





# July 2012 Activity Calendar

**Subject to change.**



<i><b>Mon</b></i>	<i><b>Tues</b></i>	<i><b>Wed</b></i>	<i><b>Thu</b></i>	<i><b>Fri</b></i>
2 New Ceramics Class 1:00	3 <b>Foot Clinic 12:30-3:30 by appt.</b> ZUMBA Gold 1:30	 <b>July 4th Closed</b>	5 Lunch & Learn with Encompass Home Health	6 Ceramics Chalking Class 10:00 Becky Kimball 11:30 ZUMBA Gold 1:00
9 Gary Warren & His Guitar 11:30 New Ceramics Class 1:00	10 Tracy Aviary Trip Foot Clinic by appt. ZUMBA Gold 1:30	11 Memory Club 10:00 Birthday Lunch 12:00	12 Chiropractor by appt. 8:30-11:30 Myers Lunch 12:00 Caregiver's Comfort Club 6:00	13 Ceramics Chalking Class 10:00 Odell Summers & His Xylophone 11:30
16 Karaoke with Kelly 11:00 Gillies Dollar Days	17 ZUMBA Gold 1:30 Manicures 11:00	18 Caring for the Alzheimer's Caregiver 10:00 Low Vision Support Group 10:00	19 Heber Creeper Trip	20 Ceramics Chalking Class
23 Kelly Warren & His Guitar 11:30	 <b>24—Pioneer Day Center Closed</b>	25 Memory Club 10:00	26 Commodities 9:30	27 Wii Bowling- Christmas in July
30 Wendover 7:30, \$20 Happy Feet Foot Clinic by appt.	31 Z UMB A Gold 1:30	<b>Freedom</b> has its life in the hearts, the actions, the spirit of men and so it must be daily earned and refreshed - else like a flower cut from its life-giving roots, it will wither and die. ~Dwight D. Eisenhower		

**DAILY**

Lunch M-F 12-1  
Hall Walking 8-10 a  
Library M-F 8-4  
Pool Room M-F 8-4

**WEEKLY**

Advanced Spanish M 10:00 a  
Bunka M 9:00  
Tai Chi M 10:00 a  
Beginning Spanish M 1:00  
Intermediate Spanish T 10 a  
Watercolor T 9:45-12

Zumba Gold T 10:00  
Woodcarving T 6:00 p  
Square Dance T 7-10 p  
Line Dancing M/W 1:00 p  
Yoga Tu/Th 4:00 p  
Pinochle Th 10:00 & 1:00  
Oil Painting Th 9:30  
Sit & Be Fit W/F 10:00  
Chimes F 1:00

**Check with instructors for time change/cancellation of classes for day.**

Computer classes as scheduled. Contact Nancy to enroll.

**GENERAL INFO:** Telephone Reassurance, Friendly Visitor, Info. and Referral; Senior Transit M-W-F 226-1456; MOW Hot meals M-F Frozen Sat-Sun.; **Please make lunch & To Go reservations one day in advance.**