

# Strains

92" x 108"

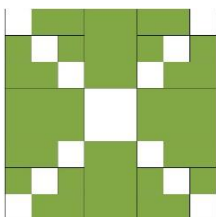
To make the quilt pictured:



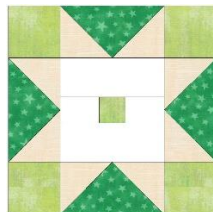
## You need:

- 7 yards of various greens – preferably in darks and mediums
- 3 ¼ yards of tan/beige
- 1 ¼ yards of white
- ¾ yard of a single green for binding

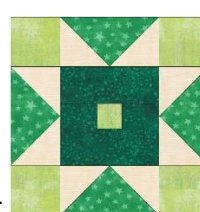
Note: this quilt is made up of 3 different 8" finished blocks which look like this Block 3 has 2 colorways:



and



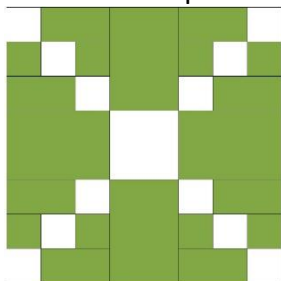
or



Note: When sewing this quilt top, use  $\frac{1}{4}$ " seams. When cutting and a long strip is called for, sew together strips til you get the length needed.

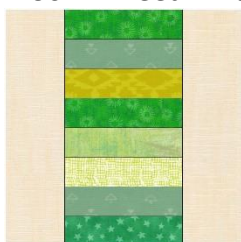
**Cut:** (for one block)

**Block 1:** This quilt used 42 blocks. Total number needed for this quilt in parenthesis



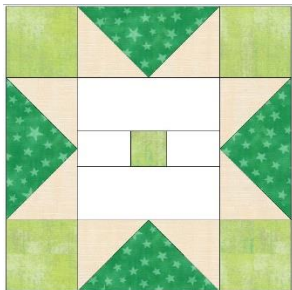
- From white:  
12 – 1.5" squares  
1 – 2.5" square
- From a dark green:  
8 – 1.5" squares  
8 – 1.5" x 2.5"  
4 – 2.5" x 3.5"
- From a lighter green:  
1 – 2.5" square

**Block 2:** Need 71 blocks



- From tan:  
2 – 2.5" x 8.5"
- From greens:  
8 – 1.5" x 4.5"

**Block 3:** make 15 blocks of each colorway



# 1 colorway



and #2 colorway

**#1 colorway (for one block)**

- From tan:

8 – 2.5" squares to make star points

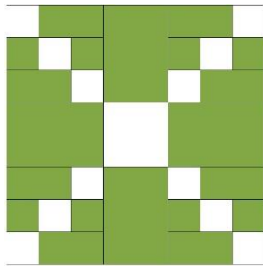
- From green:  
4 – 2.5"x 4.5"  
4 – 2.5" squares  
1 – 1.5" square
- From white:  
2 – 2"x4.5"  
2 – 1.5"x 2"

**#2 colorway: (for one block)**

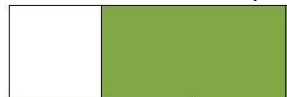
- From tan:  
8 – 2.5" squares to make star points
- From green:  
4 – 2.5"x 4.5"  
4 – 2.5" squares  
1 – 1.5" square
- From a different VERY dark green to make the centers stand out from the rest:  
2 – 2"x4.5"  
2 – 1.5"x 2"

**Construct blocks:**

Block 1:



Using a dark green so that the white stands out as the chain part, make the 4 corner blocks like this.  
Sew a white 1.5" square to 1.5"x2.5" green strip (2x).



Sew a little strip with green/white/green using all 1.5" squares like this:



Now make this little block which will be 3.5" square with these units:



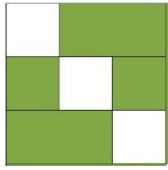
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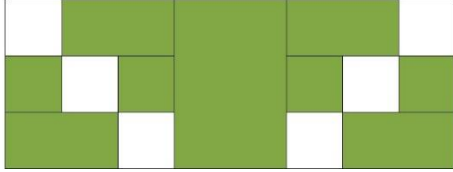
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Make 4 of these little sections for each block.

Once finished, now add the rest. You have previously cut the pieces needed.

