



# Through THE NEEDLE

BERNINA®

Issue 17

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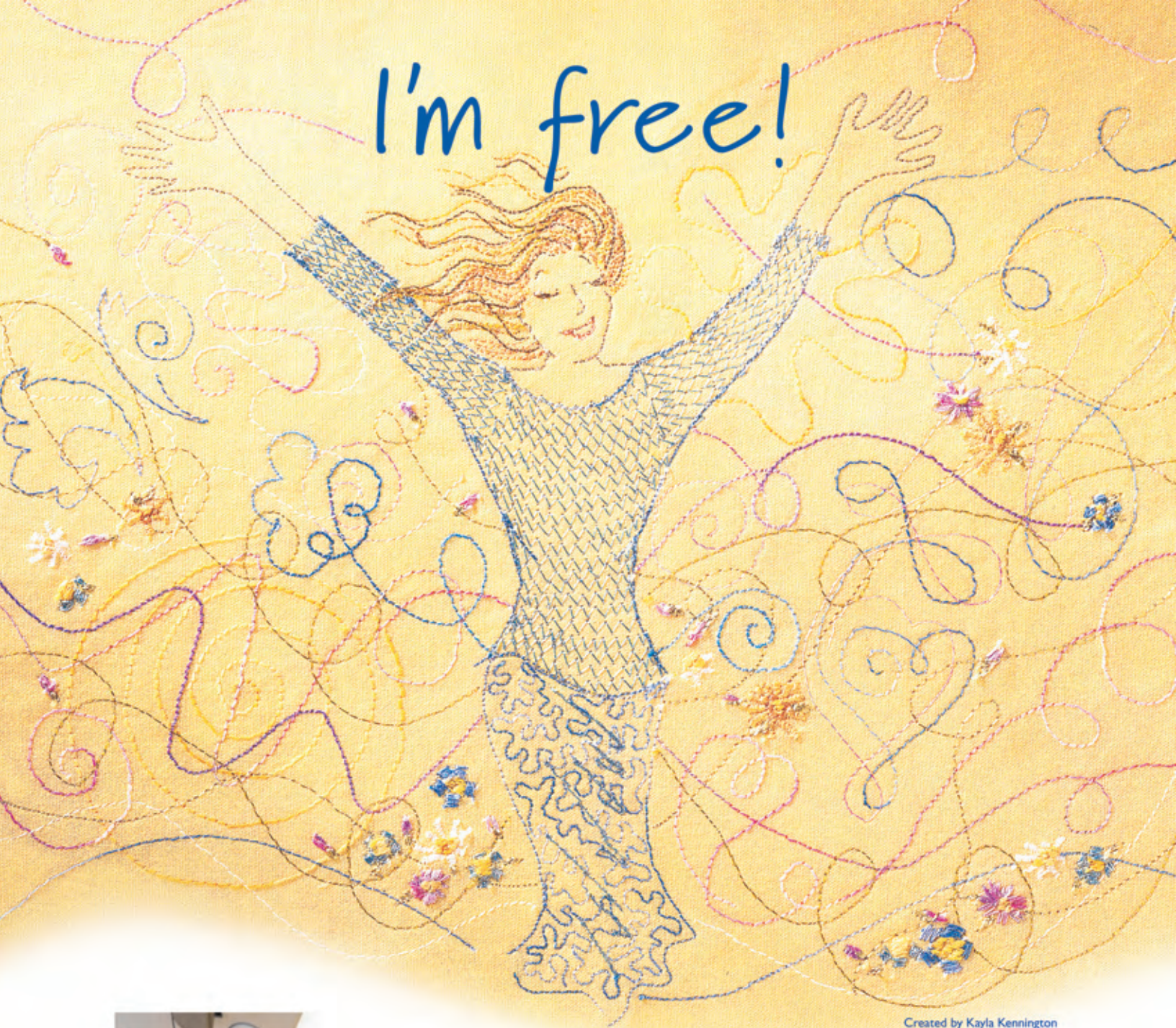
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Created by Kayla Kennington



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Beth is a highly experienced quilter with a gift for teaching. She was given her first sewing kit in kindergarten and has been putting needle to thread ever since. Find out about her seminars, books, and patterns at [www.applewoodfarmquilts.com](http://www.applewoodfarmquilts.com).

## KRISTIE SMITH

Kristie was introduced to sewing on BERNINA® machines in college and loved it so much she took every sewing related class offered. She's been sewing on BERNINA® machines and teaching sewing classes for 14 years. As a BERNINA® Educator, Kristie is extremely passionate about sewing and loves to encourage others, especially the younger generation, to create.



## YVONNE PORCELLA

An artist specializing in wearables and art quilts, Yvonne began in 1962 by making unique garments, wall hangings and quilts. Her work is currently featured in major exhibitions, art galleries and museums. She is a vibrant expression of an artist who knows how to handle color with an apparently endless palette. She hand paints fabrics to achieve a soft pastel watercolor effect and uses a variety of these fabrics to create her art. Her work features machine piecing in conjunction with appliqué and quilting and she feels that cloth allows great versatility in expressing feelings and creative ideas.

## ELVA MUNGAI

A Resource Trainer for BERNINA® of America, Elva lives in Parrish, Florida and for several years worked as a store manager for a local dealer.



## NINA McVEIGH

During 14 years of owning her own store, Nina developed and taught her original patterns and designs in BERNINA® Clubs and Classes. An avid quilter, heirloom sewer and lover of all kinds of embellishment, she is also a collector of scissors, buttons and thread.

## JILL DANKLEFSEN

Jill's exquisite work with manipulating decorative stitches – playing with them, changing them, creating texture with them – is one of her specialties as a BERNINA® Educator.



## BARBARA ALENCI

Barbara has been involved with sewing since she was 11 years old and started making her own clothes. She opened a quilt shop in Florida 12 years ago, and a year later became a BERNINA® dealer. Since closing her shop, she has been working for BERNINA®. Her favorite parts of the job are teaching, and seeing the enthusiasm on the faces of her students.

## FAITH REYNOLDS

As a BERNINA® Educator, Faith teaches national classes for both dealers and consumers. One of her favorite topics is the use of the BERNINA® Embroidery Software.



## MARLIS BENNETT

As an Educator for BERNINA® of America, Inc., Marlis creates unique interpretations of classic and heirloom garments, putting her own stamp of creativity on machine-sewn projects.

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**Gayle Hillert**  
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GAYLE HILLERT

Webster describes craft as a “special skill or ability”. Stitchers definitely possess a special skill and usually love to put those abilities to work by sewing a variety of projects. From quilts to garments to home dec items, we all dabble in different types of sewing, learning useful techniques and expressing our creativity in our own unique ways. When we think of sewing crafts, we usually think of small projects or items such as fabric boxes, bowls, vases, tote bags, book covers, and fiber art pieces. These kinds of projects offer stitchers opportunities to experience all types of sewing techniques and can give crafters creative satisfaction in a short amount of time.



This issue of *Through The Needle* features Marie Osmond and her Crafter's Collection of Expressive Lace embroidery designs. Marie started crafting at a young age and feels that sewing and crafting with family and friends helps you connect with others, similar to when our grandmothers held quilting bees. Her beautiful lace designs can be projects in themselves such as the 3-D lace bow shown here or can be incorporated into other projects such as the “Fun, Fanciful Bookmarks” on Page 6. These are fast and easy to stitch and the kids in your life will love helping!

For those of you that love to use your sewing and embroidery system for scrapbooking like I do, there's a fun, fold-up photo album on page 28. It's called “Grandma's Brag Book” but can be adapted for any type of photos or small mementos you want to keep with you.

To prove the old adage, “everything old is new again”, we included an article on the “latest” craze, embellished jeans. Some of us can remember this from high school or college and we have a chance to do it again! So, discover (or re-discover) your creative jeans by trying some of the designs and techniques on pages 14-16.



“Sew To Your Heart's” Content on page 21 by Yvonne Porcella has several small heart-themed projects that let you hone your craft by learning several techniques using BERNINA® presser feet and accessories. Needle punching, a relatively new craft in the world of machine techniques, is a unique type of free-motion technique that almost anyone can master in a short time. The “Felted Flower Vest” on page 26 is a great beginner project with extra embellishments (detail stitching and machine beading) that the experienced sewer will love as well.

Bring your craft into the world of entertaining by creating and embroidering “Wine Glass Collars” for your next party. These unique tags, found on page 20, help your friends and family identify their wineglass all evening and can also double as place cards at the dinner table!

So, no matter what type of stitch “craft” you like to pursue, this issue of *Through The Needle* can inspire and encourage you to develop your skills, perhaps learn some new ones, and keep on creating!



# Marie Osmond

## on the *Style* and *Substance* of **SEWING**

BY SUSAN BECK

### *Style*

Part girl-next-door, part celebrity, and part modern-day mom, Marie Osmond has plenty to keep her busy and fill her day. Even so, from a young age, she has made time for sewing, needlework, doll collecting and designing. Marie learned to sew from her mother, cutting pieces of leftover scraps and hand-sewing them together for Barbie clothes. Her first real project was a pullover blouse and from there she graduated to making pajamas and Christmas stockings for her family. But it didn't stop there. She says, "I took my first design class when I was about 12 (right before Paper Roses came out) from George Trippon, a costume designer from Los Angeles. My Mom and I took Draping to learn



### *Marie's Sewing & Fashion Tips*

"When in doubt, wear black. Brown is supposed to be the new black, but I still like the real thing."

"If you're overweight, loose is better than tight. Don't be afraid to go up to the next size – it will look better than clothes that are too tight. One of the best things you can do is take in the underarm seam – start at the sleeve edge, stitching from nothing, then widening out to about 1" where you bend your elbow, and taper back to nothing at the armhole. For some reason, it makes you look 10 lbs. thinner! You can also do this at the side seams to get rid of the boxy look. If you are a new sewer, lay it out flat, then use chalk and mark it on the jacket. I use my serger to stitch it but you can stitch it on the sewing machine, then zigzag the seams, and trim it if you want."

"You can take what people think fashion is – for example, from the runway – and whatever it is – a straight skirt, a long skirt,

a short jacket - it is your responsibility to make it look good on you. You can modify anything through sewing and make it fit. For instance you can take a suit and narrow the pant legs or take out the shoulder pads to make it look current. There are lots of ways to use your clothes over and over again without buying new ones."

"I've always heard, 'Once you turn 40, it's all about the accessories!' and my mother always said, 'The greatest accessory you can have is lipstick.' But whether it is beautiful jewelry, a purse, a great pair of shoes, or the detail on your clothing such as embroidery and/or glitz, accessories are important. This embroidered flower from my new embroidered lace collection can be stitched as a three dimensional motif to make a brooch to accessorize any outfit. Add glitz and back it with decorative fibers to give it your own touch!"



*"There's nothing like seeing something you've made!"*



## *“I think through sewing you learn individuality”*

more about fabrics. I learned so much from George and other designers about fabrics – that’s how I got into my dolls. I feel very passionate about my dolls because they bring generations together – and so does sewing.”

As a working entertainer for most of her life, Marie has had the opportunity to work with some of the top designers in the entertainment business including Bob Mackie and Ret Turner. Famous for shows such as *The Sonny and Cher Show* and *The Carol Burnett Show*, they also worked on the Donny and Marie Shows, both the variety show in 1976 and the talk show in 1998. Marie says she learned a great deal from professional designers. She says, “The designer I consistently love – Ret Turner, who gave Bob Mackie his first job, taught me more about fabrics and sewing than anyone. When you wear a Bob Mackie, everyone knows it’s a Bob Mackie but when you wear a Ret Turner dress, you’re who you are – you look fabulous as Marie Osmond.”

Like most stitchers, Marie has several projects in the works. She says, “Right now, I’m felting a wool purse, putting in a cute lining, and adding glitz. And I like to buy baby t-shirts and blankets and embroider little designs on them – so easy, easy! My long-term project is making a king-sized quilt for each of my eight children. I petit-pointed gigantic stockings for each of them while working on the *Sound of Music* and the trick is – don’t do the baby last! Start with the oldest, then do the youngest, and alternate back and forth.”

Full of ideas and always planning new projects, Marie says, “If it’s been done, it’s been done, so let’s do something new!”

## *Substance*

Hearing the enthusiasm in Marie’s voice as she talks about her projects, it’s obvious that she values sewing and creating. She sees the greatest benefit of sewing as confidence. “There’s a clear sense of pride knowing you’re doing something unique - I think through sewing you learn individuality.”

She also sees sewing as an activity for all generations. “I want to leave this life knowing that what I’ve done will continue – from my work at the Children’s Miracle network to passing down my dolls to my kids. Sewing is the same – when you make a quilt to hand down or an heirloom for your children.”

“My mother was all about memories. When she was sick, I took my *artista* 200 and set it up next to hers. I realized you could embroider and quilt at the same time! She couldn’t say much but everything she did say, I embroidered on a quilt. A quilt is magnificent but to personalize it like that makes it incredible! After my mom died, I made another quilt for my mother-in-law as a kind of therapy. I pieced it and glitzed and it is beautiful! There’s nothing like seeing something you’ve made!”

*“If it’s been done, it’s been done, so let’s do something new!”*





# Marie Says...

"I love projects that I can do with my family. Here's an easy one for kids using some of my lace designs. It's a great 'together' project – Mom and daughter, Mom and son, Scout troops, etc. And, it can be cool for gift giving – the kids can make these for their friends!"



