will be a “how to” more than regular pattern.

Construct blocks:

- Collect your 2” strips with a lot of white and off white in the background. They are sometimes called “Low volume” or some people call them “neutrals”. I tried to stay away from pastel backgrounds. Because many of my fabrics are cut up sheets or duvet covers, or panels no one wants to use anymore, they can be ‘splotchy’ with a difference in colors from place to place. Use them anyway! I did cut out really dark spots from the strips of cut up panels and am saving the dark sections for later use.



- Take these strips and sew them end to end to each other until you have a very long strip. This is a great way to use up all lengths from 4” long all the way up to the width of fabric (WOF).
- Press the seams open.
- Now that you have one (very) long strip, find both ends and begin sewing the fabric strips together, beginning with the ends and working until you have sewn the whole strip in half. Now you have two strips sewn together. (Cut the end where it is doubled over). Now take that long strip of 2 strips sewn together and double it over and, matching ends and edges, sew them together until you get to the end. Now you have 4 strips sewn together. Do this one more time (each time the length is getting half as long) so your “strip” is actually 8 strips wide. Stop. Press. This piece of fabric now should in theory, anyway, be 12.5” wide and quite long.

Note: this is the same method that the common “Jelly Roll race quilt” is constructed. The difference is, I’m not using a Jelly Roll—I’m using my own scraps—and I stop when I have 8 strips wide. I know you can find you tube videos demonstrating it. One lady shows how she made one in 45 minutes. (This took quite a bit more time than that.)

I have a sample of this strip here, but this one is not low volume fabrics.



- Now, using your 12.5" ruler or marks on your cutting mat, cut squares that are 12.5"x12.5" from your long strip of strips. They will look something like this:

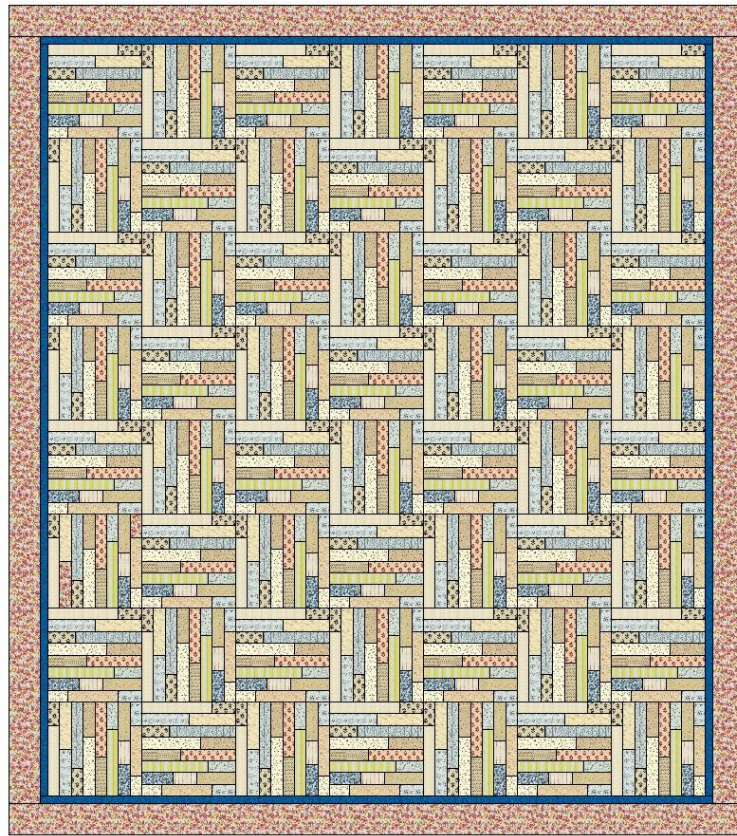


= using low volume fabrics:



How to make this quilt:

1. **Construct your blocks as described above.**
2. **Lay out completed blocks according to this diagram: Just turn every other block 90 degrees.**



Optional borders: I added a border – the first border, I cut 1.5” wide. The second border is 4.5” cut. I sewed them to the edges. I considered leaving the border off, but decided to try it for a different look from the other “low volume” quilt I made. For this quilt, I just used my walking foot and sewed the borders on—I did not measure and cut and then try to fit it them on. I was feeling impatient, I guess.

Here is a close up of my borders:



Applique a flower or flowers on as desired. Or not. Your choice.

3. **Press well.**
4. **Sandwich**, using whatever type of batting and backing you prefer
5. **Quilt** as desired.

6. **Bind**, using whatever method you wish.

Congratulations! Your quilt is finished!

Enjoy!

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To make the applique, I just drew out on patterns for the daisy type flower on paper, then cut out the fabric using that pattern. I'm not giving you that pattern because you can probably do equally as well as I did all by yourself. I used heat n bond only on part of the pieces – here and there – in order to keep it in place until I got it sewn down. This keeps it from being stiffer than the rest of the quilt. My flower is pretty tall and skinny –but it is pretty much like I had hoped it would be!