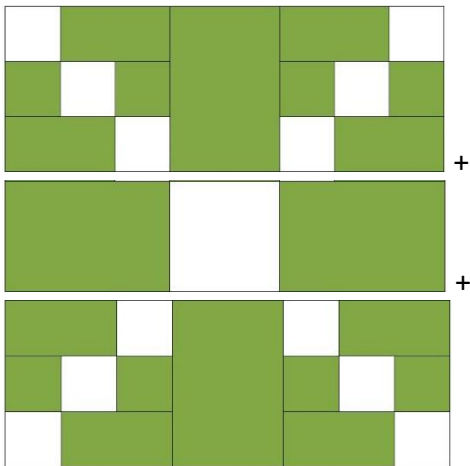
Using a 2.5" x 4.5" green piece, make the 2 sections like this:



Now make the center piece using your 2.5" x 4.5" green pieces and the white 2.5" square like this:



Now put the block together:



This block should now measure 8.5" square. For my quilt, I needed 42. I used a variety of fabrics that read as "dark" green as the background.

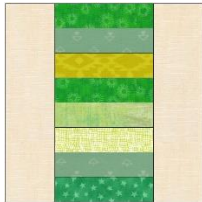
Block 2:



Take your cut 1.5" x 4.5" green strips and sew together all 8 to make a long piece like this:

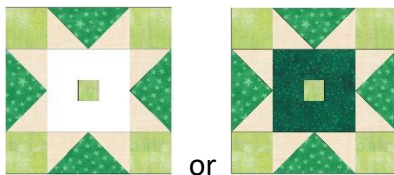


Press well. Now take and add a 2.5" x 8.5" beige or tan strip to each side of these strips so that it looks like this:



This block will now measure 8.5" square. Make 71 as they act as the sashing strips but are just alternate blocks.

Block 3:

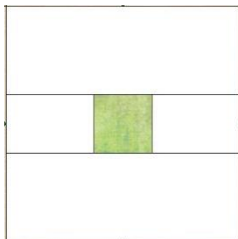


*I will show you using the white variation – the other one is made the same way only using a darker green instead of white.*

Sew a 1.5" x 2" white piece to the 1.5" green square and then another 1.5" x 2" white piece as shown:



Now sew a white strip that is 2" x 4.5" to the top of and bottom of this to create this unit:



Now we want to create the star point units.

Take a darkish green 2.5" x 4.5" unit and place a 2.5" square white piece over one end and sew diagonally across to form a triangle effect on the end of the piece. As shown.

Like this:





Now trim about  $\frac{1}{4}$ " to the outside of the sewing line and press so it looks like

this:



and then



Repeat for the other point of the star to create a little 2.5"x 4.5" unit that looks like this:



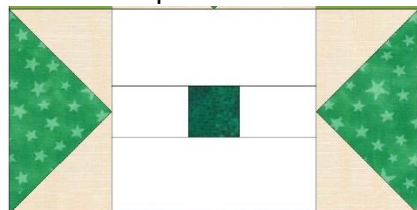
Make 4.

Now add a corner green 2.5" square to the unit like this to form the top and bottom rows of this block:

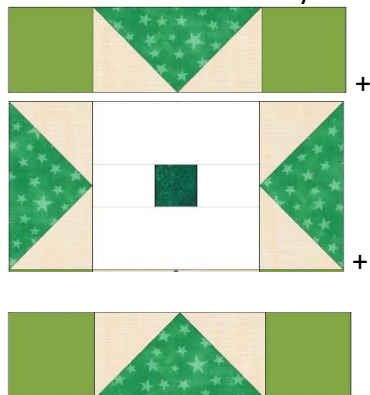


Make 2.

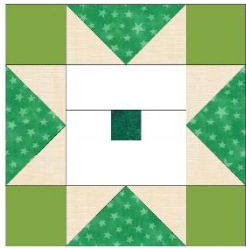
Take a star points unit and add to each side of the center section like this:



Now make the block by combining units:



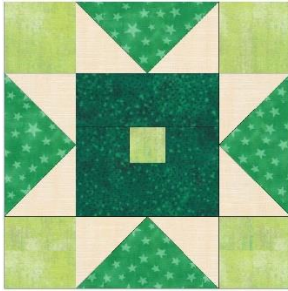
This makes this block:



It should measure 8.5" square. Make 15 of this colorway.

