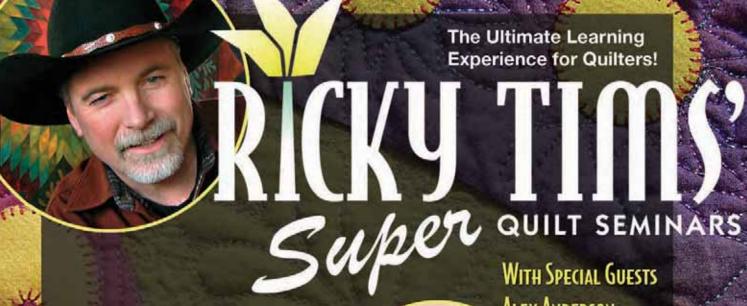


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Embroider on the Unusual



Serge Your Own Custom Cords



Black and White Pillow



Flower Power



Hope, Love, and Peace Hoodie

# needle notes

Spring and summer bring many occasions for gift giving – Mother's Day, Father's Day, and school graduations. This issue of *Through the Needle* has many small projects that make ideal gifts. Check out the embellished "Flower Power" flower basket (page 27) from our BERNINA friends in Switzerland and a delightful Pin Cushion Angel designed by elinor peace bailey (page 10). Perhaps a pair of blackwork bookmarks (page 34) or a cute little purse (page 4) is the perfect thing to sew for someone on your gift list.

Then there's upcycling, a new name for an old concept. Learn some fun ways to reuse worn or dated items and turn them into new, useful creations. "Going green" is not only popular, but smart – and an important investment in our ecological future. You'll find several ways to upcycle old clothing in this issue, from turning men's old jackets into a cute new suit or a cozy throw (page 14) to embellishing a plain hoodie and turning it into a fashion statement. In the mood for something totally different? How about machine embroidery on recycled soda cans (page 28)?

If you have a new 830 you'll find articles written specifically for you, including a terrific stitch recipe (page 32) and a black-and-white designer pillow (page 22).

If you don't own an 830, don't worry – there's plenty more for you in this issue, including instructions for recreating the 830 stitch recipe on your machine. Love couching, but hate searching for the perfect cord? Make your own following Jane Garrison's serger "recipe" on page 24.

If you love collecting sewing machine accessories, but don't always know when or where to use them, you'll appreciate Nina McVeigh's article on constructing a sweet child's outfit from Oliver + S. Learn to use Bias Binder #84 with Foot #94, Edgestitch Foot #10/10C, Button Sew-On Foot #18, Open Embroidery Foot #20/20C, and more (page 6). And, last but certainly not least, find out how Wendy Sheppard overcame her frustration with free-motion quilting using the BERNINA Stitch Regulator (page 16).

There's something for everyone here – plenty to keep you stitching to your heart's content for the sunny months ahead.





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# spotlight on...

# Fast, Fun and Fresh One-Day Projects

Spring is the perfect time to add a bit of light and liveliness to your days. Colorful, dynamic projects are only a day away, and it's all possible because of perfectly simple patterns and fabulous supplies from Brewer Quilting & Sewing! With illustrated instructions, colorful threads, cool fibers and embellishments, and a Bernina Stitch Regulator, your free-motion embroidery is sure to come out top-quality. You'll be adorning your home with cool artwork or giving handmade treasures as gifts in no time.

# Monographs from ARTGIRLZ

Get one fabulous project in each little booklet! The wonderful, whimsical Artgirlz provide complete, color-illustrated instructions and a short list of supplies to get you from start-to-finish in just a few hours. Add great threads and other embellishments to selections from your scrap stash to create a Nine-patch miniquilt with a flair for fun, a reversible patchwork tiara to make you queen for a day, or a fine and fancy treasure box to hide away your secrets. One-day projects have never been so easy.

# Polyester Thread from ISACORD

Measure the quality of every other thread by Isacord threads! Trilobal polyester creates a beautiful sheen, the dye lots are perfect and never over-dyed, and superior tensile strength reduces fraying and breakage. Isacord polyester threads will put strength, color, and shine into your one-day projects.

### Pewter Charms from ARTGIRZ

The Artgirlz provide pizzazz to help you embellish your one-day projects. Attach a tiny crown fit for a princess (1" x  $\frac{1}{2}$ "), or add a bit of personality with a cheeky face (1" x  $\frac{3}{4}$ "). Both charms are lead-free and made in the USA.

# Button Bonanza from Buttons Galore

Embellish your one-day projects with batches of buttons you can order in sets of any variety—spring colors, vintage colors, all reds, or all pinks for example. Buttons Galore offers 15 Button Bonanza batches to satisfy any whim and any

project. Each reusable plastic container comes with about a half pound of buttons sized <sup>3</sup>/<sub>8</sub>" to 1" diameter.



Show off your sense of style by incorporating high-quality, creative embellishments on your projects. Add texture and interest with Millies, beautiful collections of creative fibers. Each collection contains two yards of 15 different yarns. Choose your set of colors and styles, with options such as Garden Carnivale, Blue Meadow, or Spring in the Forest. Make those project details count!



Artgirlz Monographs



Isacord Embroidery Thread



Artgirlz Mini Charms



**Buttons Galore** 





This simple one-piece bag is fun to make and can be used for cosmetics, sewing supplies, or toiletries.

# **CENTER PANEL**

 Bond the stabilizer to the wrong side of the center panel using basting spray. Fold the panel in half lengthwise and finger press to form a crease. Thread the machine with a contrasting color and attach the all-purpose foot. Select a decorative stitch and sew it down the center of the panel, using the crease as a guide. Tip: Using a clear foot gives more visibility and makes it easier to follow the crease.

# **SUPPLIES**

- Coordinating Fabrics:
  - Bag: 10" x 14"
  - Lining: 10" x 14"
  - Center panel: 3" x 14"
  - Trim: Two 11/2" x 14" pieces
  - Bias Binding: 11/2" x 60"
- Batting, 10" x 14"
- Thread (may be the same)
  - Color to contrast with front panel
  - Color to blend with bias binding
- OESD tear-away stabilizer, 3" x 14"
- 101 Quilt Basting Spray
- Two decorative buttons
- Presser Feet:
  - All-purpose with seam guide
  - Edgestitching foot
  - Free-motion foot

 Attach the seam guide to the presser foot and set it for <sup>5</sup>/<sub>8</sub>". Select a second decorative stitch and sew a line on each side of the center using the seam guide for spacing. When the stitching is complete, carefully remove the stabilizer from the back.





### **OUTER BAG**

- 3. Layer the bag fabric over the batting and use basting spray to hold them together. Spray the back of the center panel and center it along the length of the bag fabric.
- 4. Fold the trim strips in half lengthwise with wrong sides facing and press. Position the raw edges of one folded strip along one raw edge of the center panel. Stitch in place ¼" from the raw edges. Press the strip over the raw edges, away from the center panel. Select the blanket stitch and sew along the seam. Using an edgestitch foot, sew the outer edge of the strip in place. Repeat with the remaining strip on the opposite edge of the panel.



Lower the feed dog of the machine. Using a free-motion presser foot, stipple-quilt the fabric layers on each side of the center panel.

# LINING

- 6. Use basting spray to adhere the bag fabric (batting side) to the lining wrong side. Chalk-mark a stitching line across the center of the layered fabric rectangles. Raise the feed dog and attach the all-purpose foot to the machine. Stitch across the center of the layered rectangles.
- Position the pattern on the prepared bag fabric, aligning the centerline of the pattern with the centerline of decorative stitching on the bag. Cut out the bag.

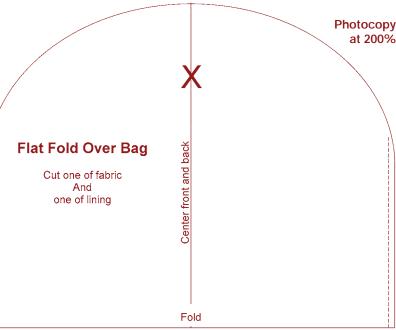
# **BINDING**

8. Fold the long edges of the bias strips to the center of the wrong side and press. *Tip: Use a bias tape maker to hold the strip while pressing.* 

# **FINISHING**

- 10. Fold the bag in half across the width using the stitching from Step 6 as a guide. Stitch along each side, starting at the folded edge and sewing for about 4".
- 11. Cut an 8" length of bias tape for the loop. Fold the long edges in to the center and press. Stitch the folded edges together. Position it on the bag where indicated and bartack in place. Sew one button on top of the bartack, hiding the raw edges of the loop. Sew the second button on the bag front in a corresponding position. Place the loop over the front button to close the bag.