## Fun Fanciful Bookmarks

Make useful and colorful bookmarks to complement a favorite book - or try a holiday design or favorite motif.

### GENERAL SUPPLIES

- BERNINA® Embroidery machine
- Expressive Lace, "Lace Up Your Life" Vol. 1 design collection
- Felt pieces in desired colors (large enough to fit the medium embroidery hoop)
- 1/2 to 1 yard of narrow ribbon
- Isacord Embroidery threads in selected colors (use same thread top and bobbin)
- Organ Embroidery needle, size 70/10 or 80/12
- OESD Ultra Clean and Tear stabilizer for embroidery on felt
- OESD BadgeMaster for free standing lace pieces
- Open Embroidery Foot #20/20C
- Paper-backed fusible web
- BERNINA® IS-60 iron
- EZ Glitzer and crystals

### LADYBUG BOOKMARK

Select design  
#CC80925 – Flying Ladybug and/or  
Design #CC80926 – Ladybug



- Hoop the BadgeMaster stabilizer and repeat the embroidery process, creating "freestanding" lace ladybugs or stars.



- Hoop the felt and tear-away stabilizer.
- Use the embroidery motif "as is" to embroider on the felt. Add a second motif to your bookmark using the "add" or "duplicate" functions of the machine. *Note: With BERNINA® embroidery, don't forget that you have the options to move, rotate, and most importantly, scale (change the size) your motif; the machine recalculates the stitch count of your design so you'll have beautiful embroidery at any size!*
- When stitching is complete, remove the felt from the hoop.
- When stitching is complete, tear away as much stabilizer as possible and remove the rest by rinsing and soaking in water. Let dry.
- Using Foot #20/20C and a bartack or zigzag stitch with the feed dog lowered, stitch the lace ladybugs or stars to the ribbon as desired.
- Cut your felt to a bookmark shape of your choice. Cut a second piece the same size. Place the ribbon piece(s) between the felt layers. Fuse everything together using fusible web.
- Add additional embellishment as desired with the EZ Glitzer and crystals.

### STARS BOOKMARK

Select Design #CC80928 – Swirl Star

To see all of Marie's embroidered lace collections with stand-alone and 3-D items, go to [www.embroideryonline.com](http://www.embroideryonline.com)

- Studio BERNINA® Crafter's Collection Embroider Your Holidays – Christmas and embellishment items
- Studio BERNINA® Crafter's Collection Home Expressions – home embellishments and 3-D motifs
- Studio BERNINA® Crafter's Collection Lace Up Your Life – angels, ornaments, and fun motifs





# Beguiling ARGYLE

By Beth Ferrier

*The distinctive diamond-shaped argyle pattern comes from the original hosiery worn with Scottish tartans. Cut from the same cloth as the kilt, but on the bias, the squares on the kilt became diamonds on the stocking. The simple Square-in-a-Square patchwork pattern mimics the look of argyle in this striking lap quilt.*

*Finished size: 32" x 39"*

## Fabric Supply List

- 1 fat quarter (18" x 22") each of four fabrics (Colors 1-4)
- $\frac{3}{4}$  yard center square fabric
- $\frac{3}{4}$  yard sashing fabric
- $1\frac{1}{4}$  yards backing fabric

## Notions and Other Supplies

- Rotary cutter, ruler and mat
- 5" square of template plastic
- Good quality 100% cotton thread, such as Metter Silk Finish 50/3
- Patchwork Foot #37 OR Patchwork Foot with Guide #57
- Straight stitch throat plate

## Fabric Requirements

### Center Fabric

- Cut 3 strips  $4\frac{3}{4}$ " x width of fabric, then cut into twenty  $4\frac{3}{4}$ " squares
- Cut 4 strips 2" x width of fabric. Join end to end and press in half widthwise to make the binding.

### Sashing Fabric

- Cut 3 strips  $6\frac{1}{2}$ " x width of fabric, then cut into forty-nine 2" x  $6\frac{1}{2}$ " rectangles

### Colors One & Four

- Cut 2 strips  $3\frac{7}{8}$ " x width of fabric, then cut into ten  $3\frac{7}{8}$ " squares
- Cut 2 strips 2" x width of fabric, then cut into nine 2" squares
- Cut 2 strips 1" x width of fabric (one of each color for the floating border)

### Colors Two & Three

- Cut 2 strips  $3\frac{7}{8}$ " x width of fabric, then cut into ten  $3\frac{7}{8}$ " squares
- Cut 1 strip 2" x width of fabric, then cut into six 2" squares
- Cut 2 strips 1" x width of fabric (one of each color for the floating border)

## Quarter Inch Seams

Patchwork Foot #37 and Patchwork Foot with Guide #57 are identically designed except that Foot #57 has the added benefit of a fixed guide on the right side of the foot which aids in keeping the edges of the fabric under the foot ensuring perfect scant  $\frac{1}{4}$ " seams. Especially helpful for beginners, this guide also offers

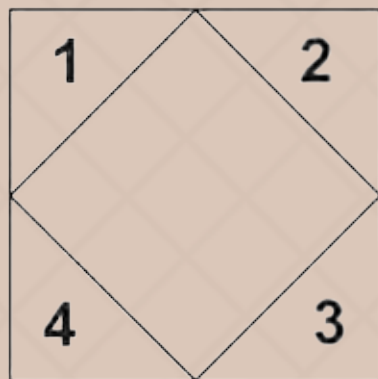


extra insurance to experienced piecers. Both feet make it easy to stitch a  $\frac{1}{4}$ " seam – the typical seam allowance used in traditional patchwork patterns. The side edges are exactly  $\frac{1}{4}$ " from the center needle position. The inner edges of the front of the toes are  $\frac{1}{8}$ " from the center needle position – a great asset when stitching miniature quilts, doll clothes, French seams, and other precision techniques.





The secret to making this project easily and quickly is to keep the fabrics organized. Paste a scrap of each colored fabric in the appropriate triangle to create an easy reminder.

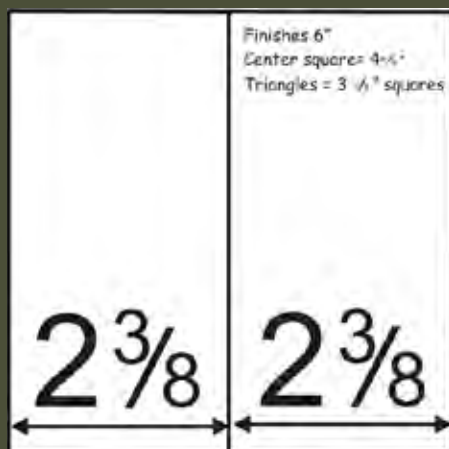


## Beth's Sneaky Piecing Trick

The Square-in-a-Square is a simple block that can be a pain to make. Getting those silly triangles in just the right position against the center square can be a challenge. Here's a simple solution.

### Making a "Cheat"

The trick to getting the triangles to fit with the center square is to get rid of the "dog-ears" by making a guide for removing the points. Cut the template plastic accurately to the same size as the center square; in this case it should measure  $4\frac{3}{4}$ ". Measure  $2\frac{3}{8}$ " from one edge and mark the vertical center of the template. You should also mark the template so you don't have to remember anything. This "cheat" is for a 6" finished Square-in-a-Square block, the center square is  $4\frac{3}{4}$ " and the triangles are cut from  $3\frac{3}{8}$ " squares.

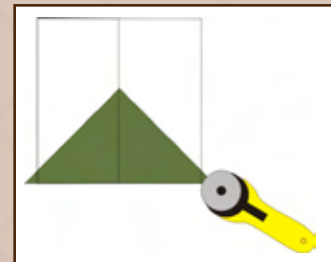


## Cut the triangles

Start with the  $3\frac{3}{8}$ " Color 1 Fabric squares. Cut these on the diagonal once. Keep them stacked as neatly as you can in two stacks of five squares each.

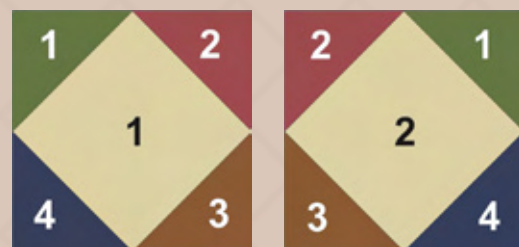
Turn the stacks so that the long side of the triangle is at the bottom, the point at the top. Place the cheat on top of this stack so that line you just drew is right at the point of the fabric triangles. The bottom edge of the cheat should be even with the long side of the triangle.

See those points sticking out on either side of the cheat? Chop them off with your rotary cutter. Now the triangles will fit the center squares exactly! Repeat until you've chopped the points off of all the triangles cut from the  $3\frac{3}{8}$ " squares.

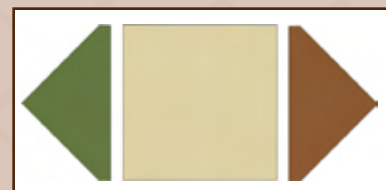


## Sew the blocks

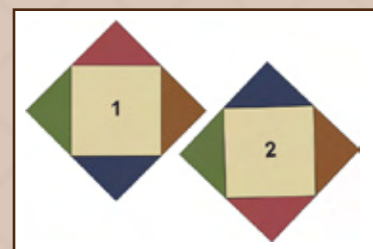
This little quilt is made of two color ways of the same block. They may not look very different, but to get the colors to play together in the end, the color placement is critical. Make ten each of Block One and Block Two.



Start by sewing the odd number fabrics opposite from one another. Notice how perfectly they fit the center square! Be sure to keep Fabric 1 on the left. Sew all twenty center squares this way. Always press the seams away from the center square.



Next add the even numbered fabric and this is where you really need to pay attention to placement. On ten of the blocks, Fabric 2 goes clockwise next to Fabric 1 with Fabric 4 opposite. On the remaining ten, Fabric 4 goes clockwise next to Fabric 1 with Fabric 2 opposite. They really are different blocks!



## Sashing Units

Sew a sashing strip to all 9 of the Color 4 squares. Press the seams towards the square.



Sew another sashing strip to the other end of six of the units you just made.



Make six double sash units with the Color 2 squares.

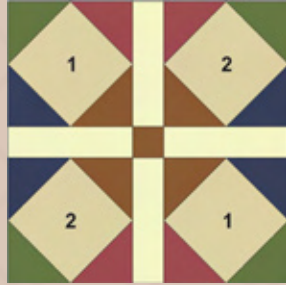




## Sew the Four-block Units

Collect the blocks you've made, the sashing strips and the Color 3 squares.

This unit is made of two Block Ones and two Block Twos. It helps to lay them out to get the colors to line up. You'll rotate a Block One and Block Two to get all of Color 3 touching the square in the center. Make four of these units.



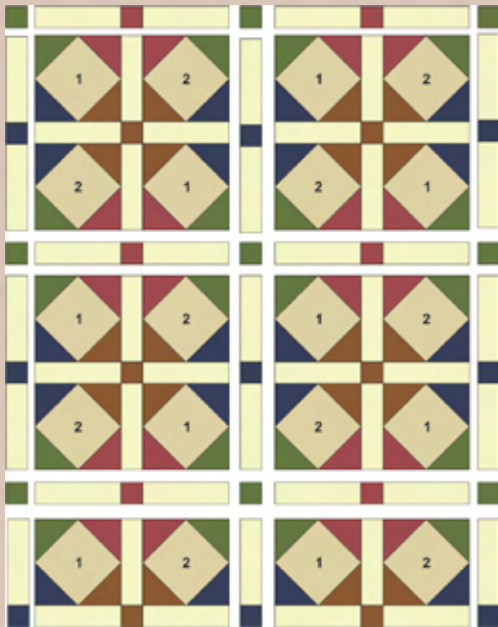
## The Half Units

With the remaining blocks, three sashing strips each and the Color 3 squares, make two half-Unit blocks.



## Put it All Together

Use the four-block Units, the half-units, the sashing units and the remaining Color One squares to put the quilt together as shown in the diagram.



## Layer and Quilt

Free-motion quilting is always my first choice. I use neutral trilobal polyester thread such as Pixelles™ **Trilobal** Polyester Machine Quilting Thread by Signature to quilt "swoopy" designs on my quilt. Use your favorite free-motion foot or try the new **BERNINA®** Stitch Regulator #42 (BSR) for even, consistent stitches every time (see below).



## The Floating Border

A folded strip of fabric on each side next to the binding carries the color scheme to the edge of the quilt, adding continuity to the entire quilt. Press each of the 1" strips (one of each color) in half width-wise, *wrong sides together*, as you would for making binding. Machine-baste to the quilt top, matching raw edges and trimming to fit each edge.

Apply binding to the edges of the quilt using your favorite methods of binding. *Tip: For an online class showing several binding methods, log on to [www.berninausa.com](http://www.berninausa.com) > Online Classes > Sewing Classes > Binding Basics.*

For more of Beth's projects and classes, go to [www.applewoodfarmquilts.com](http://www.applewoodfarmquilts.com)

What used to take days of practice can now be mastered in a matter of minutes even if you've never free-motion stitched before. The **BERNINA®** Stitch Regulator #42 is a free-motion presser foot attachment suitable for use on several **BERNINA®** Sewing Systems (*aurora* 430, *aurora* 440QE, *artista* 630, *artista* 640, *artista* 730, *artista* 200 with Upgrade Kit installed).

