



Ms Sew N' Sew's Quilt Shop



Supply List: Quilted Sneakers!

Instructor: Deana Cooley

Dates and Times: Saturday, April 26th

10:00am-4:30pm

When you arrive at class you will receive your sneaker kit. The kit includes sneaker soles, padded insoles, shoemaking supplies, eyelets, and the sneaker pattern and guidebook. Any incidental materials will be supplied; you just need to come prepared with your quilted uppers.

Supply List*	Notes
Fat Quarter of quilt weight cotton for upper (18" x 22")	<i>For sizes over 11.5 , you will need a half-yard of/ upper and lining fabric.</i>
Fat quarter of quilt weight cotton for lining (18" x 22")	
10" square of quilt weight cotton for contrast tongue, if desired	
Fat quarter from which you will cut 4 pieces of 2" wide bias strips to contrast or coordinate with your upper fabric	
1/2 yard double sided fusible foam interlining (Bosal In-R-Form, Soft 'n' Stable by Annie's, or Pellon Flex-Foam)	<i>10"x12" for sizes over 11.5</i>
1/2 yard midweight woven fusible interfacing (We recommend Pellon SF101)	
	<i>Your bias can match or contrast with your exterior—your choice!</i>
Thread to match or coordinate with your fabrics.	

Ultra-fine Sharpie marker or equivalent, black. Marking pencil or Frixion pen Sharp sewing scissors and paper scissors. About 20 wonder clips. Stiletto (optional)	

Pre-class Homework:

Cutting Chart:

18" x 22" (sizes over 11.5, cut 18" x 25")

Cut one from each of the following materials: Exterior fabric for uppers, lining, SF101, Fusible Foam

10" x 10" (sizes over 11.5, cut 10" x 12") If you want a contrasting tongue that's different from your lining, cut one from each of the following materials: Tongue fabric, lining, SF101, fusible foam

1-3/4" binding fabric strips, cut four on true bias.

Fuse the woven interfacing to the wrong side of your uppers fabric. Fuse or spray baste your foam interlining to the woven interfacing. Fuse or spray baste the fabric/interfacing/foam stack to the wrong side of your lining fabric. Quilt in a 3/4" grid OR in 1/2" parallel lines (lines should be parallel to the longest side of your fabric) OR in an all over meandering design OR on a longarm quilting machine. Your quilting lines should be no more than 1" apart.

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