9. Unfold the bias tape and stitch it to the bag, aligning the raw edges. Start and end at the center of one long edge of the bag. Fold the tape around the edge and stitch in place, sewing along the edge of the binding. Using specific presser feet can make sewing techniques easier to stitch and the results more professional. The following BERNINA presser feet can be used to make this little bag.



Clear Foot #34/34C – Steps 1, 2, 3, 6, 8, 9, 10 and 11



Edgestitch Foot #10/10C -Step 4



Quilting Foot #29/29C -Step 5

# Mixand Match Sewing with Oliver+S

BY NINA MCVEIGH

The general construction of these garments is simple and easy; just follow the detailed and well-written pattern instructions. The following directions are for adding special details and perfecting techniques using specially designed presser feet.

# **Add the Bands**

Using a coordinating fabric to create the contrasting waistband and bottom bands to add a special detail to the pants.

To add the contrasting bottom bands, trim away the hem allowance at the lower edge of the front and back pattern pieces *before* cutting the pants pieces from the fabric.

To add a band of the finished width shown (11/4"), that means trimming away 13/4" at the bottom of each front and back leg.

Measure the lower edge of the pant front and back legs and cut a  $3\frac{1}{4}$ "-wide strip for each band.

To attach the band, measure and mark a line 1" from the lower raw edge of each pant leg. Turn under and press  $\frac{1}{2}$ " along one edge of each band.

Attach Patchwork Foot #37. On each pant leg, position a band with right sides facing and the raw edge of a band along the drawn line; pin in place.

Place under the foot so the edge of the foot is even with the raw edge of the contrasting strip. Stitch ¼" from the raw edge. Press the band toward the lower edge of the pants leg. Turn the band to the wrong side so that the folded edge just covers the stitching line and press before opening out again.

# Add the Appliqué

While looking at the fabric for the blouse, I found the perfect shapes to imitate for simple appliqués that visually tie the pants to the blouse.



To make similar appliqués, draw simple star and flower shapes on the Heat and Bond Lite and cut out each one, leaving a margin all around each one. Position on the wrong side of the fabric scraps and fuse following manufacturer's directions. Cut out each shape on the drawn lines.

Remove the paper and arrange as desired on one pant leg – notice that two overlap the bottom band. Fuse in place and then use Open Embroidery Foot #20 and a blanket stitch with the needle position to far right to appliqué.



# Complete the Pants

Sew the leg seams. Use a serger for a great way to seam and finish all in one step.





Fold the band to the inside again and pin. Attach Edgestitch Foot #10/10C and align the center guide in the "ditch" of the band seam.

From the right side, stitch-in-the-ditch, taking care to catch the contrasting band on the wrong side.

Finish the pants following the pattern instructions.

The Oliver + Schildren's patterns are very fun and easy to work with. Make a complete outfit using the blouse from one pattern and the pants from another. A few changes to the patterns make an outfit that looks like one from a pricey children's boutique. Using special feet and accessories makes the project easier and produces professional results.

### Sunnlies

- Oliver + S Patterns
  - "2 + 2 Blouse & Pleated Skirt"
  - "Sandbox Pants"
- Fabrics for chosen size
  - Floral print for top
  - Coordinating solid for pants
  - ¼ yard coordinating print for pant bands
- Coordinating fabric scraps for appliqué
- Notions and interfacings as indicated on the pattern
- Heat and Bond Lite fusible web
- Three decorative buttons for embellishment
- #80 Universal machine needle
- Buttonhole cutter and block
- Machine Feet and Accessories
  - Reverse Pattern Foot #1/1C
  - Edgestitch Foot #10/10C
  - Button Sew-On Foot #18
  - Open Embroidery Foot #20/20C
  - Patchwork Foot #37
  - Bias Binder #84 with Foot #94
  - Quilting/Seam Guide



# Make the Blouse

While the construction of the blouse is easy, you can make it even easier by using special presser feet and accessories.

Begin by following the pattern instructions, but instead of cutting the neckband strips, cut two pieces of bias  $1^1/_{16}$ " x the length of neckband + 2". Use the Bias Binder Attachment with Foot #94 to bind the neck edge. This is an easier, more professional finish and will save time.



Cutting open buttonholes can be tricky, so it is best to use a buttonhole cutter and block. Position the buttonhole over the wood block, align the blade of the buttonhole cutter with the buttonhole opening and press down firmly. The cutter provides a clean cut without the danger of cutting the threads of the buttonhole itself.



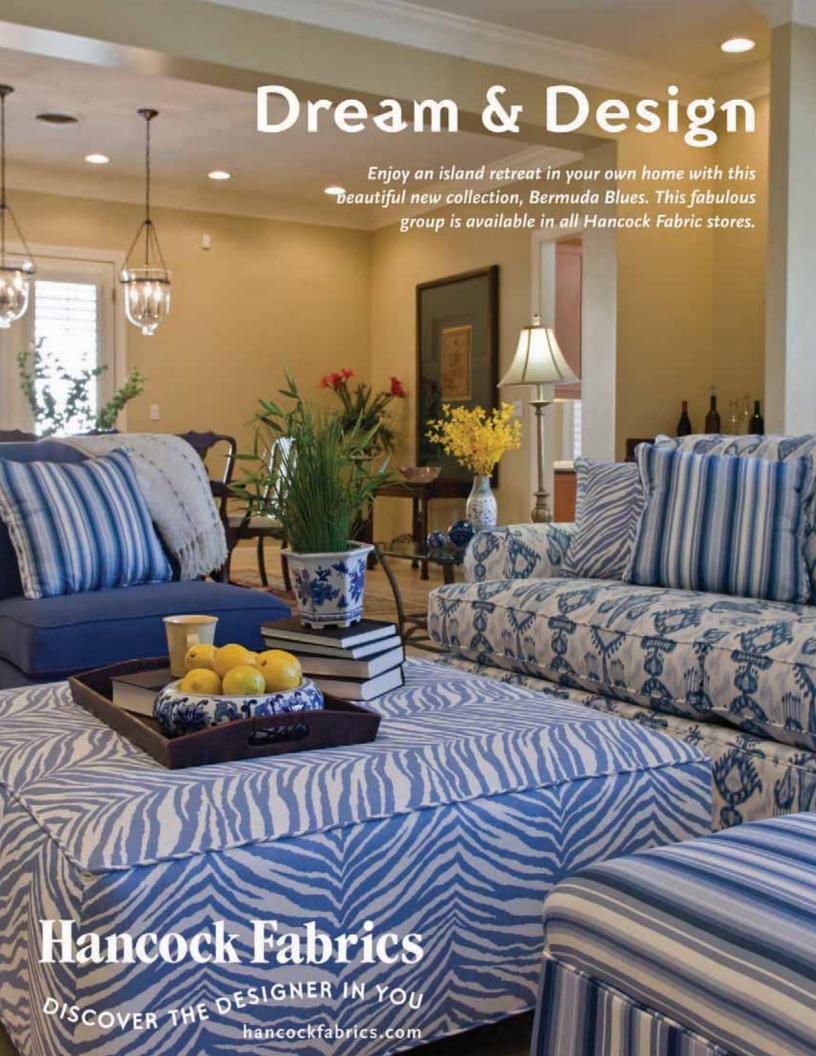






When sewing a visible hem, as around the bottom of the blouse, it is best to sew from the right side. To perfectly place this stitching, attach the quilting guide to the back of Reverse Pattern Foot #1/1C and set it at the depth of the hem.

Sewing for children is fun, and using the feet and accessories available to you will make you look like an expert! These feet and techniques are all found in BERNINA's Feetures Volumes 1-3.



# Pn Cushion Angel

BY elinor peace bailey

Let this lovely pin cushion angel watch over your sewing adventures, and she'll bring you happiness and success!