Freehand and free-motion techniques require the stitcher to move the fabric since the feed dog is lowered and cannot transport the fabric. As the fabric is moved under the foot's optical sensor, the **BERNINA®** Stitch Regulator adjusts the speed of the machine and the movement of the needle to correspond with the movement of the fabric. A consistent stitch length is maintained resulting in beautiful stitches sewn in any pattern, any direction, and any design you want.





# ABOUT Style

BY KRISTIE SMITH

## “Cowboy Chic” Pillow

*Treat your sofa to some “cowboy chic” with this up-to-the-minute leather throw pillow embroidered with a delicate outline design stitched in a coordinating, variegated thread.*

### INSTRUCTIONS

Set up the BERNINA® embroidery system and insert a new needle into the machine. *Note: The pillow shown was sewn with size 90 leather needle because of the thickness and weight of the leather. See Leather Stitching Tips for more information.* Thread the needle with variegated thread and the bobbin with lightweight bobbin thread.

Hoop two layers of stabilizer; using a fabric marker, mark the center of the hoop. Lightly fold the leather into quarters; unfold and mark the center with a piece of masking tape.

Apply temporary spray adhesive to the stabilizer and adhere the center of the 17” square of leather to the center of the stabilizer. *Note: Do not hoop the leather as it may leave hoop burns, damaging the surface.*

### SUPPLIES

- Desired embroidery design(s)  
The design shown is from Studio BERNINA® Quilting Fancy by Diane Gaudynski #798 (available from [www.embroideryonline.com](http://www.embroideryonline.com))
- One 17” square of leather for pillow front
- Two 17” x 9” pieces of leather for pillow back
- One 12” metal zipper
- One 12” pillow form *Tip: For a full look, squeeze a 14” form into a 12” finished pillow*
- Walking Foot #50
- Non-stick Zipper Foot #54
- Size 80 or 90 Sharp or Leather machine needle (see Leather Stitching Tips for specifics)
- Isacord embroidery thread as desired
- OESD Heavyweight Cut-away stabilizer
- Polyester thread for construction
- HRFive temporary spray adhesive
- Rotary cutter with straight blade
- Rotary cutter with wavy blade
- Rotary mat
- Nifty Notions® Cut for the Cure™ Ruler – 7” x 24”
- Variegated thread



For instructions to make this coordinating 4-patch pillow, visit [www.berninausa.com](http://www.berninausa.com) > Sewing Studio > Free Projects.





Select the desired design; designs #24 and #25 were used in the sample shown in the photograph. Edit the design as needed (see *Leather Stitching Tips*). Stitch the design on the leather pillow front and trim the excess stabilizer.



Center the zipper down one long edge of the 17" x 9" piece of leather, right sides together with the zipper facing up. Stitch next to the coils of the zipper using Non-stick Zipper Foot #54 and a far right

or far left needle position (depending on the side of the zipper you are sewing). *Tip: Foot #54 has a special coating on the sole to enable it to slide over leather easily. Never place the non-stick foot directly on the feed dog (without fabric between them) as the coating on the foot may become scratched.*

Open the seam and finger press. Using Walking Foot #50, top-stitch the leather next to the zipper with variegated thread through all layers. *Tip: Use the FHS (Free Hand System) to raise the presser foot and lower the feed dog at the same time, giving extra room that makes it simple to slide several layers of leather under the presser foot.*

Repeat the previous two steps with the remaining back piece and the other side of the zipper.

Select a zigzag or decorative stitch and topstitch the remaining seam closed beyond the zipper ends. *Tip: Practice decorative stitches on scrap leather before stitching on project.*

Layer both pieces of leather (pillow front and back), *wrong sides* together. Trim both to 16" square using a ruler and straight edge rotary cutter. *Note: Do not pin into leather as this will leave holes!*

Using Walking Foot #50, stitch around all edges of the pillow, 2" in from the edge, using a stitch length of 4mm-5mm.

*Tip: Set the sliding seam guide on the Slide-on sewing table 2" from the needle. Align the edges of the pillow with the guide as you sew.*



Trim the outer edges of the pillow using a wavy cutter and ruler. Insert the pillow form through the zippered opening in the back, close the zipper, and enjoy your fabulous pillow!

## Leather Stitching Tips

Stitching on leather is simple to do but requires a few adjustments for the best results. Consider these points when selecting your supplies and planning your project; always sew at least a partial design on scrap leather before stitching on your project.

### LEATHER

- Look for leather thick enough that it won't distort, but not so thick that the needle has trouble penetrating it.
- Some common types of leather are:
  - Lambsuede—weighs 1.5 oz./square foot—thin and soft
  - Cowhide and cowhide split—weighs 1.5-4 oz./square foot—medium weight
  - Cowhide plonge—weighs 1.75 oz./square foot—soft, supple feel of lambskin, but more durable

### DESIGNS

- Look for light, airy designs; stay away from dense designs to avoid a high number of needle penetrations that can perforate the leather, especially light, soft types.
- Designs can be edited (using BERNINA® Embroidery Software) to decrease the stitch density. *Note: Designs can also be edited on-screen when using **artista** models 200E or 730E using the Stitch Properties function.*
- Suede tolerates dense designs better than leather; stitch a test to see what works with your leather.
- Short stitch lengths can also perforate the leather; edit the design to increase stitch length.
- "Outline only" designs (such as continuous line quilting designs) with a medium to long stitch length work well for stitching on leather

### STABILIZERS

- Soft, thin leather, can use fusible or soft cut-away stabilizers
- Medium to heavyweight leather that is hard works best with tear-away stabilizer
- Medium to heavyweight soft leather, use cut-away stabilizer

### NEEDLE

- Select a sharp needle for soft, pliable leathers
- Use a leather needle on heavy, thick leathers only
- Use the smallest size needle point possible—usually an 80 or 90
- For soft, stretchy leather, use a ballpoint if there is a problem with thread breakage

### EMBROIDERY THREAD

- Use a 40 wt. Polyester thread such as Isacord embroidery thread for decorative stitch work.
- 30 wt. with a size 90 needle may provide better coverage with a design that has decreased density and stitch length

### OTHER

- Decrease motor speed
- Decrease upper thread tension if needed to reduce thread breakage



Fabric by Benartex: Triple-Dyed Bali Batiks Tutti-Fruitti

# The Crafter's Choice

**The only way to build your skills and develop your craft in any area is to play and practice – using quality equipment. That's why so many crafters who work in needle and thread choose the dependability, the sturdiness, and the innovation of BERNINA® sewing and embroidery systems. These are some of the features, functions, and accessories that crafters turn to over and over to create, stitch and embellish their favorite projects.**

## EASY TO USE

Simple stitch selection by push button or touch screen and easy-to-change settings let you spend your time sewing rather than adjusting your machine. And, almost every BERNINA® sewing machine offers Altered Stitch Memory that lets the machine remember changes to your stitch settings until the power is turned off, even if you move from stitch to stitch to stitch. No more remembering and resetting every time you reselect a stitch – especially useful when alternating between several decorative stitches on one project.

## PRECISION STITCHING

From sturdy seams to decorative stitching, the integrity of the stitching is important when crafting high-quality gifts and personal items. BERNINA® machines offer a precision stitch that has no rival. There's no coasting when the foot pedal is released – the stitching ends exactly where you want! The exclusive electronic foot control lets you stitch one stitch at a time – or even half-stitch by half-stitch – for perfect control when stitching techniques require precise stitch placement.

## CONSISTENT TENSION

Consistent tension for both straight and decorative stitching lets you start sewing immediately – on all types of fabric, from velvet to denim – without “fiddling around” or making stitch adjustments.

## FREE HAND SYSTEM

Lift the presser foot and lower the feed dog using the knee-activated lifter for the most clearance space between the presser foot and the stitch plate - perfect for projects with multiple, thick layers. Works as a “third hand” to help you control the fabric under the needle and speeds sewing time by 20% so you can produce more stitched masterpieces in less time. The FHS lets your hands stay focused on creating instead of being interrupted by simple manual tasks such as raising the presser foot.

## HEAVY DUTY DC MOTOR

Provides powerful needle penetration for multiple layers with no hesitation or false starts. No need to avoid thick fabric, heavy trims, multiple layers of cardstock, or sewing through hook-and-loop tape.

## PRESSER FOOT PRESSURE ADJUSTMENT

Offers the option of adjusting the pressure of the presser foot so that all types of projects – from furry teddy bears to dainty doll dresses – can be easily stitched. Can also be adjusted to make the presser foot glide easily over seams and uneven layers.

## LARGE SELECTION OF PRESSER FEET

BERNINA® has a wide range of specialty presser feet designed to make techniques such as gathering and hemming faster and easier. Finding the right one for the job makes sewing faster and easier with a minimum of frustration.

- **JEANS FOOT #8** – When sewing through heavy fabrics or multiple layers, this hinged, straight stitch only foot is specially designed to keep the needle from being deflected through thick layers of fabric as well as focusing the penetration power of the needle so that the foot moves easily over varying thicknesses.
- **BUTTON SEW-ON FOOT #18** – Great for adding decorative buttons as embellishments and for tacking/tying layers of fabric together.
- **BRAIDING FOOT #21/12C** – Both of these feet work well for couching decorative cords and yarns to add texture and pattern to any type of project.
- **CLEAR FOOT #34/34C** – The clear sole of this foot allows great visibility of the stitching area. This is especially helpful when scrapbooking with your sewing machine as there is no room for error when stitching on paper. The red markings are also useful as guidelines to help position your stitching exactly as you need it.
- **PIPING FOOT #38** – This foot is great for situations where the sewing surface is uneven such as when stitching hook-and-loop tape or attaching webbing.
- **CLEAR EMBROIDERY FOOT #39** – Perfect for satin stitch appliqué because the sole of the foot has a wide indentation on the bottom to enable it to pass smoothly over heavy stitching; and the sole is clear so you can easily see the edge of the appliqué to position the stitch exactly as needed.
- **BERNINA® STITCH REGULATOR FOOT #42** – Stitch any pattern, any design, any direction with this free-motion foot that regulates the stitch length for you. You



can master free-motion techniques in minutes, without practicing for weeks! *Note: Available only on selected BERNINA® models.*

- **ROLLER FOOT #51** – Literally rolls over “sticky” materials such as plastic, vinyls, and leather and is great on textured, “loopy” fabrics as the rollers won’t catch on the loops.
- **NON-STICK FEET #52-54** – Zigzag, Straight, and Zipper feet with specially coated soles so they glide over “sticky” materials such as plastic, vinyls, and leather.
- **WALKING FOOT #50** – Makes quick work of handling pile, slippery, or plaid fabrics by feeding the top and bottom layers of fabric simultaneously. Great for not only straight stitching, but also for decorative stitches.
- **CIRCULAR EMBROIDERY ATTACHMENT #83** – Sew any stitch and almost any technique in a circle! From pintucks to binding, this attachment works with any presser foot and most of the sewing machine stitches programmed into your BERNINA® machine.
- **BINDER ATTACHMENT #84 WITH BINDER FOOT #94** – Excellent for speed finishing and construction techniques for items such as baby bibs, tote bags, doll clothes, and more. Gives your creations the perfect finished edge!
- **NEEDLE PUNCH ACCESSORY SET** – Felting attachment for certain BERNINA® models that lets you mesh fibers such as yarn or wool roving into a base fabric such as wool or felt.

## CREATIVE FUNCTIONS

A large assortment of practical and decorative stitches, along with machine functions offer a number of techniques for craft sewing.

- **MEMORY** - Combine your favorite stitches to create great borders.
- **LETTERING** - Program lettering into the Memory function to add the perfect saying or verse to a special creation.
- **PATTERN BEGIN/END** – Start a pattern precisely where you want and know exactly where it ends.
- **MIRROR IMAGE** – On selected models, you can mirror your stitch (Up/Down and/or Right/Left) to get the look and the placement exactly as you want.

## ADJUSTABLE NEEDLE POSITIONS

Place stitching exactly where you want on any type of project. The ability to adjust the needle position with any stitch is a BERNINA® exclusive and gives you maximum versatility for all types of craft projects.

## NEEDLE STOP UP/DOWN OPTIONS

- **ELECTRONIC FOOT CONTROL** – This exclusive feature gives you complete control over the movement of the needle and lets you work with one or even a half stitch at a time without removing your hands from the fabric, so both hands are free to maneuver your project as needed.
- **NEEDLE STOP UP/DOWN FUNCTION** – Just “tell” your machine to stop with the needle up or down by engaging the function – and it does!

## FREE ARM OPTIONS

The narrow sturdy freearm of the machine is for sewing tubular items such as stuffed animal parts, purses, and doll clothes. The slide-on table becomes a large freearm that gives easy access for stitching tote bags, hatbands, and any hard-to-access areas that need more support than provided by the machine free arm.

## BEAUTIFUL EMBROIDERY

Rescale designs to almost any size so you don’t have to plan your projects around any machine or design limitations. Whether stitching on cardstock, velvet, cotton, or denim, you can control the stitch density and the size of the design. Versatile lettering options let you personalize any project.

## LIFETIME INVESTMENT

Crafting gifts and practical items for those special people in your life has it’s own rewards and a BERNINA® investment will pay off for years to come. Known for their quality, long and useful lives, and excellent resale value, BERNINA® machines will help you become a master craftsperson.

