

# "Bear Falls" Panel quilt

58"x69.5"

To make the quilt pictured:



This quilt is made up of one block plus borders and the panel. The block looks like this and finishes at 7" once sewn into the quilt top:



## **You need:**

- The panel – rusty colored river falls
- Brown for border – 1.5 yards
- Cream – 1 5/8 yards
- Variety of fall colored fabrics – 2 ¼ yards
- ½ yard of fabric of your choice for the binding fabric

## **Cut:**

**Trim** the panel as you get it to cut off the white selvage and edging. It will trim down to 35½" x 43½".

### **Cut these pieces for the rest of the quilt:**

For the bear paw blocks and the cream section with that border: You need to make a total of 10 blocks.

From cream:

- 12 – 3 3/16" x 7 ½"
- 4 – 1.5" x 3.5" (40 total) (only half this many if you wish to make one of the strips using strip piecing)
- 4 – 1.5" squares (40 total)
- 8 – 2.5" squares for the half square triangles

From fall colors:

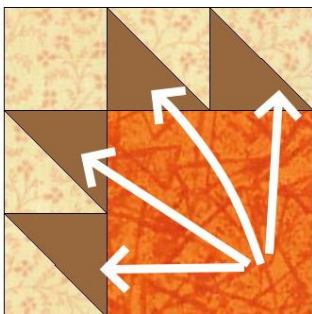
- 4 – 2.5" squares (40 total)
- 8 – 2.5" squares for the half square triangles (80 total)

From the fall colored or brown 2.5" squares make 16 half square triangles using your favorite method for each 7" finished bear paw block.

I use the method of cutting a 2.5" square, folding the square down the middle diagonally and then sewing 1/8" on each side of the fold line. Cut on the fold line. Open up and press towards the dark. Trim down to 1.5" square. (YES!!! They are small!)

You will use these little half square triangles (HST) for each of the pointy bear paws "claws". It's not our website, but you can find a nice explanation here at generations quilt patterns website

<https://www.generations-quilt-patterns.com/half-square-triangles.html>



The borders will be addressed under “How to put together this quilt”.

### **How to make the bear paw block:**

This block ends up being only 7.5” at this point in the quilt – 7” finished in the quilt.

Make the HST which end up being stinkin’ cute – only 1.5” before being sewn into the quilt!

Once sewn into the block, they end up 1”.

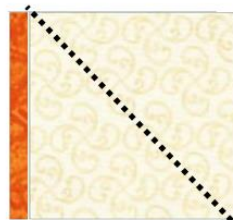
**To make the HST as per my instructions written above** – cut a cream 2.5” and a fall-colored fabric 2.5”. Place right sides together, and sew about 1/8” or 1/4” on either side of the center.

(I usually fold one of the two on the diagonal and press to give me a guideline.)

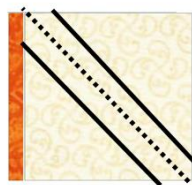
Here are pics:

Place two 2.5" squares right sides together after creasing one of them diagonally across the middle as shown (use iron or pencil to mark).

(I am showing them offset, but match them up together.)



Sew 1/4" on each side of the creased or marked line.  
Then Trim on the creased or marked line in the center.



It will now look more or less like this once you have opened up the pieces and pressed.



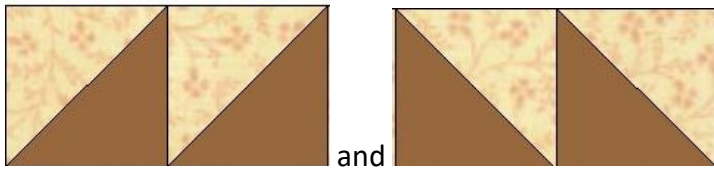
Trim to 1.5”



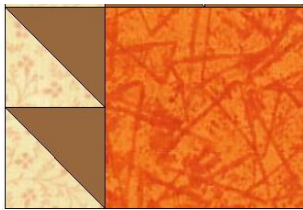
Make 160 for all 10 blocks. I will freely admit that this was the most time-consuming aspect of making this top.