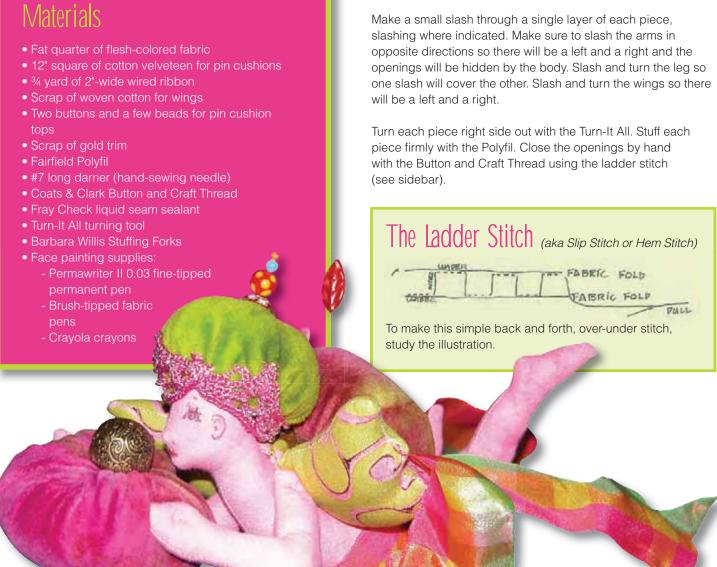
# **Directions**

# Angel Construction

Trace and cut out the paper pattern pieces. Fold flesh-colored fabric right sides together. Using the paper pattern pieces as templates, draw around them to trace the body pieces onto the flesh-colored fabric. Repeat for the wings.

Stitch along the indicated seamlines using a straight stitch with length = 1.5mm. Clip curves as indicated on the pattern pieces.

Make a small slash through a single layer of each piece. slashing where indicated. Make sure to slash the arms in opposite directions so there will be a left and a right and the openings will be hidden by the body. Slash and turn the leg so



Assemble the pieces as shown in the illustrations with the #7

long darner and Button and Craft Thread using the ladder stitch.

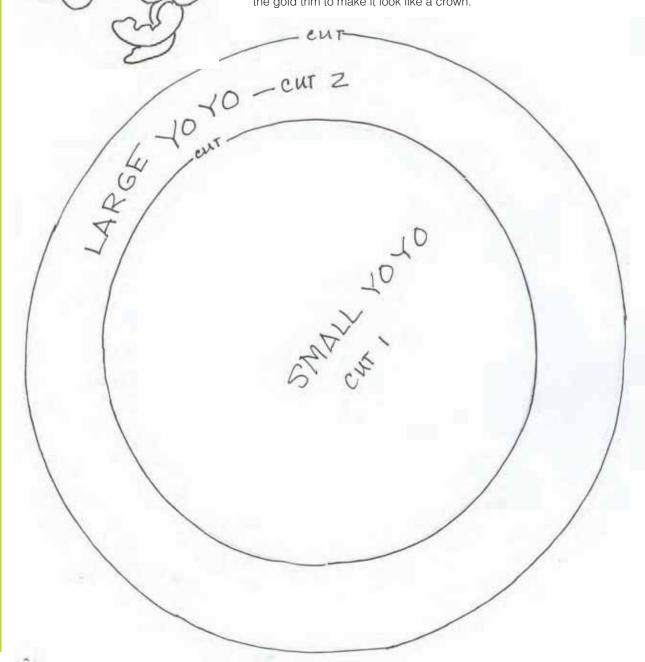
Yo-yo Pin Cushions Construction

Using the patterns provided, cut two large yo-yos and one small yo-yo from the velveteen. Turn under 1/8" along the outside edge of each yo-yo, using knotted Button and Craft Thread. Draw up the stitches to gather the yo-yo around enough Polyfil to make a puffy pin cushion. Bring the needle through the center of the back of the yo-yo and pull. Return to the opening and then to the back. Pull again. Tie off the thread.

Mount one large yo-yo, gathered side up, between the hands of the angel using the ladder stitch. Mount the second large yo-yo, gathered side down, between the wings. Mount the small yo-yo on the head of the angel. Stitch it in place and surround it with the gold trim to make it look like a crown.



"A walking outgoing nature, and it is obvious that elinor is not your "typical" sewing teacher. A globe-trotting teacher of doll-making who she can find, elinor for dolls, toys, and with students all over the world. She writes and illustrates Who Play With Dolls.



Add stacked beads to the top of the crown. Add buttons to the tops of the larger yo-yo pincushions. Tie the ribbon around the body of the angel with the bow below her wings. ARMS CUTA Copy the face using fine-tipped marking pens, and then use the brush-tipped pens to add color and the crayons to rouge the cheeks.

# SPLASH HAPPY

BROUGHT TO YOU BY SEWINGREPUBLIC.COM

Feeling too old for rubber duckies on your shower curtain, but still want to express yourself through your bathroom décor? ReadyMade and BERNINA are right there with you. That's why we've partnered up to bring you this squeaky clean and super cute shower curtain sewing project to add some pizzazz to your bath. Just hide ducky behind the shampoo.







# MATERIALS:

- · Fabric-4 yards (45" or 60" width)
- · Waterproof shower curtain liner
- 11 Shower curtain rings

# TOOLS:

- Sewing machine and thread
- Scissors
- · Pins

- Iron and ironing board
- Grommet puncher and 11 grommets (hole size at least 1/2" in diameter)

# CUTTING:

- The finished shower curtain will be 71"x71".
- Cut the yardage in half, selvedge to selvedge, resulting in two rectangles each 45"x72" (or 60"x72"). Seam the two lengths, selvedge edge and right sides together with a 1" seam allowance. Measure the width of the resulting panel-trim an equal amount of fabric from each side so that the panel measures 72" wide. Begin by folding a ½" hem on the right and left sides of your fabric, then fold over again and press

hems flat with a steamy iron. For the top and bottom edges, fold a 1" hem and then double over and pin around the entire piece of fabric so no raw edges are exposed. Again press hems flat.

# SEWING:

- Secure the hems 1/4" from the outer edge on all sides of the curtain.
- Holding the top of the curtain up to the liner again, use a pencil to lightly mark where the holes for the curtain rings will go.
- With your scissors, cut a small hole at each marking, about 1/2" to 3/4" in diameter
- Place the two corresponding grommet pieces on either side of the hole in the fabric, and seal together with the grommet puncher. Press hard to make a secure bond! Repeat for all the other ring holes.
- Insert rings, hang it up and get ready for your curtain call!

# BERNINA<sup>®</sup>

For more fun & simple project ideas, check out sewingrepublic.com

# What's in Your Closet?

BY SUSAN BECK, JUDY HAHNER, AND VICKI TRACY



We've all had the experience of looking at a closet full of clothes and thinking, "I have nothing to wear!" But how about recycling some of the garments lurking in the back of your closet? Or treasures from thrift stores and rummage sales? The projects on these pages feature a variety of sewing and embellishment techniques that you can use to upcycle what may be languishing in your closet and turn it into a unique fashion statement for you or your home!

What we're doing is really nothing new – it's been going on since long before our grandmothers used worn-out clothing to piece quilts. But what *is* new today is the artistic flair and updated looks you see on refashioned clothing and home dec items. Also new today are some of the words we use to describe the process: refashion, deconstruct, alter, upcycle.

Here is an idea to inspire you to look at things in your closet in a new way - turn an old jacket into a charming two-piece suit.

- Needle punch yarns and fibers into the jacket collar and lapels. This is quick and easy using Bernina's Needle Punch Accessory Set, but you can also do it by hand with a felting needle.
- Couch twisted fibers or yarn along the lapel and collar edges using Edgestitch Foot #10/10C. Place the blade along the

Start with a few men's jackets from the local thrift store.

edge of the lapel and the twisted fibers on the other side of the blade. Use a side-toside stitch such as a zigzag and set it wide enough to stitch into the jacket and then swing over to encase the twisted fibers.

- Cut across jacket below the lapels. You'll make the skirt from the cutaway lower section.
- Serge the layers together at the cut edges of the jacket and the "skirt" for control, then bind them with bias cut silk ribbon.
- Try on the jacket and tuck out excess room for a professional fit.
- To add a casing to the "skirt," apply Steam-a-Seam fusible tape to one edge on the wrong side of an old faux leather or suede belt. Position on the inside of the skirt along the upper edge and fuse. Then stitch both edges to the skirt. Insert wide elastic into the casing formed by the belt for "hip-grip."
- Try on the "skirt" and adjust the elastic to fit at the desired location on your upper hipline. Pin the elastic in place several inches from the front edges of the two front panels. Next, determine where the center front will be; cut along this line through both left and right panels. Stitch the elastic in place.