To make the blocks with the Dark green center, choose a green center which is lighter than the dark center piece for contrast.

Make these blocks in the same way as the ones above only the colors will look like this:



It should measure 8.5" square. Make 15 of this colorway.

### **How to put together this quilt:**

1. Sew together in rows and create center. This is the layout. I will show you these different rows.

Make 7 rows like this -



And 3 rows like this -

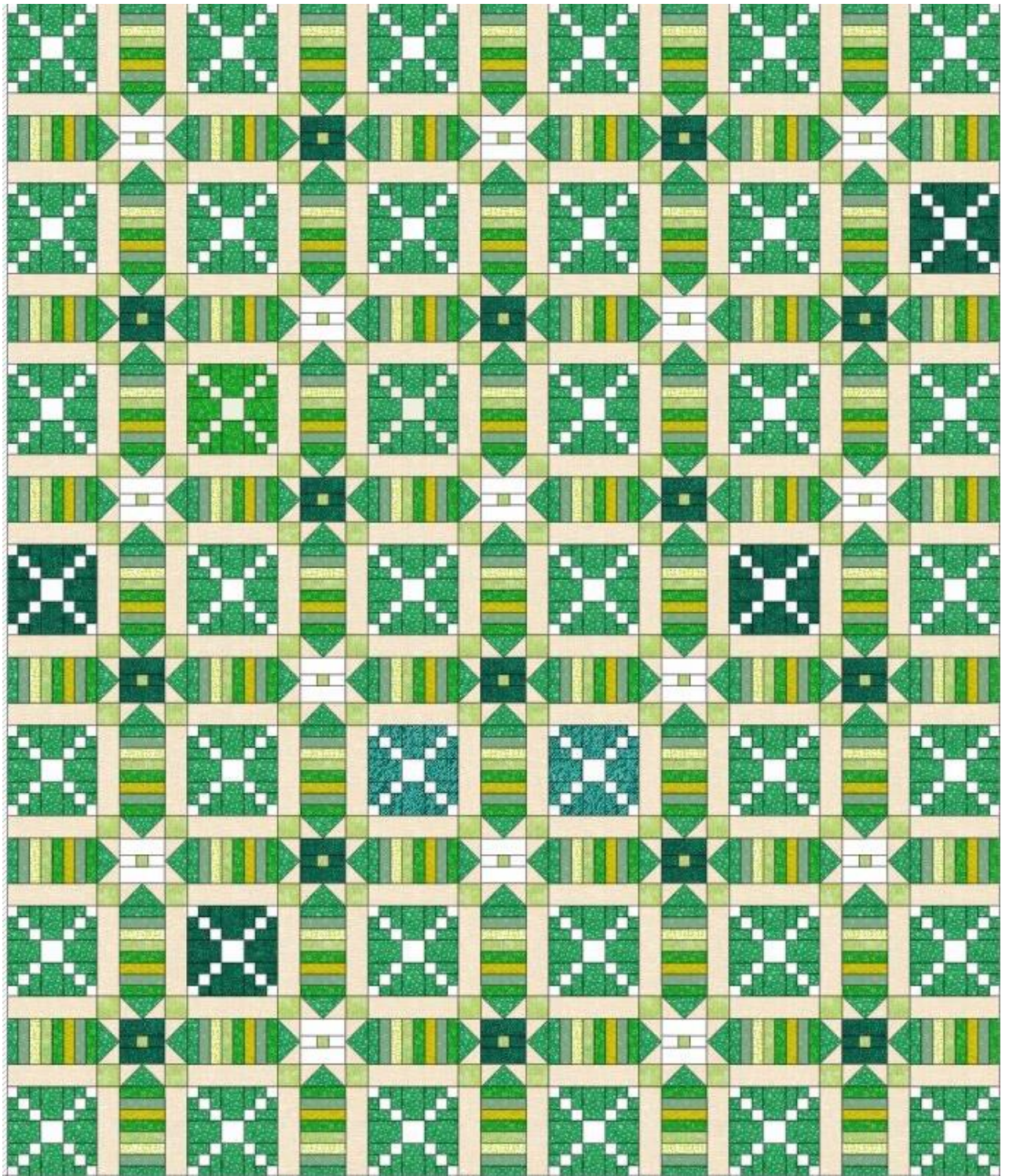


And 3 rows like this -



When you finish these rows, put them together as a whole top following the layout below.