Now, lay out and sew your block together.

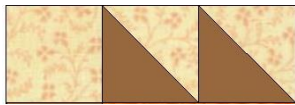
Follow this diagram and sew together like this:



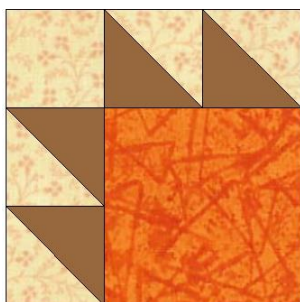
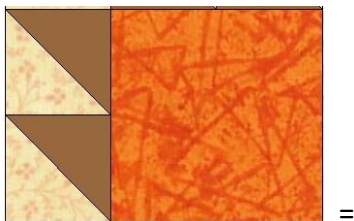
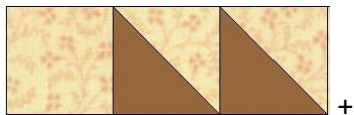
Now sew a set like this to the 2.5" fall colored square: (in order not to get confused, once I had made 1, I made all of them in a chain like factory mode – doing one step on all of them).



Now create this segment, using those other HST facing the other direction. Sew a 1.5" cream square to them as shown:



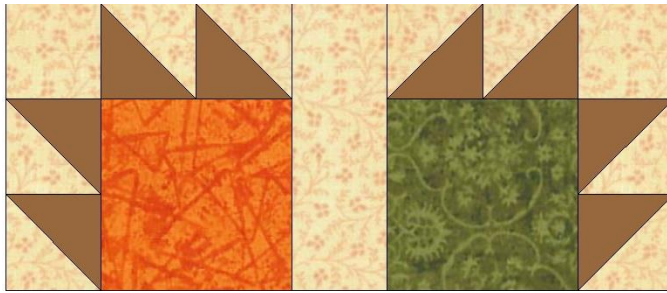
Now sew this strip to the top of the partial block you just created.



Create a 40 of these little 3.5" blocks.

Once you make them, put together the bear paw block:

Your little segments will measure 3.5" – add a cream 1.5"x3.5" segment between the two squares as shown:



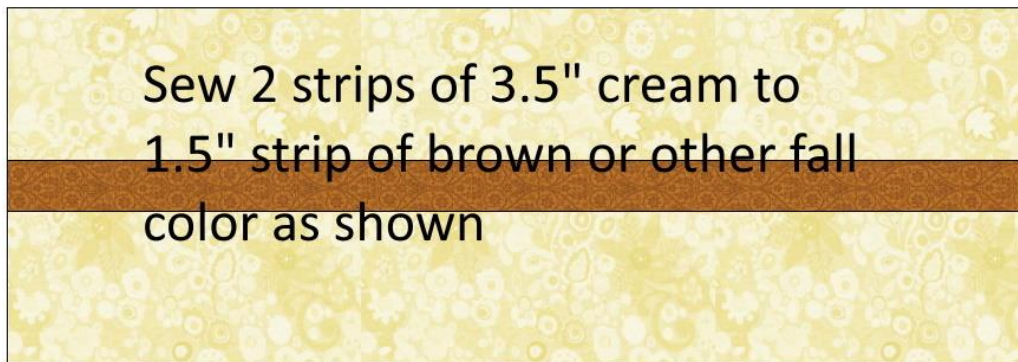
Make all of them like this – until you have 20 such groupings.

