

## Helpful Hints when making the Cloth Pads and holders.

**Pad Holders:** If you draw a template for the circles (7 1/2" diameter) and cut the fabric into 8" squares, then have someone draw around the circles onto the wrong side of 1 of the cotton pieces, it is much easier. You then layer up the 3 layers and the seamstress will **STITCH ON THE LINE**. Much easier than trying to sew 1/4" away from the line. Then pass it off to the cutter (we used pinking shears). Leave the outer seam allowance larger where the opening is so that the fabric turns easily.

**Washable Pads:** Cut the fabric 1/2" larger all the way around and serge the edges with a 4 thread overcast stitch on a Serger. Press in 1/4" on all sides and use a straight stitch to hem the pad. This will create a pad that lasts much longer.

Some have asked about serging the Pad Holders instead of sewing a circle and turning it. I believe that due to the method of laundering, this would not be a good idea.

If you would like to talk, give me a call at SEW BIZ in Marion -and I will give you some pointers. 765-674-6001 We just did this 2 weeks ago. With about 15 people we were able to complete 75 sets. Some of the pre-cutting of the 8" squares saved a lot of time.