



# June 2012

**Menus Subject to Change Without Notice**  
**Milk served with meal.**  
**226-1454**



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p><b>NOTICE</b></p> <p>Congregate lunch contributions are anonymous and confidential. Suggested donation per meal is \$2.75 for those 60+ and \$4.60 for those under 60.</p> <p>Please sign up for lunch one day in advance, especially on those days when the meals are sponsored by a local business. The staff appreciates your cooperation.</p>				<p><b>1</b></p> <p>Parmesan Chicken                      Baked Potato                      California blend                      Whole Wheat Roll                      Tropical Fruit                      Peanut Butter Bar</p>
<p><b>4</b></p> <p>Cook's Choice Soup                      Club Sandwich                      Pickled Beets                      Fresh Veggies/Dip                      Cookie</p>	<p><b>5</b></p> <p>Turkey Steak                      Mashed Potatoes/Gravy                      Spinach                      Tossed Salad/Beans                      Biscuit                      Melon</p>	<p><b>6</b></p> <p>Birthday Party                      Roast Beef                      Mashed Potatoes/Gravy                      Chef's Cut Pacific Blend                      Whole Wheat Roll                      Fruited Cole Slaw                      Cake and Ice Cream</p>	<p><b>7</b></p> <p>Tuna Casserole                      Mixed Vegetable                      Fruit Cocktail                      Muffin                      Pudding</p>	<p><b>8</b></p> <p>Beef Stroganoff                      Noodles                      California Blend                      Stewed Tomatoes                      Roll                      Peach Cobbler</p>
<p><b>11</b></p> <p>Spaghetti/Meat Sauce                      Italian Blend                      Cottage Cheese/Pear Salad                      Bread Stick                      Lemon Pudding</p>	<p><b>12</b></p> <p>Combination Burrito/                      Chicken Green Chili                      Chips and Salsa                      Country Blend Vegetable                      Tossed Salad                      Corn Muffin                      Fresh Fruit</p>	<p><b>13</b></p> <p>Shrimp Pasta Salad                      Pickles/Olives                      Carrot and Celery Sticks                      Muffin                      Cookie Bar</p>	<p><b>14</b></p> <p>Myer's Day                      Chicken Tenders                      Mashed Potatoes/Gravy                      Cook's Choice Vegetable                      Carrot Raisin Salad                      Roll                      Rice Krispie Treat</p>	<p><b>15</b></p> <p>Father's Day Luncheon                      Meat Loaf                      Baked Potato/Sour Cream                      Peas and Carrots                      Whole Wheat Roll                      Sunshine Salad                      Upside Down Brownie                      A la Mode</p>
<p><b>18</b></p> <p>Gillies Dollar Days                      Chicken Fried Steak                      Mashed Potatoes/Country                      Gravy                      Parisian Blend Veggie                      Pineapple Slaw                      Biscuit                      Orange Cream Cake</p>	<p><b>19</b></p> <p>Beef Tips                      Mashed Potatoes                      Mixed Vegetable                      Fruited Jello Salad                      Whole Wheat Roll                      Cinnamon Roll</p>	<p><b>20</b></p> <p>Chicken Paella                      Oregon Bean Medley                      Stewed Tomato                      Garlic Bread                      Fresh Fruit</p>	<p><b>21</b></p> <p>Chicken Paprika                      Mashed Potatoes/sour Cream                      Gravy                      Mixed Vegetable                      Tossed Salad                      Roll                      Frosted Banana Bar</p>	<p><b>22</b></p> <p>Wedding Luncheon                      Chicken Cordon Bleu                      Rice Pilaf                      Key Largo Veggie                      Roll                      Fruit Salad                      Wedding cake</p>
<p><b>25</b></p> <p>Shepherd's Pie                      Peas and Carrots                      Tossed Salad                      Biscuit                      Cookie</p>	<p><b>26</b></p> <p>BBQ Chicken                      Au Gratin Potatoes                      Mixed Vegetable                      Chinese Cabbage Salad                      Roll                      Ginger Pear Cake</p>	<p><b>27</b></p> <p>Swedish Meat Balls                      Rice                      Mediterranean Blend                      Fruit Salad                      Muffin                      Spicy Peach Crisp</p>	<p><b>28</b></p> <p>Cod                      Baked Potato/Sour Cream                      Mixed Vegetable                      Creamy Cucumbers                      Roll                      Fresh Fruit</p>	<p><b>29</b></p> <p>Ham                      Scalloped Potatoes                      Mixed Vegetable                      Marinated Carrots                      Biscuit/Honey Butter                      Éclair Dessert</p>