Now add a strip of 1.5"x3.5" cream to a 1.5" fall colored square and another 1.5"x 3.5" square like this:

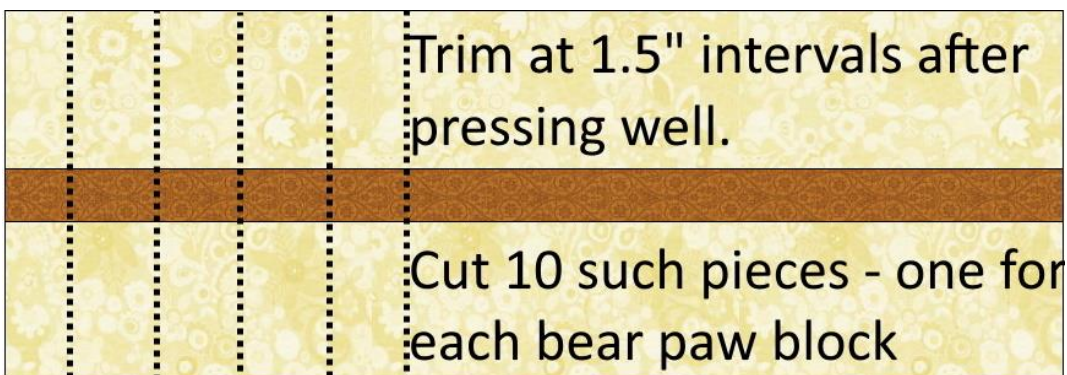


Make 10.

You can strip piece these if you are not going scrappy by cutting 2 strips of 3.5"x 18" and a 1.5" x 18" strip of a dark fall color. Sew them together and cut across them in 1.5" segments as shown. Cut 10 such segments. Add them to this block as shown:



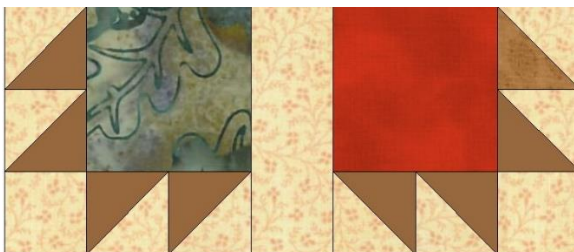
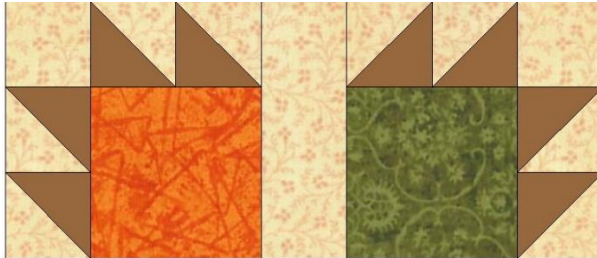
Then



The resulting strip will look like this and will be 1.5"x7.5" long. Whether you make them individually or by strip piecing, you need 10:



You will use these in construction of the block if this is how you choose to make the center piece.



### How to put together this quilt:

1. **Add borders:**
  - A. First border - brown –





- Cut 2.5" x 35.5" attach to sides
- Cut 2.5" x 47.5" attach to top and bottom.