*Samples by Jill Danklefsen,  
Marlis Bennett, and  
Madeleine Fuelleemann*







**Deja-vu—the '70s are here again for jeans and denim duds!**

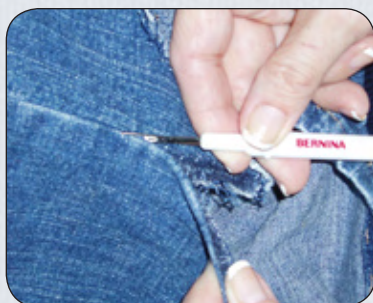


*Plain is not good enough so decorate your jeans to express yourself. Stitched trim, machine embroidery, and added "glitz" come together to dress the denims shown here. So step back in time, plan your design and transform plain jeans into dazzling denims.*

## General Directions

### Preparing The Jeans (before decorating)

Using a seam ripper, remove the stitching of one inside leg seam, opening it about 18". The stitching may be sewn on the outer leg of the jeans, over the side seam or on the front of the leg. Also, remove one or both back pockets if desired.



### Embroidering The Jeans

To stitch embroidery designs on your jeans, spray Poly Mesh stabilizer with temporary spray adhesive and adhere to the back of the jeans. Place the plastic template (included with hoop) on top of the jeans, aligning the center with the desired location of the design. Lift jeans and template and place into hoop, keeping the seam line aligned with the vertical center of the hoop. Tighten hoop and begin embroidery process using Isacord embroidery thread and a size 90 Organ Titanium embroidery needle.



### Completing The Jeans (after decorating)

Once the embellishing is complete, finish by re-sewing the inseam and re-stitching the lower hem using the techniques below.

#### 8mm Lap Seam Foot #71

For a lapped seam about 1/4" wide, pin wrong sides together; bottom layer should extend about 1/2" beyond the top layer. Fold the lower piece over the top piece and slide it under the presser foot; the fold should align with the inner right toe of the foot. Sew four stitches, then use the FHS to raise the foot and guide the fabric into the slot, over the left toe of the foot and then continue to stitch. Press the seam toward the raw edge. Slide the seam under the presser foot so the first stitching is visible in the slot. Sew four stitches, guiding the fabric into the slot over the left toe. Sew the remaining line of stitching.

#### Jeans Foot #8

The hinged sole of this foot allows it to glide over varying thicknesses of fabric. Use with a Jeans needles and a Straight Stitch Plate to achieve the most penetrating power. Jeans needles, available in sizes 70-110, have sharp points and are designed for use with dense denim fabrics. *Note: This foot requires a size 100 or 110 needle to perform properly.*





## Tuxedo Jeans

by Marlis Bennett

### Supplies

- 2½ yds of 5/8" ribbon
- 1 spool YLI Pearl Crown Rayon
- Size 90 Jeans needle
- Aqua Mesh Stabilizer
- HRFive temporary spray adhesive
- Mega-Hoop
- Large oval hoop
- Edgestitch Foot #10/10C
- Secondary bobbin case
- **BERNINA**® Embroidery Software
- DigiBobbE Collection 2 Woodland Swirls
- In the Hoop™ Hoop it Wrong Stitch it Right
- 60wt Mettler cotton embroidery thread in color to match YLI Pearl Crown Rayon
- Screw driver



### Ribbon

- Pin the ribbon to the pocket, mitering the corner.
- Sew ribbon in place using Edgestitch Foot #10/10C and matching thread. Select a Zigzag stitch with a SW of 2.0mm and SL of 1.5mm. Keep the pocket open during the process; most jean pockets will fit on the free arm of the sewing machine. Remove the pocket from the free arm.
- Stitch along each edge of the ribbon down the length of each leg, folding the ribbon under at the hem.



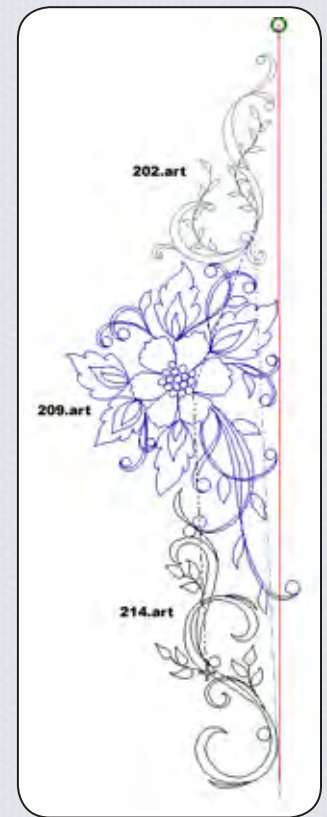
### Embroidery - Pocket

- Wind bobbin with YLI Pearl Crown Rayon; insert into secondary bobbin case.
- Adjust bobbin case tension with a screwdriver so that the thread flows easily through tension.
- Hoop Aqua Mesh stabilizer in large oval hoop; spray stabilizer with temporary spray adhesive.
- Place jeans pocket area into hoop, *right side down*; pin pocket bag away from area to be embroidered.
- Open motif #213.art in embroidery software. Print templates (one for each pocket).
- Trim around template with scissors.
- Place template in area to be stitched. Use In the Hoop™ angle finder to find desired angle to stitch design.
- Send design to machine via your desired method of motif transfer.

- Rotate motif if necessary.
- Turn handwheel to bring bobbin thread up through jeans.
- Embroider pocket area.
- Bring bobbin thread to wrong side at end of stitching and tie off.
- Repeat for second pocket.

### Embroidery - Leg

- Combine motifs #202.art, 209.art and 214.art as pictured.
- If digitizing software is available, digitize a straight line to help with aligning the combined motifs along edge of ribbon.
- Digitize straight line on right side of motif combination.
- Use arrange/color film to move the line to the first position.
- Send combined motifs to machine.
- Repeat hooping and embroidery process for each leg. Mirror motif for second leg.



## Full of Grace

by Jeanne Delpit

### Supplies

- Studio **BERNINA**® Gothic Grace by Kaye England (available as an Embroidery Take Out Collection from your local **BERNINA**® dealer)
- **BERNINA**® Embroidery Software – any level
- Isacord embroidery thread
- OESD PolyMesh stabilizer
- HRFive temporary spray adhesive
- Large Oval Hoop (Mega-Hoop will require fewer hoopings)

### Instructions

- Open the **BERNINA**® Embroidery Software and import the desired designs, rotating, skewing, and combining them as desired. *Note: The designs on the sample were positioned with the side leg seam as a base point, placing as little stitching in the thickness of the jeans seam as possible. The main intention was to have the widest part of the complete embroidery design at the bottom of the jeans leg, forming a triangular over-all shape up to the knee.*
- Stabilize and hoop the jeans (see the section on preparing them at the beginning of this article).
- Stitch the complete design, re-hooping as needed.






## Swirls of Black

by Debbi Lashbrook


### Supplies

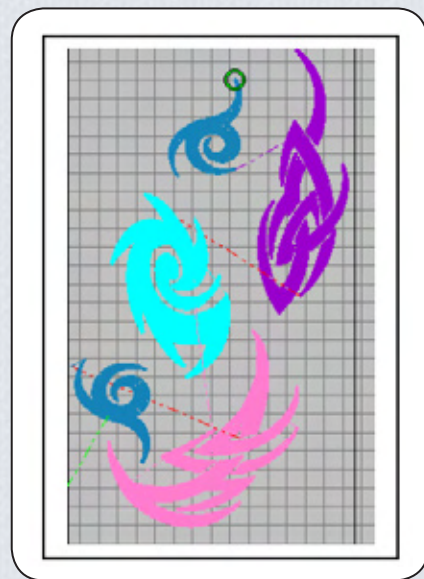
- Designs from OESD: Tribal 6, Pack #11926 (www.embroideryonline.com)
- **BERNINA**® Embroidery Software – any level
- Mega-Hoop and Template
- Isacord embroidery thread
- OESD Stabil-Stick stabilizer
- HRFive temporary spray adhesive

### Instructions

- Open the **BERNINA**® Embroidery Software and open design NZ953 (purple design). While selected, group.
- Right-click on Rotate 45 deg CCW / CW two times; move the design into place along upper right side of jeans. 
- Select File/Insert Design to add #NZ947 (aqua); group.
- Left-click on Rotate 45 deg CCW / CW one time.
- Open Object Properties while design 947 is still selected. Change the height to 98mm. Click on OK.



- Select File/Insert Design to add #NZ949 (mauve); group.
- Mirror Vertical, then left-click on the Rotate icon one time. Move into place at bottom of jeans. 
- Select File/Insert Design #NZ948 (turquoise); group.
- Copy and Paste Design #NZ948.
- Right-click on Rotate 45 deg CCW / CW one time and move into place at the top of the design area.
- Select the copy of the design and Mirror Vertical. While it is still selected, left-click on Rotate 45 deg CCW / CW one time and move into place toward the bottom of the jeans.
- Stabilize and hoop the jeans (see the section on preparing them at the beginning of this article).
- Stitch the complete design, re-hooping as needed.



## Butterfly Garden

by Gayle Hillert

*Don't stop with embroidery. Use decorative stitches, added jewels, and related trinkets and charms to complement the look of your decorative theme jeans. To complete the overall design, add stitches and designs to the back pocket and elements of the design near one of the front pockets.*





# Flowing Blossoms JACKET

BY BARBARA ALENCI

**Add life to simple denim using multi-colored thread and free-motion stitching. Make this trendy jacket to wear with almost anything, adding a subtle frayed trim along the collar and front opening.**

## INSTRUCTIONS

1. Preshrink denim fabric.
2. Cut out pattern pieces in desired size.
3. Trace right front pattern piece onto the pattern tracing material.
4. If the pattern has a built-in front facing, cut it off on the fold line and add a  $\frac{5}{8}$ " seam allowance to both the front piece and the facing piece.
5. Lay out all pattern pieces on the fabric and cut rectangles of fabric that are at least 1" larger than the pattern piece on all sides.
6. Insert a Size 90/14 Jeans needle and thread with Jeans Stitch thread.
7. Wind bobbin of Mettler 50/3 Silk Finish cotton thread.
8. Do a test-sew and adjust tension as needed.
9. Attach the BERNINA® Stitch Regulator Foot #42 and set up the machine as per manual.

## SUPPLIES

- Simple, unlined jacket with no collar - Vogue #7947 was used in the sample shown
- Denim yardage according to the pattern envelope
- YLI Jeans Stitch thread (Traditional Variegated – 03V-VA)
- Jeans Needle Size 90/14
- Mettler 50/3 Silk Finish Cotton thread in color to match denim fabric
- BERNINA® Stitch Regulator Foot #42 (BSR)
- BERNINA® machine that supports the BERNINA® Stitch Regulator feature; either an **artista** 730/640/630; an **aurora** 430/440QE; or an upgraded **artista** 200 *Note: For other machines, select your favorite free-motion foot*
- Pattern tracing material







Butterfly by  
Nina McVeigh

## Introducing the NEW artista 630E, 640E & 730E.

They're bold. They're beautiful. They're new. And they'll help your creativity take flight like never before. Introducing the latest artista sewing and embroidery systems, incorporating the revolutionary and patented\* Bernina Stitch Regulator and Editor Lite Embroidery Software. Discover them today at your Bernina Dealer. Or visit [www.berninausa.com](http://www.berninausa.com) and register to receive a free instructional CD.

No one supports the creative sewer like a Bernina Dealer.

Nothing Sews Like A Bernina. Nothing.

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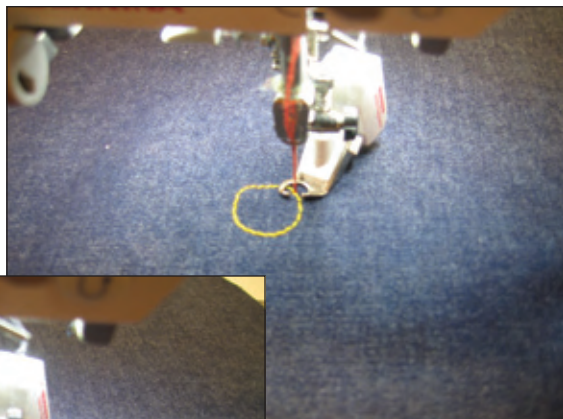
[www.berninausa.com](http://www.berninausa.com)

\*US Patent 6,883,446. Standard on 730E.

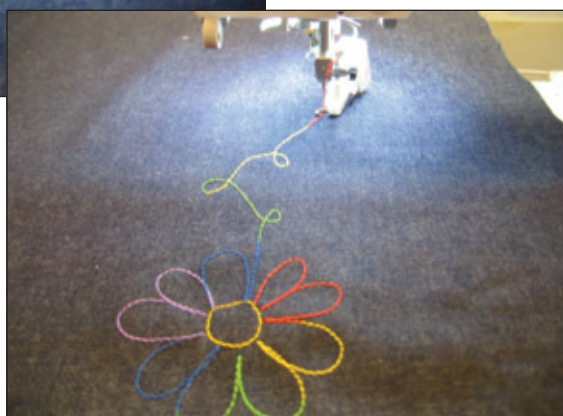
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10. No need to mark design on fabric. Sew about a  $\frac{1}{2}$ " circle and then begin sewing petals until the entire circle has petals attached.



To proceed to the next flower, simply sew some "squiggles" as you move on to another flower.



