

9th / 10th Grade – Youth Basketball

<u>Team</u>	<u>Coach</u>	<u>Phone</u>
Raptors	Alan Christensen	423-2674
Cougars	Jason Harden	798-1491
Chippewa's	Duane Lundell	798-0707
Aztecs	Danielle Dahl	885-7508
Honey Badgers	Kenton Phillips	465-1404
Old Blue	Travis Peterson	465-0834
Warriors	Issac Alvarado	361-522-9103

1. Coaches are expected to balance playing time while working to involve all players in the offense; every player should get a chance to dribble and shoot in every game. Your goal as a coach should be for every player to score a basket during the season. This should be your measure for success not your win-loss record.

2. Each player must play at least 16 minutes of basketball. 16 minutes is equal to 1 half. We play two 16 minute halves in this league. The clock will stop during foul shots, when the lead for either team is less than 15 points.

3. Any style of defense may be used.

4. Full court press may be used at any point in the game. **However if one team is leading by 10 points or more; they may not press and must wait until the ball crosses half court.**

4. Players not in uniform (jersey provided by the city) will not be allowed to play.

5. Players need to wear shorts at the waist. If a player's underwear is visible a conduct "T" will be issued.

6. Any player that receives a conduct related technical foul the following penalty will be enforced.

a) First offense player must sit out for 16 minutes.

b) Second offense player must sit out an additional 32 minutes, and will be suspended from league until such player meets with Recreation Director.

c) Third offense will render said player dismissed from the league, without refund. Be Smart...

7. One on one will be shot on 7th team foul; two shots will be given on 10th team foul per half. Players will foul out on 5th personal foul. Technical fouls will be two shots and the ball.

Games played at

Salem Hills High Gym – 150 North Skyhawk Blvd. , Salem

SHHS-A = Auxiliary Gym

SHHS Main = Main Gym

Payson Jr. High (North Gym). 1025 South Hwy 91, Payson

Landmark High School – 612 South Main, Spanish Fork

Home team is listed first. Home team will wear light color reversible side of Jersey.

<p><u>Saturday, January 7th</u> 9:00a SHHS – A Cougs vs. Aztecs 11:00a SHHS – A Chippewa’s vs. Honey Badgers 12:00n SHHS – A Raptors vs. Old Blue 11:00a @ PJHN Warriors vs. Pay. Thunder</p>	<p><u>Saturday, February 4</u> 9:00a SHHS – A Cougs vs. Raptors 11:00a SHHS – A Aztecs vs. Warriors 12:00n SHHS – A Honey Badgers vs. Old Blue 11:00a @ PJHN Chippewa’s vs. Pay. Trailblazer</p>
<p><u>Saturday, January 14th</u> 9:00a SHHS – A Aztecs vs. Chippewa’s 11:00a SHHS – A Honey Badgers vs. Raptors 12:00n SHHS – A Old Blue vs. Warriors 11:00a @ PJHN Cougs vs. Payson Nuggets</p>	<p><u>Saturday, February 11-</u> 8:00a SHHS Main Raptors vs. Chippewa’s 9:00a SHHS Main Warriors vs. Cougs 10:00a SHHS Main Old Blue vs. Aztecs 11:00a PJHN Honey Badgers vs. Payson Sonics</p>
<p><u>Saturday, January 21st *Team Pictures*</u> 9:00a SHHS – A Chippewa’s vs. Warriors 11:00a SHHS – A Cougs vs. Old Blue 12:00n SHHS – A Aztecs vs. Honey Badgers 11:00a @ PJHN Raptors vs. Payson Jazz</p>	<p><u>Saturday, February 18</u> 9:00a SHHS – A Aztecs vs. Chippewa’s 11:00a SHHS – A Old Blue vs. Warriors 12:00n SHHS – A Honey Badgers vs. Raptors 11:00a @ PJHN Cougs vs. Payson Spurs</p>
<p><u>Saturday, January 28th</u> 8:00a SHHS Main Honey Badgers vs. Cougs 9:00a SHHS Main Old Blue vs. Chippewa’s 9:00a Landmark Warriors vs. Raptors 11:00a PJHN Aztecs vs. Payson Lakers</p>	<p><u>Saturday, February 25</u> 9:00a SHHS – A Warriors vs. Honey Badgers 11:00a SHHS – A Raptors vs. Aztecs 12:00n SHHS – A Chippewa’s vs. Cougs 11:00a @ PJHN Old Blue vs. Payson Thunder</p>

A Post season Tournament will be held for those teams that show good sportsmanship during league play and have less than 5 total team technicals. So control your teammates.