B. Second border – cream



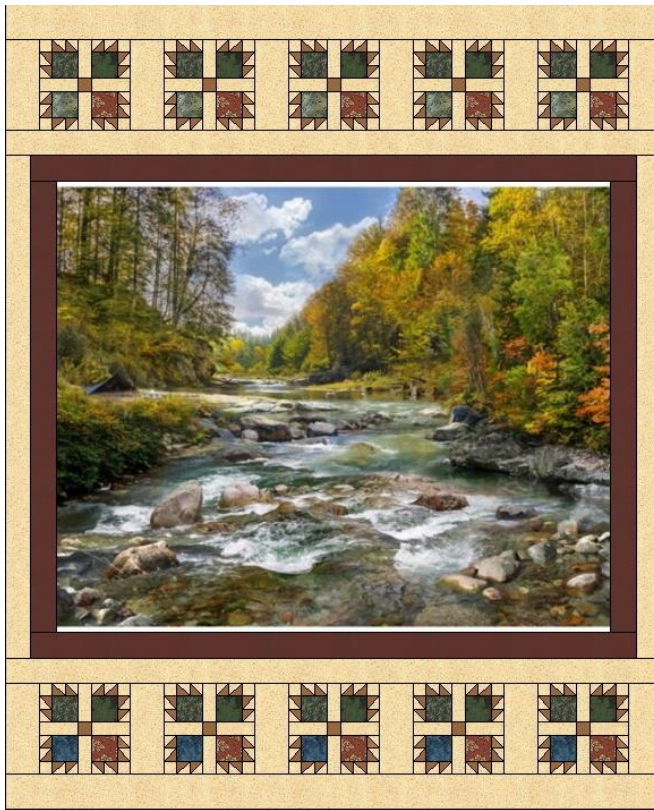
- Cut 2 – 2.5" x 39.5" – attach to the sides
  - Cut 2 – 2.5" x 51.5" – attach to top and bottom.
- C. Third border – cream and bear paw blocks on top and bottom

Make the bear paw blocks as shown above. Once they are made, create this row placing a cut cream sashing piece between each bear paw block.

cut from cream – Cut 6 - 3 3/16" x 7.5" strips between the blocks. (They should already be cut if you followed my instructions in the cutting section.)

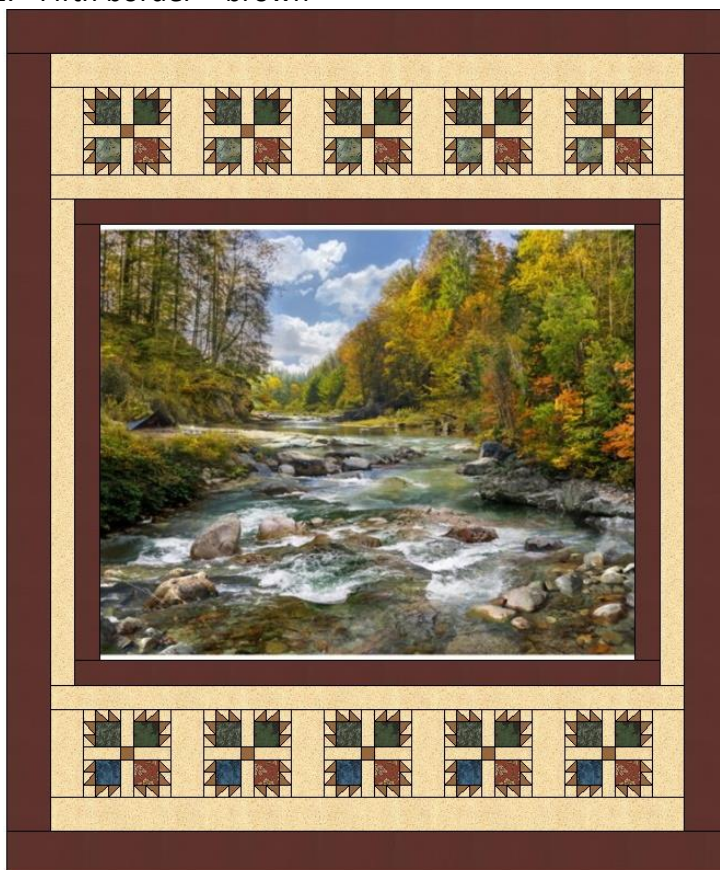


D. Fourth border – cream along the top and bottom



Cut 2 – 3 ¼" x 51 ½". Attach to the top and bottom only.

E. Fifth border – brown



Out of the brown – cut these pies:

- Cut 4" x 63" attach to sides
- Cut 4" x 58.5" attach to top and bottom.



2. **Press well.**
3. **Sandwich**, using whatever type of batting and backing you prefer.
4. **Quilt** as desired. I used loops
5. **Bind**, using whatever method you wish.

Congratulations!  
Your quilt is finished!

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