- Bind the front edges, and then insert a decorative zipper between the front panels.
- Close the vent in the center back of the skirt by spacing and sewing five buttons through all layers. They're simple to attach using Button Sew-On Foot #18 and a button sew-on stitch. If your machine doesn't have a button sew-on program, use a zigzag or universal stitch with the stitch length set at 0.

Here's another great use for old wool suit jackets that are out of style but in good condition. Combine a variety of colors and patterns for the patchwork.

 Cut wool into rectangles of different lengths. Arrange in rows and serge together using a wide flatlock stitch.
 Serge (flatlock) the rows together to form a large rectangle. Use a heavy decorative thread such as YLI Monet or Success.

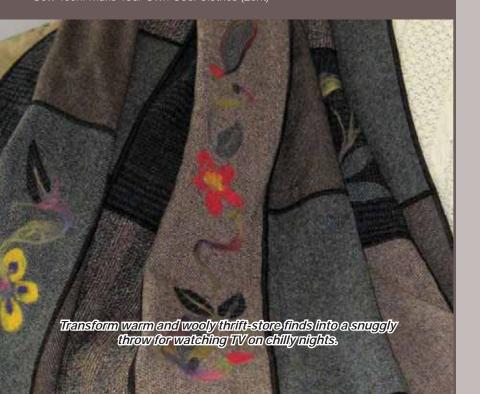




- Using the same thread as for flatlocking, serge the outer edges of the throw using a wide three-thread overlock stitch.
- Needle-punch designs as desired: Create stylized floral designs or simply add color by punching abstract shapes (swirls, dots, stripes, etc.) into the wool.

# There are lots of options when looking for design inspiration. These are just a few of the books available on the market right now.

- Altered Clothing: Hip Fixes and Transformations with a Needle and Thread (Maggio)
- Exquisite Embellishments for Your Clothes (Shrader)
- Denim Redesign (Indygo Junction)
- Fashion DIY: 30 Ways to Create Your Own Style (Bladyes & Smith)
- Fashionology (Leisure Arts)
- Generation T: 108 Ways to Transform a T-shirt (Nicolay)
- Subversive Seamster (Rannels, Alvarado, & Meng)
- Sew Stylish: Easy-Sew Ideas for Customizing Clothes & Home Accessories (Ebben)
- Sew Subversive (Rannels, Alvarado, & Meng)
- · Sew Teen: Make Your Own Cool Clothes (Zent)



# **Resourceful Thrifting**

Once you catch the re-fashion bug, you'll soon run out of "before" options in your own closet. A great place to find items to deconstruct/reconstruct is your local thrift store. If you look, you'll probably find several resale and consignment shops in your area. Log on to <a href="https://www.thriftshopper.com">www.thriftshopper.com</a> for resale shops near you.

# When shopping for gently used clothing, keep the following in mind:

- All resale shops are not the same. You may find resale stores that are more upscale than some retail shops! There are also others that are little more than dumping grounds for unwanted wardrobes but may offer the best bargains. Don't rule out either; after a visit or two, you'll know if it's worth your time and effort to make return visits.
- Be prepared to spend more time than money when thrift-store shopping. It may take awhile to find the perfect pieces for your next project. Think of thrift-store shopping as an adventure or a journey and not a quick in-and-out, "pick up what you need" errand.
- Keep an open mind when looking at others' castoffs. Be creative and think outside the box as you consider the new life each garment might have. Turning a man's shirt into a funky apron or a felted sweater into a cozy pillow may not be obvious at first glance. Don't look at an item as a whole but isolate parts of it, imagining the center back flatfelled seam of a shirt on the front of a purse or considering the pockets from a garment for pieces of a quilt. Anything is possible once you imagine it.
- Look for quality garments that can withstand the stress of being pulled apart and reworked. Good fabric, strong details, and interesting findings will look good no matter how they are used.
- Check findings and closures on every garment.
   You may hate the fabric or the style of a garment but don't forget to check the buttons, trim, buckles, etc. They may be perfect for your next re-fashioning project!
- Size doesn't always matter. Sometimes, a man's extra large garment can give you enough material to re-shape and re-fashion into a fabulous garment for a smaller body.
- If you see something you like but aren't sure what you'll do with it, think about the consequences of purchasing it or leaving it. A cardinal rule of thrifting is, "buy it when you see it." More than likely, it won't be there the next time you go and thrift stores don't give rainchecks. However, it's very easy to overstock your sewing room with items that you "may find a use for someday" so choose wisely!



# I NEVER THOUGHT IT POSSIBLE

My interest in quilts was born out of my love for early and colonial American history. Being from Southeast Asia, I had not had much exposure to quilts because quilts are mainly a Western "thing." Through reading, I became aware of and loved the look of Baltimore Album quilts, but still I didn't catch the quilting bug because I didn't know how to sew, nor did I have any interest in learning how. For a while, I was content just admiring quilts from afar.



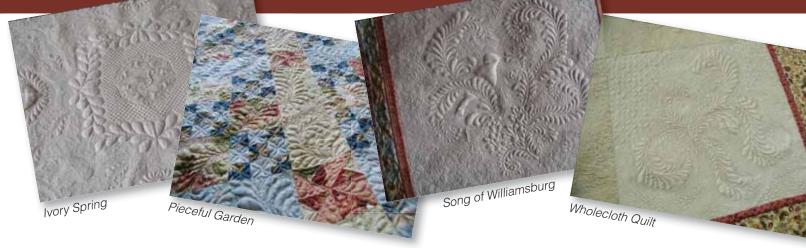
My First Quilt

Being encouraged by Barbara Herring, a great friend and a quilter of more than 20 years, I decided to give quilting a try. I naively picked a somewhat involved pieced and appliquéd quilt for my first project. But, under Barbara's patient tutelage, I was able to complete the quilt as a gift to a nephew. I was thrilled about completing my first quilt, and, before I knew it, I was making my second, third, and fourth...and to think I had never imagined myself sitting in front of a sewing machine *actually sewing!* 

The beginning of my quilting journey in Fall 2005 also marked the start of my "BERNINA" journey in that I purchased my first BERNINA machine not long after I started working on my first quilt.

# **NEVER AGAIN!**

That was my conclusion after straight-stitching some feather quilting on my third quilt! Oh, did I mention the frustration of having to turn the quilt with every other stitch in order to stitch the feathers? I had attempted free-motion quilting, but was not satisfied with the result. I didn't think twice when I had the opportunity to purchase a machine with a BERNINA Stitch Regulator, thus further expanding my BERNINA connection. Being equipped with the BSR (and armed with a bit of determination) has allowed me to absolutely enjoy quilting on wholecloth, free-hand feather quilting, and other free-motion quilting projects.



# **NEVER SAY "NEVER"**

That's the conclusion I've reached on my own, and it has become the motto of my sewing journey. Besides quilting, my BERNINA machine has also allowed me to enjoy machine embroidery and heirloom sewing. Beyond my wildest dreams, one of my quilts was published in Creative Machine Embroidery in Spring 2007. Since then my work has been featured in Through the Needle ("Pretty Pillow" in Issue 28) and several quilting magazines. I was also thrilled that my wholecloth interpretation of the historical "Harrison Rose Urn" appliqué block (circa 1860) won first place in the Grouseland Foundation's 2008 Old Tippecanoe Block Challenge. The block is now part of a permanent collection at the Grouseland Mansion, the home of President William Harrison.

Originally from Southeast Asia, Wendy trained and worked as a chemical engineer and now resides in Northwest Arkansas with her family. She teaches BSR-related classes at Rogers Sewing Center, her "sewing mother ship." She is a published quilter, and has been featured in several quilting magazines. Visit her at www.wendvsheppard.net

This article is dedicated to Barbara Herring, who introduced Wendy to the wonderful world of quilting, and all the dear ladies of the BERNINA Club at Rogers Sewing Center.

I have enjoyed passing on my motto of "Never say 'Never'" to the students in my BSR-related classes at my local BERNINA dealership. With encouragement and assurance, many who had felt unsure about free-motion quilting are now creating masterpieces of their own. Seeing their faces light up when they discover the fun of free-motion quilting and seeing how confident they have become in their skills has been a deeply gratifying experience.



Never say "Never"! I hope you have been encouraged by my sewing story and will embark on your own exciting "Never say 'Never'" sewing journey!



