



May 2012

Menus Subject to Change Without Notice

Milk served with meal.

226-1454



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>Congregate lunch contributions are anonymous and confidential. Suggested donation per meal is \$2.75 for those 60+ and \$4.60 for those under 60.</p>	<p>1 Swedish Meatballs Rice Scandinavian Veggies Tossed Salad Sliced Bread Fresh Fruit</p>	<p>2 Birthday Party Roast Turkey Mashed Potatoes/Gravy Key Largo Veggies Cranberry Jello Salad Roll Cake and Ice Cream</p>	<p>3 CENTER CLOSED For STAFF TRAINING</p>	<p>4 Pork Chop/Stuffing/Gravy Green Beans Cole slaw Raisin Bran Muffin Pudding</p>
<p>7 Fiesta with Gorditas! @ Center Meals on Wheels Veal Parmesan Pasta/Marinara Sauce Italian Blend Veggie 3 bean salad Sliced Bread Cook's Choice Dessert</p>	<p>8 Mini Chef's Salad Cook's Choice Soup Tropical Fruit Cup Blueberry Muffin Sugar Cookie</p>	<p>9 Beef Stew Pickled Beets Dry Jello Salad Whole Wheat Roll Fresh Fruit</p>	<p>10 Myer's Day Swiss Steak Noodles Peas and Carrots Creamy Cucumber Salad Whole Wheat Roll Pumpkin Square</p>	<p>11 Mother's Day Luncheon Aunty's Apricot Chicken Steamed Rice Asparagus Spinach Salad Whole Wheat Roll Blueberry Cheesecake</p>
<p>14 Lasagne Summer Squash Blend Tossed Salad/White beans Bread Stick Lemon Bar</p>	<p>15 Smothered Home-style Chicken Rice Cauliflower Muffin Stewed Tomato Fresh Fruit</p>	<p>16 Baked Cod Baked Potato/Sour Cream Steamed Carrots Biscuit/Honey Butter Fruit Cocktail Raisin Bar</p>	<p>17 Fruited Chicken Salad on a Cantaloupe Ring Fresh Veggies/Dip Muffin Cookie</p>	<p>18 Salisbury Steak Mashed Potatoes Spinach Carrot Raisin Salad Whole Wheat Roll Bread Pudding</p>
<p>21 Gillies Day Russian Chicken Steamed Rice Spring Blend Vegetable Pea Salad Whole Wheat Roll Mini Banana Split</p>	<p>22 Stuffed Pepper Steamed Carrots Fruited Jello Salad Biscuit Cookie</p>	<p>23 Taco Salad Sour Cream/Guacamole Citrus Fruit Cup Chips/Salsa @ Center Corn Muffin MOW Pudding</p>	<p>24 Oven Baked Chicken Rice Pilaf Brussels Sprouts Tossed Salad Whole wheat Roll Fresh Fruit</p>	<p>25 Baked Ham Yummy Potatoes Francais Vegetable Marinated Carrot Salad Roll Fruit Pie</p>
<p>28 CENTER CLOSED For MEMORIAL DAY</p>	<p>29 Chicken Enchilada Wax/Green Bean Blend Corn Muffin Tossed Salad/Black Beans Chocolate Chip Cookie</p>	<p>30 Sweet 'n' Sour Pork Cubes Rice Oriental Blend Vegetable Egg Roll Chinese Cabbage Salad Muffin Pudding/Fortune Cookie</p>	<p>31 BBQ Beef/Bun Broccoli Sweet Potato Fries Macaroni Salad Fresh Fruit</p>	<p>Please sign up for lunch one day in advance, especially on those days when the meals are sponsored by a local business. The staff appreciates your cooperation.</p>