

Lace & Bias Linen Table Runner With Shadow Work Embroidery

Saturday, April 21st 10am-4pm

Taught by: Alicia Welcher, Licensed Martha Pullen, Sulky and Jenny Haskins Educator

Supplies Needed:

- Kit available from the instructor for \$30 (see ordering details below) or:
 - 22" x 54" rectangle of white lightweight linen, such as handkerchief linen*
 - 4 yards of 5/8" ecru cotton lace insertion*
 - 2-1/4 yards of 1-1/8" ecru linen bias strips of the same weight linen as the white above (can be two strips that are 1-1/8 yard each)*
 - 1/2" bias tape maker/folder*
 - 1/4 yard green fabric that will show through the linen for the shadow work embroidery*
 - Mettler 60-wt. cotton thread in ecru (used for both stitching and embroidery) ✓
 - One bobbin filled with above thread ✓
 - One pre-wound or me-wound white embroidery bobbin ✓
 - Light- to medium-weight tear-away stabilizer (will be used for decorative stitching and embroidery) ✓
 - 4x4 and 5x7 or larger embroidery hoop for your machine (corner designs fit into a 4x4 hoop; center design fits into a 5x7 hoop or can be done in two 4x4 hoopings) ✓
 - Thick (aka juicy) blue wash-away marker ✓
 - Glass-head or heat-resistant pins (NO EXCEPTIONS) ✓
 - Fabric Folding Pen ✓
 - KK2000 temporary spray adhesive ✓
 - Lace Shaping Board or Cut-N-Press Board ✓
 - Liquid starch (for pre-starching your fabric. Do not bring to class.)
 - Size 70 Microtex Sharp needles ✓
 - Size 110 Universal needles ✓
 - General sewing supplies (scissors, pins, tweezers, seam gauge, etc.) ✓
 - Sewing Machine and embroidery unit in good working order with manual and all accessories. ✓
- ✓ *Items available at Dublin Sewing Center*



*Supply Notes

1. A kit containing the handkerchief linen, lace insertion and linen bias strips can be purchased directly from the instructor for \$30, cash or check payable during the class. The linen will be pre-starched and the bias strips will be pre-folded. Contact Alicia at alicia@aliciawelcher.com to order the kit.
2. Linen can be a blend, but cannot contain polyester. Linen/cotton, linen/rayon, linen/bamboo would all be ok.
3. Linen needs to be very lightweight and a neutral color to allow the shadow work to show through on the leaves.
4. The lace insertion must have a header thread that can be pulled to gather the lace.
5. Liquid starch can be found at Walmart, Target and most grocery stores in the laundry aisle.
6. The embroidery designs will be provided for in-class use. If your machine cannot accept a design via USB stick or if you have a Designer 1 USB, contact the instructor prior to the class.

Pre-Class Preparation:

Starch the linen and the organza as follows:

1. Mix equal parts of liquid starch and hot water in a container large enough to fit the fabrics.
2. Fold the fabrics to fit the container, then dip them in the starch mixture until they are completely soaked.
3. Gently wring the fabrics to remove excess liquid.
4. Unfold the fabric and drape over a shower rod. Place a towel underneath to catch any drips. Alternately, you can fold the fabric once lengthwise so that it will fit on a hanger, then hang it inside the shower. The second option takes a bit longer to dry.
5. Let the fabric dry until barely damp, then press well. You may need to spritz the fabrics with water or spray starch to get all of the wrinkles out.

If you have any questions, contact the instructor at Alicia@aliciawelcher.com