Don't just practice, make something. When you actually make something, you will put more effort into the project! (I originally read this on Diane Gaudynski's website and found it to be very helpful.)

Use good quality threads – my favorites are YLL Silk and Aurifil Make 50 cotton

Begin with background quilting before tackling motifs like feather quilting when learning how to free-motion quilt. Starting with background quilting techniques – echoing, stippling – will help you get used to moving the quilt sandwich free-hand.

Try to incorporate something you have never done before in every quilt project. Your quilting skills will be greatly enhanced over time, and you will be overcome your fear of trying something new.

Look for repeated designs in fabrics to quilt for interesting special effects.





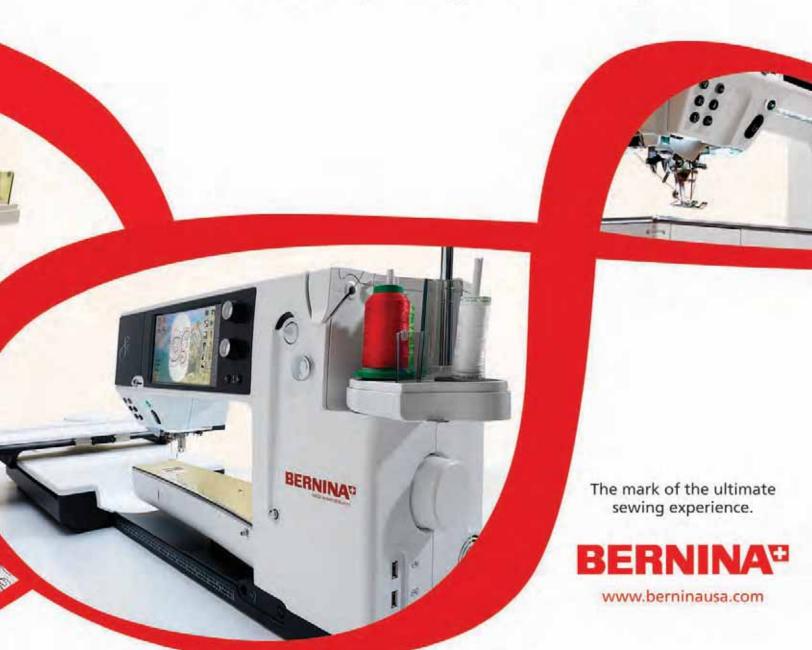
IT OUTPERFORMS, JUST LIKE YOU DO.





# The only luxury, high-performance sewing and embroidery system in the world.

Finally, a machine that'll keep up with your active imagination. The BERNINA 830 lavishes you with the *most space* of any home sewing machine—in fact, 50% more than so-called "larger" machines—so you can create your greatest works of art. And, not only does the 830 glide across your fabric at up to 1,100 stitches per minute, but you get the *fastest speeds* melded with legendary Swiss precision. Its pop-out *jumbo bobbin* is endowed with 40% more thread capacity, too, so you can stay immersed in your creativity. Just a few of the features on the BERNINA 830 that'll allow you to one-up *yourself*. And that's not easy to do.



# Hope, Love, and Peace Hoodie

Hooded sweatshirts with raw-edge appliqué are a popular trend. Some examples combine screen printing with appliqué; others feature tone-on-tone effects by using the same fabric for the appliqué. The hoodie is a great way to showcase your creativity and ingenuity and have fun with fashion! There are no hard rules in fashion anymore – it's all about breaking the mold. Creating your own hoodie design is an opportunity to push the limits while saving money.

There are many options for creating a raw-edge appliqué design. You can use outline-style designs that are already available, create your own in software, or use designs that you love to create an outline design as shown here.

# Creating the Design

Open the software and insert the design.

Ungroup the design so that each color is a separate piece.

Use Color Film to delete all of the colors except the outline of the design.



Duplicate the outline design.

Change the color of the new piece so that the machine will stop between outlines.





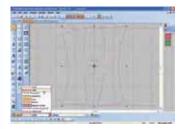


# Supplies

 BERNINA Editor Plus V5 or Designer Plus V5 Software

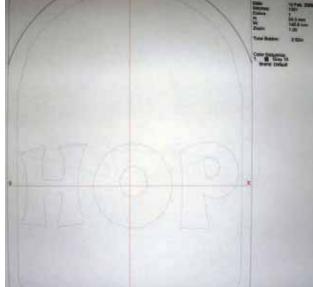
BY **ANNA HOGAN** 

- OESD pack Kaleidoscope Alphabet #12149
- Large Oval Hoop
- Ultra Clean and Tear
- · Isacord embroidery thread
- 80/12 Ballpoint Organ Embroidery needle
- 101 Quilt Basting Spray
- Ready-to-wear hoodie in desired color



Change the second color to a triple stitch. This will hold the appliqué fabrics in place.

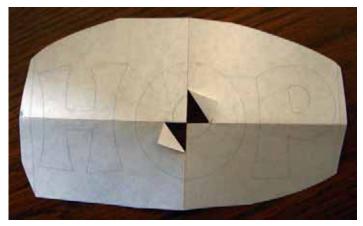
Create any type of design you like. That is the beauty of making your own interpretation – you can be as inventive as you like, and it can't be wrong!



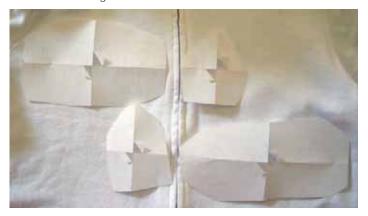


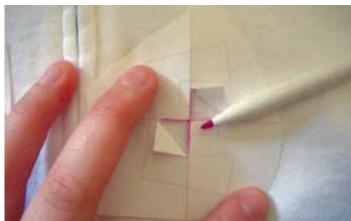
# Finishing the Hoodie

Print out the templates for your designs. Cut around the design and cut two slits in the center of the template for ease of placement.



Place designs in a pleasing manner, then use a marking pen to trace the centering marks onto the hoodie.

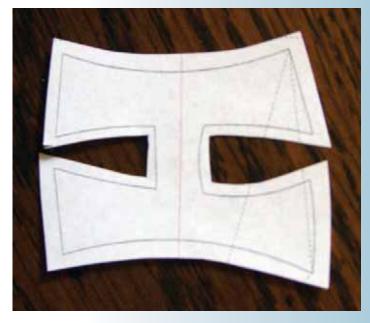




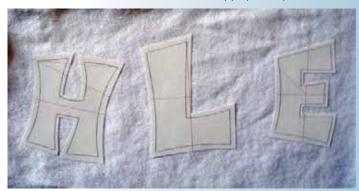
Cut off the hoodie sleeve, leaving it long enough for a hem to make it the desired finished length.



Cut the individual designs or letters out of the templates to be used as patterns for the appliqué fabric, leaving at least  $^1/_8$ " around the outline.



Spray the back of the pattern pieces with temporary spray adhesive such as 101 Quilt Basting Spray, and then place them on the fabric that was cut off of the sleeve. Cut out the appliqué shapes.





Align the centering marks you have drawn on the project with the center of the embroidery hoop.



Stitch out the first color in a thread color matching the project.

Spray the back of the appliqué fabrics and place them over the stitched placement lines.

Stitch out the second color in the desired contrasting color.

Try on the hoodie and mark the sleeve hems. Hem as desired.



# **CENTER EMBROIDERY**

Cut a 13" x 17" rectangle for the pillow back from the silk dupioni and set aside for the pillow back.

Hoop the remaining silk dupioni in the Mega Hoop with two layers of Ultra Clean & Tear.

Select Design #19 from the Susanne Müller Library.

Select Mega Hoop with the hoop icon.



Select Endless Embroidery.

Select the minus option so that there are four repeats.

Turn off the reference points and press X to escape the screen.



With all of the motifs selected, press the Duplicate Icon. Move the duplicated string of motifs to the right side of the hoop.

Use Retrieve to delete all the motifs in column 1 (on the left). These exist as individual motifs, and it will be more efficient to move the columns if they are all one object.

Press Duplicate again for a second column of motifs.

Turn on the grid and move the columns so they are directly across from each other. Space them about 4 grid spaces apart for a 2" width apart.

