



Sew Steady®

ELEVATE YOUR CREATIVITY



Westalee  
DESIGN

Gold Accredited Teacher  
Donelle McAdams

## Let's Get Started with Template Quilting!

### Wish List

#### Products by Sew Steady

- Anniversary Extension Table + BONUS (\$65)
- Grid Glider (Green Mat)
- Table Polish
- Duo Light by DayLite
- Stable Tape\*
- Circles & Straights Tool
- Wish Table Travel Bag
- Notions Necklace for Spacing Gauge

#### Products by Westalee Design by Sew Steady

- 8 pt. Cross Hair Square\*
- Ruler Work Foot\*
- 12" Arc & Straight Template\*
- Sampler Set 1\*
- Feather Template Set
- Spacing Gauge\*
- Spinning Wheels #36 Set
- "From the First Stitch to the Last" Book
- "Designing with Cross Hair Rulers"\*

★ \* These items have a VALUE of over \$230 and are available as a BEGINNER RULER WORK KIT for \$175!

#### Threads

- 40 wt. to 50 wt. for Quilting
- 60 wt. for Piecing

#### [LINK Notions & Rulerwork Accessories](#)

- Ruler Stickers by GE Design
- 12 1/2" Centering Ruler by SEW BIZ
- SENGH Side Threading Needles
- Best Press & Misting Bottle
- June Taylor Quilter's Starch Savvy
- Free Fuse by Quilters Select
- Clover White Chaco Pen
- Pounce Iron-Off Chalk Refill
- FriXion Markers Regular and Fineline
- RNK Embroidery Perfection Tape
- Wrist Lanyard for Spacing Gauge, SEW BIZ
- 4" Duckbill Applique' Scissors
- SteamFast Mini Iron
- Silicone Iron Mat
- Wool Pressing Mat
- Snip EZE 4 3/4" Embroidery Snips
- Seam Roller
- Needles: #90 Top-Stitch, Janome Purple Tip
- Curved Tweezers
- Stash 'n Store by It's Sew Emma

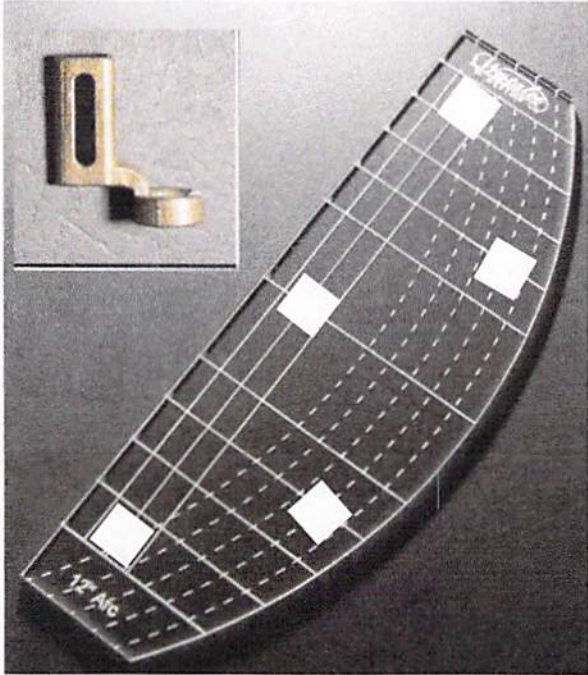
Placement of  
STABLE TAPE  
On Basic Templates

