

Clean Out Your Medicine Cabinet!



April 28th is National Prescription Drug Take Back Day.

Medication Disposal Event

Saturday, April 28, 2012

10 AM - 2 PM

Smith's Food & Drug

156 South Main Street, Brigham City

If you have unused or outdated prescriptions or over-the-counter medications, there's no need to keep them around! Storing old medications can put you and others at an increased risk for theft, illegal or unsafe prescription use, and accidental poisonings. Proper disposal of prescription medications can do much to prevent these problems. For more information on safe disposal or to find a community disposal site, visit www.brhd.org.



Tips for Safe Use of Prescription Medication

Medicines play an important role in treating certain conditions and diseases, but they can be dangerous—even fatal—if used incorrectly. It is important to use, store, and dispose of all medication only as directed.

Safe Use

When you receive prescribed pain medications, speak with your healthcare provider and pharmacist about using them safely. **Tell your healthcare provider about all other medications and supplements you take. Never take pain medication that is not prescribed to you, or share your prescriptions with someone else**—besides being dangerous, it's a felony. **Never take prescription medication more often or in higher doses than prescribed. Never drink alcoholic beverages while taking prescription medication.**

Safe Storage

Often, people who have abused prescription pain medications report getting them from a family member or friend. In fact, just having prescription pain medication in your home puts you at increased risk for theft. Be sure to **store medications out of reach of children and visitors.**

Safe Disposal

If you do not use all of your medication, there's no need to keep it around! **Properly dispose of all unused and expired prescription medications.** Getting rid of unused medication can help prevent prescription drug abuse and misuse, and can also

protect young children from accidental poisonings. But, be sure to dispose properly. Flushing medications down the toilet or pouring them down the drain can pollute the water.

Disposing of medication properly can make a huge impact in safeguarding lives and protecting the environment. There are a few options for disposal.

You can take it to a community disposal event. The next event will be held on **Saturday, April 28th, 10am - 2pm in the parking lot of Smith's Food, 156 South Main Street, Brigham City.**

Or, you can take the medications to a secure permanent drop off site. Box Elder County medication disposal locations listed below:

Box Elder County Medication Disposal Locations

Brigham City Police Department
20 North Main, Brigham City
Monday—Friday 8am-5pm

Tremonton Police Department
125 South 100 West, Tremonton
Monday—Friday 9am-5pm



Information from www.useonlyasdirected.org.

For the safety of your family, neighbors, friends, and environment, please use, store and dispose of your prescription medications only as directed.



For more information call 435-792-6510 or visit www.brhd.org