Black and white often indicate the most formal of events, but can also create a contemporary feel as well. Soften a bed of white, update a dining room, or accent leather furniture with this pillow. Combine decorative stitches, trim, and embroidery to form black stripes on white silk dupioni while having fun with your new 830. Change the colors to make this pillow fit with any décor and/or create a bolster using the same patterns.

# MATERIALS AND SUPPLIES

- BERNINA 830 sewing & embroidery system
- ½ yard white silk dupioni for pillow front and back
- 11" Ultra Clean & Tear stabilizer
- Mega Hoop
- BERNINA Reverse Dual Feed Foot #1D
- BERNINA Open Embroidery Foot #20C
- BERNINA Edgestitch Dual Feed Foot #10D
- 11/4" x 14" double-eyelash trim
- Temporary or air-soluble marking pen
- ½ yd black embroidered ribbon, 5/8" wide
- Black Isacord embroidery thread
- Black 30-weight Mettler cotton embroidery thread
- Black 60-weight cotton thread (bobbin)
- White construction thread
- Organ 75S needle
- Microtex needle, size 90
- Pillow form, 12" x 16"

To double-check the spacing, compare the width of the single column (displayed when only one column is highlighted) to the width of the total design (when both are highlighted). For example, one column should measure 18mm wide, and there are 2, so the border of the design is 36mm. Subtract this amount from the total width and the remaining space needs to be wide enough for sewing the trim in place.

Turn on Single Color (the paintbrush) and embroider the design.

# **CENTER TRIM**

Unhoop the fabric and gently remove the stabilizer.

Trim the embellished section of the fabric to 13" x 17". Set the remaining fabric aside for the pillow back.

Place the trim between the embroidered rows.



Attach Foot #1D or #10D to the machine and engage the BERNINA Dual Feed.

Attach the trim using the straight stitch and BERNINA Dual Feed.

# RIBBON EMBELLISHMENT

Measure 4" out from the center and draw a line with the temporary ink pen.



Attach the ribbon using the BERNINA Dual Feed and foot #1D or #10D. Stitch along both edges of the ribbon.

Select stitch #1114 from the 1100 Tassel Menu.

Attach Embroidery Foot #20C and set up machine with 30-weight Black cotton embroidery thread and a size 90 Microtex needle.

Draw a line to indicate the starting point for the stitches. Place two layers of Ultra Clean & Tear under

the area to be stitched.



Align the edge of the foot with the edge of the ribbon; stitch.

Repeat for the other side of the ribbon after engaging Mirror Image.

The Tassel stitches

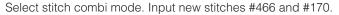
can be left as sewn for flat tassels; trimmed straight

by cutting the needle threads; or looped by cutting the bobbin thread and pulling the tassel to the front side. Do this after all the embellishing is complete.

Repeat for the other half of the pillow.

# STITCH COMBINATION

(Use the same thread set-up.)



Draw a sewing line 21/4" from the center and mark the starting point.

Place two layers of Ultra Clean & Tear under the stitching area and stitch the pattern on the line.



Repeat for the other half of the pillow.

# **DECORATIVE TAPERING**

(Use the same thread set-up.)

Select the 1400 Tapering menu. Select stitch #1402. Set the tapering length to 50.

Draw a stitching line 13/4" from the ribbon and mark the starting point.

Place two layers of Ultra Clean & Tear under the stitching area and stitch the pattern on the line.

Repeat for the other half of the pillow.

# PILLOW ASSEMBLY

If desired, make piping by covering cord with biascut strips of silk dupioni. Match the pillow cover or the stitching. Sew



the optional piping to the outer edges of the 13"  $\times$  17" rectangle for the pillow back.

Place the pillow back and front rectangles together with right sides facing. Use a ½" seam allowance and stitch, leaving an opening for turning.

Turn right side out, insert the pillow form, and slipstitch the opening closed.

# THROUGH THE NEEDLE



YLI Jeans Stitch



YLI Pearl Crown Rayon



YLI Designer 6



YLI Candlelight



YLI Multi's



# BY JANE GARRISON

Bernina's Freemotion Couching Foot #43 is a wonderful, creative tool. Sometimes finding just the right color and size thread to couch can be a challenge but it's easy to create the cord you want for your project using the cording foot on your serger.



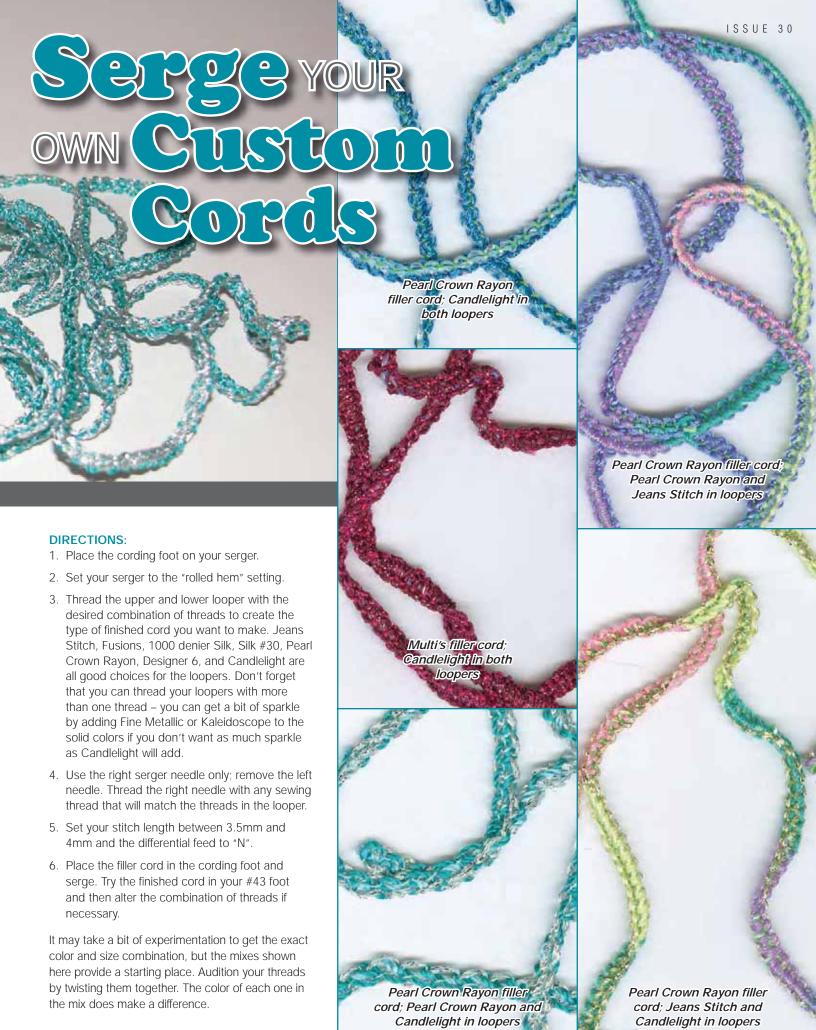
# **GUIDELINES:**

- 1. The center hole in Freemotion Couching Foot #43 must be comfortably filled so that no matter which direction you stitch the needle will catch the cord being couched.
- 2. The cord must be soft and flexible enough to move easily though the foot.

Choose a filler cord and additional threads for the loopers on the serger. Some possible filler cords are Jeans Stitch, Multi's, Bunka, Pearl Crown Rayon, Designer 6, Candlelight, and RibbonFloss. None of these filler threads used by themselves will catch in every direction you sew. Each of these possible filler cords have different diameters, so you must make sure the additional threads you add with the loopers do not make the finished cord too large or too small to flow through Freemotion Couching Foot #43 AND catch in every direction.



Jane Garrison, Director of Education for YLI Corp. began sewing at her mother's knee and has never stopped. She got her first sewing machine for her 5th birthday. She had lots of family mentors along the way who encouraged her to make clothing, quilt, knit, and hand stitch. Jane briefly taught Home Economics and Science in the public school system in Florida and North Carolina, owned a Bernina sewing machine dealership, designed two pattern lines, and worked for Bernina of America before joining YLI Corporation in 2005. Jane and her husband reside in York, SC.





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# lower Power EMBELLISHED BASKET

# **INSTRUCTIONS**

All seam allowances are 1/2".

Pleat the purple fabric strips with the ruffler. Trim strips to 3/8" wide, centering the stitching. TIP: Use a rotary cutter and clear ruler to trim the strips.