11. Continue until the entire piece of fabric is covered with free-motion stitched flowers. *Note: Facings do not need to be embellished.*

12. Lay pattern pieces out on embellished fabric; cut.



13. Cut a 1" wide strip of fabric the length of the collar piece. Cut another strip 1" wide by the length of the right front piece. Make sure that these strips are cut on the true grain of the fabric. *Note: If the trim is cut on the crosswise grain, the fringe will be white; if cut on the lengthwise grain it will be blue.*
14. Construct the jacket using the pattern instructions with the following exceptions:  
 COLLAR: Insert the 1" strip of denim into the seam when sewing the two pieces of the collar together. Trim and turn right sides out; fray the strip of fabric.  
 RIGHT FRONT: Insert the remaining 1" denim strip between the right front and the right front facing before sewing. Sew together with a  $\frac{5}{8}$ " seam. Trim and turn right sides out; fray the strip.

15. When jacket is complete, wash and tumble dry to enhance the look of the frayed trim.



Why so many artists say  
the new artista 730E is



the best of the best.



"The Bernina Stitch Regulator comes standard on the 730E. It lets you create consistent free-motion stitching, for both straight and zigzag stitches, with complete confidence. It makes free-motion quilting easy, even for beginners. It's like painting with thread."

—Kayla Kennington, art-to-wear designer

"It's not just the beauty of the embroidery you start with, but the way the 730E rescales, actually recalculating the number of stitches not just stretching them, so the design stays clear and clean and beautiful."



—Ricky Tims, quilter and teacher



"After minutes with my artista 730E, I was amazed at the quality. Then, at the factory in Switzerland, I saw the care that goes into every Bernina. That's where the precision and stitch quality come from."

—Libby Lehman, quilter and teacher

Nothing Sews Like A Bernina. Nothing.

**BERNINA**

www.berninausa.com



# WINE GLASS COLLARS

BY JILL DANKLEFSEN


GETTING READY TO ENTERTAIN? MAKE THESE WINE GLASS COLLARS FOR YOUR NEXT PARTY, CREATING A PERSONALIZED KEEPSAKE FOR EACH GUEST. THESE UNIQUE TAGS HELP YOUR FRIENDS AND FAMILY IDENTIFY THEIR WINEGLASS ALL EVENING AND CAN ALSO DOUBLE AS PLACE CARDS AT THE DINNER TABLE! DIGITIZED USING THE BERNINA® EMBROIDERY SOFTWARE AND STITCHED ON STABILIZER, THESE WINE GLASS COLLARS ARE FAST TO MAKE AND CAN EASILY BE DISPOSABLE ITEMS IF DESIRED.

## SUPPLIES:


- BERNINA® Embroidery software — Designer Plus level
- Isacord Embroidery threads
- OESD HeavyWeight Cut-Away stabilizer

Open Designer Plus software. *Note: Hoop display and Grid display are optional; select if desired.*

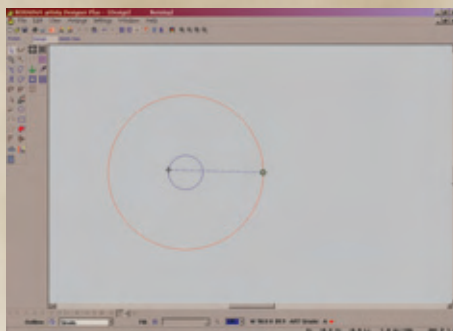
## CREATING A TEMPLATE

 Select Circle/Oval Tool; Select Single for Outline. Digitize a circle with a diameter of ~3 inches or 90mm.

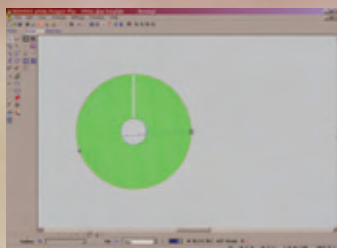
Select different color and digitize a smaller circle with a diameter of ~ $\frac{3}{4}$ " or 20mm. Select both circles by holding down the Ctrl Key as you select each circle.


 Select Align Centers tool, which will automatically center the circle motifs.

Save this newly created motif as Wine glass template.ART



## DIGITIZING A BASIC COLLAR



 Select Fill tool > Step; select the Closed Curve tool.

Trace the template with a series of left and right mouse clicks, starting in the middle, where the opening will be for the wine glass. When complete, touch the Enter key.

Create a new file to complete the collar so you won't digitize over the template file; Select the newly created fill shape. Select Edit > Cut; File > New; Edit > Paste.

Create a border edge to "hold" everything together. Simply use the Duplicate command; Edit > Duplicate.


Select the duplicate copy and change the fill to a single outline; also change the color: Select Outline > Single; Select Color > different color.

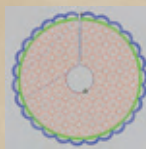
With the Fill selected, experiment with using the Craft stitches for fills with an open look.

 Select Lace Fill.


 Select Blackwork fill.


Select Open curve tool; Select Outline > Satin.

 Use the Open Curve digitizing tool and create a Satin Stitch border: Select Outline > Pattern Run. To make the collars more interesting, add a Pattern Run border around the outer edge of the satin stitched border.



## CUSTOMIZING THE COLLAR

 To add names or initials to the collar, select the Lettering / Values tool. Type in the desired letters. Select the desired Font and Baseline style.

 When working with curved baselines, the Reshape Object tool can be used to give the proper visual spacing of lettering if needed. Adjust as desired.

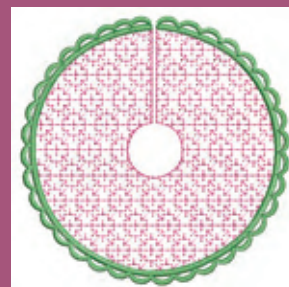
Adjust the colors of the digitized wine glass collar as desired. When satisfied, save the file and send to the embroidery machine of your choice.

## STITCHING THE COLLAR

To stitch, hoop one layer of OESD HeavyWeight Cut-Away stabilizer. When stitching is complete, simply trim the excess stabilizer from around the outer edges and the inner circle of the collar. *Note: Combine and stitch more than one collar per hooping by using the machine's on-screen editing capability.*



To download this project:  
[www.berninausa.com](http://www.berninausa.com) >  
 What's New >  
 Free Downloads >  
 Free Bernina Project  
 Embroidery Designs >  
 Wineglass Collars





# Sew to Your Heart's

# CONTENT

## Figure Out Your Feet!

By Yvonne Porcella

These "feel good" sewing projects give you opportunities to try a variety of specialty presser feet that make stitching easier and the results better. Make a series of small quilts and heart shaped decorative items using cotton scraps, wool felt, silk pieces, beads, buttons, and paint - along with several **BERNINA®** specialty presser feet and accessories.

This collection of presser feet is useful when making the heart projects shown here. For additional information, see Feet-ures, Volumes 1-3, available at your local **BERNINA®** dealer.



Zipper Foot #4



Edgestitch Foot  
#10/10C



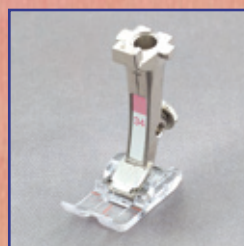
Button Sew-On Foot #18



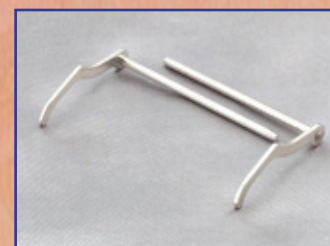
Open Embroidery Foot  
#20/20C



Braiding Foot #21 OR  
Bulky Overlock Foot #12C



Clear Foot #34/34C



Quilting Seam Guide



## Confetti Heart Mini Quilt



### Supplies:

- Heart Pattern #1
- Three pieces cotton fabric, 8" x 8" for quilt block, contrast, & backing
- assorted scraps for confetti
- Wonder Under (paper-backed fusible web)
- 8" x 8" square of batting
- fabric paint, brush & stencil

### Step One

**Open Embroidery Foot #20/20C; Running Stitch - Width 5mm-6mm, Length 0.5mm to 1mm**

Lay the contrast fabric on your cutting mat; cut pieces of 5 to 6 different fabrics into small irregular snips and layer randomly or in color groupings to cover most of the square. Fill in blank spaces so little of the contrast fabric shows. *Hint: Use temporary spray adhesive to hold the snips in place if desired.* Carefully take this to sewing machine. *Tip: Use a Slide-on Sewing Table or Extended Sewing Table to support the fabric so the square is not allowed to hang over the edge of machine.* Use a bamboo stick to hold snips in place as you sew with a Running stitch and matching thread color. Stitch completely to secure each little snip. When you think you are finished, add decorative thread and stitch again to secure fabrics to the surface.

### Step Two

Fuse Wonder Under to the back of stitched panel for 3 to 5 seconds with dry iron. Trace heart *Pattern #1* on the paper side. Cut out the heart and remove the paper. Fuse the heart to the center of the quilt block square, pressing with steam for 10 seconds. *Tip: To find the center of the fabric square, fold in half vertically and horizontally, finger pressing creases in place. The intersection of the creases is the center of the block.*

### Step Three

**Edgestitch Foot #10/10C; Blind Stitch - Width 3.5mm, Length 2.5mm**

Layer the block right side up over the batting and the backing (right side down). Pin the edges. Using the Blindstitch, stitch around the edge of the heart, keeping the blade of the foot next to the edge of the heart. *Note: The straight portion of the stitch will sew along the outside of the heart appliqué and the wide part of the stitch will "bite" into it.*

### Step Four

**Clear Foot #34/34C; Straight Stitch - Width 0mm, Length 2.5mm**

Select the straight stitch with a length of 2.5mm; fill in background with random diagonal stitching lines to edges. Press; square up the block. Cut two binding strips, 1¾" x 8" each. Stitch one strip to each side edge using a ¼" seam allowance. Press out, fold under raw edge, press again.

### Step Five

**Edgestitch Foot #10/10C; Straight Stitch - Width 0mm, Length 2.5mm**

Stitch-in-the-ditch from the right side of the quilt to secure the binding. Cut two additional binding strips, 1¾" x 8" each, sew to the top and bottom edges, then stitch-in-the-ditch as before. *Option: Use the Binder Attachment #84 with Foot #94 to bind the edges of this mini quilt.*

### Step Six

Using the tip of a paintbrush, add dots of fabric paint around the heart and along the inside edges of the binding. Paint the background of the block if desired, using a stencil; let dry.

### Yvonne's Favorite Tool



*A bamboo chopstick makes a great point turner to turn small projects right side out. You can also use it as a stiletto to hold fabrics in place for sewing.*



## BONUS PROJECT!

### Confetti Heart on Painted Background

#### Supplies:

- Heart Pattern #2
- 6" square of watercolor paper
- 2-5 colors of paint and brush
- decorative frame with 3"-4" opening

Use left over confetti-stitched fabric to cut out heart Pattern #2. Paint watercolor paper as desired using 2-5 colors. Remove the paper backing from the heart and heat set for 10 seconds to secure to the center of the watercolor paper. Trim the watercolor paper to fit the frame opening and frame your art!



### Painted Grid Heart

#### Supplies:

- Heart Pattern #3
- two layers of fabric and one piece of flannel, 12¾" x 14" each
- HRFive temporary spray adhesive
- fabric marker
- metallic fabric paint and pearl or gold to mix the colors
- stencil & brush
- beads as desired; hand-sewing needle and thread

#### Step One

##### Clear Foot #34/34C; Straight Stitch – Length 2mm

Layer fabric right sides together. Place flannel on top of the fabric, using temporary spray adhesive to secure. Using a fabric marker, trace Heart Pattern #3 onto the flannel. Stitch on the drawn line, completely around the heart shape. Trim away flannel as close as possible outside of the stitching line. Trim the fabric to a scant ¼" from the stitching line. Clip the curves and cut off the bottom point without cutting into the stitching. Turn over and pull up one layer of fabric, make a small cut, then slit to about 2". Reach inside and pull to turn *right sides out*. Use a chopstick as a point turner to push out seams and use blunt end to smooth seam from inside; press. Slipstitch (with hand-sewing needle) the opening to close the seam. Topstitch around the edge of the heart, about ¼" to ⅜" from the edge.

#### Step Two

##### Clear Foot #34/34C with Quilting Seam Guide; Straight Stitch – Length 2mm

Attach the Quilting Seam Guide to the back of the presser foot and set the guide 1" from the needle. Stitch across the heart in



1" grid. Start and end the grid at the topstitching; pull threads to back and tie off. Press.

#### Step Three

Add paint to surface, using metallic paint and pearl or gold to mix the colors. Use the point of the brush to daub paint colors onto the heart shape. Allow to dry; add beads as desired.



## Layered Button Heart

### Supplies:

- Heart Pattern #4
- three pieces of wool or felt in different colors
- HRFive temporary spray adhesive
- 18-23 assorted buttons.

### Step One

**Open Embroidery Foot #20/20C; Blanket Stitch – Length 2mm-4mm, Width 4mm-6mm**

Cut out three hearts using Pattern #4, cutting layers #1, #2, and #3 in different colors. Stack the three hearts with the largest on the bottom and smallest on top, using spray adhesive to temporarily hold them together. Using a Blanket Stitch, sew around the edge of the top heart, joining all three layers in the process; press.