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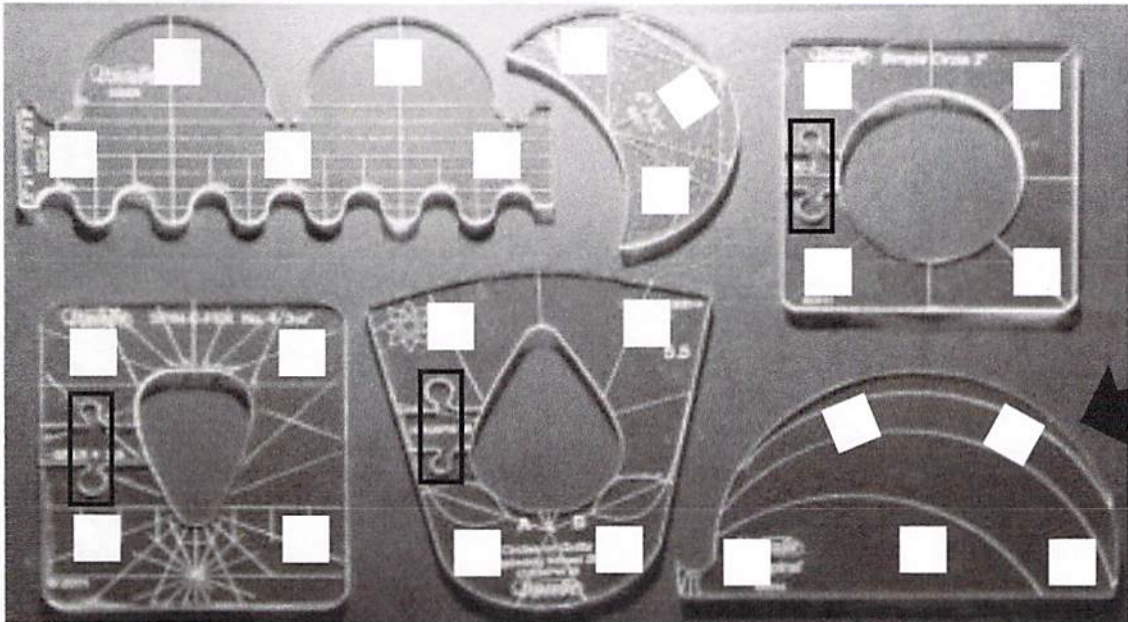
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Note: Purchase an extra package of Stable Tape. Applying the tape in these locations will help you when working with the templates. **STABLE TAPE** goes on the **BACK** side of template.

 **Embroidery Perfection Tape** is great for holding the GATES in position. It goes on the **FRONT** side of the templates.



This template gets Stable Tape on **BOTH** sides.

Placement for Stable Tape on Sampler Set I Templates

## INTRODUCTION TO BASICS

### of Template Quilting

using

WESTALEE Ruler Foot & Quilting Templates

Sew Steady Extension Tables

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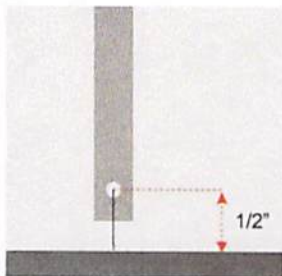
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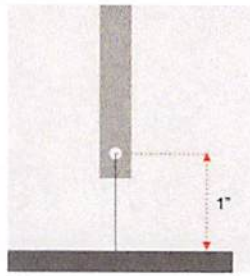
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### Which Ruler Foot do I buy?

To determine your shank size, **lower your machine ankle (without foot)** and then measure the height of the center of the hole for the screw on the shank from the needle plate. Most are LOW SHANK or HIGH SHANK. There are also 2 other shank sizes - Medium Shank and High Shank Special.



LOW SHANK



HIGH SHANK

Purchase templates according to your  
SHANK SIZE.

### Machine Set-Up

1. Disable Dual Feed (if you have one)
2. Attach and level Extension Table
3. Lower Feed Teeth
4. Put in new needle
5. Put in a full bobbin, Thread machine
6. Position Glider
7. Attach Ruler Foot using ankle screw that came with the machine (do NOT tighten screw)
8. Put presser foot down, adjust foot as shown in class. Tighten ankle screw.
9. Test Sew. Adjust height as necessary.
10. Adjust tensions IF NECESSARY.
11. Select NEEDLE DOWN position
12. Set SPEED CONTROL to MEDIUM. Turn foot control around so that the BACK is closest to you. FLOOR IT!

### Tools HIGHLY RECOMMENDED

#### For Successful Ruler Work with Templates

- ◆ Extension Table
- ◆ Glider, Supreme Slider
- ◆ Cross Hair Grid
- ◆ Size 90 Top Stitch Needle, Jeans Needle
  - ◆ Quality Thread
  - ◆ Comfortable Chair
- ◆ Iron Off or Washout Marker, Fine Tip
  - ◆ RNK Perfection Tape
- ◆ Machine with a Needle Down Option
  - ◆ Machine with a Speed Control

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