Select – **but do not cut out** – a large purple flower from the City Girls fabric and bond a layer of HeavyWeight Cut-Away stabilizer to the wrong side using 101 Quilt Basting Spray. Stitch the ruffled strips to the flower, petal by petal.

Cut a 73/8" x 8" rectangle from the ruffle-embellished fabric, centering the flower in the rectangle. Trim the seam allowances from the stabilizer. Make a narrow double hem at the upper edge of the rectangle.

Place the finished flower rectangle face up on the right side of one 7¾" x 8" rectangle of fabric, lower edges flush. Place the second 7¾" x 8" rectangle right side down on top. Stitch around the rectangle through all layers, leaving an opening in one side for turning.

Turn the pocket right side out and press. Topstitch 1/4" from all edges.

Make eyelets in the pocket corners following the instructions included with the Eyelet Embroidery Set.

To make the ribbons, fold and press the fabric strips in half lengthwise with wrong sides facing. Turn the raw edges in to the fold and press. Edgestitch along both folded edges. Attach pocket to basket by tying ribbons through the eyelets.



A gift of flowers lasts even longer when presented in this lovely decorated basket. Insert a greeting card or note into the pocket to express your sentiments. The large embroidered eyelets in the corners are easily stitched using the Eyelet Embroidery Attachment #83.

# **MATERIALS**

- Benartex "City Girl" floral fabric
- Benartex "City Girl" striped fabric
- Purple fabric remnant for the ruffled embellishment
- OESD HeavyWeight Cut-Away stabilizer
- 101 Quilt Basting Spray
- Ruffler #86
- Clear Foot #34/34C
- Eyelet Embroidery Attachment #83
- Square or rectangular woven basket, at least 8" x 8"

# **CUTTING OUT**

- Purple fabric: Approximately 3 yards of 1" wide bias-cut strips
- · Striped fabric:
  - Two 7¾" x 8" rectangles
  - Four fabric strips, each 1" x 16" for ribbons that finish to 1/4" wide





# Embroider on the Unusual

Part 1: Aluminum Drink Cans Hot Pad

# Prepare the Can

Carefully cut the can open with tin snips, slitting it down the side to open it flat. The cut edges are very sharp and may have burrs; file the edges before handling.

Position the open can on Stabil Stick before doing anything else. (The rotary blade won't cut through the aluminum without the Stabil Stick.) Cut quilt block pieces – minus seam allowances – as desired.

# Gather the Supplies

- Drink cans
- Tin snips
- Metal file
- Embroidery hoop
- Stabil Stick stabilizer
- 80/12 Sharp needle
- Embroidery designs, such as Studio BERNINA Quilting from the Heart collection #858

# Prepare the Embroidery

In BERNINA Embroidery Software, draw placement lines for each shape. Add pattern run stitches for crazy quilting, avoiding heavy satin stitch patterns. Open stitches - such as feather stitch variations - work best.

Add embroidery last. The embroidery must stitch after the pieces are stitched together. Select designs with a straight-stitch outline. Reduce satin and fill density to 85% or less. The sample shown uses motifs from Studio BERNINA Quilting from the Heart collection #858.

# Embroider the Can

Insert a size 80/12 Sharp needle into the embroidery system. Thread with Isacord embroidery thread.

Hoop a layer of Stabil Stick and remove the paper backing. Stitch the placement lines. Position the cut can pieces on the stabilizer, smoothing them firmly onto the adhesive. Stitch the pattern run stitches, keeping the can pieces butted together while stitching.



Continue stitching until all pieces are joined. Stitch the embroidery designs.

When embroidery is complete, remove the hoop from machine and carefully clean the hook area. Remove block from hoop; trim away excess stabilizer.



# Construct the Hot Pad

Add borders as desired. Cut the batting 1" larger than the trimmed patchwork block. Cut the backing 1" larger than the batting.



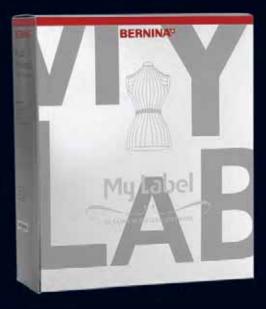
patchwork block on the batting.

Stitch in the border ditch with a blanket stitch and Clear Embroidery Foot #39/39C. Wrap the excess backing to the front and secure with a blanket stitch and Clear Embroidery Foot #39/39C.

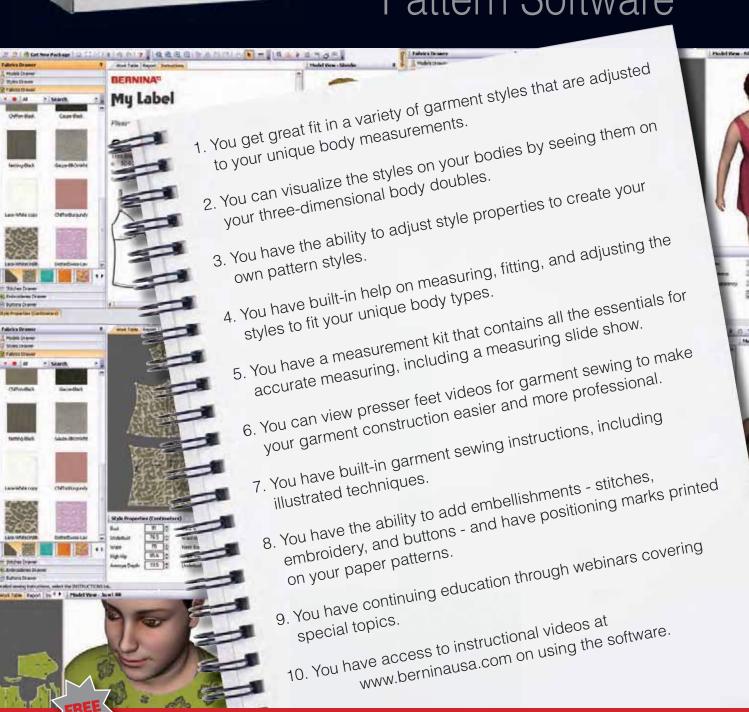
Watch future issues for more Embroidery on the Unusual!

# Resources

- Machine Embroidery Wild & Wacky: Stitch on Any and Every Surface by Linda Turner Geiepentrog and Rebecca Kamp Brent
- Creative Recycling in Embroidery by Val Holmes



# Reasons you LOVE My Label My Label 3D Fashion Pattern Software



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BY JANET PAGE KESSLER



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Museum Garden

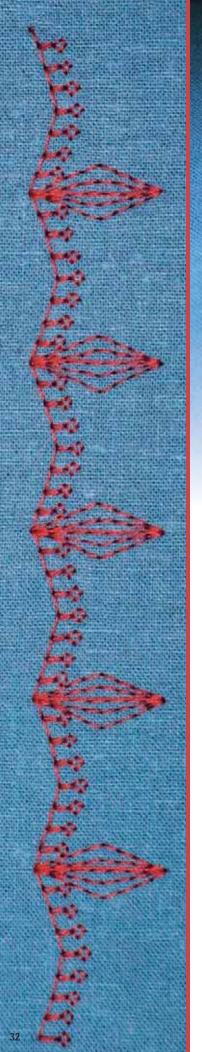
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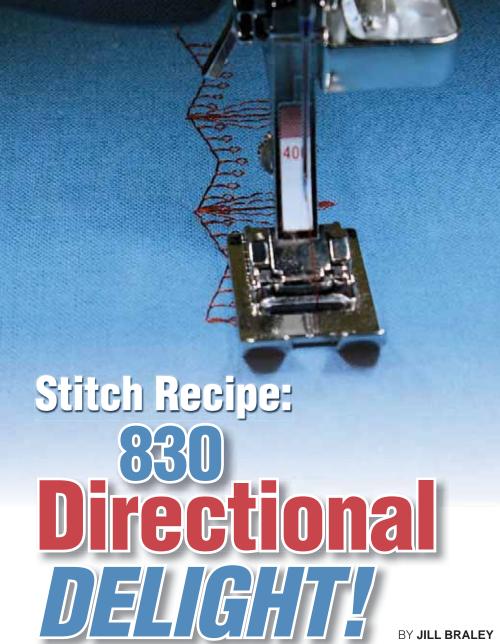
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With the 830, this stitch recipe is sewn completely in one direction, with no pivoting or realignment. What makes the 830 directional stitching stand out from that of previous models? The connecting stitch screen – there's no longer any need to figure out the movement using a compass, as the 830 determines it for you based on the stitch arrangement you create in the connecting stitch screen! What could be easier?