### Step Two

**Button Sew-On Foot #18; Universal stitch or the Button Sew-On program; lower the feed dog**

Cut out about 14 circles in assorted colors. Lower the presser foot and turn the handwheel by hand to be sure the needle pierces the holes without hitting the button; adjust stitch width if needed. Stitch on buttons in a planned or random pattern, alternating fabric circles under some of the buttons. Pull threads to the back to tie off.



## Fiber Collage Heart

### Supplies:

- Heart Pattern #5
- two pieces 7" x 7" wool felt, assorted yarns and fibers such as Designer Threads by QRI
- monofilament thread and lightweight bobbin thread
- construction thread
- two 6" pieces of narrow ribbon
- small amount of polyester stuffing



### Step One

**Braiding Foot #21 OR Bulky Overlock Foot #12C; Zigzag stitch - Length and Width 3mm**

Insert yarn or decorative fiber into the hole on top of the foot. Using monofilament needle thread and lightweight bobbin thread, stitch the yarns to one piece of the fabric, turning the wool to make interesting patterns.

### Step Two

Trace heart Pattern #5 on the second piece of wool; layer the two wool squares together and pin. Cut 2 pieces of narrow ribbon 6" long, make a loop, cross over ribbons and stitch together leaving 1" at bottom; find the center top and insert ribbon between the two layers, securing with a pin.

**Zipper Foot #4; Straight Stitch – far right needle position and then far left needle position**

Change to construction thread in a color to match the wool. Move the needle position to far right and straight stitch, aligning the side of the foot with the drawn line. *Tip: As you sew, keep them aligned and stop as needed, using the Free Hand System to slightly lift the foot to release the fabric, resulting in smooth curves.* Move the needle position to far left and straight stitch a second time, again leaving an opening as indicated on the pattern. Stuff the heart shape using small amounts of stuffing and a chopstick as a tool. Stitch the opening closed and then complete the stitching of the outer line. Trim the wool away as close as possible to the outer stitching line.



# Sew To Your Heart's Content Patterns #1-5

**BONUS**  
**Confetti Heart #2**  
Cut 1  
from  
Confetti  
fabric

## Using the Heart Patterns

Locate the pattern number indicated in the instructions and using copy or tracing paper, trace the appropriate heart. *Note: For half patterns, fold the copy or tracing paper and position the fold of the paper on the indicated line of the pattern. Trace the half pattern, then cut out the traced heart with the paper still folded; unfold and use pattern according to the instructions.*

**Confetti  
Heart #1**  
Cut 1 from  
Confetti  
fabric

fold

**Layered Button  
Heart #4**  
Cut 3 from  
contrasting  
colors of wool

Cut 14

fold

**Painted Grid  
Heart #3**  
Cut 2 from  
fabric

**Fiber Collage Heart #5**  
Cut 2 from wool

fold



# Felted Flower Vest

BY NINA MCVEIGH

Attach the Needle Punch Accessory Set to the machine following the directions included with the set. *Note: Viewing the included DVD is recommended before first using the Needle Punch Accessory Set.*

Starting with the red circular flower, go through the yarn and find pieces that are loosely spun running red to green. Cut several similar pieces from the yarn.



Pull the yarn pieces apart and arrange in a circular shape. The center of the flower is achieved by

finding portions of the yarn that are spun tight. Fluff open one end but leave the other end tight, positioning it as the center of the flower to create the desired effect.



## NINA'S YARN TIP

"A great deal of needle punching success depends on the wool (or other fibers) that you find to use. I suggest you use hand dyed, variegated yarns, which give natural-look shading and more interesting results, making you look like an artist. I like to let the yarn help me decide the design. The yarn shown is "Fun" by Ironstone---color #108 - variegated in color and in thickness, being wound tightly in some places and more loosely in others."

**N**eedle punched designs on their own are beautiful, but a little embellishing makes them come alive! This attractive wool vest has "back interest" created by a punched floral design, further embellished with free-motion stitching and machine beading.

## CONSTRUCTION NOTES

The needle punched design is completed before any construction takes place. The vest is put together as instructed by the pattern, using the serger for construction and edge finishing. *Note: The pattern does not call for any lining; however, a lining for the upper back area was created to cover the wrong side of the needle punched design.*

## NEEDLE PUNCHED DESIGN

Locate the upper back pattern piece. Cut a piece of wool large enough to accommodate the pattern piece but do not cut out the pattern piece. Draw around the pattern on the wool fabric to let you see where the cutting lines are for the upper back.





Needle punch the yarn into the fabric. The area needs to be punched from the right side, then from the wrong side and lastly, from the right side one more time.

The yarn also dictates the sunflower design. Looking through the skein, find pieces that are brown to yellow. With this particular yarn the yellow turned into green as it became tightly twisted. The tight twist is left in the yarn creating the tip of the petal. As the petals go towards the center they are opened and needle punched. The color variation in the yarn is what gives the petal a natural look. The other elements of the design are created the same way, letting the

yarn dictate what the design should be. Complete the design as desired.

When the design has been completely needled punched (from the right side, the wrong side and the right side again) and you are pleased with the look, it is time to add embellishments.

### EXTRA EMBELLISHMENTS

Thread the machine with a decorative thread using an appropriate needle and lightweight thread on the bobbin. If your machine has the BERNINA® Stitch Regulator capability, set it up by attaching the BSR foot, lowering the feed dog and adjusting the presser foot pressure to 0. If not, simply set up your machine for free-motion sewing and attach your favorite free-motion stitching presser foot.

Choose an area of design that will be improved with extra thread work, such as the petals on the sunflower. Fill areas with thread to enhance the design. You may want to experiment a little to see what you like---straight stitch or zigzag BSR. The zigzag stitch will fill in faster and more solidly. *Note: The BSR Zigzag stitch option is only available with the **artista** models.*

Machine beading will add even more depth to the needle punched design. Insert a size 60 needle and thread the machine with monofilament thread. Machine beading is a free-motion technique so leave the feed dogs lowered; it requires no presser foot. Leave the lightweight bobbin thread in place.



Place the area you want to bead, such as the center of the sunflower, in the spring hoop. Pour an assortment of beads into the hoop. (The hoop keeps your beads from rolling off your project!) Pull up bobbin thread to the top of the fabric, take a few anchoring stitches and cut the thread ends. Using tweezers, hold a bead with the hole facing up. Turn the hand wheel

until the tip of the needle is in the bead. If the bead is not exactly where you want, you can actually drag it with the tip of the needle to the right spot. Move your fingers away from the needle. Lower the needle into the bead, and then raise it. *Tip: If your machine is equipped with an electronic foot control, tap your heel on the back of the foot control, dropping the needle into the bead; using your heel again, raise the needle.* Move slightly away from the bead and take a stitch. The bead will flip over on its side and lay the way it should. Travel by stitching to where you want the next bead. Repeat the process until the beading is as desired, taking a few tiny stitches to tie off the thread; clip thread ends.

### VEST CONSTRUCTION

When finished embellishing the design, cut the upper back piece on the pattern cutting lines. Cut out the rest of the vest. After stitching the princess seams and the shoulder seams of the vest, lay a length of yarn along one seam. Punch it into the wool, creating a stripe of varying thicknesses next to the seamline. Punch from both sides as for the design. Repeat for the remaining princess seam. Assemble the remainder of the vest as the pattern instructs.



#### BERNINA® STITCH REGULATOR #42

Eliminate hours of practice! Available for the current **aurora** and **artista** machines, this foot regulates the stitch length of free-motion stitching so even if you have never tried it before, you will be successful at producing even, consistent free-motion stitches in a matter of minutes.

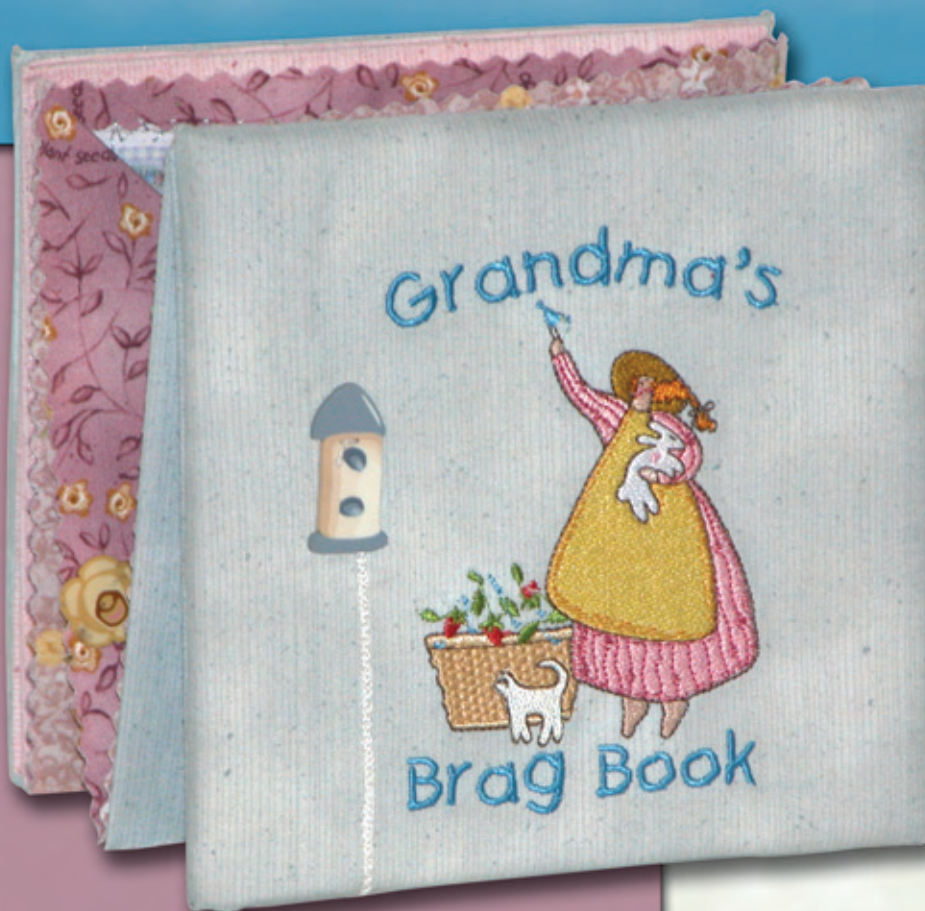
### SUPPLIES

- Princess line vest pattern – sample shown was made with Easy Silhouette Vest by Indygo Junction
- 1¼ yards wool fabric (according to the pattern)
- Construction thread to match wool fabric
- 4 cones of serger thread to match wool fabric
  - Decorative embroidery threads such as rayon, cotton, or silk
  - Lightweight thread for bobbin
  - Assorted yarns as desired
  - Assorted beads as desired
  - Monofilament thread for beading
- Size 60 sewing machine needle for beading
  - 5" spring embroidery hoop
- BERNINA® Stitch Regulator #42 (BSR) or other free-motion foot
- Needle Punch Accessory Set
- Tweezers



# Grandma's Brag Book

BY ELVA MUNGAI



*The perfect size for Grandma's purse, this little scrapbook photo album unfolds to show loads of photos of your little angels!*

## COVER INSTRUCTIONS

Using temporary spray adhesive, bond stabilizer to the back of the cover fabric. Draw two 8" squares on the cover fabric with a fabric marking pen. Mark the center of each square for embroidery placement.

*Note: The design area is 6" square with an extra 1" allowed on all sides for finishing.* Hoop, aligning one of the center markings with the center of the hoop template. Embroider the desired design and lettering for the front cover. Re-hoop and stitch the desired design for the back cover on the second marked square.

## SUPPLIES

- Two 6" squares of self-stick padded mounting board (typically for mounting and framing needle-work)
- 10" x 20" fabric for front and back covers (will be embroidered and cut later)
- Six 12" x 12" squares of coordinating fabrics for "pages"
- 2 yards of fusible web
- OESD PolyMesh Cut-Away stabilizer
- HRFlve temporary spray adhesive
- Desired embroidery designs: The designs shown on the sample are from Studio BERNINA® True Friends embroidery collection available from [www.embroideryonline.com](http://www.embroideryonline.com)
- Isacord Embroidery thread in desired colors
- Lightweight bobbin thread
- Fabric marking pen
- Craft glue
- Photos, frames, and die cuts of your choice
- Black permanent marking pen or printed labels
- Assorted trims, ribbons, buttons and 3-D elements

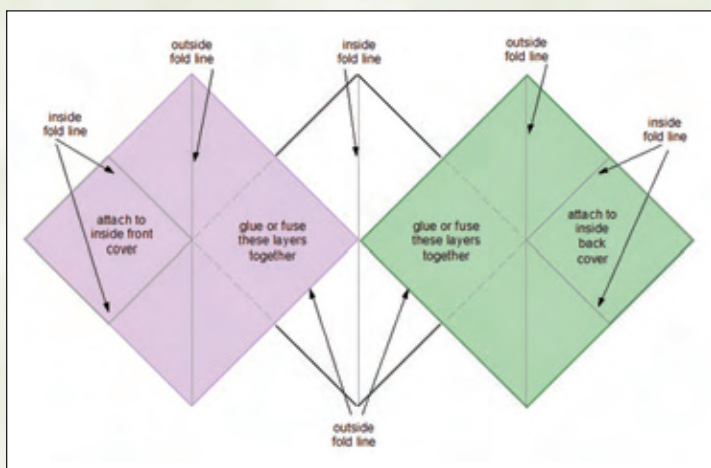


Cut out each 8" square. Center one of the squares on each piece of mounting board. One inch is allowed on all edges to turn to the back of the mounting board. Glue this 1" border in place; allow it to dry with a heavy book or weight on top of it.

