



# February 2012

Menus Subject to Change Without Notice  
Milk served with meal.  
226-1454





*Mon*

*Tue*

*Wed*

*Thu*

*Fri*

 <p>ABRAHAM LINCOLN The 16th U.S. President 1861-1865</p>		 <p>GEORGE WASHINGTON The 1st U.S. President 1789-1797</p>		<p>1 Birthday Party Chicken Cordon Bleu Au Gratin Potatoes Capri Blend Vegetable Carrot Raisin Salad Roll Cake and Ice Cream</p>	<p>2 Sweet 'n' Sour Meatballs Rice Chinese Cabbage Salad Muffin Pudding/Fortune Cookie</p>	<p>3 Salisbury Steak Mashed Potatoes Key Largo Vegetable Tossed Salad/White Beans Roll Carrot Cake</p>
<p>6 Beef Stroganoff Noodles Steamed Broccoli Sliced Bread Cole slaw Cook's Choice Dessert</p>	<p>7 Spaghetti/Meat Sauce Italian Blend Vegetable Bread Stick Caesar Salad Spumoni</p>	<p>8 Chicken Enchilada Green/Wax Bean Blend Tossed Salad/Black Beans Corn Muffin Chocolate Chip Cookie</p>	<p>9 Myer's Day Chicken Fried Steak Mashed Potatoes/Country Gravy Peas and Carrots Stewed Tomato Biscuit Fresh Fruit</p>	<p>10 BBQ Chicken Au Gratin Potatoes Scandinavian blend Fruit Cocktail Roll Apple Pie</p>		
<p>13 Shepherd's Pie Sliced Beets Broccoli Salad Bran Muffin Pudding</p>	<p>14 Valentine's Day Parmesan Chicken Rice Pilaf German Blend Vegetable Cole Slaw Cinnamon Raisin Bread Cherry Cheesecake</p>	<p>15 Chef's Salad Cup of Soup Fruit Cup Muffin Almond Bars</p>	<p>16 Sloppy Joe/Bun Green Beans Sweet potato Fries Tossed Salad Fresh Fruit</p>	<p>17 Roast Turkey/Dressing Sweet potato Casserole Summer blend Vegetable Fruited Jello Salad Roll Strawberry Shortcake</p>		
<p>20 <b>CENTER CLOSED for President's Day</b></p>	<p>21 Mardi Gras Cajun Chicken Pasta Mixed Vegetable Sliced Bread Mardi Gras Salad Kings Cupcakes</p>	<p>22 Washington's B-day Beef Tips Mashed Potatoes Brussels Sprouts Carrot Raisin Salad Whole Wheat Roll Cherry Pie</p>	<p>23 Fruited Chicken Salad on a Cantaloupe ring Pickles/Olives Fresh Veggies/Dip Banana Muffin Oatmeal Cookie</p>	<p>24 Cod Baked Potato/Sour Cream Squash Blend Whole Wheat Bread Tossed Salad Raisin Bar</p>		
<p>27 Gillies Day Meat Loaf Mashed Potatoes/Gravy Francais Veggie Fruited Cole Slaw Roll Raspberry Rice Krispie Dessert</p>	<p>28 Pork Chop Mashed Potatoes/Gravy Brussels Sprouts Marinated Carrots Sliced bread Fresh Fruit</p>	<p>29 Chicken Paella Bean Medley Cottage Cheese Pear Salad Roll Cookie</p>	<p><b>NOTICE</b> Congregate lunch contributions are anonymous and confidential. Suggested donation per meal is \$2.75 for those 60+ and \$4.60 for those under 60. Please sign up for lunch one day in advance, especially on those days when the meals are sponsored by a local business. The staff appreciates your cooperation.</p>			