

**Twisted Bargello**  
**By Chris Timmons**  
**Taught by**  
**Peggy Barkle**  
**48 x 63**

**Fabric Requirements:**

1/2

1/4 yard of 10 fabrics in one color way; fat quarters will not work for this project  
1/4 yard of 10 fabrics in another color way

**Optional at time of workshop:**

1/4 yard Inner Border (This should be your darkest fabric) 1" finished

1/2 yard middle border (if you choose) 2" to 3" finished

2 1/4 yards Outer border (yardage figured on length of grain) 6" finished

**Since this pattern was not designed by me, a copy of the pattern must be purchased to protect the copyrights of Chris Timmons. I will have copies of the pattern for sale at our first meeting. They are \$14.00**

Pick each set of 10 fabrics grading in value, #1 being the lightest and #10 the darkest. With the next set of 10; your darkest fabric will be #11 and the lightest will be #20. You can incorporate more than one color in either set, as long as the fabric still falls in the appropriate place in value, Grade to white and off white on one end and black or almost black at each end of the value scale in both sets. These two areas will define the twist in the pattern, and give you the appearance of depth.

**Cutting:**

Cut 4 strips from each fabric at 1 1/2" wide, from selvage to selvage

Lay your fabrics out next to your machine in order of 1-20; light to dark, dark to light.

**Sewing:**

Shorten your stitch length by two notches. Some areas of the seam will need to be taken out, so shorten your stitch length but not too much that it is difficult to use a seam ripper.

In order to get a good start on completing your quilt top, you will need to sew the strip sets prior to our meeting. Below is a technique that will produce a straight strip set, with no bowing. If you can produce at least two full sets you will have enough to work on during our time together.

Since fabrics come in a variety of widths and to keep wastage to a minimum align all the 1 1/2" strips at one short end. This is VERY IMPORTANT; we need every inch of strip set to complete the quilt. You will be creating 4 strip sets; each will contain one of all 20 fabrics, combining both color ways. When complete you

will have 4 complete strata (strip units) containing one of each 20 fabrics graded in value; ***light to dark-dark to light. Do not trim***

Lay your fabrics out at the edge of your sewing table in proper order 1-20 take your first (1&2)

Bring the long raw edges of your strips together with the short ends even and chain piece your strips into pairs first 1 to 2, 3 to 4 5 to 6 Etc. As you feed your strips through your machine, the fabric on top will be an even number 2, 4 or 6 etc. (these numbers has been identified to your fabrics on your paste up sheet).

After the pairs are complete, place them on the ironing board, heat set the seam and then press the strip using only the weight of the iron, do not scrub against the strip and do not use steam. The strip is too narrow to handle the rigors of steam. Always press your fabrics right side up, never from the back side.

Press **all** the seams of two completed panels in one direction, and press **all** the seams of the other two panels in the **other** direction.

You will be joining your pairs into sets of four and then eight and so on. ***Every seam you sew beyond the first two will be sewn in the reverse direction***, from the bottom up, (however remember to keep the short ends of your strips even at one end) By doing so, each strip will have been added by alternating the direction the seam was sewn, thus evening out any tension applied to the strip of fabric as it was fed through the machine. Please see below for a diagram. Do **not** enclose the last two seams to make a tube.

If you have any questions at all, (and there are no stupid questions) please feel free to contact me.

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**On a personal note: If you only have time to make one panel that will do just fine to take you through the entire process so you can leave the workshop feeling secure in completing the rest of your quilt.**

**The rest of your supplies:**

Neutral thread

Seam ripper

**Design wall** a must

Pressing surface & Iron

Pins

Scissors

Paste up sheet of numbered fabrics

I have also heard from Bryant Texas today who is interested in the 8<sup>th</sup> and 9<sup>th</sup>.