*Note: For Page and Assembly Instructions, consult the diagram and the photos of the finished pages on the following page.*



## PAGE INSTRUCTIONS



The six 12" fabric squares will be used to make three double-sided photo pages. Determine which fabrics will be fused back to back, *but do not fuse at this time.*

Fold each of the six fabric pages into quarters and finger press creases to divide the square into 4 quarters; turn each square 45°.

Embellish any or all of the quarter sections as desired using decorative frames,

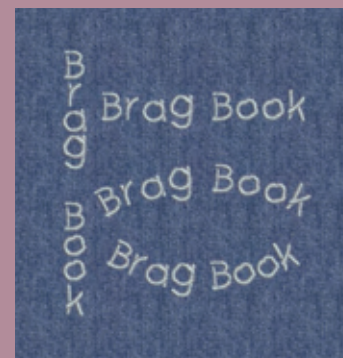
embroidery, stitches, buttons, ribbons, and trims (see photos below). *Note: Your photos are not added at this time; they will be attached after the pages are fused together.*

After the embellishing is complete, fuse two squares back to back using fusible web following the manufacturer's instructions. Repeat with the remaining squares for a total of 3 double-sided pages.

## ASSEMBLY INSTRUCTIONS

Arrange the pages as shown in the diagram. Glue or fuse the overlapped sections as indicated in the diagram. Glue or fuse the indicated areas to the inside of the front and back covers.

Add photos and desired 3-D elements to the "pages". Fold on the creases as indicated in the diagram to close the book.



## LETTERING

The BERNINA® Embroidery systems have a variety of Alphabet fonts available – from 5 choices on the **aurora** machines to 10 with the **artista 730E**! Not only can you personalize your creations, but you can also select the perfect size lettering for your project. BERNINA® embroidery systems offer completely scalable alphabets – as you change the size of the lettering to fit your project, the stitch count is automatically adjusted so the density of the stitching is perfect, giving you the look you want.

With the 730E, using WordArt is also an option. This simply means that you can choose your favorite baseline for your project – horizontal, vertical or even curved – with a simple touch of the screen!





# Lacy Stitches

By Jill Danklefsen

Stitch recipes are not just for sewing machine stitches! Try combining a beautiful embroidery motif with some of your favorite machine stitches – the results can be stunning! This recipe starts with a motif selected from Marie Osmond's Expressive Lace collection – "Lace Up Your Life" Vol. 1. Use it to embellish table linens, jacket fronts, decorator pillows, and almost any type of sewing project.

## EMBROIDERY CENTER



Select the motif – Basket Extra – #CC80906



Select All, then group the selected parts together *Tip: Creating a combination of designs is easier if the parts of the motif are grouped.*



Select the Rotate 45 deg CCW / CW icon and rotate the motif as shown.

Scale motif if desired. In this particular recipe, motif was scaled to approximately 30mm square.

Select File > Copy, then Select File > Paste; make as many copies as desired in the hoop and begin stacking the motifs vertically.



Select All. To quickly line up the motifs, use the alignment tools. Select Align Centers (Vertical) tool.



When pleased with the design, save the motif and send to the embroidery machine of your choice, using the Write to Machine icon.

Select fabric, stabilizer, and hoop. Embroider the motif. When embroidery is complete, remove from the hoop. Trim additional stabilizer away. *Jill's Tip: "Most embroidery motifs achieve the nicest results with the use of Cut-Away stabilizer products. However, when working with sewing machine stitches, Tear-Away stabilizers are my personal preference for the reduction of bulk, plus easy removal."*

## Stitch Chart

Step(s)	Stitch	Stitch Length	Stitch Width	Needle Position	Presser Foot
1 and 4		2.0mm	5.5mm	Center	Clear Foot #34/34C
2 and 5		Default	None	Adjust as needed	Open Embroidery Foot #20/20C
3		1.5mm	5.5mm	Center	Clear Foot #34/34C
6		1.2mm	5.5mm	Center	Clear Foot #34/34C

## Stitching Order



6 5 4 3 1 2

Center Embroidery

2 1 3 4 5 6

## STACKED BORDERS

Add decorative stitches to frame the embroidered motif(s). Regardless of the model of machine being used, the stitch width for all of the stitches is 5.5mm. If working with a 9mm stitch width, the length should be adjusted so that the stitch is proportional (see Stitch Chart).

The recipe will be sewn from the center out, a format referred to as Stacked Stitches. Use the following charts to determine the stitches, settings, and stitching order to use.



# Sew Easy Accessories

BY FAITH REYNOLDS



**W**hether going to the beach or enjoying a day of shopping, you're sure to find these accessories a must for your wardrobe. They are "Sew Easy" to make using commercial patterns and BERNINA® accessories and techniques (see left).

## LIFE IS PRECIOUS TOTE BAG



Complete directions for this bag can be found on page 86 in the book, *Bags and Accessories with Style* by Stephanie Kimura. The bag was made according to these directions with the following addition.

Cut out the header and body pieces of the tote bag front and the back. Sew the two pieces of the tote bag front together; press the seams open. Repeat this same process with the tote bag back pieces.

Decorative stitching will be applied to the seam.

Before stitching, apply a strip of Ultra Clean & Tear stabilizer with HRFive temporary spray adhesive behind the seam.

Thread the machine with a decorative embroidery thread; Isacord embroidery thread was used on the sample. Select a decorative stitch that is symmetrical from side to side. Position the center guide of Edgestitch Foot #10/10C in the center of the seam and sew the decorative stitch along the entire seam.

Select more of your favorite stitches and add two additional rows of decorative stitching on the header fabric.



Cut out random shapes, such as a fan pattern, or perhaps the flowers from the hat fabric. Back these with Steam-a-Seam 2 and fuse to body of tote bag. Attach the Open Embroidery Foot #20/20C to the machine; use a size 80 needle and Isacord thread that matches the appliqué fabric. Appliqué the fused shapes to the body of the tote bag using either decorative stitches and/or a satin stitch.

Place batting behind the appliquéd tote bag section, securing with temporary spray adhesive if desired. Quilt the background around the appliques, using the BSR Foot #42. With the revolutionary BSR (BERNINA® Stitch Regulator) foot, free-motion quilting can be mastered even by beginners. An optic sensor in the foot interprets the fabric movement and adjusts the speed of the needle accordingly, giving consistent and even stitches. If your machine doesn't have BSR capability, simply drop the feed dog and use your favorite free-motion presser foot.



All projects in this article started with a commercial pattern or instructions from the book, *Bags With Style* by Stephanie Kimura.





On tissue paper, trace from the patterns, "life is precious" and "dance as if no one is watching". Place the tissue patterns on the headers of the tote bag and pin in place. Thread the machine with a contrasting color of Isacord thread. Using the BSR Foot #42, follow the traced pattern to free-motion stitch the phrases on the headers. When stitching is complete, carefully tear away the tissue paper.

Layer the handle pieces on batting and sew the side seams. Turn right side out and quilt with a stipple stitch using the BSR foot. Finish the Tote Bag according to instructions.

### EYEGLASS CASE - Simplicity #5025

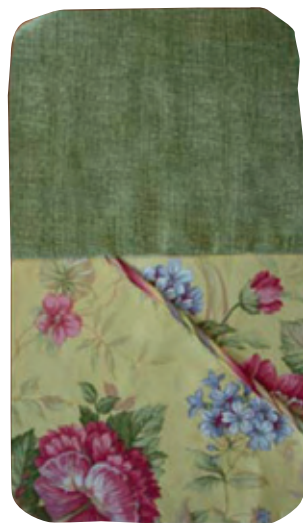


Cut out case, lining and front pocket. Cut a bias binding strip of fabric 16"-20" long by the width of the opening on the Bias Binder Attachment (see instructions included with the binder). Cut the end of the strip to a point and feed it into the binder. *Tip: use a stiletto or seam ripper to push the strip through the attachment.* Pull the bias strip until it extends about  $1\frac{1}{2}$ " past the end of the binder; sew a few stitches

along the edge of the folded bias, adjusting the needle position to sew near the edge.



Using the Binder Attachment #84 with Foot #94, bind the upper edge of the front pocket. Trim excess binding even with the pocket. Compatible with all models of BERNINA® machines, the Binder attachment folds under the edges of a bias strip and then folds it in half to wrap around the raw edge of a project. This complete process happens before the fabric gets to the needle so that it is ready for stitching as it passes under the needle. Perfect binding will appear behind the foot; sewn in place on both the front and back edges of the binding!



Layer the *wrong* side of pocket on the right side of case. Stitch the upper edge to the lining and press open.

Fold the case/lining in half lengthwise; stitch around all edges, leaving an opening along the lower edge of the lining. Turn the eyeglass case/lining right side out. Using Edgestitch Foot #10/10C, stitch the opening closed and fold the lining into the case.

Move the needle to the far left. Position the guide on Edgestitch Foot #10/10C next to the upper edge of the case and stitch around the upper edge of the case. When topstitching is desired, Foot #10/10C is perfect for all weights of fabrics. Its center guide helps position the fabric close to the needle when stitching straight or curved edges.

### SUMMER HAT - Vogue #7460



Cut out and sew the crown of the hat according to pattern instructions. Topstitch each side of the seams on the crown of the hat, with the same color Isacord thread that you are using for

construction of the hat. To topstitch, place the center guide of Edgestitch Foot #10/10C in the center of the seam, move the needle to the far left and stitch the entire length of the seam. Repeat the process and stitch a second row of stitches with the needle in the far right position.

After stitching brim sections together, turn right side out. Place the guide of Foot #10/10C along the outer edge of the brim. Move the needle to the far left and edgestitch around the hat brim.

Attach Patchwork Foot #37 – needle in center position to continue topstitching the brim of hat with rows of stitches  $\frac{1}{4}$ " apart. Align the side of the foot with the edgestitching and continue stitching circles until the entire brim has been topstitched.

Stitch the brim and crown sections together. To hide the raw edges on the inside of hat, stitch grosgrain ribbon to the inner edge as described in the pattern directions.



Create a decorative band using the 18mm Clover Bias Tape Maker. Following the directions included with the Tape Maker, prepare and cut a bias strip of fabric  $1\frac{1}{2}$ " x 36". As you pull the strip through the tape maker, press it with the Bernette IS 60 Iron.



*The Bernette IS 60 is a professional quality iron, combining strong steam power with an evenly heated soleplate. This combination of steam and temperature guarantee quality ironing and pressing.*

Sew the band to the hat using Edgestitch Foot #10/10C. Slip the hat onto the freearm of the machine and place the guide of the foot next to the hatband. Adjust the needle position to stitch along the edge of the band. Repeat for the opposite side of the hatband.

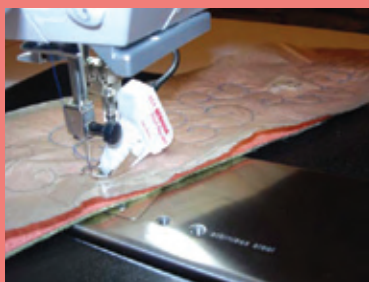


**CITRUS CINCH BELT** - Bags and Accessories with Style by Stephanie Kimura - Page 91



Cut belt and batting out of fabric and attach snaps as directed by the instructions in the book. Stitch seams and turn right side out. To embellish the belt, trace the stitching pattern onto tissue paper. Place drawn pattern on top of finished belt. Thread the machine with a contrasting color of thread and attach BSR Foot #42. (If your particular machine model does not have the BERNINA® Stitch

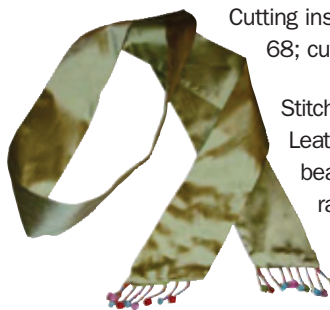
Regulator function, select a free-motion presser foot of your choice.) This patented innovation registers the movement of the fabric and regulates the length of your stitches, making free motion stitching easy. Lower the feed dog. Select straight stitch and shorten the stitch length to approximately 1.5mm as the design is rather small. Stitch, following the traced pattern. When the stitching is complete, gently tear the tissue paper away.



For complete information on the BERNINA® presser feet and accessories discussed in this article, see Features, Volumes 1, 2, and 3, available at your local BERNINA® dealer.



**SILK CANOPY AS A SASH OR HATBAND** - Bags and Accessories with Style by Stephanie Kimura



Cutting instructions for this silk canopy are found on page 68; cut as directed.

Stitch beaded fringe to the short ends of the tie using Leather Roller Foot #55. Place the right side of the beaded fringe against the right side of the fabric – raw edges even. Move the needle position two spaces to the left and stitch closely to the beaded fringe. Not only is this foot great for sewing on beads, it also works well for sewing close to large cording and for outline quilting because it is easy to negotiate corners and curves with the assistance of the feed dog feeding the fabric. Remember, there is only one point of contact with the feed dogs – sort of like doing freemotion sewing with a “training wheel”.



Place the right sides of fabric together and use the previous stitching as a guide to sew the ends together.

Set up the serger for a 4-thread balanced stitch. Sew the side seams, leaving a small opening for turning right side out. Finish by stitching the opening closed with a hand-sewing needle and thread.