# 830 Supplies

- Sideways Motion Foot #40C
- Needle appropriate for thread selected



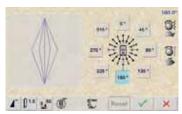
1- Open Combi Mode.



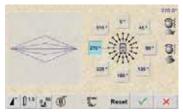
**2-** Gather stitches - #761, one of 261 new stitches found on the 830!



**3-** Gather another stitch, #439. Select the new Multi-Directional Sewing icon.



4- Instead of pivoting and rotating your stitches manually, the 830 offers NEW functionality. It's able to rotate a large variety of stitches in 360 different directions!



**5-** Rotate the stitch pattern in direction 270°; confirm the changes by touching the green checkmark  $(\sqrt{})$ .



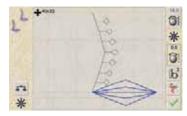
6- The combination is beginning to come together, but there is even more that can be done to line up the complete combination just the way you want it.



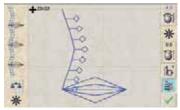
7- Touch the Multifunction icon (eyeglasses) to preview the combination as it will sew out. The 830 offers yet one more new exciting feature with the new Connecting Stitches icon.



8- In the Connecting Stitches screen, use your finger or touch pen to "drag and drop" your stitches to the perfect location to sew exactly what you envision.



9- Here is the adjusted combination. Look in the far left preview screen; notice that the stitches will not sew out in a continuous straight line. Let's make one more adjustment.



10- The Connecting Stitches screen enables you to move single motifs or groups of motifs. The group was moved to create a straight row of continuous stitching on the left. Confirm your creation by touching the green checkmark (√).



**11-** Preview screen. Touch the red X to leave the active screen and return to Combi Mode.



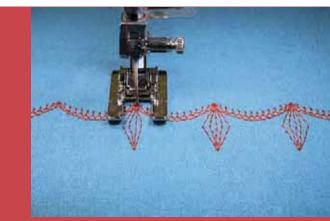
12- Combi Mode screen and you are ready to sew! Touch Pattern Begin; attach Sideways Motion Foot #40C; stitch your creation. No pivots or rotations are necessary – the 830 moves and feeds the fabric for you! All you do is simply guide the work.

# MANUAL SEWING INSTRUCTIONS FOR OTHER MODELS

# Technique

Attach Clear Foot #34/34C. Select artista stitch #740 or other scallop stitch. Sew the first pass.

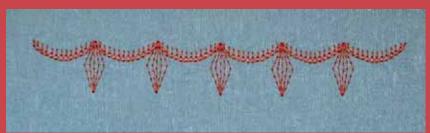
Attach Open Embroidery Foot #20/20C. Select artista stitch 439 or other diamond-shaped stitch. Engage the Single Pattern function and the Securing function.

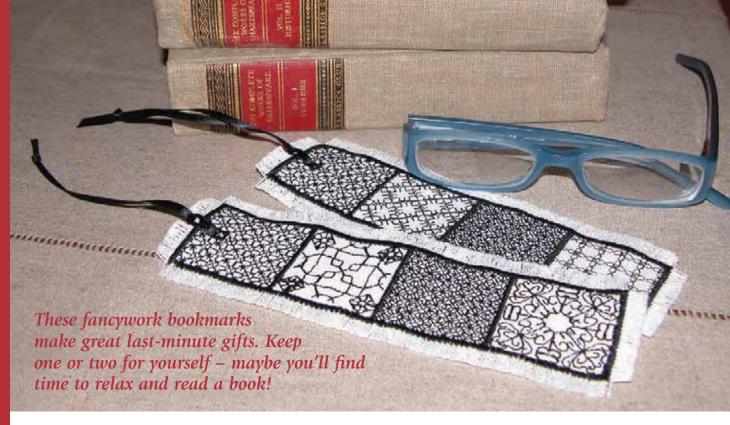


# **Supplies**

- Clear Foot #34/34C
- Open Embroidery Foot #20/20C
- Needle appropriate for thread selected.
- Marking tools



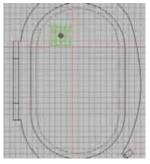


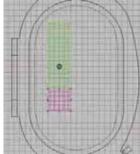


# Design

Open software. Right click on the hoop icon; select the Large Oval (255 x 145) hoop and Manual centering. Right click on the grid icon; select Show Grid and Snap to Grid.

Click on the Rectangle tool; select Fill = Blackwork Fill. Click and drag to draw a 4 x 4 cm square in the top left area of the hoop.





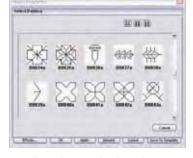
Right click & drag on the first square to clone a second square directly under the first one. Repeat two more times for a total of four stacked squares.



Double click on the first square to open Object Properties. Select the Fill Stitch tab; click on the Select button. Scroll through the blackwork fill stitches and

select one for the first section of your bookmark (the sample uses B0034a). Click OK.

Repeat for the remaining squares (B0024a, B0035a, and B0015a were used in the sample).



Select all four squares; click on

the Group icon to group them into a single unit.

Deselect the squares by clicking on an empty area of the screen. Select Color 2. Select the Open Object tool; select Outline = Satin Stitch. Draw a line

between the first two squares.

Right click on the line to open Object Properties; select the Outline Stitch tab. Change Satin Width to 0.07 inches.



Right click and drag the line to clone it; place the clone between the second and third squares. Repeat and place a third line between the



Select the Rectangle tool; select Outline = Satin Stitch. Click and drag to draw a rectangle around all four squares.



Select Arrange > Add Buttonhole; click just below the center of the top of the bookmark.



Right click on the buttonhole to open Object Properties. Change Slit Length to 0.02 inches.

Reposition buttonhole near edge of bookmark if needed.

Select all parts of the

bookmark, then click on the Group icon to group them into a single unit.

Select File > Card/Machine Write to send the design to your embroidery system or a BERNINA Memory Stick.

# **Embroidery**

Adhere a layer of AquaMesh Plus to the back of the linen; hoop in the Large Oval hoop.

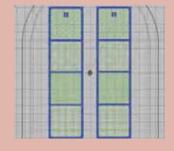
Thread the embroidery system with black embroidery thread in the needle and bobbin. Do not adjust tensions! Since the bookmarks are reversible, use balanced thread tensions so the stitches look the same on the back and front.

Embroider; remove from hoop.



# Variation

Substitute designs from OESD's Blackwork 1 collection (Pack 11531) for any or all of the blackwork fill squares. Some of these designs are also found in v5 software in C > My Designs > Red Blackwork.



Right click and drag on the first

bookmark to create a clone; place it at the right side of the hoop.

With the cloned bookmark selected, click on the Ungroup icon to break the pieces apart. Select and delete the second and fourth squares.

Select File > Insert Design. Select Nx428 and click Open. Position in the second square. Repeat, placing Nx437 in the fourth square.



Click on the Color Film icon; notice that the new designs are Color 15. Right click on the black

15 icon to select the new areas of

the bookmark; change Color 15 to Color 1.

Drag and drop Color 1 onto Color 1, and Color 2 onto Color 2.

Select File > Card/Machine Write to send the design to your embroidery system or a BERNINA Memory Stick.



# Finishing

Using the rotary cutter, ruler, and mat, trim excess linen from around bookmarks, leaving about 1/4" of fabric beyond the stitching.





Fringe edges.

Use a buttonhole cutter and block to cut the slit in the buttonhole.

Soak overnight to remove water-soluble stabilizer. Blot excess water, then air dry.

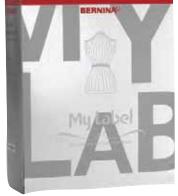
Use a tapestry needle to insert the ribbon. Knot the ribbon.

# Materials and Supplies

- White linen, large enough to hoop
- Black embroidery thread for needle and bobbin
- BERNINA v5 DesignerPlus software with blackwork fills
- OESD Blackwork 1 Collection (Pack 11531), optional
- Water-soluble stabilizer such as AquaMesh Plus
- Large Oval Hoop

- Rotary cutter and mat
- Nifty Notions "Cut for the Cure" ruler, 4" x 14"
- Buttonhole cutter and block
- 12" length of narrow ribbon

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