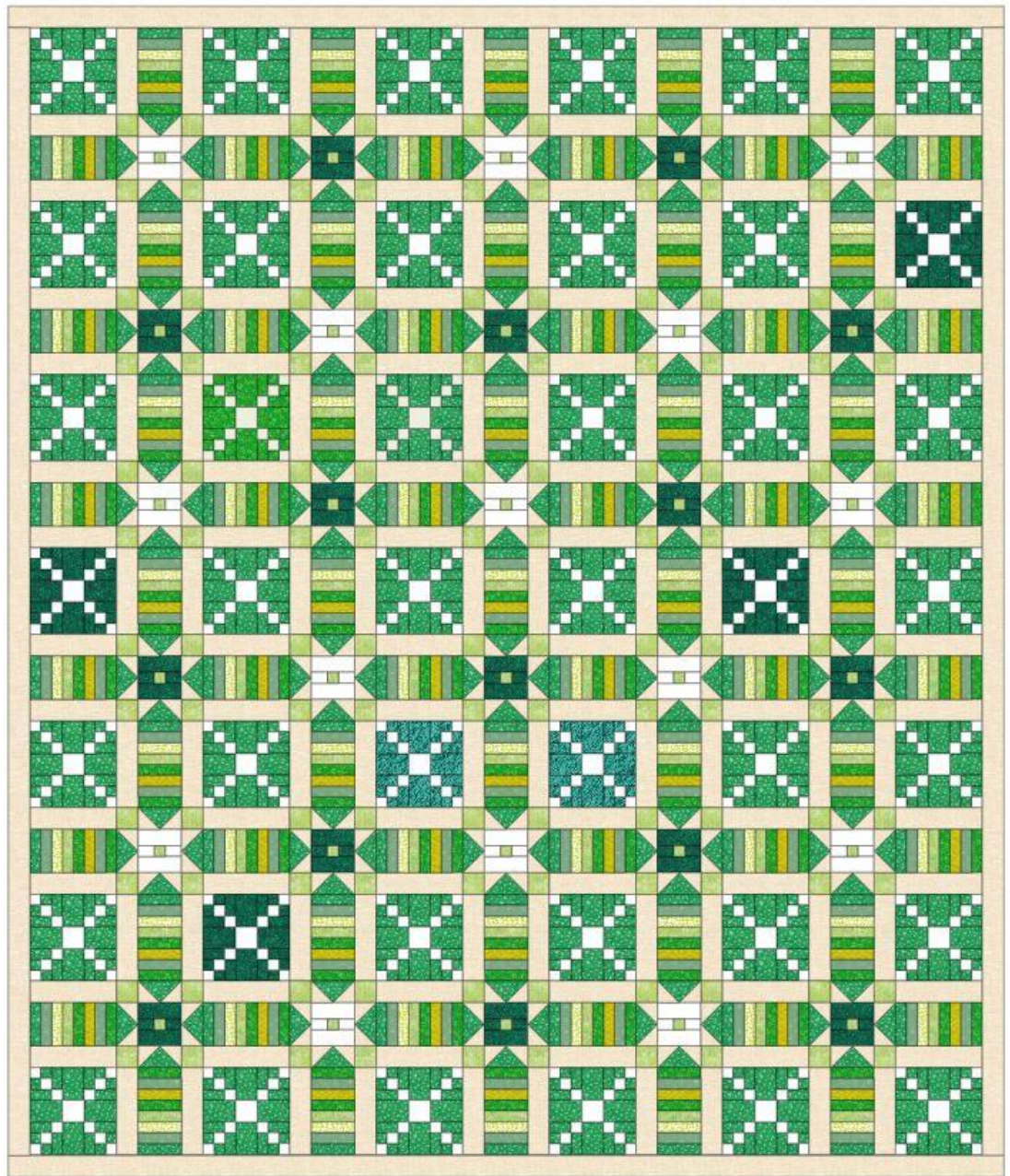


## 2. Add border: beige

- Cut 2 – 2.5" x 104.5" – add to sides.
- Cut 2 – 2.5" x 92.5" – add to top and bottom.

Final layout of quilt:





3. **Press well.**
4. **Sandwich**, using whatever type of batting and backing you prefer.
5. **Quilt** as desired.
6. **Bind**, using whatever method you wish.

Congratulations! Your quilt is finished! Enjoy!