**PERSONAL ORGANIZER CASE** - Simplicity #5025



Embellish the front of the organizer with decorative stitches using Clear Foot #34/34C and the Circular Embroidery Attachment #83. *Note: The Circular Embroidery Attachment works with most presser feet, offering the possibility of sewing perfect circles for a variety of techniques such as pintucking, piping, quilting, etc.*

Attach the Circular Embroidery attachment to your machine. Before placing your fabric on the pin of the attachment, layer Ultra Clean and Tear stabilizer under the fabric. The pin is adjustable on the attachment. Sliding the pin further away from the sewing area will increase the size of the circle. Select your favorite decorative stitch and watch it sew in a circle. *Tips: In most cases, placing the pin an uneven number of notches from the needle will cause the decorative stitch to meet at the end of the pattern. Select the Pattern End function when approaching the completion of a circle.*



Remove the Circular Embroidery Attachment and attach the Binder Attachment along with Binder Foot #94. Prepare bias strips and use the same settings as with the eyeglass case, finishing the edges of the inside pocket.

With Patchwork Foot #37, sew zipper-by-the-yard around the edges of the case. Place right side of zipper tape against right side of fabric – edges together. Line up the edge of Foot #37 with the raw edge of the fabric and zipper tape. Sew zipper by the yard around the edges of the case. You'll get a perfect 1/4" seam while creating some space between the zipper and the line of stitching at the same time.

Reattach the Binder Attachment and finish the outer edges of the organizer case.





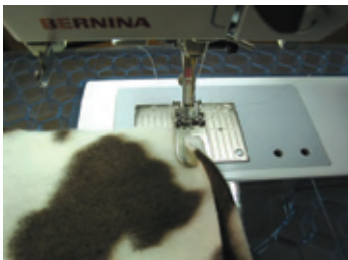
# Sew Easy for Children

BY MARLIS BENNETT

It's "Sew Easy" and so fun to create for kids! Make these great items for the children in your life using BERNINA® presser feet and quick techniques. Don't let the projects fool you, they are fast, fun and easy to make! They all start with commercial patterns, following the directions and adding a few BERNINA® techniques to speed things up and make the finished projects look great!

## FUZZY FLEECE JACKET – McCall's 3387

Stitch the hood of this cute jacket with a lapped seam that is finished on both the inside and outside. The Lap Seam Foot #71 makes it simple and fast! Using a double needle for topstitching adds a professional look to the finish of the jacket.



### Hood

- Pin hood pieces together, offsetting the seam allowance about  $\frac{3}{8}$ " -  $\frac{1}{2}$ ".
- Attach Lap Seam Foot #71 to the machine and insert a size 80 Ballpoint needle.
- Sew the first seam using a Straight stitch with a length of 3mm; allow the offset edge to fold into the foot, encasing the raw edge of the fleece.
- Insert fabric into foot with finished edge up.
- Sew the second seam so that the raw edges are both encased and lying flat.



### Double Needle Topstitching

- Change to Walking Foot #50. Sew pocket to garment with a single needle using a stitch length of 4mm and sewing from the wrong side.
- Insert a 4.0 Stretch Double Needle to the machine and thread with two threads.
- From the right side, sew the pocket to the garment using the previous stitching as a guide.
- On the wrong side, trim the excess seam allowance next to stitching.
- Construct the rest of the jacket with serged seams using a basic 4-thread overlock stitch.
- Use a double needle and Walking Foot #50 to topstitch the entire garment including the sleeve and body hems. To pivot with the double needle, stop with the needles up and use the handwheel to bring the needle points to barely touch the surface of the fabric. Carefully pivot the fabric 90° and raise the needles to straighten them. Sew a stitch. *Note: Tap your heel on the foot control if this feature is available.* The stitches are perfect using the Walking Foot and the fabric doesn't shift due to the fact that the bottom of the walking foot aligns with the feed dog of the machine, moving both layers of fabric simultaneously through the machine.



The projects shown here started with these commercial patterns:

McCall's 3387,  
McCall's 6907,  
Kwik Sew  
2379, and  
McCall's  
M4432.



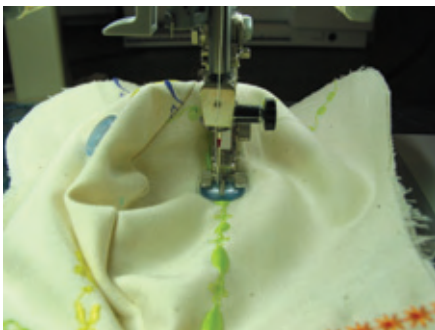


**AUTOGRAPH BEAR – McCall's 6907**

Make this “signature” bear with your own unique fabric, created from simple muslin and the wonderful decorative stitches found on your machine! Add beautiful embroidered lettering, customized with Editor Lite software to label the bear.

**The Body of The Bear**

- With a fabric marker, draw lines 4” apart on muslin. Back the muslin with OESD Tear-away stabilizer.
- Attach Clear Foot #34/34C to the machine
- Using Isacord machine embroidery thread and a size 75 embroidery needle, sew decorative stitches on the lines using desired thread color and stitches.
- Cut two layers of muslin for body (otherwise the fabric is too thin). Hold the layers together with temporary spray adhesive.



ers together with temporary spray adhesive.

- Change to a size 80 needle with a sharp point; attach Patchwork Foot with Guide #57 to the machine.
- Sew the body pieces together according to the pattern.
- Sew buttons at designated places for eyes using Button Sew-On Foot #18.

**Embroidered Lettering Your Way!**

- Open the BERNINA® Editor Lite software. *Note: Other levels of the BERNINA® embroidery software can also be used.*
- Left click on the lettering tool.
- Click on desktop; type *Autographs*.
- Select lettering; right click to open Object Properties Box.
- Select the Upper Curved Baseline; click OK to return to desktop.
- Right click on selected lettering and change the lettering size in General tab to 3.9”, approximately 100mm. Click OK.
- Select Write to Machine.
- Embroider the lettering, centering the word on the bear’s front chest.
- Assemble and stuff the remainder of the bear according to the pattern instructions.

*Autographs*

**PRETTY PARTY DRESS – McCall's M4432, view F**

A special occasion dress made of linen and embellished with heirloom stitching and exquisite embroidery will take a young girl to almost any event.

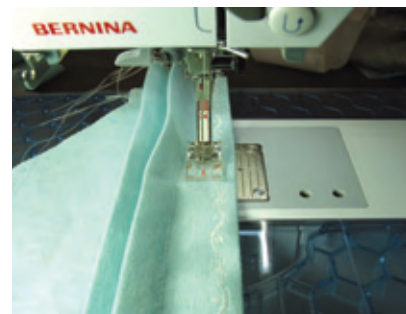
**Heirloom Stitching**

Preparation: To accommodate tucks in garment, add 3” to sleeve length. Add 4” to skirt length. Use a ruler to mark lines 4” from bottom of skirt, 1½” above that and the third 1½” above that. Repeat for second skirt piece. Use ruler to mark a line 2” above the sleeve hem. Mark a second line 1½” above the first and a third line 1½” above the second. Repeat for second sleeve. The marks are fold lines and stitches are placed above them (towards shoulders/waistline).

- Before adding the Heirloom stitching, serge skirt together at both sides.
- Attach Clear Foot #34/34C and insert a size 75 embroidery needle. Thread with Isacord embroidery thread in the desired color.
- Back the area to be stitched with OESD Lightweight Tear-away stabilizer.
- Program two stitches similar to those shown into the memory of the machine.
- Sew one row of stitches above each marked line (toward shoulders/waistline); the guideline should be just under the edge of the foot.
- Fold a tuck into the garment, wrong sides together, stitching on the right side. Sew, aligning the fold at the ½” marking on the stitch plate.



- Select a Zigzag stitch with SW- 2.0mm and SL- 2.0mm



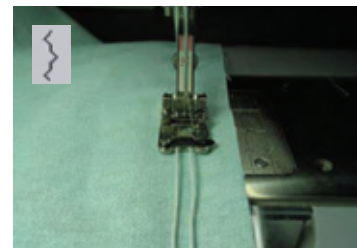
- Attach Overlock Foot #2 to machine and over-cast the front facing edges.

**Exquisite Embroidery**

- From OESD Design Pack #11945 - Embellishments 5, open Design NA140 in the Editor Lite software. (NOTE: Design Pack available from [www.embroideryonline.com](http://www.embroideryonline.com))
- Send to machine.
- Back the area to be embroidered with OESD Aqua Film stabilizer.
- Hoop and embroider the design twice, positioning them at the center of the lower edge of the bodice as shown in the photo.
- Unhoop the fabric and remove the stabilizer by rinsing and/or soaking as needed.

**Gathering Made Easy**

- Fold small cord in half, thread folded end into guides in Cording Foot #22.
- Select the Gathering stitch and sew along the seam line.
- Remove the project from the machine and pull on cord to gather.
- Complete the garment according to the pattern instructions.

**MONOGRAMMED BACKPACK –**

*Kwik Sew 2379, view A*

Backpacks are useful for all age groups, young or old, boy or girl. Add your own special touches to this one to suit anyone you choose.

**Front Flaps**

- For each flap (upper and pocket) plan to cut one flap from a quilted, print fabric and one from a contrasting fabric. *Tip: Start with larger pieces of fabric and cut the flaps out after the monogram and quilting is complete.*
- Embroider the desired monogram on one of the contrasting fabric pieces for the upper flap.
- Cover the back of the quilted fabric with the monogrammed fabric; outline quilt around the monogram.
- Use a design shape from the quilted fabric to quilt the two fabrics together. The contrasting fabric will be the



For complete information on the BERNINA® presser feet and accessories discussed in this article, see *Feetures*, Volumes 1, 2, and 3, available at your local BERNINA® dealer.



outside. Use Isacord embroidery thread in the needle and the bobbin so the stitching looks pretty from both sides.

- Quilt the remaining piece of quilted fabric and contrasting fabric for the pocket flap.
- Trim to pattern size, removing seam allowances from pockets and flaps.
- Attach Walking Foot #50 and overcast all raw edges using a Zigzag stitch - SL 3mm, SW 2.5mm and adjusting the needle position to stitch on the edge.

### Beautiful Binding

- Attach Binder Attachment #84 with Foot #94 to machine.
- Prepare bias fabric strips for binding according to the attachment directions.



- Insert the strip into the attachment and bind the edges of the pocket and flaps (pocket and upper).
- To finish the bound edge, cut binding fabric  $\frac{1}{8}$ " past the metal end of the attachment. Dab glue stick on the cut end of binding fabric and fold the binding over onto itself. Finish stitching. *Tip: The distance from the needle to the end of the attachment is  $3\frac{1}{2}$ ". Plan to have only about  $\frac{1}{4}$ " -  $\frac{3}{8}$ " overlap.*

- Bind the side edges of backpack.
- Bind the bottom to the body of the backpack.
- Bind the top edge of the backpack.
- Remove the binder attachment and use Edgestitch Foot #10/10C to sew the pockets and the flaps onto the body of the backpack.

### Stylish Grommets

- Attach the Eyelet Embroidery Set #82 with Foot #92 to the machine per instructions included with the set.
- Measure and mark eyelet placement according to the pattern instructions
- Using the appropriate punch included with the set, make holes in the backpack at the marked places.
- Select a Zigzag stitch. *Note: For a more interesting or creative look, consider using a decorative stitch to create the eyelet.*
  - Drop the feed dog of the machine.
  - Place a punched opening onto the attachment and stitch, turning the fabric to overcast the edge of the opening. Repeat until all eyelets are stitched.



Foot #38



Foot #10/10C

### Easy Attachments

- Remove the Eyelet Embroidery set and attach Piping Foot #38
- Sew Hook and Loop tape using Piping Foot #38.
- Remove Piping Foot #38 and Attach Edgestitch Foot #10/10C
- Attach webbing with Edgestitch Foot #10/10C.





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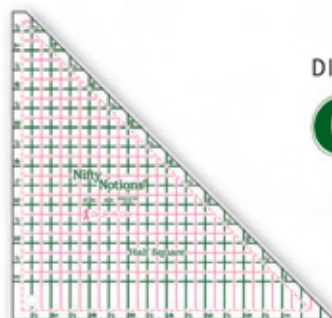
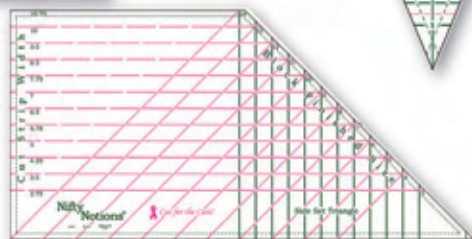
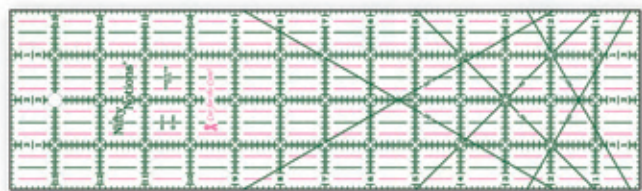
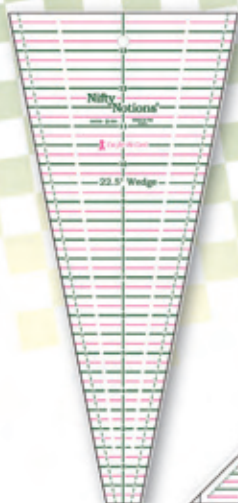
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